

You're Invited

to Make Lasting Memories with MJC Community Education

What: Classes for adults and kids

When: Summer, 2013

Where: Modesto Junior College



Register Online @ WWW.mjc4life.org

CONTENTS

BUSINESS

Computers	40
Finance & Management	43
Careers	43

FUN

Arts and Crafts	21
Music	24
Sewing	26
Cooking	25
Dance	27
Activities	28

LIFESTYLE

Health & Beauty	32
Home & Garden	33
Money Matters	34
Personal Interest	35
Motorcycles	39

TRAVEL

Day Trips	48
Extended Trips	50

KIDS/TEENS

Activities	18
Cooking	15
Fun to Do	13
Music	21
Summer Camps	3
Swim Lessons	9

Information/Questions	5 59
Registration Form	58
Maps	56 & 57

Off-Campus Locations

Summer 2013

Warm Summer greetings to you! The staff in Community Education appreciates each of our students. We pride ourselves on quality customer service, and want your experience to be positive. Taking Community Education-based courses provides a wonderful opportunity to become part of our community. Join others in enrolling in short-term classes that are aimed specifically at your interests. Our menu is extensive, spanning multiple areas, subjects, and ages. Please take advantage of this remarkable resource made available through Modesto Junior College at our campus and in our community.

Classes and programs available this summer session that are unique to the Summer Schedule include Summer Camp for Kids, robotics, calligraphy, cooking, African dance, and many others.

Don't wait, come join the many residents that have made MJC Community Education part of their life. Look through this schedule of classes and register early.

Pedro Mendez

Dean of Community Education, Technical Education & Workforce Development

COMMUNITY EDUCATION STAFF

Kelly Addington
Pat Brennan
Martha Rice
Vicki Vander Veen
Angie Vizcarra

56

2013 MJC

Ages 6-12

Camps for Kids



Super Summer Scientist

JUNE 17-21





gameshow faceoff

JUNE 24-28

Motion Explosion

JULY 8-12





Creation Station Imagination

JULY 15-19

All-Day (9am-4pm) Camps for Kids

Flexible Payment
Plan see page 7

Call 575-6063 for information



Pixar_® Performance Camp

JULY 22-26

MJC Camps for Kids 2013





Super Summer Scientist

JUNE 17-21

Put on your lab coat and get messy, creative, and hands-on in a week filled with science fun indoors and outdoors. Conduct crazy experi-

ments and make chemical potions with everyday household items and products as we learn science basics while having fun in the lab. Lets get messy with Slime Time and innovative with Rocket blasting fun.

Camp Fee: \$199 Material Fee: \$45 (includes all materials, activities and t-shirt)

gameshow faceoff

JUNE 24-28

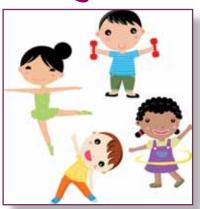
Are you smarter than a fifth grader? This Gameshow inspired week makes it fun to boost your brain power. Taking



games and challenges from your favorite gameshows, videogames, and boardgames we will get creative and make our own gameshow faceoff challenge. Compete in teams and individually in brain training and skill building activities. Learn and gain new skills while playing games and being active at the same time. By the end of the week use your new skills to compete on our lifesize gameboard in our Gameshow Faceoff.

Camp Fee: \$199 Material Fee: \$40 (includes all materials, activities and t-shirt)

Motion Explosion



JULY 8-12

In this action packed week you will be challenged in active activities like relays, obstacle courses, dancing, sports fun and lots more. Explode with energy while we jump, run, and get ready for some Super soaker fun. Then take a break in the kitchen as we concoct healthy snack creations to enjoy. Challenges and games make it fun to stay active, take care of our bodies, and get fit.

Camp Fee: \$199 Material Fee: \$40 (includes all materials, activities and t-shirt)





Greation Station Imagination

JULY 15-19

Kids get ready to enter the wondrous world of imagination that combines engineering, science, and technology. Ground control to Major Tom is what kids will be saying when you crash land on a strange planet. Teamwork is the only way to find yourself back home

as you rebuild your spacecraft from a variety of objects. In this camp YOU are the tools, there is something for everyone from building boats and cars, transforming clay, making trash to treasure, to wild inventions in junkyard wars. Get ready for outdoor and indoor fun that is out of this world.

Camp Fee: \$199 Material Fee: \$45 (includes all materials, activities and t-shirt)

Pixar® Performance Camp

JULY 22-26



Explore the worlds of Monsters Inc., Toy Story, Brave, Finding Nemo, Cars, Tangled, A Bugs Life, and more of your favorite Pixar® films in this fun-filled week of singing, dancing, acting, and creating. We will use our favorite Pixar movies as inspiration to create our own characters, script, props and costumes for this years MJC Camp for Kids Pixar Performance.

Camp Fee: \$199 Material Fee: \$45 (includes all materials, activities and t-shirt)



Camp Information

What is MJC Camps for Kids?

MJC Camps for Kids at MJC Community Education provides a safe and fun activity for children ages 6 to 12 years of age. (Please, no 5 year olds). Our camps are designed to stimulate curiosity, reinforce basic skills, and help kids discover new subjects, but most of all, a place to have a fun summer! Camps are full days, starting at 9:00 a.m. and ending at 4:00 p.m

Camp Schedule

No matter which camp you sign your child up for, they will have a variety of activities each day. They will attend different classes in the morning and in the afternoon. Once they have eaten lunch there will be organized activities for them to participate in during their supervised lunch break.

Cost for Camp

The cost of each week-long camp (Monday-Friday), 9:00 a.m.-4:00 p.m., is \$199 per camp week. Each camp will have a material fee determined by activities and projects. Each camper will receive a camp t-shirt the first day of camp.

What should my child bring to camp?

Each child should bring a morning and afternoon snack, a brown-bag lunch (that does not need to be refrigerated) and water for your child – Please put your child's name on his/her lunch and anything else they bring.

Where will the camps be held?

Camps will be held on our MJC West Campus at 2201 Blue Gum Avenue. It will be held at Wawona Child Development Center - see map on page 57.

Food Allergies?

Please be sure to note any allergies on the Medical Consent Form AND let the camp coordinator know. Some camps will prepare and eat food - so this is important.

Does my child need to be signed in and out?

Yes, when your child arrives at the camp (please do not arrive any earlier than 8:45) your child will be checked in and directed by the counselors to their first class. The camp counselors will be there to help ensure they have a fun experience. When you pick up your child sign them out at their last class. You will check them out with their teacher.

Refund Policy

Please choose carefully – because this is such a large program, we will not be able to offer refunds, in fairness to children and their parents who have committed to our program and signed up on a first-come, first-served basis.

Policy on Behavior

All campers are expected to conduct themselves in a manner that demonstrates courtesy and respect for others and the facilities. Disruptive students will be dismissed from the program and the parents will be contacted to pick them up. Please print your Camper's Packet at www.mjc4life.org. The Student Conduct Form will be in your Campers Packet and will need to be signed by you and your child(ren) before they can begin camp. Please review this behavior policy with your child.

May I attend class with my child?

No, sorry. We ask that you do not go into the classroom while camp is in session so the instructor and students are not disrupted. Many of the camps have either projects to take home or presentations that will be given on the last day of camp, which you will be invited to attend. All of our instructors and counselors are fingerprinted in order to help assure the safety of your child. We do not allow unchecked adults in the classroom with the campers.

Camps will be held on the West Campus on Blue Gum Avenue. The camps will be held at the kid-friendly Wawona Center. .



How Do I Register?

When can I register?

Registration is available at anytime

◆ Can I make payments?

YES! We first offered our Flexible Payment Plan for the Summer 2012 Camps for Kids. Many took advantage of making payments. You will make a non-refundable, first payment of a minimum of \$80 per camp to reserve your child a spot in the camp of your choice. You can make this payment at any time through our office. After the first payment, you can make additional payments through our office at any time. The balance must be paid 2 weeks prior to the camp start date. Remember - no refunds will be issued for any of the payments you make for camp. If you want to make payments for camp you will need to call our office at 575-6063.

♦ What are the dates of camp?

Super Summer Scientist - June 17-21 Gameshow Faceoff - June 24-28 Motion Explosion - July 8-12 Creation Station Imagination - July 15-19 Pixar[®] Performance Camp - July 22-26

♦ How old does my child need to be?

The camps are for ages 6-12. Please - no 5 year olds, even with siblings. There will be separate classes offered for ages 5 through our regular Summer classes.

♦ How much does it cost?

The cost for each camp is \$199 camp plus a material fee. The material fee includes five days of projects, activities and the camp t-shirt.

♦ How can I register?

There are several ways to register (\$3 registration fee waived):

Online at www.mjc4life.org - be sure to create the student profile for your child, not you.

Mail in the registration form on page 8 to: MJC Community Education, 435 College Avenue, Modesto, CA 95350

In Person - Come to our office and register in person - We are on the East Campus, at 435 College Avenue, Morris Building, Room 204

Will I be sent a confirmation?

If you register online and have entered an email address, you will receive an automatic confirmation. Register in person and you will receive the confirmation. If you register by the phone ask for a confirmation.

MJC Camps for Kids 2013



Registration Form

Child's Name	√ 1
Birthdate Email	
Address	i
City	Zip I
Day Phone	Alt. Phone
Parent/Guardian	!
1. Select Camp(s) you want to	sign up for:
☐ Super Summer Scientist June 17-21 (\$45 material fee)	☐ Creation Station July 15-19 (\$45 material fee)
Gameshow Faceoff June 24-28 (\$40 material fee)	☐ Pixar [®] Performance Camp July 22-26 (\$45 material fee)
☐ Motion Explosion July 8-12 (\$40 material fee)	! !
2. Don't forget to let us know t	he t-shirt size
☐ S (6-8) ☐ M (10-12)	☐ L (14-16) ☐ XL (18-20)
3. Determine fees to be paid	l I
Number of camps X \$19	99 = \$
Material fee per camps (see above	e) registered for = \$ 🔨
Total Fees Du	e \$ I
Today's payment (at least \$80 per camp - non-re	fundable) \$ I
Total Fees due 2 weeks prior to ca	ımp start date \$
4. Make Payment	
Check (Make checks payable to MJC)	
	Exp. Date q
Person's name on cardSignature of Card Holder	
	5 College Avenue, Modesto, CA 95350
In Person: 435 College Avenue, Modest	ı
Phone : 209 575-6063 Fax: 575-6025	(NOTE: \$3 registration fee waived)
Online: www.mjc4life.org	
Payment Plan- Call our office at 575-60)63 to take advantage of this plan
5. Print out 2013 Camper Pack	et from www.mjc4life.org
6. Fill out, sign, and bring cam (Available at www.mic4life.org	

Have a fun and SAFE Summer . . .

Learn to Swim at MJC

Lesson Schedule: www.mjc.edu/commed Register: www.mjc4life.org

3 Levels to Choose From - Ages 3-12
Child must be potty trained - No diapers or pull ups

Register Online at www.mjc4life.org

Look at the levels below and select the one that best fits your child.

Remember, your child may need to repeat a level more than one time to be ready to move to the next level. It is important he/she gains confidence in the pool. Once they have the confidence, it will be easier for them to learn strokes.

NEW - We have added evening classes - from 6-8 pm

If you register by phone, in person, fax or mail there will be an additional \$3 fee added to your registration). **Register at www.mjc4life.org and save \$3**.

Download the entire schedule at www.mjc4life.org

June 3-13 June 17-27 July 8-18 July 22-August 1

Lessons will be taught Mon., Tues., Wed., Thurs. Register early - classes fill up

Pollywogs (Levels 1 & 2) Beginning Swim

The Pollywog class is held in the small pool. Your child will be introduced to basic water safety rules, elementary floating and treading water skills with assistance, to acquaint the new swimmer to the water. The goal is to have them feel comfortable in the water with minimal assistance from coach. Students will be evaluated and grouped on the first day according to skill level.





Goldfish (Level 3) Intermediate Swim

Held in the small pool. Once your child has learned the basics and feels comfortable with floating, treading water and "swimming" to his instructor they will be ready for the Goldfish. In the Goldfish level your child will begin to work on freestyle strokes and increasing stamina to feel confident in the water. Once they are able to swim 25 yards (across the pool) using freestyle strokes, they will be ready for Dolphins.

Dolphins (Levels 4 & 5) Advanced Swim

This class will be held in the large pool (7-12 feet deep) and will include 2 skill levels. Students will be evaluated and grouped by skill level at first class. Students will work on learning and improving their strokes. They will learn proper freestyle, backstroke, and side stroke. In addition to perfecting their strokes, they will be building up their stamina. Also covered will be safe diving rules and turns.



Scan to see the swim class schedule

Lesson Schedule: www.mjc4life.org Register: www.mjc4life.org

m_Jc4life ds / Teens

GOOD TO KNOW

Fun with Spanish (entering 3rd & 4th grades)

Have fun learning basic Spanish vocabulary and phrases through songs, games, and poetry!

Students learn the Spanish names for parts of the body through "Simon Says", verbs through charades, and other vocabulary through bingo. Spanish names of colors and listening skills are developed through "Follow Me" art lessons. Basic phrases and conversation skills are learned through songs and poetry.

NOTE: Bring notebook, 2 pencils, 1 pack of 16 crayons, 1 highlighter.

Lilly Barrón Jun 3 - Jun 13 8 sessions

\$69 + \$8 mat. fee* Mon, Tue, Wed, Thu 3pm - 4:30pm Wawona 1, WC

*pay \$8 material fee to instructor at class



Wacky World of Dr. Seuss (Ages 5-7)



Enter the whimsical world of Dr. Seuss when you are tion to bring the story to life as Seuss when you use your imagina-

the instructor reads aloud. Each day you will create fun art projects inspired from the classic books.

Elyse Rowan Jul 30 - Aug 1 2 sessions

\$25 + \$10 mat. fee* Tue, Thu 10am - 11:30am

Wawona 2, WC

*pay \$10 material fee to instructor at class

Writer's Workshop for Kids (Ages 9-13)

Students will learn writing skills and the processes involved in becoming an author. In this class there will be instructions from the teacher, in addition to writing times. There will be peer sharing, one-on-one time with the instructor, critiques and evaluations. Each student will write a story and have it published. Your final story will have at least one illustration and will be spiral bound. You will receive two copies of our final creation - one for yourself and one to give as a gift.

Apryl Hughes Jul 8 - Jul 12 5 sessions

\$59 + \$2 mat. fee* Mon, Tue, Wed, Thu, Fri 10:30am - 12pm John Muir Hall, WC, 255

*pay \$2 material fee to instructor at class

Having Fun with Children's Literature (Ages 9-12)



this class to be fun and enjoyable. Each day the teacher will read aloud, with the children reading along with their own book. Students will not be asked to read aloud in class. Each day there is an interactive activity that goes along with the book, whether it's eating Snickerdoodle cookies, inventing their own word or making a paper statue of a character from the book.

NOTE: Bring the book "Loser" by Jerry Spinelli, a notebook, 2 pencils, and 1 highlighter to class.

Lilly Barrón Jun 3 - Jun 13 8 sessions

\$59 + \$8 mat. fee* Mon, Tue, Wed, Thu 1pm - 2:30pm Wawona 1, WC

*pay \$8 material fee to instructor at class



Keyboarding for Kids (Ages 8-11 & 12-17)

Are you up to the challenge? Learning to type will benefit you in school and work. When you go back to school in the fall, be ready for those reports. Save hours of homework time. If you already know how to type, come and improve your speed.

A > Dianne Cole	\$69
Jun 10 - Jun 27	Mon, Tue, Wed, Thu
_ Ages 8-11	9:30am - 10:30am
12 sessions	John Muir Hall, WC,
-	152
в >Dianne Cole	\$69
Jun 10 - Jun 27	Mon, Tue, Wed, Thu
Ages 12-17	11am - 12pm
12 sessions	John Muir, WC, 152



Fun with Physics (Ages 9-14)

Ever wonder how stuff works? It's

Physics and it's Fun! Find out how things fly when you build gliders and paper airplanes that really take off. Feel the need for speed as you learn about velocity and vectors with hot wheels and time trials on a mini competition track. What do force, pressure and motion have in common? Find out in the smash lab with cool air and water pressure rockets. The fun and learning continues in the static electricity lab when you build circuits and electromagnets. Learning is fun!

NOTE: Bring a snack and brown bag lunch that does not need to be refrigerated.

Lee Ollar Jun 10 - Jun 13 4 sessions

\$95 + \$25 mat. fee* Mon, Tue, Wed, Thu 9:30am - 2:30pm John Muir, WC, 265

*pay \$25 material fee to instructor at class

Little Science Explorers (Ages 5-6)

Your little ones will discover the science all around them through hands-on activities, including simple crafts. We'll get a little messy as we begin to explore simple chemistry, investigate magnets and play with simple science tools. While having fun, you will begin to develop scientific inquiry skills through making simple observations and making guesses about what is going to happen.

NOTE: Wear play clothes.

Kelly Gossett \$65 + \$20 mat. fee* Jun 4 - Jun 6 Tue, Wed, Thu 3 sessions 10am - 12pm Wawona 2, WC

*pay \$20 material fee to instructor at class



Kids Chess Camp (Ages 8-12)

Let's play chess and conquer the king! Everyone is invited, beginners to advanced players - even if you don't know your Bishop from your Pawn, this class is for you! You will learn basic piece movement, checkmate strategies and standard opening ideas. Students will be grouped by ability and participate in both competitive and casual chess. Let the games begin!

NOTE: Chess set provided for in-class use.

Barry Courtney Jun 24 - Jun 27

Mon, Tue, Wed, Thu 10am - 11:30am John Muir, WC, 264

4 sessions

Be a Super Listener (Ages 8-12)

Parents, are your children sent to the principal's office for not following directions in class? Kids, are you often told by your teacher to stop disrupting the class? In this activity-packed class kids are shown to use tools through hands-on learning that help them learn to respect someone else's personal space, take turns within a conversation and stay on topic, demonstrate listening behaviors and skills, and much more. Each week kids will role-play, use comic strips, and nonverbal cues that will help them strive to become better listeners.

Cynthia Lopez

HIRE!

Trained

at MJC

Comm Ed

Jul 10 - Jul 31 4 sessions

Wed 5:30pm - 6:30pm Wawona 2, WC



If you want to be the most sought-after sitter in your neighborhood, then

be sure to take this class. Gain knowledge and get great reviews, which equal referrals, and more income! As a babysitting professional you will learn to not just watch the child, but to help and teach. You will learn child safety, discipline methods, children's games and toys and much more. The importance of CPR, basic first aid and fire/ chemical safety will also be reviewed. Learn about age-appropriate crafts and how to incorporate them. Become the babysitter the children ask for by name.

NOTE: Bring a snack.

Peggy Gardiner \$49 + \$5 mat. fee* Jul 9 Tue 9am - 1pm John Muir Hall, WC, 261 1 session

*pay \$5 material fee to instructor at class

Leap Ahead: Math (entering 3rd and 4th grade)

This class is filled with fun ways to continue learning and keep math skills sharp during the summer. Start each day practicing math drills, by playing games, singing songs and learning tricks and tips. Kids will earn incentives as they complete multiplication facts and word problems. A popsicle party is scheduled for the last day. Students will work with tables 2-9.



NOTE: Bring notebook, 2 pencils, 1 highlighter.

Lilly Barron \$69 + \$8 mat. fee* Jun 3 - Jun 13 Mon, Tue, Wed, Thu 8 sessions 10:30am - 12pm Wawona 1, WC

*pay \$8 material fee to instructor at class



Multiplication Slayer (entering 3rd, 4th and 5th grades)

Does your child have trouble memorizing multiplication races, in some of the basic building blocks for ing multiplication facts? Multiplication success in math. Kids will learn facts in a fun way - singing songs, learning tricks, and playing games. They will have a popsicle party celebrating their memorized multiplication facts on the last day of class! This class is designed for kids that need help with times tables - if your child has already memorized their facts this class is probably not for them. Students will work with tables 2-9 for the majority of the class, tables 0, 1 and 10's are briefly discussed.

NOTE: Bring notebook, 2 pencils, 1 highlighter. Please let teacher know if any food allergies.

\$65 + \$8 mat. fee* **Lilly Barron** Jul 15 - Jul 18 Mon, Tue, Wed, Thu 4 sessions 1:30pm - 3:30pm Founders Hall, 136

^{*}pay \$8 material fee to instructor at first class

How to Do Long Division (entering 4th and 5th arades)

Kids - find out how to dominate long division this summer. Students will learn step-by-step games and strategies 6 that will allow them

to practice their long

division skills in a

supportive and fun

1,283 7,698 -6,000 1,698

-1,200

498

-480

18

-18

environment. Don't know your times tables yet? Learn how to solve a division

problem even if you don't have your multiplications facts memorized. Plus take home resources for

parents and kids to use at home and get ready for the school year.

NOTE: Bring notebook, 2 pencils, 1 highlighter.

Lilly Barron Jul 15 - Jul 18 4 sessions

\$65 + \$8 mat. fee* Mon, Tue, Wed, Thu 3:45pm - 5:45pm Founders Hall, 136

*pay \$8 material fee to instructor at class

Pee-Wee Picasso (Ages 4-6)

Come get messy with art and take home a masterpiece. Kids will have fun exploring the art masters, such as Van Gough, Monet, Pollock, and Picasso as they paint using different styles and techniques. Class size is limited so register early.

NOTE: Wear clothes that can get paint on them. Parents are required to participate.

Elyse Rowen Jun 3 - Jun 5 2 sessions

\$25 + \$10 mat. fee* Mon, Wed 4:45pm - 5:45pm Wawona 2, WC

*pay \$10 material fee to instructor at class

for Kids (Ages 8-13)

This class is where you get started on a lifetime of knitting fun! Learn all the basics, such as casting on, the knit stitch, and binding off in a kid-friendly, hands-on setting.

Carrie Carlile-Ward Jun 5 - Jun 26 4 sessions

\$39 + \$15 mat. fee* Wed 4:30pm - 5:30pm John Muir, WC, 264

*pay \$15 material fee to instructor at class

FUN TO DO

Kids Beginning Sewing (Ages 8-12)

Do you want to learn how to sew? Beginning students learn basic sewing skills, including the operation of a sewing machine. You will construct a handkerchief, double drawstring bag and a craft apron. Returning students welcome.

NOTE: All materials supplied by instructor for \$20 material fee.

\$69 + \$20 mat, fee* Carlile-Ward Jun 3 - Jun 6 4 sessions Mon, Tue, Wed, Thu

3pm - 4:30pm John Muir, WC, 259

*pay \$20 material fee to instructor

Rock Painting for Kids (Ages 7-11)



Learn to paint ladybugs, frogs, flowers, pirates, zebras, the sun, the moon and more on rocks!

Rocks make a great canvas for painting. You'll use river rocks and acrylic paint to transform rocks into decorative items. Tips, techniques

and ideas will be presented in class. Students will paint 3 to 5 rocks.

NOTE: Wear play clothes.

Elyse Rowan \$20 + \$5 mat. fee* Jun 5 Wed 2:30pm - 4:30pm 1 session Wawona 2, WC

*pay \$5 material fee to instructor at class

Art Mania Week (Ages 8-13)

Explore, create and imagine the fun of ART! Learn a variety of art mediums and discover the beauty of recycled art! You will make mixed media collages, a three-dimensional collage like Robert Rauschenberg, a piece of "Op Art" and an Environmental Sculpture. The last day you'll make a moving art event. Come for the learning and the fun!

NOTE: Wear play clothes.

Linda Salmon Jul 8- Jul 11 4 sessions

\$59 + \$15 mat. fee* Mon, Tue, Wed, Thu 12:30pm - 3pm Bldg 6000, WC, 6002

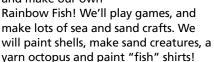
*pay \$15 material fee to instructor at class

Under The Sea (Ages 5-7)



Let's take a journey under the sea and learn about

creatures of the sea. We'll read the Rainbow Fish books and make our own



NOTE: Bring a plain, white t-shirt to paint.

Kelly Gossett \$45 + \$15 mat. fee* Jun 11 - Jun 13 Tue, Wed, Thu 3 sessions 10:30am - 12pm Wawona 2, WC

*pay \$15 material fee to instructor at class

Summer Sprouts (Ages 4-6)

Students will explore the beauty of science in the growth cycle of plant life as they discover soil, seeds, bulbs, and planting spring/ summer vegetables (or flowers) into a creative plant container that they will decorate and take home.



NOTE: Wear play clothes that can get dirty. Parents encouraged to stay.

\$20 + \$5 mat. fee* Kristi Victorino Jul 29 - Jul 31 Mon, Wed 10am - 11am 2 sessions Wawona 2, WC

*pay \$5 material fee to instructor at class

Jewelry Making for Kids (Ages 9-15)



You will learn real jewelry making techniques such as wire work, beading, crimping and more.

Kids will learn jewelry design as they make a memory wire bracelet, ring, earrings and more in a fun, engaging age appropriate way! No experience necessary.

NOTE: Wear play clothes, bring safety glasses.

\$59 + \$15 mat. fee* Jean Hayes Jun 19 - Jul 3 Wed 1pm - 4pm 3 sessions Bldg 6000, WC, 6002

*pay \$15 material fee to instructor at class

Bubbles Bubbles (Ages 4-5)



Little bubbles, gigantic bubbles - learn how to make the formula for Fantastic Bubbles! This is a hands-on class.



Students will make their bubble wands, bubble mixture, then go outside and make bubbles. Just a one-time fun class.

NOTE: Wear play clothes.

Kelly Gossett \$20 + \$5 mat. fee* Jun 10 Mon 10:30am - 12pm Wawona 2, WC 1 session

*pay \$5 material fee to instructor at class

Balloon Animals (Ages 9-13)

How fun it is to watch a balloon creation take shape. Learn to twist a balloon into a ladybug that can be worn on the wrist, an octopus,



dog, monkey or other fun animals.

NOTE: Fee includes a balloon pump and balloons to take home.

Lucinda Roth \$29 + \$15 mat. fee* Jun 18 - Jun 20 Tue. Thu 2 sessions 6pm - 7:30pm Wawona 1, WC

*pay \$15 material fee to instructor at class



Lions, tigers, and bears . . . oh my! Come join in some animal fun and be a part of a "roaring" good time. Become a Zoo Keeper and enjoy games, art projects and stories that center around many captivating critters in our animal kingdom.

Apryl Hughes
Jul 8 - Jul 12
5 sessions

\$59 + \$5 mat. fee* Mon, Tue, Wed, Thu, Fri 9am - 10am John Muir Hall, WC, 161

*pay \$5 material fee to instructor at class

Sketching for Kids (Ages 8-14)

Learn skills in drawing techniques, while expressing yourself through

class projects
using lines
and shapes.
You will
explore
how to
analyze
objects
in nature
and draw

through careful observation. Lots of projects, lots of fun! All skill levels welcome.

NOTE: The instructor will bring a sketchbook for each child the first day of class. All materials included in the \$10 material fee.

Linda Salmon Jul 3 - Aug 7 6 sessions \$69 + \$10 mat. fee* Wed 4pm - 5:30pm John Muir Hall, WC, 155

*pay \$10 material fee to instructor at class

Cool Duct Tape Fun (Ages 8-13)

Have fun this summer learning how to create fun and functional



items out of Duct Tape such as flowers, hair accessories, bows, and more. Go back to school with cool, one-of-a-kind creations. There are endless possibilities when you use your imagination and the wonder of Duct Tape. Kids will make 2-3 items depending on time.

*pay \$5 material fee to instructor at class

COOKING

Kid's Are Cooking (Ages 7-12)

Have you ever wanted to cook or learn how to read a recipe? Come learn your way around the kitchen in a safe and creative environment. Develop new skills by participating in a handson cooking class. In this class you will prepare and taste your own gourmet creations. Menu includes: mini pizza, strawberry shortcake, Fourth of July cookies, and lemonade.

NOTE: Bring an apron.

Kristi Victorino\$29 + \$10 mat. fee*Jun 29Sat 10am - 12pm1 sessionDirect Appliance

*pay \$10 material fee to instructor at class

Incredible Edible Creations (Ages 7-12)

Students will create edible art in this food inspired class. Come prepared to play with your food and eat delicious snacks. From rainbows to hot air balloons, anything is possible with food! Not only do the snacks taste good but they are healthy too! Find out how to eat healthy and the importance of moderation.

\$59 + \$10 mat. fee* Apryl Hughes Jul 8 - Jul 12 Mon, Tue, Wed, Thu, Fri 12:45pm - 1:45pm 5 sessions John Muir Hall, WC, 161

*pay \$10 material fee to instructor at class



Creative Cool Cake Decorating (Ages 8-14)

Kids! Get ready to decorate a Winnie the Pooh cake using cool colors, borders and flowers. Have fun making a one-of-a-kind cake this summer, while you learn basic decorating techniques.

NOTE: Kids MUST bring their supplies on first day of class. Bring to class: 1 - 8 in. Wilton decorating bag with bag coupling, Lily Flower nail kit, #7 flower nail and the following decorating tips: #4, #16, #30, #47, #67, #71, #104, #136, #190, #199 and #2-F. 1 wash cloth, cookie sheet and zip-loc bag. For more details on the supply list please go to www.mjc.edu/commed.

Patsv Laws \$45 + \$10 mat. fee* Jul 10 - Jul 31 Wed 6pm - 8pm 4 sessions Wawona 1, WC

*pay \$10 material fee to instructor at class



Create Your Own Video Games Beginning (Ages 10-15)

Want to make your own video games? This class will show you where to start! Using Scratch, we'll create interactive stories, games, music and art projects using blocks that snap together on the screen. Students will think creatively, develop problem solving skills and build on concepts they've learned in math class. Students should be comfortable using a computer and familiar with 5th grade math.

NOTE: 2 gig flash drive included in price

A > Edward Walsh \$69 Jun 4 - Jun 13 Tue, Thu 4:30pm - 6pm 4 sessions John Muir, WC, 251

B >Edward Walsh \$69 Jun 18 - Jun 27 Tue. Thu 4 sessions 4:30pm - 6pm John Muir, WC, 251

Create Your Own Video Games Intermediate (Ages 10-15)

This is a continuation of the first Scratch class. We will learn how to create cool background scenes, how to search the web for avatars & sound effects, how to convert a music video into a music loop. how to make a sprite avatar jump up and fall to the ground, and how to create explosions.

NOTE: 2 gig flash drive included in price

Edward Walsh \$69 Jul 9 - Jul 18 Tue, Thu 4 sessions 4:30pm - 6pm John Muir, WC, 251



LEGO Mindstorms Robotics Beginning (Ages 9-15)

This fun and educational class will introduce you to the NXT LEGO® programmable robot. This fun and engaging class will allow students to build various robots and learn to program to create various desired behaviors. Each student will work individually with a Mindstorms kit. Kevin and Lee are local teachers and are involved in LEGO Robotic instruction and competitions throughout the county.

A > Kevin Richardson Jun 3 - Jun 6 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114
B > Kevin Richardson Jun 10 - Jun 13 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114
c > Lee Ollar Jul 8 - Jul 11 4 sessions	\$129 Mon, Tue, Wed, Thu 9am - 12pm Sierra Hall, WC, 114

LEGO Mindstorms Intermediate (Ages 9-15)

Prerequisite: Taken the prior class or experience working with LEGO NXT robots and the NXT-G programming language. This is a continuation of the Introduction class. Students will develop more complex robots that also use sensors. The course will end with a creative challenge for the newly-gained programming skills.

VEX Robotics: Beginning (Ages 12-18)

A beginning look at the VEX robotics system with a focus on programming inputs and outputs. What a great way to get into robotics with pre-built square-bots. Students will program the robotic brain with many inputs in order to get the robot through a series of tasks. The class will end with a round-robin maze competition where students will showcase their robotic programming skills. Come and enjoy the introductory robotics class. Chris teaches robotics at Ceres High School.

Christopher	\$129
Vanmeter	Mon, Tue, Wed, Thu, Fri
Jul 8 - Jul 12	9am - 12pm
5 sessions	Ceres High School, 54

VEX Robotics: Intermediate/ Advanced (Ages 12-18)

The next step in VEX Robotics; students build their own robot and program it to accomplish a variety of

tasks. Students explore
the robotics design
process and redesign their robot
to overcome
many different problems.
This next step

builds upon their programming skills from the basic class. The class will end in a round robin robot versus robot competition that will showcase both their programming skills and their building techniques. Students must already know basic VEX Programming prior to entering this class. You will work in teams of 2 to build and program your robot.

Christopher	\$129
Vanmeter	Mon, Tue, Wed, Thu, Fri
Jul 15 - Jul 19	9am - 12pm
5 sessions	Ceres High School, 54



Create Your Fantasy World with Bryce (Ages 11-16)

By using Bryce (a 3-D Software that is free to download on your computer) you will learn to create worlds with an endless offering of special effects. Bryce offers pre-designed trees, waters, landscapes, rocks, shapes, and more to use for your creations, or you can create everything you need for your world on your own, using basic geometric shapes. Imagine being able to give an object a melted or stretched design. You will be able to view your world from all angles - top, bottom, left and right. Each angle has surprises of it's own. Whatever your interests, you will find unique designs to use to make your creation - robotic designs, flowers, flying saucers, ice cream cones, boats on a lake or buildings that float in the air. Will your world have a clear blue sky or a midnight purple haze? The choice is yours. Your Fantasy World is limited only by your imagination.

NOTE: Bring a 2 gig (or higher) flash drive to class to save your work on.

Leslie Neff Jun 3 - Jun 12 4 sessions

\$79 Mon, Wed 10am - 12pm John Muir, WC, 251

ACTIVE ACTIVITIES

12th Annual **MJC Summer Basketball Camp**

For Boys and Girls entering grades 2-8

Camp is designed to focus on improvement through fundamental drills and games.

Conducted by MJC basketball coach Paul Brogan and his staff

All participants receive a camp t-shirt and 2 MJC game passes.

8-foot baskets available for younger players.

\$100 - June 24-27 Mon, Tue, Wed, Thu 9am - 12pm Gymnasium, 101



Introduction to T-Ball (Ages 3-6)

Players learn T-ball fundamentals. Skills are taught with a focus on proper me-



chanics to ensure safe and correct execution. Kids learn how to bat. throw, run the bases and field the ball. Active parental participation is required and necessary to build self-

confidence, coordination and increased understanding of coach's instructions.

NOTE: Parental participation is required for this age group. Wear closed toe shoes, pants and t-shirt. Uniform is not required. Bring water bottle with your name on it. Bring any t-ball gear (bat, ball, glove, etc.) with your name on it if you are okay sharing. No gear is required to participate.

Kristi Victorino Jun 5 - July 10 6 sessions

\$49 + \$1 mat. fee* Wed 6:55pm - 7:35pm West Campus Softball Field

*pay \$1 material fee to instructor at class

Air Benders: T'ai Chi for Kids (Ages 11-15)

new

Designed specifically for kids using age appropriate exercises in a non-competitive atmosphere T'ai

Chi helps promote self awareness, balance, concentration, and a positive attitude. T'ai Chi is considered the internal martial art where flexibility prevents conflict, improves focus and reduces negative emotions. Air Bending is fun and easy to do. No experience necessary.

NOTE: Wear comfortable clothes.

Naser Ataee Jun 17 - Jul 22 6 sessions

\$49 Mon 4:30pm - 5:30pm John Muir Hall, WC, 265

Shaolin Kung Fu for Kids (Ages 10-13)

Being a MJC Kung Fu Kid is more than punches and blocks, spins and kicks, it's also about maturity, responsibility and commitment. Kids will be introduced to basic Kung Fu patterns of movement, strikes and the martial art culture. Instructor Brandon has 17 years of experience in Martial Arts including Kung Fu, Aikido and Jiu Jitsu. He will share forms he learned from his recent training in China.

NOTE: Wear sweat pants or loose pants. No shorts, wear shoes, no sandals. Bring water.

Brandon Guerra \$59

Brandon Guerra Jun 12 - Jul 17

6 sessions

Wed 5:45pm - 6:45pm John Muir Hall, WC, 265

Aikido Little Ninjas (Ages 6-9)

This class offers age-specific curriculum that is professionally designed to teach children important life skills in an enriching manner that incorporates the martial arts. Instructor uses fun and exciting aikido drills to teach your child life lessons in teamwork, patience, self discipline, respect and improves coordination, memory, and balance.

NOTE: Please wear sweat pants or loose fitting pants. No shorts, wear clean socks. Bring water.

Brandon Guerra

Jul 17 - Aug 21 Wed 4:45pm - 5:30pm 6 sessions John Muir Hall, WC, 265

Beginning Golf for Kids (Ages 7-13)

This is a course for students to learn the fundamentals of golf. This includes rules of golf, etiquette, and play (putting, chipping, pitching and full swing) leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. Ask for class forms or go to www.mjc.edu/commed.

John Banks Jun 23 - Jul 21 5 sessions \$55 + \$11 mat. fee* Sun 9:30am - 10:30pm Dryden Park Golf Course, Golf Course

*pay \$11 material fee to instructor at first class





MJC Football Summer Camps

Quarterback and Wide Receiver Camp (Ages 8-17)

Sam Young & Jun 24 - Jun 26

3 sessions

\$125

Mon, Tue, Wed 5:30pm - 8:30pm MJC Football Stadium and Practice Field

Hitman Camp (Ages 8-17)

Sam Young & Jun 27 - Jun 28 2 sessions \$40

Thu, Fri 6 - 8pm MJC Football Practice

Field

Lineman Camp (Ages 8-17

Sam Young & Jul 1 - Jul 2

2 sessions

\$40

Mon, Tue 6pm - 8pm MJC Football Stadium and Practice Field



Competitive Swimming at its Best!

The Blue Tide Aquatics is a USAsanctioned swim team that meets year-round. Includes local meets (some of which will be hosted at MJC). Focus on stroke mechanics and strong swimming skills.

Level 3: (Ages 9-12) Legal 200 IM Pre-Senior: (Ages 11 & up) Coach placement

Senior: (Ages 13 & up) Coach placement

See Blue Tide website for more information http://www.bluetideaquatics.com

Summer Tide

Summer Tide is a summer swim team that is affiliated with the yearround USA-sanctioned Blue Tide Aquatics program. Summer Tide is a part of the Mid Valley Swim League. The team is open to all swimmers ages 5 to 18 who can swim freestyle with rhythmic breathing. Summer Tide is dedicated to developing strong stroke mechanics and exceptional swimming skills, all while instilling swimmers with confidence and a sense of team unity within a competitive environment. The summer swim season runs April 1 through August 1.

FEE: \$170 - April 1 - August 1 \$150 - June 1 - August 1

Level 1: (Ages 6 and under) 25 yards freestyle with rhythmic breathing

Level 2: (Ages 7 to 12) Continuous freestyle and 3 legal strokes

Level 3: (Ages 13+) Legal 200 IM

For dates and times for each level visit www.bluetideaguatics.com and search for "summer tide".

DIVING

Introduction to **Springboard Diving** (Ages 7-17)

Modesto Springboard Diving is open to students age 7 to 17. On the first day of each session the divers will be evaluated and placed in a level appropriate class. On the second day the "Beginning Divers" will dive from 9:00 a.m. to 10:30 a.m. - this course will focus on the basics of springboard diving, students will start from the side of the pool, work on their dive approach and then move to the 1 meter board. The "Intermediate Divers" will dive from 10:30 a.m. to 12:00 p.m. - this class is designed primarily for high school divers who have the basics. The course will focus on a six-dive format used for dual meet competition, the 1 meter board is used and students will have an opportunity to move to the 3 meter board.

NOTE: Students must have purchased a 2013 Athlete Membership at http://aausports.org, click Join AAU tab, after you click on the tab, click the application, save and continue.

A > John Lacey Jun 3 - Jun 13 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area
в > John Lacey Jun 17 - Jun 27 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area
c > John Lacey Jul 8 - Jul 18 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area
D > John Lacey Jul 22 - Aug 1 8 sessions	\$69 Mon, Tue, Wed, Thu 9am - 12pm MJC Swimming Pool, Diving Area

YOUTH MUSIC

Guitar for Kids (Ages 10-15)

Learn basic guitar chords and simple songs. With an emphasis on playing right away, the main focus will be to have you playing simple chords and songs on the guitar. No musical experience necessary.

NOTE: No Class July 3. Bring a size-appropriate acoustic guitar. Material fee for a practice CD.

Paul Espinoza Jun 5 - Jul 17 6 sessions

\$63 + \$15 mat. fee* Wed 4:45pm - 5:45pm Valley Charter High School, Suite 15

*pay \$15 material fee to instructor at class

Music Discovery (Ages 4-5)

Your child will have a chance to explore musical instruments with hands-on experience. They will experience the fun of playing music with others and learning about rhythm and melody. Students will experience musical instruments, movement and socialization with other children.

NOTE: Child must be potty trained. Parent participation is welcomed. NO SIBLINGS PLEASE.

Kathleen Nunnally Jun 10 - Jun 13 4 sessions

\$45 + \$8 mat. fee* Mon, Tue, Wed, Thu 1pm - 1:50pm Wawona 2, WC

Percussion Kids (Ages 6-9)

Children will learn about different instruments by seeing, touching, and hearing how they sound. Kids will play cymbals, steel drum, tambourine, bongos and more. Kids are introduced to the world of rhythm by learning basic music techniques and playing simple songs. There will be a short performance for parents the last few minutes of the last class.

Kathleen Nunnally Jun 10 - Jun 13 4 sessions

\$45 + \$8 mat. fee* Mon, Tue, Wed, Thu 2pm - 3pm Wawona 2, WC

mıc4life

Adult Fun

Scrapbooking Off The Page

Let's get creative, have fun and try something new! This class is perfect for the seasoned crafter or the beginner. Your creativity will be brought to life while putting together your all-inclusive kit. You will complete an amazing and unique Paper Bag Pocket Album, while learning exciting and easy techniques that will make your paper crafting projects look incredible. Join me for a lot of fun, free prizes and great scrapbooking tips and step-by-step guidance. If time permits we will also make some adorable tags to tuck in your album.

NOTE: Bring paper trimmer, strong hold double sided adhesive (must be photo safe), scissors, and bone folder. Adhesive will be available to purchase in class.

Audra Munoz \$25 + \$15 mat. fee* Jul 11 Thu 6pm - 9pm 1 session Wawona 2, WC

*pay \$15 material fee to instructor at class



Lost Art of Calligraphy

Discover the beautiful lost art of Calligraphy. Learn several styles for adding that graceful touch to framing, cards, special invitations or documents and crafts. Styles include: Italic Chancery, Blackletter, Roman, Bookhand Foundational, Uncial and Copperplate. Once you master this, you can do it for profit.

NOTE: \$10 material fee for beginner calligraphy pen set, ink and paper. Please bring any frames or specialty cardstock paper, parchment you want to use in class, otherwise paper will be provided.

Kathleen Nunnally \$45 + \$10 mat. fee* Jun 6 - Jun 13 Thu 6pm - 8pm Wawona 2, WC 2 sessions

*pay \$10 material fee to instructor at class

^{*}pay \$8 material fee to instructor at class

^{*}pay \$8 material fee to instructor at class

Beginning Authentic Stained Glass

Come join us and learn the skilled art

of authentic stained glass. This is an exciting class in learning the Tiffanystyle process. No experi-



ence necessary. You'll learn to cut 40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.

NOTE: Bring to first class safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

Wizzi Wisilinski \$115 + \$95 mat. fee* May 28 - Jul 2 Tue 1pm - 4pm Bldg 6000, WC, 6002 6 sessions

*pay \$95 material fee to instructor at class

Workshop - Stained Glass

This class is ONLY for those who have already taken the beginning stained glass class with Wizzi and want to continue working on other projects of their choice.

NOTE: You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

Wizzi Wisilinski \$75

May 28 - Jul 2 Tue 1pm - 4pm 6 sessions Bldg 6000, WC, 6002

Watercolor Workshop Windows of the World **Postcard Size**

>>>>>>>>>>>>>>>

Spend this summer capturing your vision. Learn all the basic watercolor and drawing techniques you need to create beautiful postcard size paintings suitable for framing or for sending in the U.S. Mail. You'll see demonstrations and step-by-step instructions. Please bring 4-6 photographs from vacations, from nature or a still life or you can work from the instructor's photographs.

NOTE: Don't purchase your supplies until you have confirmed with our office that the class will be held. Ask for supply list or go to www.mjc.edu/commed

Linda Salmon \$29 + \$10 mat, fee* Wed 6pm - 9pm Jun 12 1 session Wawona 1, WC

*pay \$10 material fee to instructor at class >>>>>>>>>

Watercolor Workshop Plein Air

Come for an afternoon of painting at one of the oldest community colleges in the state, Modesto Junior College. With buildings dating back to 1921 up to the present, there will be many to draw. We'll learn how to focus on making a good composition. Then we'll sketch it out, and begin to paint the beautiful buildings and the mature landscape of Modesto Junior College. Please meet in front of the Morris Building and bring a fold-up chair for comfort. Take the day and enjoy yourself while painting outside at historic Modesto Junior College.

NOTE: Don't purchase your supplies until you have confirmed with our office that the class will be held. Ask for supply list or go to www.mjc.edu/commed

Linda Salmon \$29 + \$15 mat. fee* Jul 22 Mon 1:30pm - 4:30pm Art Building, Patio 1 session

*pay \$15 material fee to instructor at class



Exploring Drawing Techniques

Whether you are a novice or a seasoned hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand connection. Graphite, ink and charcoal will be the drawing tools, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

NOTE: Ask for supply list or go to www.mjc. edu/commed. Don't buy supplies until you know the class will go.

Linda Salmon \$99 + \$10 mat. fee* Jun 12 - Jul 17 Wed 6pm - 8:30pm 6 sessions John Muir Hall, WC, 155

*pay \$10 material fee to instructor at class

Getting Started with Acrylics

Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like watercolors. Applied thickly they resemble oils, but are easily cleaned up with water. Colors are exuberant; mistakes can be hidden. We will go over different techniques and cover tools, surfaces, and brushes used in this very creative medium. All levels of painters welcome.

NOTE: Ask for supply list or go to www.mjc. edu/commed. Don't purchase your supplies until you have confirmed with our office that the class will be held.

\$99 + \$10 mat. fee* Linda Salmon Mon 6pm - 8:30pm Jul 1 - Aug 5 Bldg 6000, WC, 6002 6 sessions

*pay \$10 material fee to instructor at class

Mosaic Garden Gazing Ball

This unique mosaic garden art combines traditional glass mosaic with a timeless spherical shape. Indoors or out, this project will bring charm to your patio, garden or home decor. Your design can be as simple as choosing a variety of colors. Bring your creative pattern ideas to class, or isome design ideas will be available in class.

NOTE: To transport your project bring a box with handles or a milk crate, along with towels, and safety glasses. See photo on website - www.mjc.edu/commed

Linda Salmon Jul 30 - Aug 13 3 sessions

\$59 + \$25 mat. fee* Tue 6pm - 8:30pm Bldg 6000, WC, 6002

*pay \$25 material fee to instructor at first

Mosaic House Numbers

In the true tradition of Byzantine mosaic art, please come join us for two mornings where we'll be designing and working with glass tiles. We'll work on a house plank that incorporates your house numbers within a colorful design of your choosing. In the second class we'll grout the design and then take a step back into history to look at Byzantine, Persian and early Christian art work, all incorporated the cutting of tiles for their beautiful art.

NOTE: See photo at www.mjc.edu/commed

Linda Salmon \$59 + \$15 mat. fee* Jul 9 - Jul 23 Tue 6pm - 8:30pm 3 sessions Bldg 6000, WC, 6002

*pay \$15 material fee to instructor at class

Ring Making

If you love handmade jewelry, but don't know where to start, try this beginning class and learn soldering and embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that might make you consider getting more involved.

Jean Hayes \$35 + \$15 mat. fee* Jun 26 Wed 6pm - 9pm 1 session Bldg 6000, WC, 6002

*pay \$15 material fee to instructor at class

MUSIC

African D'jembe **Drumming**

Come discover the popular D'jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promotes hand and eye coordination and releases stress. No prior experience necessary all levels welcome. Drums provided for classroom use.

NOTE: No class June 18. Wear comfortable clothes

Khemya Mitrahina \$55

Jun 4 - Jul 16 Tue 5:30pm - 6:30pm 6 sessions Wawona 1, WC



Guitar - Strummin Fun I

A stress-free introduction to guitar basics that will have you playing simple songs in no time. There are literally hundreds of songs that use the same simple, basic chords. You'll be amazed at how easy it is to begin to play these songs in just a few sessions.

NOTE: No class July 3. Material fee for practice CD.

Paul Espinoza \$63 + \$15 mat. fee* Jun 5 - Jul 17 Wed 6pm - 7pm 6 sessions Valley Charter High School, Suite 15

*pay \$15 material fee to instructor at class

Beginning Harp I -**Workshop for Adults**

Have you ever wanted to play the harp? It's easier than it looks! You will learn to play simple melodies and accompaniments on the Celtic harp. No prior musical



experience necessary - just bring your love of this beautiful instrument.

NOTE: Each student will be provided a harp for use during class.

Margie Butler

Jun 22 Sat 10am - 12pm 1 session Valley Charter High

School, Suite 17

Beginning Harp II -Workshop for Adults

In this class you will expand upon what you learned in Beginning Harp I, with more songs, more complex arrangements and lots of fun!

NOTE: Each student will be provided a harp for use during class.

Margie Butler \$33

Jun 22 Sat 1pm - 3pm 1 session Valley Charter High School, Suite 17

You Can Uke!

Ukulele for beginners or rusty players. Experienced players welcome too. Learn or review fret board.

chords, and strums. Relaxed class - No musical background necessary. We'll learn songs made popular by fa-

mous ukuleles - from

Hawaiian to Rock & Roll and more. Bring your friends and family.

NOTE: Bring any type of ukulele.

Lorrie Freitas

Jul 11 - Aug 1 Thu 6pm - 7:30pm Wawona 1, WC 4 sessions

COOKING

Cooking for Men

This will be a cooking class taught by a man for

men who have no idea how to cook. We, as men, love our power tools, and in the kitchen there

are plenty. Our first meal will be a pan-roasted, marinated chicken breast with a sautéed asparagus and mushroom pasta and a Hobart pie. A very summer meal that will be a great date night meal. The August class will be a manly meal of Chimchuiri steaks with American Anna Potatoes and sautéed summer vegetables. This will help get you excited to get in the kitchen and to WOW the ones that matter most with your new-found cooking skills.

Gene Marley Jul 27 & Aug 24 2 sessions

\$49 + \$30 mat. fee* Sat, 9:30am - 12:30pm **Direct Appliance**

*pay \$30 material fee to instructor at class

Scrumptious Summer Salads

This super-nutritious Quinoa and Edamame (soybean) salad is a sure crowd pleaser with its awakening flavors and textures prepared using bell pepper, cilantro, corn, and avocado - served as a side dish or filling in a pita sandwich. Next, is the Thai Beef salad composed of marinated flank steak with vermicelli noodles, carrots, cabbage fresh basil and drizzled with tangy pineapple chili vinaigrette. Next is an easy Greek spinach salad combines peppers, feta, cucumbers and spinach topped with a homemade vinaigrette for a refreshing dish. Opa!

NOTE: Bring an apron.

Taffani Escobedo \$29 + \$15 mat. fee* Jul 20 Sat 9:30am - 12:30pm 1 session **Direct Appliance**

*pay \$15 material fee to instructor at class

Pickling Vegetables using Natural Fermentation

Many people are interested in increasing beneficial live cultures in their diet. Most people know about yogurt and some know about kefir, but did you know that you can naturally ferment almost any vegetable into a wonderful "pickled" treat loaded with lactobacillus

Bernadette Burns Jun 13 1 session

\$29 + \$10 mat. fee* Thu 5:30pm - 8:30pm **Direct Appliance**

*pay \$10 material fee to instructor at class

Easy Grilling BBQ Skewers from Around the World

Summer is here! Let's learn some great grilling dishes. In this class you will create marinades from scratch, prepare the skewers, grill the meats and sample what you cook. We will be busy working on three tasty grilled dishes: Turkish Yogurt-Marinated Chicken Shish Kebabs, Korean Beef Barbecue on Sticks, Indonesia Shrimp with Lemongrass Marinade.

NOTE: Bring an apron.

Taffani Escobedo \$29 + \$15 mat. fee* Jun 22 Sat 9:30am - 12:30pm 1 session **Direct Appliance**

*pay \$15 material fee to instructor at class

Learn to Make Sushi

Love Sushi, but don't know how to make it? This class is for you! You will learn the basic technique of rolling sushi using a bamboo mat, hand rolling cone sushi and hand molding sushi. The ingredients will be fresh vegetables, cooked seafood, smoked salmon and for the "real sushi" lover at heart - fresh raw salmon. To end the lesson, you will learn to make a deep-fried tempura battered sushi roll that is out of this world. Let's roll sushi and have lunch together.

NOTE: Bring an apron.

Denise L'Heureux \$29 + \$15 mat. fee* Jul 13 Sat 9:30am - 12:30pm 1 session **Direct Appliance**

^{*}pay \$15 material fee to instructor at class

Basic Cooking Skills

This class is designed for the novice cook and the person who lives on fast food as their staple food source. We will start at the beginning and learn how to make two common breakfasts, including several methods of cooking eggs, frying bacon (with less mess), and pancakes. Lunch will be eggs and tuna sandwiches and bacon, lettuce and tomato sandwiches (BLTs). For dinner we will move up the food chain with pasta and meatloaf. We will also make a scrumptious tossed salad.

NOTE: Bring an apron.

Peggy Gardiner Jul 18 - Jul 25 2 sessions

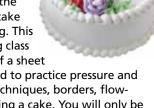
\$49 + \$25 mat. fee* Thu 5:30pm - 8:30pm **Direct Appliance**

*pay \$25 material fee to instructor at class

Beginning Cake Decorating

Sign up early as this is one of our

popular cooking classes. Have fun and be creative! Learn the basic way to bake a cake and the basics of cake decorating. This beginning class uses 1/2 of a sheet



cake board to practice pressure and control techniques, borders, flowers and icing a cake. You will only be required to bring one cake on the 6th day of class.

NOTE: Bring the following supplies to the first class: Decorating Tips #3, 4, 16, 30, 47, 67, 71, 80, 104, 136, 190 and 199; 2 couplings; 2 - Wilton 8" decorating bag, 1 - #7 flower nail; 1 - Lily flower Nail Set, 1 - washcloth, 1 cookie sheet and a zip lock bag. Go to www.mjc.edu/commed to download supply list.

Patsy Laws \$75 + \$12 mat. fee* Jul 9 - Aug 20 Tue 6pm - 8pm Wawona 2, WC 7 sessions

*pay \$12 material fee to instructor at class

SEWING

Adult Sewing

Do you want to learn how to sew and alter your own clothes or



sew items for your home? Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, hand-sewing techniques, purchase fabric, cut and sew your project. Projects: double drawstring bag, pillow with zipper and an apron. Patterns are provided.

NOTE: No class July 1. If you have your own machine and want to use it, bring it, along with bobbins and operating manual. Bring a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailors chalk. Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

Carrie Carlile-Ward

Jun 3 - Jul 15 Mon 6:30pm - 9pm 6 sessions John Muir, WC, 259

Nap Time Quilt

Make a quilt this summer and sign up for this beginning-level class. This quilt will finish approximately 38 x 48. Four fabrics are used for the only block to make up the quilt top and a 5th for the border if you wish to put one on. This makes a delightful baby shower gift or a gift for someone special in your life. Other options will be discussed in class.

NOTE: Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed. MUST have supplies for first class.

Marilee Heaston

May 30 - Jun 13 Thu 6pm - 9pm 3 sessions John Muir, WC, 259



This beginning sewing class, offered during the day, filled quickly the first time it was offered. The class is geared to help the beginner develop basic sewing skills and take the mystery and frustration out of operating a sewing machine. Learn basic sewing skills needed to alter your own clothes or sew items for your home. Projects: double drawstring bag, handkerchief, pillow with zipper and craft apron. Patterns are provided.

NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailors chalk. Don't purchase supplies until you call our office to confirm class will be held.

Elaine Arnold Jun 4 - Jun 13

4 sessions

\$65 + \$25 mat. fee* Tue, Thu 10am - 12pm John Muir Hall, WC, 259

*pay \$25 material fee to instructor at class

Beginning Knitting

Have you always wanted to knit? Well now's your chance! Learn the basics of knitting casting on, purling, and binding off as you make a scarf in a fresh spring fashion color.



NOTE: Material fee includes materials for beginning project.

Carrie Carlile-Ward Jun 5 - Jun 26 4 sessions

\$59 + \$12 mat. fee* Wed 6:30pm - 9pm John Muir, WC, 264

*pay \$12 material fee to instructor at class

DANCE

African Caribbean Dance

Are you tired of the same old dance routines? Come and learn dances influenced by African, Cuban and the Caribbean traditions and song. This is a great way to incorporate unique moves into your next routine or fitness program.

NOTE: No class June 18

Khemya Mitrahina

Jun 4 - Jul 16 6 sessions

Tue 7pm - 8pm John Muir, WC, 265

Belly Dance Fusion

This class is a melting pot of different styles of belly dance set to worldly and American music. Learn Folkloric, Cabaret, and American Tribal Style combinations, and the art of fusing them seamlessly! Basic hip



and chest isolations as well as graceful postures and fun steps will be taught. Class is open to all levels, including beginners.

NOTE: Dress comfortable yet form-fitting. Showing your belly is your choice. Be prepared to dance barefoot. Coin scarf giveaway on last day of class.

Sierra Wigington Jul 10 - Aug 14

6 sessions

Wed 7:30pm - 8:30pm John Muir, WC, 265

Salsa, Rumba and Waltz

Learn some easy and versatile dances this summer. Start dancing and boost your confidence on the dance floor.

NOTE: No partner required. Wear hard sole shoes.

Gay Grant

\$59

Jun 19 - Aug 7 8 sessions

Wed 7pm - 8pm California Ballroom Co., Dance Studio

Swing, Night Club **Two-Step and Foxtrot**

Swing will get your heart pumping, Two Step will be nice and relaxing, and Waltz will whisk you away from the everyday rat-race. Come have fun and make new friends, while learning to move on the dance floor!



NOTE: Wear hard-soled shoes. Partners suggested, not required.

Gay Grant

Jun 19 - Aug 7 8 sessions

Wed 6pm - 7pm California Ballroom Co., Dance Studio

Swing Party Dances

Great for any occasion! Learn a fun, upbeat, fast swing, as well as a sultry, smooth, slow swing. Speed up your learning by focusing on one dance! Come see why Swing dancing is such an all American favorite!

NOTE: No partner required. Wear hard sole shoes

Xavier &

\$59

Wed 7pm - 8pm Heidi Gomez

Jun 26-Aug 14 You Can Dance Co, Suite P

8 sessions

It Takes Two to Tango, Cha-Cha and Swing!

Get intense with these timeless, flirty and exciting dances. You'll learn great new dance moves, as

well as how to make them work anywhere with any one with a good lead and follow all while you gain confidence and style.

NOTE: No partner required. Wear hard sole shoes

Xavier &

\$59

Heidi Gomez Thu 8pm - 9pm

Jul 11 - Aug 29 You Can Dance Co, Suite P

8 sessions

ACTIVITIES



total-body workout! Do you want to get fit and stay fit? Pace yourself or go all out? Be all that you can be? This class will build your muscular strength and endurance while working those guts and butts. You'll move around the room in squads performing interval training.

NOTE: No class July 4. Bring a yoga mat to class and be ready for fun. To check out photos and see the fun, go to www.waedwards.net/mjcclasses.aspx. Print liability forms from www. mjc4life.org.

William and

\$69

Ann Edwards Jun 6 - Jul 18

Thu 5:30pm - 6:30pm John Muir Hall, WC, 265

6 sessions



Beginning Yoga and Pilates Style Stretch

Here's one to add to your "Bucket List". If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

NOTE: Bring a yoga mat or towel to class. Must be able to climb one flight of stairs. Print liability forms from www.mjc4life. org and give to instructor.

Debbie Wolski

Jun 10 - Jul 29 Mon 7:15pm - 8:30pm 8 sessions Village Yoga

Yoga for Every Body

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus size people and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age increasing flexibility and building strength.

NOTE: Bring a towel or yoga mat to each class. Print liability forms from www. mjc4life.org and give to instructor.

Debbie Wolski \$75

Jun 14 - Aug 2 Fri 11:30am - 12:45pm 8 sessions Village Yoga

NOTE: For all activity classes

Print liability forms from www.mjc4life.org (left navigation bar) and give to instructor.

T'ai Chi for **Every Body**

This ever-popular class continues to offer quality and professional instruction in T'ai Chi. This slow, relaxing movement reduces stress by promoting a physical and mental workout. It's about gaining self-awareness and selfdiscipline. Originally a Chinese martial art, T'ai Chi has many aspects. It is a meditative dance like in nature and can also be used as a form of aerobic exercise.

NOTE: Wear comfortable clothing. Print liability forms from www.mjc4life.org.

\$65 Naser Ataee

Jun 25 - Aug 13 Tue 9:15am - 10:15am 8 sessions **Art Building Patio**

How to Train for a Marathon - 0 to 5k



Is running or walking a marathon in your future plans? Are you

ready to achieve that goal? Come get the training and support you need to prepare for your first 5k race, while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. Participants will work at their own pace and comfort level and will receive health tips, coaching and an individualized training plan. This class is also for intermediate-level walkers or runners who can complete a 5k but want to train for greater distances.

NOTE: On May 20 class meets at Founders Hall, Room 251. No class on May 27, class meets on Tue. May 28 at 7:15. July 15 class meets at Founders Hall 251. Participants should wear comfortable walking/running shoes and bring water.

\$65 A >Kristi Victorino

May 20 - Jul 1 Mon 6:15pm - 7:30pm 7 sessions MJC Track and Field

B > Kristi Victorino

Jul 15 - Aug 26

Mon 7pm - 8:15pm 7 sessions MJC Track and Field

Fitness Walking

Thinking about beginning a walking program to improve your health, but want to slowly establish a foundation to build on? Sign up for this class to get the individualized support you need to improve your health and fitness. You will work at your own pace, pursuing individual goals. Come take strides to improve your health in a judgment-free and supportive group environment. Learn tips and techniques to build strength and prevent injury. Make walking an enjoyable, stress-relieving experience you look forward to.

NOTE: First Day of class - May 21 and July 16 - meet in Founders Hall, 252. Wear comfortable shoes and bring a water bottle.

A >Kristi Victorino	\$65
May 21 - Jul 2	Tue 6:15pm - 7:30pm
7 sessions	FH 252 & MJC Track
в >Kristi Victorino	\$65
Jul 16 - Aug 27	Tue 6:15pm - 7:30pm
7 sessions	FH 252 & MJC Track

Get on the Ball - Core Conditioning

Are you ready to roll? Swiss ball training is an excellent way to increase your core stability

muscle strength, balance, posture and flexibility. This class will be scaled to accommodate every fitness level and will challenge everyone. American College of Sports Medicine Health Fitness Specialists William and Ann will lead you through a safe, effective, and fun whole-body exercise program using only a Swiss ball and a resistance band. You will be amazed at how many exercises you can do with so little equipment. Join in the fun!

NOTE: No class July 2. Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy a set of 2 from the instructor for \$10. See photos at http:// waedwards.net/mjcclasses.aspx. It is recommended that you consult your doctor prior to starting an exercise program.

William and \$69 Ann Edwards Jun 4 - Jul 16 6 sessions Tue 5:30pm - 6:30pm John Muir, WC, 265

Backpacking for the **Outdoor** Adventurer

Have you wanted to try backpacking but need some good advice and ideas on how to prepare for this adventure? Your instructors have been backpacking in the high sierras



for over 20 years. They will be happy to share ideas on selecting locations and navigating the wilderness, purchasing the right gear, preparing healthy, tasty, and lightweight meals for the trail. and all the other basics essential for success. This course does not include a backpacking trip but by the end of the course you will have the confidence to venture into the wilderness on your own. Join us in the class if you are interested in backpacking, looking for new locations and ideas, or even if you are just interested in learning more about this sport and want to see some awesome photos of destinations most people rarely get to witness. Anyone, young and old, who wants to experience the thrill and excitement of seeing places that few have ever seen will love the adventure and challenge of backpacking. The High Sierras and costal wilderness of California are within easy reach.

William and Ann Edwards Jun 3 - Jun 10 2 sessions Mon 6pm - 8pm John Muir, WC, 264

MODESTO AREA AQUATIC CLUB MARING Waves

MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-geared, fitness-oriented workout and stroketechnique feedback.

You will be required to fill out a release of liability form once a year BEFORE you can swim.

Minimum Requirement

100 yards of freestyle with rhythmic breathing

Fees

- Insurance \$48 per calendar year (you can sign up for this at www.usms.org OR come to the MJC Community Education with a check made payable to PMS for \$48).
- 2. Swimming \$38 per month Tri-annual and Annual payment available with discount

Check out the MAAC website at www.maacswim.org for swim days and times.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.



Golf for the Absolute Beginner

Don't know a putter from a driver! Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost.

John Banks \$55 + \$11 mat. fee*
Jun 23 - Jul 21 Sun 10:30am - 11:30am
5 sessions Dryden Park Golf Course

*pay \$11 material fee to instructor at class

Beginning Golf for 55+

Always wanted to learn to play golf, but didn't have the time? Come and be with others that now can fit golf into their busy schedules. Learn the basics in this 5-day class. You will learn rules of golf, etiquette, and techniques that will lead to on-course instruction. So what are you waiting for? Get out, mingle and enjoy the outdoors.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost.

 John Banks
 \$55 + \$11 mat. fee*

 Jun 23 - Jul 21
 Sun 11:30am - 12:30pm

 5 sessions
 Dryden Park Golf Course

*pay \$11 material fee to instructor at class

Day on the Green: Advanced Golf CO-ED

Spend a Day on the Green. This class will review putting and chipping skills. Also covered will be hitting the ball out of the sand, basic rules, and using irons and woods.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost.

John Banks \$55 + \$11 mat. fee*
Jun 23 - Jul 21 Sun 12:30pm - 1:30pm
Dryden Park Golf Course

*pay \$11 material fee to instructor at class

m_jc4life

Lifestyle

HEALTH AND BEAUTY



Body Rescue - Expand Your Knowledge

Take your massage skills to the next level. In this continuation class you will focus more on specific problem areas and discover new techniques to stretch and relieve your body aches. Learn to position the body to allow better access to ligaments and muscles. Learn stretches to do during heavy traveling that will alleviate stiffness on your next trip. The techniques you learn can be done at home without special massage equipment.

NOTE: Wear something comfortable. Body work will be done over clothing. You must enroll with a partner. Bring a towel.

Kenneth Cheeseman \$35

Wed 6:30pm - 8:30pm May 22 - May 29 2 sessions John Muir, WC, 264

Body Rescue - Massage for Everyday Aches and Pains

Had another rough day? Do you need a massage rescue? All of us, at one time or another, suffer from sore muscles everyday stress can create. Explore practical massage techniques and stretches to help relieve everyday aches and pains. You will focus on several areas: head, neck and shoulder, lower back, arms, hands, legs and feet. These techniques can be done at home without special massage equipment. Massage not only relieves muscle pain and stress, but can help improve your sleep quality.

NOTE: Wear something comfortable. Body work will be done over clothing. You must enroll with a partner. Bring a towel.

Kenneth Cheeseman

Jul 31 - Aug 7 Wed 7pm - 9pm 2 sessions John Muir, WC, 264

Zen Meditation and Practice

This class will be an introduction to the practice of Zen. Zen Buddhism was discovered by Buddha in the early 2500, and it is still widely practiced by Buddhist Monks and laypersons worldwide. The aim of Zen is to achieve enlightenment through meditation, and to manage your daily stress by utilizing four main postures, sitting, standing, walking and laying down. Participate in class discussion, book reading and meditation exercises.

NOTE: No class July 8. Bring a twin comforter or sleeping bag and a small cushion. Bring book: The Miracle of Mindfulness by Thich Nhat Hanh ISBN#0-8070-1239-4. Check Amazon.com for new and used books.

Douglas Pham

Jun 3 - Jul 15 6 sessions

Mon 9:30am - 10:30am John Muir Hall, WC,

Label Reading and Grocery **Store Tour**



Did you know that people who

read food labels, on average, are 8 pounds lighter? Just how do you make your decision at



the store on whether the products you are buying are healthy or unhealthy? Nutrition labels can be sneaky and hard to read. Join us to take the confusion out of grocery shopping. You will learn to decipher everything on that label from the glitzy product packaging to the ingredient list. You'll then apply what you have learned when you tour a local grocery store looking for those hidden treasures. With this program you will gain the knowledge to improve your health.

NOTE: For more details on this class go to http://www.waedwards.net/mjcclasses.aspx. On June 18th we will meet at O'Brien's Grocery Store on Dale Road at 7pm.

William and \$49

Ann Edwards Jun 4 - Jun 25 4 sessions

Tue 6:40pm - 7:40pm-John Muir, WC, 261

HOME/GARDEN



Container Fairy Gardens

Come enjoy one of the latest and hottest gardening trends and build a whimsical fairy

garden. Once you begin planting this miniature wonderland, you may not be able to stop! We will build a complete container garden, equipped with plants, accessories and secret spots for fairies to gather. Your only limitation will be your imagination. Sign up with a friend or make a new one.

NOTE: Bring work gloves if desired.

\$25 + \$25 mat. fee* Denise L'Heureux lun 26 Wed 6pm - 8pm Wawona 2, WC 1 session

*pay \$25 material fee to instructor at class

Fast Summer Cleaning Say Goodbye to Clutter

Now you can have the best of both worlds - a clean house and no clutter! During the first session you will learn how to determine what is clutter and how to sort through it and determine what to do with it. Learn how to dispose of it and how to make money off your clutter! Learn how you can live a better life with less clutter and stuff. What if you have Obsessive Compulsive Disorder? This class could be a lifechanging experience for you! Peggy will also include a discussion on organization and storage. Once all the clutter is cleared, discover the secrets of home cleaning from a professional, Peggy Gardiner, a former manager of multimillion dollar estates. She will show you the quickest and best methods of cleaning your home. Learn what cleaning supplies and equipment to use.

NOTE: \$5 Material fee paid to instructor.

Peggy Gardiner \$39 + \$5 mat. fee* Jun 4 - Jun 11 Tue 6pm - 8pm 2 sessions John Muir, WC, 259

*pay \$5 material fee to instructor at class

Backyard Composting

Sponsored by the City of Modesto and Community Education, this free class is designed to teach you how to put your garden refuse to good use. City residents must live in zip codes areas 95350-95358.

NOTE: Receive a certificate at completion of class for \$5 off purchase of composter through the City of Modesto. Those who are not Modesto residents must pay a fee of \$35.

Martin Hildebrandt May 21 1 session

\$0 - Modesto Resident \$35 - Non-Modesto Res. Tue 6:30pm - 8:30pm Wawona 1, WC

Landscape Design Workshop

Plan a beautiful and functional outdoor living space with Hank, a well-known landscape designer and contractor in our area. Learn about balance, function and design philosophy. Learn how to choose various plant materials and hardscapes. Actively apply these principles to create a realistic and attractive landscape design, which suits both your home and personal tastes. Students are encouraged to bring photos of their yard space. The final session is an individual meeting with the instructor in class to review your individual plan. So whether you are a do-it-yourselfer, or you want to put your ideas down on paper, this class is a must do this spring.

NOTE: Bring a calculator, note book and pencil. Optional to bring "Sunset Western Garden Book".

Hank Moore \$39

Jul 24 - Jul 31 Wed 6pm - 9pm

2 sessions John Muir Hall, WC, 255

Landscape Sprinklers

Learn how to understand a basic sprinkler system, identify different irrigation equipment and its use. This class will also help you understand sprinkler coverage and pressure problems.

NOTE: Bring a note book and pencil.

Hank Moore \$29

Aug 7 Wed 6pm - 9pm 1 session John Muir Hall, WC, 255

MONEY MATTERS

I'm An Executor or Trustee **Now What?**

Now that you have been named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is an attorney.

NOTE: Bring a note pad.

A >Bruce Ramsey	\$39
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May 30 Thu 6:30pm - 8:30pm John Muir, WC, 264 1 session

B > Bruce Ramsey

\$39 Wed 6:30pm - 8:30pm Iul 24 Founders Hall, 175 1 session



Wills and Trusts: What You **Should Know**

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Questions will be answered.

NOTE: Bring a note pad.

Bruce Ramsey

Jun 26 Wed 6:30pm - 8:30pm 1 session Founders Hall, 175

How to Plan a Debt Free Vacation



Find out the practical steps to control your money and

how much to spend in proportion to your income. Learn to fund your

needs, dreams and save for the future. Don't be intimidated by your financial future, but focus on your financial goals and identify old habits & behaviors toward money usage. Discover how to change your thinking, keep yourself motivated and informed about your financial security, and more. Sign up and find out how to save for a vacation or event without breaking the bank.

Addie Begashaw \$39 + \$3 mat. fee* Jun 6 - Jun 13 Thu 6pm - 9pm John Muir, WC, 255 2 sessions

*pay \$3 material fee to instructor at class

Foreclosures: The Best Buys Today!

The influence of foreclosures on the residential real estate market has grown exponentially in re-



cent years. The opportunity to convert a modest amount of cash into a fistful of dollars has never been greater. The key to that success can be uncovered through a careful look at the risks and rewards of the five different ways in which the equity in foreclosure properties can be uncovered. This seminar looks carefully at each of those ways making sure that you know what you are looking for and giving you the ability to identify lurking title and debt problems before purchase. These three hours carry you past the introduction to foreclosures into the serious arena of foreclosure buying at a discount.

Warren Racine \$49 + \$4 mat. fee* Jul 10 Wed 6pm - 9pm 1 session John Muir, WC, 255

*pay \$4 material fee to instructor at class

PERSONAL INTEREST

Finding Your Second Act!

What does your Second Act look like? You spent the first part of your life working full-time and or raising a family. Now what? A new career, a new hobby, an unfulfilled passion? In this dynamic, thought-provoking class rediscover what makes you happy and explore ways to pursue new interests. Uncover your top five strengths and arrive at a newfound clarity of how you want to spend your Second Act!

NOTE: Please bring a notebook and pencil to class.

Robert Peck \$39

Jun 26 Wed 6pm - 9pm 1 session John Muir Hall, WC, 255

Finding Your Roots Online

That's right, with all of the advances in technology and the internet, you can do almost all of your genealogy research completely online. Let Evalyn show you the sites that many professional genealogists use to do research. Some sites have fees, some are free, but all are available to you, if you sign up for them. Records that used to take weeks to get back, now are available with a click of the mouse! This hands-on class will get you excited about researching your family history online. You will be surprised at how much information is available right from the start! Each student will have a computer to use.

NOTE: Bring to class as much information that you have on your ancestors - full names (or whatever you know), date of birth, birthplace, marriage dates and location, parents names

Evalyn Martinez \$39 Jun 3 - Jun 10 Mon, Wed 3 sessions 1:30pm - 3:30pm John Muir, WC, 152



Test Preparation

If you do not have your high school diploma or certificate yet, now is the time to begin the process. Brenda taught this class for several years at Modesto Junior College. You will find her not only very knowledgeable, but caring. She wants to see each of her students succeed. Each student will work at their own pace. You will be walked through the test process so you will be prepared. Depending on each student's level, you may not be ready to take the GED test after one class.

NOTE: First night of class all students will be given a test to determine which subjects they will need to work on during the class.

A > Brenda Smith \$99

Jun 24 - Jul 31 Mon, Wed 12 sessions 9:30am - 12

ns 9:30am - 12:30pm John Muir, WC, 261

B > Brenda Smith \$99

Jun 24 - Jul 31 Mon, Wed 6pm - 9pm 12 sessions John Muir, WC, 261

Do You Have BIG DREAMS Little Vision?

Learn how to recognize and eliminate the #1 cause that has been holding you back and hindering your personal success. We all have dreams and desires, but the problem is we never end up doing anything about them because we don't believe we can achieve what we want. This workshop will give you permission to take the next step to make it all happen. In this fun, interactive environment you will experience hands-on exercises that put you in the driver's seat of your BIG dreams and help you realize your passion. After the workshop, you will have the tools you need to stay true to your goal, with a step-by-step system that will keep you focused and accountable to your success.

Amanda Solomon
Jul 23
1 session

\$29 + \$15 mat. fee*
Tue 6pm - 9pm
John Muir, WC, 264

*pay \$15 material fee to instructor at class



Do it Yourself Divorce

Are you separating from your spouse or thinking of dissolving your marriage? Learn your basic legal rights and obligations as well as the dissolution process. This class will give you the tools to do your own divorce.

NOTE: Material fee includes Tips on the Child Custody Process in Stanislaus County produced by Cash-Dudley Speiller & Torres Professional Law Corporation.

Stacy Speiller, Certified Family Law Specialist 1 session

\$29 + \$10 mat. fee* Jun 19 Wed 6pm - 8pm

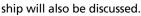
John Muir, WC, 255

*pay \$10 material fee to instructor at class

Grandparents Rights and Guardianship

This class is designed to address legal rights of grandparents

when it comes to custody and visitation issues. The process of filing for a guardian-



NOTE: Material fee includes Tips on the Child Custody Process in Stanislaus County produced by Cash-Dudley Speiller & Torres Professional Law Corporation.

Eddy Cash-Dudley \$29 + \$10 mat. fee* Jul 30 Tue 6pm - 8pm John Muir, WC, 255 1 session

*pay \$10 material fee to instructor at class



Write a Children's Book Workshop

A two-part course to get you writing and revising your children's book manuscript. In Part 1, we will

brainstorm your ideas, look at published children's books, learn about plot and character, perform some writing and revision exercises, and you will leave with a plan, a set of goals, on what to do with your idea or manuscript. In Part 2, you will submit your writing to the course instructor and your peers. We will do peer review and revision. You will also learn more about final touches and the submission process for when you are ready to submit a manuscript. Ilse Craane has worked in publishing for more than 6 years. She has an MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

Ilse Craane \$69 + \$5 mat. fee* Jul 15 - Jul 22 Mon 6pm - 9pm 2 sessions Wawona 1, WC

*pay \$5 material fee to instructor at class



SoulCollage

SoulCollage® is a simple, fun, creative and on-going process to get to know your "SELF", with new insight and rich understanding. What begins as a simple process of thoughtfully choosing random images from old photos, post cards or magazines, cutting and gluing them on a 5 x 8 card, slowly evolves into a lovely and sacred awakening of YOU! The instructor will explain the suites that make up your personal deck. In the final step, you will learn to use your own created "deck" of collaged cards to access your intuition or "higher self", as a resource of guidance for your own life's journey. This practice of working with one's own cards makes the experience of SoulCollage® even more enriching and powerful. SoulCollage® doesn't stop with the end of class, it is an on-going practice that will bring many hours of enjoyment and insight. This activity has been used by many people: therapists, teachers, patients experiencing illness, and parents spending quality time with their own children, to name a few. Whether you know someone who would enjoy a unique aift or you would like to experience this creative course for yourself, or with a group of your friends, this is the class to try this year. Being artistic is NOT REQUIRED. Taking the class with an attitude of exploration, curiosity and fun are the best tools.

NOTE: Bring up to three magazines from home, an acid free glue stick, and an exacto knife for fine cutting. Dress comfortably.

\$55 + \$25 mat. fee* Sofie Pettygrove July 24 - Aug 7 Wed 6pm - 8:30pm 3 sessions John Muir, WC, 259

*pay \$25 material fee to instructor at class



Enhance Your Pet's Health with Touch Techniques

Transformational author and small animal whisperer, Roberta Anderson, will introduce you to hands-on techniques to enhance your pet's health. Come learn how to use alternative Touching Techniques to assist in your pet's physical and emotional well-being. The techniques Roberta shares have been successfully applied to reduce anxiety, pain and discomfort following emotional trauma, illness, accident or surgery experienced by her client's pets. Also covered is how to communicate effectively with your veterinarian and/or animal health care provider. This class is specifically designed as a supplement to traditional veterinary care. More detail about Roberta and her Touching Techniques can be found at www.petcareconnection.com. Put the care of your pets in your hands. If you have questions about class content, email her at info@petcareconnection.com - Subject line: MJC Class.

NOTE: Any student who wishes to bring their animal to class during the second session will need to provide the following evidence of vaccinations and safety equipment to the instructor on the first day of class. For Dogs: Distemper/Parvo annual, Rabies - every 3yrs, & Bordetella annual. For Cats: RCPC - Feline Distemper, LEUK - Feline Leukemia, & Feline Rabies. All Dogs will need to be soft muzzled and on a leash. All Cats will need to be in Carrying Cages.

Roberta Anderson \$35 + \$20 mat. fee* May 23 - May 30 Thu 5:30pm - 8:30pm 2 sessions Wawona 2, WC

*pay \$20 material fee to instructor at class

Pet First Aid and CPR

Learn Pet CPR and the foreign body airway obstruction removal for pets, how to deal with the most common pet emergencies such as bite wounds, cuts, bandaging,



seizures, poison prevention and sudden illnesses. Learn to recognize early warning signs of illness and how to assemble a pet first aid kit.

NOTE:	Nο	Pets	P	easel
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A > Douglas	Marks	\$25
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May 21 Tue 6:30pm - 8pm John Muir, WC, 261 1 session

B >Renae Zumstein

Thu 6:30pm - 8pm Aug 1 1 session John Muir, WC, 255

Dog Social: K9s 2 years and under

Do you have problems with your dog barking or trying to bite other dogs? If so, this is the class for you. It is very important to have your dog socialized with other dogs. Dog trainer, Thomas Lee, has specifically designed this class for dogs 2 years and younger. In this class you will learn different ways of introducing your dog to other dogs in a safe and controlled environment. Your 4 legged friend will make new friends as they learn to play with the guidance of a professional dog trainer.

NOTE: No aggressive dogs or female dogs in heat please. All dogs must have current vaccinations. Dogs must have leash. Bring potty bags. For dogs 2 years and under. Bring a bag of dog treats to class.

Thomas Lee Jul 18 - Jul 25 2 sessions

\$29 - 1 dog per person Thu 6pm - 7pm MJC Ag Pavilion, WC

School for Dogs

Obedience training is one of the best things you can do for your dog . . . and yourself. Dogs are social animals and without proper training they will misbehave. Have fun learning all the elements needed to turn your K-9 companion into a healthy, well-behaved family dog.

NOTE: Collar and leash required for class. The group is responsible for picking up and disposing of all animal feces. Pet owners MUST provide proof of Rabies, Distemper and Parvo vaccinations and dog license at first class. Bring a bag of dog treats to class.

Thomas Lee Jun 4 - Jul 9 6 sessions

\$75 - 1 dog per person Tue 6pm - 7pm

WC Grounds, Grassy Area



School for Dogs: Intermediate



Has your dog mastered a Basic Obedience class? Your next step is to enroll them in the Intermedi-

ate Obedience class. The level of difficulty increases more in this class. Your dog will learn to stay longer and with distance. Train your dog to focus more on you around distractions. Learn the basics of off-leash training and ween them off treats.

NOTE: Prerequisite: Your dog should have a clear understanding of the basic commands and be comfortable on leash. Bring poop bags, leash, recall leash (long leash), shot records. Collar and leash required for class. The group is responsible for picking up and disposing of all animal feces. Pet owners MUST provide proof of Rabies, Distemper and Parvo vaccinations and dog license at first class. Bring a bag of dog treats to class.

Thomas Lee Jun 5 - Jul 10

\$75 - 1 dog per person Wed 6pm - 7pm

6 sessions

WC Grounds, Grassy Area



Motorcycle and Scooter Training

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 6 hours classroom and 10 hours oncycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA AB 1952 - This new law requires a person under 21 years of age to complete the Motorcycle Safety Foundation's Basic Rider Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M motorcycle driver license is issued.

1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thurs. - 6:00pm - 9:00pm

Sat. - 6:00am - 2:30pm Sun. - 6:00am -11:00am

B Class - Thurs. - 6:00pm - 9:00pm

Sat. - 8:00am - 4:30pm Sun. - 11:30am - 4:30pm

You will attend a total of at least 16 hours of instruction, including both classroom and range time. Times may vary, check the schedule that is given to you.

2. How much does it cost?

21 years of age or over - \$250

Under 21 at registration - \$150 Under 21 costs less because the state requires anyone under 21 who wants to ride a motorcycle to take the safety course.

3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 2 weeks. You will take the certificate we mail you to the DMV and it will waive the driving portion of the DMV requirements.

4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 575-6063.

6. What do I need to bring?

We provide the helmets if you need oneif you bring your own it needs to be DOT approved. On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

7. How do I sign up?

If you are 21 or over you can register Online at www.mjc4life.org. If you are 21 or over and register by phone, in person, mail or fax you will not be charged an additional \$3.

If you are under 21, you cannot register online. You will not be charged the additional \$3 to register over the phone or in person.

mıc4life

Business

FREE CLASSES

Part of HUD Grant HSIAC-10-CA-33 is to promote businesses. The two classes listed below are free. To register call our office and tell the staff member you want to register for a HUD class.

HUD - Branding for Your Business

Consumers don't buy brands; they join them. In this class you'll learn what it takes to create an identity people connect with. Discover what makes a good logo, the importance of tag lines, identifying your brand promise, and much more. Learn how to set yourself apart from the competition by creating a brand that works.

Calvin Curtin FREE (\$65 value) May 22 Wed 6pm - 9pm 1 session Creekside Middle School, E-11, Patterson

HUD - Leadership Training Attitude is Everything!

Apply this unique training to all aspects of your life. Leadership training teaches you job acquisition, retention and advancement. Learn how to apply core values in real-world scenarios - influence behavior of individuals, teams and organizations to achieve desired goals. At the end of this training you will identify, account, and formulate like a true leader. Ideal for one-to-one roles, leaders of small groups, and trainers. This course is a preparatory class for those who are seeking to advance to a leadership position, or in an acting-leadership position.

CMF Leadership Consulting Jul 15 - Jul 19 5 sessions

FREE (\$250 value) Mon, Tue, Wed, Thu, Fri 8am - 12pm Creekside Middle School, E-11, Patterson

COMPUTERS



Computer for 55+ **Beginning**

This hands-on class will move at a slower pace than our other beginning computer classes. You will learn parts of a computer, basic computer terms, use of the mouse and desktop personalization. You will learn how to create files and folders using word processing and more. By the end of the class, you should be able to create, save and retrieve documents, and how to move around the computer with confidence.

NOTE: Handouts included in fee.

Dianne Cole

Jun 11 - Jun 20 Tue, Thu 1pm - 4pm 4 sessions John Muir, WC, 152

Computers for Absolute Beginners

This hands-on class will introduce new computer users to the personal computer and its uses. Your instructor will quickly put you at ease and you will soon feel comfortable using a computer. This class is taught on Windows-based computers. You will learn the use of the mouse, and how to use a Windows-based word processing program. By the end of the course you should feel comfortable creating, saving and retrieving documents.

NOTE: No previous computer experience is necessary. \$20 book fee will be charged at time of registration.

Matt Ketchum Jun 17 - Jun 26 4 sessions

\$79 + \$20 mat. fee* Mon. Wed 6pm - 8pm John Muir, WC, 251

*pay \$20 material fee at time of registration for book



Beginning Computers The Next Step

Now that you can turn your computer on and use a few programs you may ask "What's Next?" The answers can be found in this simple Next Step course. You will learn more about Microsoft Office applications and Windows. Prerequisite: basic ability to use a computer and/or the Computers for the Absolute Beginner class.

NOTE: Prerequisite: Basic knowledge of computers. No books used for this class.

Matt Ketchum \$79

Jul 8 - Jul 17 4 sessions Mon, Wed 6pm - 8pm John Muir, WC, 251



QuickBooks Pro 2013 Beginning

Prerequisite: Must be familiar with the computer and Windows. QuickBooks is one of the most popular accounting programs for small businesses. This course will introduce the novice to QuickBooks and the accounting principles. The class will cover working with customer transactions and vendor transactions. You will learn to manage credit card transactions and to use QuickBooks reconciliation features. You will create a QuickBooks file for a service company. Book is included.

Patricia Wall Jul 9 - Jul 18 4 sessions \$110 + \$24 mat. fee* Tue, Thu 6pm - 9pm John Muir Hall, WC, 152

*pay \$24 material fee at time of registration for book



Excel 2010 Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built

into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

NOTE: Prerequisite: Must be able to use Microsoft Windows. \$22 book fee will be collected at time of registration.

Ed Perillo \$105 + \$22 mat. fee* Jun 4 - Jun 13 Tue, Thu 6pm - 9pm 4 sessions John Muir Hall, WC, 152

*pay \$22 material fee at time of registration for book





Learn More!

- Expert Instructors
- 24-Hour Access
- Online discussion Arpas
- 6 Weeks of Instruction
- Course Sessions Beain Monthly

Dur instructor-facilitaed online courses are informative, fun, convenient, and highly interactive. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course from your home or office, at any time.

Enroll Now! Call Us Today!

Introduction to Microsoft Excel

Discover the secrets to setting up fully-formatted worksheets quickly and efficiently.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Accounting **Fundamentals**

Gain a marketable new skill by learning the basics of double-entry of bookkeeping, financial reporting, and more.

Speed Spanish

Learn six easy techniques to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Introduction to QuickBooks

Learn how to quickly and efficiently gain control over the financial aspects of your business.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Microsoft Excel

Work faster and more productively with Excel's most powerful tools.

Real Estate Investing

Build and protect your wealth by investing in real estate.

Introduction to Microsoft Access

Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Computer skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market

Introduction to PC **Troubleshooting**

Learn to decipher and solve almost any problem with your

Introduction to **PowerPoint**

Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Discover Digital Photography

An informative introduction to the fascinating world of digital photography.

(209) 575-6063

www.mjc4life.org

BUS. FINANCE

How to Promote and Market Your Business on a Shoestring Budget



You will identify inexpensive marketing tools that fit your business, your customers and your budget. These marketing tools will help you to gain new customers and retain your existing customers. You will learn how to create a simple, easy to use seven-step marketing plan. Learn to plan your marketing campaigns, control your cost, analyze your results and much more.

Gary McKinsey \$39

Jun 12 Wed 6pm - 9pm 1 session John Muir, WC, 261



How to Start Your Own Business

If you are considering entrepreneurship for your next career, you'll want to take this course! Explore the details and demands of owning a business while learning what it takes to start and keep a business going. Local entrepreneur and business coach Gary McKinsey will take you from nurturing your idea to an exploration of finance, marketing, legal issues, and more. Learn how to write a business plan or refine a plan you already have. By course end, you'll have the confidence of knowing what it takes to start your own business and be successful. Instructor will schedule a 30 minute one on one follow up consultation with each student.

Gary McKinsey \$159

Jul 9 - Jul 16 Tue 6pm - 9pm 2 sessions John Muir, WC, 261

Make Extra Income: Auto Wholesale Business

Find out how to make some extra money buying and selling wholesale cars as a home-based business or, simply buy cars, motorcycles, boats at great wholesale prices. This 6-hour approved DMV class is the first step in acquire your dealer's license. Lean how to get your auto dealer's license and how to operate a profitable used car business. You can earn a substantial amount of income just by selling a few cars a month. Find out the how and where of buying at wholesale prices and how to sell at retail, for very good profits. You'll get a free list of all the dealer-only auctions in the United States. Students will receive a DMV certificate of completion at the end of class.

Wayne Williams
Jun 17 - Jun 1
2 sessions

Wayne Williams
\$85 + \$20 mat. fee*
Mon, Tue 6pm - 9pm
John Muir, WC, 255

*pay \$20 material fee to instructor at class



SMOG 2013 Update

This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licenses Smog Check Technicians whose license expires during 2013 to complete the Year Update Training Course prior to renewing licenses.

NOTE: Price includes book.

John Peterson\$250Jul 16 - Jul 25Tue, Thu 5:30 - 9:30pm4 sessionsTenaya Bldg, WC

John Peterson \$250

Aug 11 & Aug 18 Sun 8am - 6pm 2 sessions 1 hour for lunch Tenaya Bldq, WC



RS1 Certification

Key topics will include: Team organization, rescue, and environmental considerations, use of ropes, knots rigging and pulley systems, descending, repelling, and belaying tools and techniques, subsurface rescue techniques, use of cribbing, wedges, cutting/prying and hydraulic tools, use of fire surface ladders in specialized rescue situations, and day and night simulated rescue exercise.

NOTE: Fee includes student manual and State Certification.

Mark Stone

May 20 - May 24 5 sessions

\$400 Mon, Tue, Wed, Thu, Fri 8:30am - 5pm Regional Fire Training Center, 108

EMT Recertification

Provides new and updated information for the Emergency Medical Technician, as well as reinforcement of basic knowledge and skills.



NOTE: Meets requirements for re-certification as an EMT in California. Prerequisite -Must possess an EMT-1 certification.

Donald E. Hankins, II Jun 15 - Jun 29

3 sessions

\$225 Sat 8:30am - 5:30pm Regional Fire Training Center, 107

Intermediate ICD9CM **Medical Coding**

These classes are meant to teach the more Intermediate concepts of ICD9CM coding; Obstetrics, Cardiovascular, Neoplasms, Injuries/Poisonings, etc in order to: 1) prepare attendees for entry level coding in various medical settings where ICD9CM is used 2) will assist in preparing attendees for taking the CCA or CS exams offered by the AHIMA to become a Nationally certified coder.

NOTE: Register between April 23-30 for a 10% discount. Prerequisite: Basic ICD9CM class. Bring first day: 3 ring binder, flags/ Post Its, highlighter pens, pen/pencil, paper. Bring your books to first class.

Diane Lemire

Jun 4 - Aug 20 Tue 5:30pm - 9:30pm Founders Hall, 155 12 sessions

Advanced Medical Coding ICD9CM CPT



This class will demonstrate and apply the advanced concepts of ICD9CM & CPT coding, through the use of Computerized Encoder and medical records/or forms, to prepare students for entry level coding in various medical settings. Will also assist in preparing attendees for taking the CCA or CCS exams, to become a Nationally certified coder. Class will be beneficial for community coders already using the concepts and want to hone their skills.

NOTE: Prerequisite: Medical terminology, and or successful completion of Intermediate ICD9CM and CPT Basic, or one year coding in inpatient or outpatient settings. Cannot have just billing experience for one year without formal education in coding. Bring first day: 3 ring binder, flags, Post Its, highlighter pens, pen/pencil, paper. Bring books to first class.

Diane Lemire

Jun 12 - Jul 31 Wed 6pm - 9pm 8 sessions Founders Hall, 155

Required Textbooks - both classes: See website for ordering info - www.mjc. edu/commed (use supplies/photo link on left side). Must have first day of class: CPT Code Book 2013; only Professional Edition (not Standard Edition) AMA publisher ISBN: 978-1-60359-684-8; and ICD9CM Coding Book from Channel Publishing ISBN:0-945501-93-5

Pharmacy Technician

Prepare for a **New Career**

September 10, 2013 Meets Tues. & Thurs. evenings and some Wednesday evenings

Math Test Dates

May 23 July 16 June 27 August 15 John Muir, WC, Rm 259 - 6:00

SallieMae Smart Option Student Loan

Call 575-6063 for more information



Finish in 12-15 months Tuition \$4,995

(includes textbooks, uniform, lab materials, liability insurance, background check for externship)

Application Deadline

August 20, 2013

Information Meetings

June 19 - 6:00 p.m. Yosemite Hall, WC, 117 July 8 - 6:00 p.m. Yosemite Hall, WC, 117

Purpose of program

- To qualify you to be licensed as a Pharmacy Technician (California law requires you to register as a Pharmacy Technician with the California State Board of Pharmacy in order to work as a Pharmacy Technician).
- To prepare you for an entry-level position as a Pharmacy **Technician**

Unique program focus for acute care practice

• You will be trained in aseptic technique and sterile product preparation

The program provides the initial groundwork

• You will be prepared to take the examination for national certification administered by the Pharmacy Technician Certification Board (PTCB). Successful completion of the PTCB examination entitles a technician the designation of CPhT (Certified Pharmacy Technician).

Pharmacy Technicians work in a variety of environments such as hospitals, independent or chain retail pharmacies, urgent care clinics, skilled nursing or longterm care pharmacies, hospice, government, or the pharmaceutical industry.

Application and sample math test available online at www.mjc.edu/com

600-hour program provides lecture, lab and externship



Call for Information - 575-6063

Or visit: www.mjc.edu/commed Click on "Pharmacy Tech" located on the left hand side of the screen.



Paralegal Certificate Course

- Completed in 2, 7-week sessions
- \$1,189 tuition, \$450 books (approx) 90 clock hours

This intensive, nationally acclaimed, curriculum is designed for beginning, as well as advanced, legal workers. Course topics include how to interview witnesses, investigate complex fact patterns, research the law, prepare legal documents, and assist in preparing cases for courtroom litigation.

Advanced Paralegal Certificate Course

- Student can take up to 3 advanced courses each 7-week session
- \$1.650 tuition, Price for books varies according to classes that are selected - 270 clock hours

You will select 6 Advanced Topics from the 15 topics offered

- Advanced Legal Research
 Business Law
- Victim Advocacy
- Constitutional Law
- Criminal Law
- Bankruptcy law
- Family Law
- Mediation
- Estate Planning

- Immigration Law
- ◆ Education Law
- ◆ Criminal Procedure
- ◆ Intellectual Property
- Water Law
- Real Property Law

All classes are offered online - at your convenience - with any computer that has internet access. These courses are offered through The Center for Legal Studies. Universities and colleges throughout the country contract with The Center for Legal Studies to offer this Paralegal Program. Both the Certificate Course (beginning) and Advanced Topics (6 selected topics) must be completed in order to meet the requirements of California Business and Professions Code #6450.

2013 7-week Sessions:

July 1-August 16 August 26-October 11 October 21-December 6

This course has been approved for a Sallie Mae Smart Option Student Loan. Call for information.



Call 575-6063 for further information



TRIP INFORMATION



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 58. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

Trip Cancellation Information

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

Day Trips

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/ tours, advance notice of cancellation must be given with the following guidelines:

One-day Excursions

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days notice.

Trips with Pre-purchased Items

Day trips that require MJC to prepay for tickets, meals, or other participant expenses require 30 days notice.

Short, Overnight Trips

Refunds for overnight trips require a minimum of 45 days notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45-day notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

Extended Trips

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

How much walking?

LIMITED: May require a walk to the theater, or to your seats at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.

MODERATE: May require a large amount of walking, usually in either the morning or the afternoon.



EXTENDED: Will involve walking much of the day.

DAY TRIPS

Wait List

Filoli House and Gardens

Located near Woodside and the Crystal Springs Lake, this wonderful country estate was built for the Bourn family between 1915 and 1917. Enjoy a 2 hour tour will take you through the main floor of the 36,000 sq. ft. Georgian style mansion and part of the extensive formal gardens that cover 16 acres of the grounds. The remainder of the afternoon will be spent at the Stanford Shopping Centre in Palo Alto where you may stroll through over 140 stores in the open air, European style street market and enjoy a no-host lunch as well as shop.

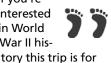
Sat May 25

\$60

8:15am - 7pm

Rosie The Riveter Red Oak Victory Ship

If you're interested in World War II his-



you! Explore this historical park, both on land and sea, which commemorates the work of Rosies (women who became active workers in ship building during the war). By water, you will explore the Port of Richmond, the old Kaiser Ship Yards, the old Ford Motor and Tank Assembly Plant, and surrounding busy waterfront. Enjoy lunch onboard and tour the Red Oak Victory Ship - one of the last Victory ships. You need to be able to climb a flight of stairs to eat lunch and tour the ship. The tour is manned by volunteers, some having worked both in the shipping industry and on Victory ships. Visit the new Visitor Center and Rosie Memorial with its extensive and ongoing Archives. The trip will be led by historian and naturalist Ronn Patterson and National Park Rangers and volunteers from Rosie the Riveter Park.

NOTE: Fee includes chartered bus transportation, charter boat, lunch and tour of Red Oak Victory Ship.

Sat May 11 \$119 Sat 7am - 6:30pm

Giants Baseball

. We have lower box seats for our games. Our buses are full, but we are taking a wait list for each game. Go to www.mjc4life.org or call

575-6063 to be added to the wait list. **Colorado Rockies** - \$99

Sun, May 26 - 9:45am - 7:00pm

LA Dodgers - \$102 Sun, July 7 - 9:45am - 7:00pm **Baltimore Orioles** - \$87 Sun, August 11 - 9:45am - 7:00pm

Arizona Diamondbacks - \$87 Sun, September 8 - 9:45am - 7:00pm

NOTE: Fee includes chartered bus transportation and game tickets.

Sunset Magazine **Celebration Weekend**

We are traveling to Sunset Magazine, Northern California headquarters in Menlo Park for the 16th annual Celebration Weekend. Each spring, Sunset Magazine brings the pages of the magazine to life during the two day event from 10 a.m. to 5 p.m. Sunset Magazine is the premier guide to Western living, covering the newest and best ideas in Western home design and landscaping, food and entertainment, and regional travel in 13 Western states. This festival is a live example of what readers love about Sunset. You'll get a behind the scenes look at the test kitchens and lush gardens, plus learn tips from the experts as you gear up for summer. You may want to bring a canvas bag with you for any purchases or freebies. Make a Hawaiian lei, paint a pot, or shop at more than 80 tents of cooking equipment, garden accessories, and gift products.

NOTE: Fee includes entrance fee and chartered bus transportation.

\$64 Sat Jun 1 8:30am - 6:30pm

Yosemite **National Park**

Yosemite **National Park** is a setting so spectacular and awe inspiring that it is



often referred to as the Crown Jewel of the National Park system. A 26 mile, two hour tour of the Valley Floor has been scheduled in an open air tram. Rangers introduce some of Yosemite's most famous sightseeing points in Yosemite Valley and describe the history, geology, plant and animal life of the region. This year round tour provides a fuller knowledge and enjoyment of the park. After the tour enjoy a no host lunch at one of the park's many eateries and have the rest of the day to yourself to enjoy and explore the different areas of the park.

NOTE: Fee includes entrance to Yosemite, open-air, two-hour tour of the Valley Floor, and chartered bus transportation.

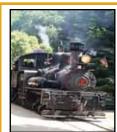
Sat Jun 22 \$83 6:30am - 7:30pm

Alcatraz & Fisherman's Wharf

After departing Pier 33, arrive at Alcatraz Island, one of the most popular destinations in San Francisco. Enjoy a close up look at a historic and infamous federal prison with a self guided audio tour. Visitors to the island can not only explore the remnants of the prison, but can also learn about the Indian occupation of 1969-1971 and early military fortifications. Boats return to Pier 33 every 35-40 minutes. Once back at Pier 33 make your own way to Pier 39 for free time before boarding the bus.

NOTE: Walking distance from Pier 33 to Pier 39 is 3/10 of a mile. Fee includes roundtrip ferry transportation to Alcatraz, audio headset rental, and chartered bus transportation.

Sat Jul 13 \$79 Sat 7:30am - 6:30pm



Roaring Camp **Railroads**

Travel by chartered bus to Felton where you will eniov a

one-way train ride on the Roaring Camp Railroads to the Santa Cruz Beach Boardwalk, Travel through Henry Cowell Redwoods State Park, down the scenic San Lorenzo River Gorge, across a 1909 steel truss bridge, and through an 1875 tunnel before arriving at the Santa Cruz Beach Boardwalk. This old-school boardwalk harkens back to an earlier era of lazy leisure and family-friendly amusement. The park features a carousel, dozens of rides, test-your-skill challenges, laser tag, an indoor video game and pinball arcade, and the requisite cotton candy, hot dog and lemonade stands. Take a stroll down the pier and enjoy a meal at one of the restaurants. Enjoy your afternoon before meeting the bus and head back to Modesto. A brief stop is planned on the return home

NOTE: Fee includes one-way trip train transportation and chartered bus transportation

Sat Jul 20 \$75 Sat 7:30am - 7:30pm

Extended Trip Information Meeting

Come see what MJC is offering in 2013 and spring 2014

See slides, ask questions, and meet others with your same travel interests.

Saturday, June 8

2:00 p.m. Round Table Pizza 3848 McHenry Ave., Ste. 150

Wednesday, September 4

3:00 p.m. Location to be announced

Charles Schulz Museum and Luther



Burbank Home and Gardens

The Charles M. Schulz Museum and Research Center was designed to reflect the modest, low key personality and style of the internationally famous artist. A guided tour takes you through the Museum's permanent exhibits, including the Peanuts Tile Mural; the Nursery Wall painted by Schulz in 1951; Snoopy Labyrinth, and more. After the tour, enjoy free time before eating a boxed lunch across the street at the Warm Puppy Café. Next, it's on to the Luther Burbank Home & Gardens for a guided tour. Situated on 1 acre, it contains the home, greenhouse and gardens of the famed horticulturist. Burbank performed the bulk of his life's work at this location. The gardens include many of his horticultural contributions.

NOTE: Call the office to register and select lunch offering. Fee includes guided tours of the Charles Schulz Museum and Luther Burbank Home & Gardens, boxed lunch at the Museum, and chartered bus transportation.

Sat Jul 27 \$80 Sat 7am - 6:30pm

Safari West and BBQ Lunch Santa Rosa

It may not be Africa, but it's the closest it comes without requiring a passport. Located on 400 acres, Safari West is home for over 400 exotic mammals and birds. Board a safari trek vehicle for a one and a half hour journey led by an experienced safari guide through the Sonoma Serengeti for a glimpse of majestic giraffes and many other four legged friends and then on to visit the White Rhinos in their creek side enclosure. The second half of your trek, explore on foot, the large bird aviary where you will see beautiful and strange birds from around the world. You may even catch a glimpse of the smallest of the antelope family, the mini Blue Duikers. On your walk you will encounter Cheetahs, Colobus Monkeys, and African Porcupines as well as watching the Ring-tailed Lemurs frolic on their very own island. After the tour enjoy a BBQ lunch and free time before departing for home. A brief stop is planned on the way to and from Safari West.

NOTE: Fee includes safari guided tour, BBQ lunch, and chartered bus transportation

Sat Sep 7 \$137 Sat 7:30am - 5:30pm

Santa Cruz Follies

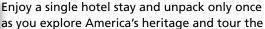
For over 50 years the Senior Citizens Opportunity of Santa Cruz has been putting on a musical variety show. This year's theme is "Those Magical Musical Memories". Remembering moments that time can't erase. Before the performance we'll eat a delicious early lunch at the Crow's Nest Restaurant, located in Santa Cruz. You'll have a choice of: Grilled Chicken Breast, Black Angus Sirloin Steak, or Seafood Special of the day. A brief stop is planned on the way home.

NOTE: Fee includes lunch at the Crow's Nest Restaurant, tickets to the Santa Cruz Follies, and chartered bus transportation

Sat Sep 14 \$96 Sat 7:30am - 5:30pm

Exploring Our Nation's Capitol Washington D.C.

7 Days - April 2 – 8, 2014



capital city of the United States, Washington D.C. Arrive on Day one. Day two a guided tour takes you to the U.S. Capitol Visitor Center, followed historic building. at the moving



by a guided tour of this Continue on with stops

World War II Memorial, the Vietnam Veterans Memorial and the Korean War Memorial. This afternoon, visit the White House Visitor Center. Tonight, enjoy a special get-acquainted dinner with your fellow travelers. Day three visit Mount Vernon, the beloved home of the first U.S. president, George Washington. Next, enjoy leisure time in old town Alexandria. This afternoon, a narrated tour of Arlington National Cemetery includes the Tomb of the Unknowns and the Kennedy gravesites. Day four it's your choice of the Smithsonian Institution. Select the Air and Space Museum or the National Museum of American History. Among the Air and Space Museum's collection are the famous Wright 1903 Flyer, the Spirit of St. Louis, and the Apollo 11 command module Columbia. The National Museum of American History features artifacts from locomotives to the flag that inspired Francis Scott Key to compose the national anthem. The afternoon is at leisure. Day five tour the vibrant city of Baltimore with a local expert. Highlights include Fort McHenry where The Star Spangled Banner was penned during the War of 1812. This afternoon, travel to Annapolis for a walking tour of the U.S. Naval Academy with a local guide. Complete your day with dinner at a historic Annapolis tavern where famous Chesapeake Bay crab in on the menu. Day six visit the Washington National Cathedral and learn more of its history on a docent led tour. This magnificent church took 83 years to complete and has been host to state funerals, Presidential inaugural masses and the last sermon of Martin Luther King, Jr. This afternoon, visit Ford's Theatre where President Abraham Lincoln was assassinated in 1865. Tour the theatre and hear about the timeline of events that transpired. Finish with a visit to the neighboring Petersen House, the boarding house to which the fatally injured Lincoln was carried. This evening enjoy a special farewell dinner marking the end of a wonderful American journey. Day seven tour ends and you fly home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 9 Meals included. \$415 deposit per person due upon registration. Save \$100 and book by October 2, 2013.

Double \$2,459 per person Single-\$3,059 per person

Spain Classics & Lisbon, Portugal

14 Days - September 18 - October 1, 2013

Experience two beautiful countries in one trip. Arrive on Day two in Lisbon, the vibrant capital of Portugal for a three night stay. Day three enjoy a tour of Lisbon featuring the Moorish Alfama Quarter, Jeronimo's Monas-

tery and the Tower of Belem. Tonight enjoy a dinner with wines, folkloric dances and Fado music. Day

four begins in the pilgrimage town of Fatima. View the Batalha Monastery and travel to the towns of Nazare and Obidos. Day five depart Lisbon and cross the border into Spain. View the coun-

tryside of Portugal and Spain before arriving in Madrid, Spain's capital and largest city. Day six see the Puerta del Sol, Plaza Mayor, and the Royal Palace. This afternoon travel to Toledo. A stop is also included at the Church of Santo Tome to view El Greco's masterpiece painting, the Burial of Count Orgaz. Day seven depart Madrid for the Moorish city of Cordoba. Embark on a walking tour of the Mezguita, built by the Moors in the 8th century. Arrive later in Seville for a two night stay. Day eight you will see Columbus' tomb, the ornate cathedral, and Giralda Bell Tower. During a "tapas lunch" a local flamenco dancer joins you to teach you the history and artistry of flamenco. This evening enjoy an authentic flamenco show. Day nine depart Seville and travel to Granada for a one night stay. A local expert joins you for a tour of the worldfamous Alhambra, the immense hilltop palace that is a UNESCO site. Day ten travel to the Mediterranean coast where you arrive for a two night stay in the city of Valencia. Day eleven a city tour of Valencia features the ornate 14th century Serranos Tower and imposing 15th century Quart Tower. You'll also see the bustling central market. Afterwards visit Lladro-City of Porcelain and learn about the world-famous handmade Lladro figurines. Day twelve enjoy a panoramic tour of Valencia's port area followed by the City of Arts & Sciences. Later arrive in Barcelona for the last two nights. Day thirteen your locally guided tour gives you an in-depth look at Barcelona.

See Las Ramblas Boulevard, the most famous in Barcelona. Also see Columbus Monument; Parc Montjuic, the unconventional Casa Mila building, and others. This afternoon enjoy free time to discover Barcelona on your own.

> Tonight at dinner celebrate the end of a wonderful trip. Day fourteen the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 20 Meals included. \$500 deposit per person due upon registration. Save \$250 and book by March 18, 2013

Call for availability and prices

CALL TODAY FOR PRICES AND AVAILABILITY

Canadian Rockies

July 16-23, 2013

Italy's Treasures

September 9-20, 2013

Niagara Falls to **New York City**

October 4-10, 2013

575-6065

Discover Tuscany - 11 Days March 12-22, 2014

This fabulous 11 day trip has six nights in one hotel and flies in and out of Rome. We are flying in one day early to allow extra time in Rome. Highlights include Florence, San Gimignano, Assisi, Montecatini Terme, and Siena. Day two arrive in Rome and enjoy an afternoon of leisure. Day three tour classic Rome featuring the Colosseum, Roman Forum, Circus Maximus and Piazza Venezia. Also, visit the Trevi Fountain for your chance to toss a coin over your shoulder. This evening join your fellow travelers for a welcome dinner. Day four travel to Assisi where a local expert guides you on a tour of the Basilica of St. Francis and the historic old city. From there travel to the spa resort town of Montecatini Terme your home for the next six nights. Day five travel to Siena, one of Italy's most beautiful cities. Embark on a lovely walking tour through Siena's narrow, Gothic streets and see palaces, mansions and the historic Piazza del Campo. Day six discover the medieval town of San Gimignano and enjoy free time before your special visit to a Tuscan winery for an opportunity to sample the selections. During your visit, learn the art of winemaking and the process of making Italian olive oil. Day seven spend the day in Florence where a local Florentine guide highlights this amazing city including Michelangelo's statue of David, the Piazza del Duomo, and many others. The remainder of the day is yours to explore at leisure. Day eight enjoy a day of leisure. An optional excursion to Pisa and Lucca is available. Day nine en route to Florence, stop at a family-owned leather shop to learn the traditional Italian techniques of leather making. Next, enjoy a special presentation on the history and workmanship of fine Florentine gold. The afternoon is at leisure. Day ten depart Montecatini for Rome. Upon arrival enjoy a tour to Vatican City to visit the collections of the Vatican Museums and St. Peter's Basilica. This evening join your fellow travelers for a farewell dinner. Day eleven the tour ends and you head home..

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 14 Meals included. \$500 deposit per person due upon registration. Save 250 and book by September 12, 2013.

Double occupancy - \$3,899 Single occupancy - \$4,339

London & Paris 9 Days - September 2014

Experience two of the world's most popular cities on one fabulous tour. After an overnight flight arrive on Day two



in London, England. We are flying in one day before the tour begins to give you time to rest or explore on your own before the tour begins. On Day three enjoy leisure time before the tour begins this evening with a welcome dinner. Day four a local expert leads you on a panoramic tour of London. See Trafalgar Square, St. Paul's Cathedral, and Buckingham Palace; the London home to Britain's royalty since 1837. At Westminster. see the houses of Parliament, Westminster Abbey and Big Ben. This afternoon enjoy a theatre performance. Day five is yours to explore on your own. You may choose an optional excursion to Windsor Castle. Day six depart London and travel on the Eurostar High Speed Train to Paris, France. Tonight enjoy dinner with breathtaking views at the Eiffel Tower. Following dinner, enjoy a romantic Seine River cruise. Day seven see the Arc de Triomphe, Notre Dame Cathedral, Champs Elysees, and other amazing landmarks while on a guided tour. This afternoon you may choose an optional excursion to Louis XIV's magnificent Palace and Gardens of Versailles. Day eight you are free to enjoy to city. You may choose an optional tour at the Louvre; indulge in some of the world's most famous shopping, or sit at a sidewalk café and people watch. Tonight enjoy a special farewell dinner that caps a wonderful vacation. Day nine the tour ends and you fly home.

NOTE: Cancellation waiver insurance, airfare, Eurostar High Speed Train to Paris, hotel accommodations, hotel transfers, and 11 Meals included.

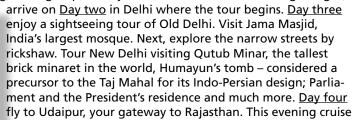
Call for prices and to add your name to the interest list.

Mysteries of India

15 Days - February 20 – March 6, 2014

Optional 4 Night Nepal Post Tour Extension Optional 3 Night Dubai Pre Tour Extension

Travel on this amazing, small group, 15-day tour of India. After an overnight flight,



by boat along Lake Pichola viewing the Jag Mandir Palace and the City Palace. Day five visit the City Palace, Jagdish Temple, Sahelion-ki-Bari - The Garden of the Maids of Honor where you will learn about the lifestyle of the royal ladies who strolled through these gardens. Day

six depart to the "Pink City" of Jaipur. In the afternoon, enjoy a brief stop at Hawa Mahal, home to a former Maharaja, with its façade of 953 windows. Next, visit the City Palace and marvel at Jantar Mantar, an astronomical observatory built in 1726. <u>Day seven</u> ride an elephant to the top of Amber Fort, India's former seat of power. At lunch learn about turban and sari tying and a henna tattoo and bindi demonstration. Tonight, enjoy a home-hosted dinner observing daily life inside the old city. Day eight you may choose an optional early morning tour to learn of the non-profit effort that provides thousands of local schools with a mid-day meal. Afterwards, travel to Ranthambore National Park. Learn of Project Tiger's efforts at conservation in the country. Next, embark on a game viewing drive by canter (an open air vehicle). Watch for marsh crocodiles, hyenas, sloth bears, and even tigers. Day nine experience an early morning game viewing drive. Afterwards, enjoy breakfast at the hotel. Later, visit the Ranthambore School of Art, followed by an interactive cooking demonstration. Day ten travel to Bharatpur by train. Enjoy brunch before visiting Fatehpur Sikri, a red sandstone city built by the Mughal Emperor Akbar. This city was larger than London when it was constructed. Your day ends in Agra, home of the Taj Mahal. Day eleven visit the Taj Mahal at sunrise aboard a tonga or horse carriage that takes you to its gates. The Taj Mahal took 22 years and 20,000 men to build. Built in the 17th century by Mughal Emperor Shah Jahan as an expression of his love for this wife Mumtaz Mahal, the Taj Mahal is truly one of the wonders of the world. Day twelve board a train for Jhansi. Continue to Occhra and visit Jahangir Mahal before arriving in Khajuraho. Day thirteen visit the Chandel Temple complex and see some of the finest examples of temple architecture in northern India. Fly to Varanasi where this evening you will visit the Ghats and witness the Ganga Aarti ceremony. Day fourteen Cruise along the River Ganges. A city tour of Varanasi includes Vishwanath Temple, Benaras Hindu University, and Bharat Mata Temple. Continue to Samath where Siddarth Gautama, later known as Buddha, gave his first sermon. This evening enjoy a farewell dinner and reminisce of an amazing once-in-a-lifetime trip. Day fifteen enjoy a morning of leisure before flying to Delhi and departing for your flight home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 26 Meals included. \$500 deposit per person due upon registration. Save \$250 and book by August 20, 2013.

Double \$6,149 per person Single \$7,449 per person

Mackinac Island 8 Days April 28-May 6, 2014

This tour highlights staying at The Historic Grand Hotel on Mackinac Island, the Holland Tulip Festival, and Edsel and Eleanor Ford House. Arrive on Day one in Chicago. Day two begins with a tour of "The Windy City". Highlights include Historic Water Tower, famed Michigan Avenue, Millennium Park, the Wrigley Building and others. After leisure time depart for Wisconsin and the city of Green Bay. Day three after a scenic drive board the ferry for your transfer to beautiful Mackinac Island and The Grand Hotel, your home for two nights. One of the most noticeable differences on Mackinac Island is the absence of automobiles. Cars are not allowed and horse and carriages and bicycles are the mode of transportation. Day four begins with a horse-drawn carriage tour. The afternoon is at leisure. Day five enjoy a morning of leisure before traveling to Grand Rapids, Michigan. Day six arrive in Holland, Michigan for the Tulip Festival. Stops are included at the Veldheer Tulip Gardens, and the Windmill Island Gardens to enjoy the extraordinary flowers in bloom. View the only authentic Dutch windmill operating in the United States. Later, depart for Frankenmuth, Michigan. Day seven learn the art of rolling pretzels followed by a city tour with a local guide. Enjoy the Bavarian influence and gingerbread-style architecture. Visit Bronner's Christmas wonderland, the world's largest Christmas store. The afternoon is at leisure before departing for Southfield, Michigan. Day eight visit Greenfield Village and the Henry Ford Museum. View historic homes and famous American workshops as well as numerous exhibits. This evening enjoy a farewell dinner at The Edsel and Eleanor Ford House. After dinner, enjoy a docent tour of the estate. Day nine the tour ends and you head home.

Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 13 Meals included. \$415 deposit per person due upon registration. Save \$100 and book by October 28, 2013

Double occupancy - \$3,059 Single occupancy - \$3,659

RIVER CRUISE

Information Meeting

2:00 p.m.

Modesto Junior College
435 College Ave, Modesto
Forum Bldg., Room 101
Free Parking on Saturday

Great Rivers of Europe *October 3-18, 2014*

Private Grand Circle Cruise Ship

Highlights:

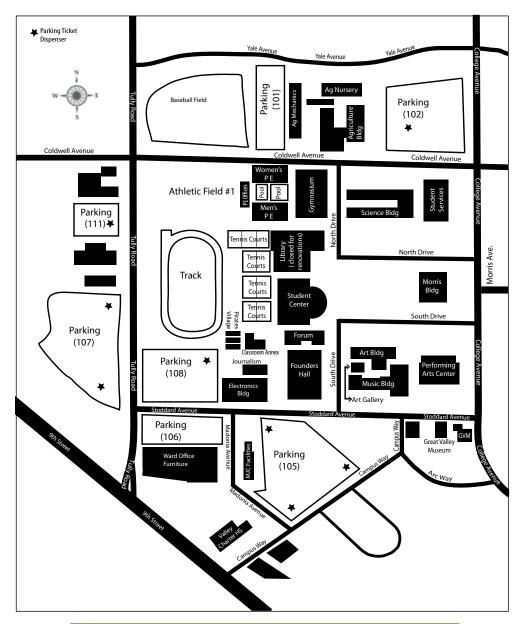
Vienna, Passau, Nuremberg, Bamberg, Koblenz, Cologne, Amsterdam

On this European River Cruise, you'll cruise the historic Rhine, Main, and Danube rivers as medieval architecture beckons from every riverbank ... time-honored European winemaking traditions abound at hillside vinevards ... and landscapes seem to spring from the canvases of centuries-old masterworks. New this year – you'll spend two nights moored in Vienna, where you'll enjoy a newly included city tour of Austria's Baroque capital. Plus, visit Room 600 (site of the Nazi War crime trials) during our tour of Nuremberg, and dinner and traditional musical entertainment in a local Rudesheim restaurant. Experienced local Program Directors lead your discoveries through the Netherlands, Germany, and Austria. This European River Cruise is an incredible value and river cruising is very popular, so it's a trip that you need to book early since space is limited.

Priced from \$5,809

Call to RSVP! 575-6065

Modesto Junior College - East Campus 435 College Avenue, Modesto, CA 9535043



Off-Campus Location Key

California Ballroom Co. - 1023 College Avenue, Modesto (residence)

Creekside Middle School, 535 Peregrine Dr, Patterson

Dania Hall - 416 1/2 | Street, 2nd Floor

Direct Appliance - 2424 McHenry Avenue, Modesto

Dryden Park Golf Club - 920 Sunset Ave., Modesto

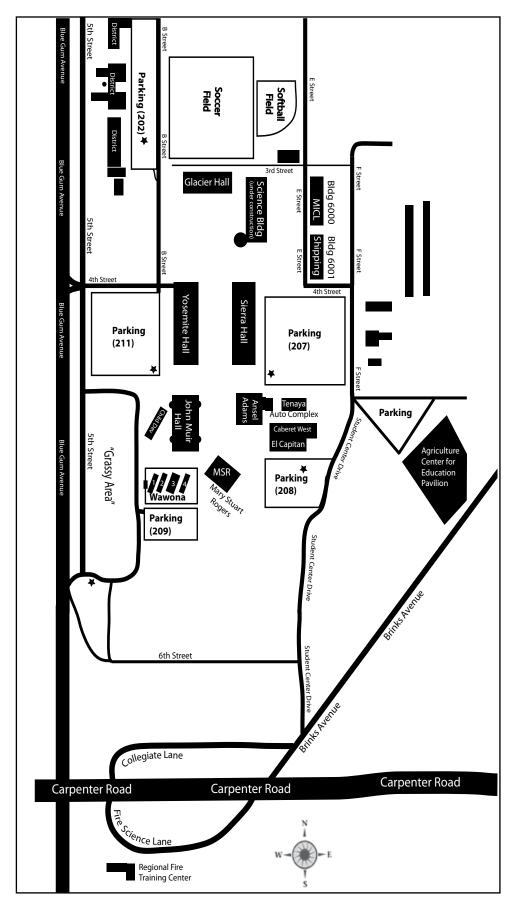
VCHS (Valley Charter High School) - 108 Campus Way (off of Stoddard Avenue)

Village Yoga - 1700 McHenry Avenue, Modesto, Ste. 66C

You Can Dance - 1501 Coffee Rd, Suite P, Modesto

Modesto Junior College - West Campus

2201 Blue Gum Avenue, Modesto, CA 95358



Five Ways to Register

ONLINE www.mjc4life.org — Register online and save \$3. If you register online you will receive instant verification of enrollment!

All registrations except online registration, trips and motorcycle training, pharmacy, phlebotomy, and paralegal will be charged a \$3 registration fee.

If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 575-6063.

If you have not registered for a Community Education class/trip before, please click on *Sign In* on the left side, and then "*Create New Student Profile*." Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

- PHONE 575-6063 If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$3 registration fee added to your order. Please have all information requested on the registration form below available when you call.
- **WALK-IN** Morris Memorial Admin. Bldg, Rm 204, East Campus, 435 College Ave, Modesto Register in person Hours: Mon–Fri, 8am–5pm. \$3 fee charged for most classes.
 - MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350
 Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$3 registration fee to the total (see form below).
 - **FAX 575-6025** Be sure to include credit card information on your registration form. Add the \$3 registration fee to the total (see form below).

-						
REGISTRATION FORM		Que	estions? Call 575-6063			
First Name	Last Name	e				
Mailing Address						
City		Zip				
Gender: ☐ M ☐ F Date of Birth						
Home Phone	_ Work/N	lobile				
Email Address						
REQUIRED for registration: \Box I have read the Refund Policy on page 59.						
Write the Class Title (or enough of the title to clearly identify the class) as well as the appropriate Section Letter (A - B - C) if listed. Also Include the Start Date (i.e., June 3).						
CLASS TITLE (and Section Letter if needed (A -	B - C)	START DAT	E PRICE			
Registration Fee (If you are NOT registering online please add this \$3 fee)						
		TOTA	.L			
Credit Card #						
Expiration DateLast 3 numbers on back of card						
Name on Card (PLEASE PRINT)						
Card Holder Signature						

Frequently Asked Questions

Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program.

Do I have to pay for parking?

MJC parking regulations are in effect from 7:00 a.m. on Monday until 5:00 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$1.00. Street parking is free.

What other fees will I pay?

In some cases an additional materials fee may be charged at time of registration. For many classes the material fees are payable to the instructor at the first day.

Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

Supply Lists

Some of our offerings require a supply list. If you don't receive one, call our office at 575-6063 a few days before the start date.

Can I get a refund?

OFFERINGS

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Trips: Different refund policies apply to trips and tours. See page 50 for our trip refund policy.

CANCELLED OFFERINGS

A full (100%) refund will be given for an offering or trip that the college cancels. Refunds take a few weeks to process. If you pay by credit card, your account will be credited; if you pay by check or cash, you will receive a check in the mail.

ON-LINE REGISTRATION

If you registered over the internet you MUST call our office to receive a refund. A refund will NOT be processed if you try to drop online.

They are also posted on our web site at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 575-6063 to confirm the class will be held.

Can my child take an adult class?

Children ages 14-17 may register for an adult class only when a parent/ adult registers with them. Call for age requirements for Motorcycle classes.

Can I get Financial Aid?

Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.



2013 MJC Camps

(see pages 3-8)

All-day Camps for Kids

Super Summer Scientist June 17-21

Gameshow Faceoff June 24-28

Motion Explosion July 8-12

Creation Station **Imagination** July 15-19

Pixar Performance Camp July 22-26

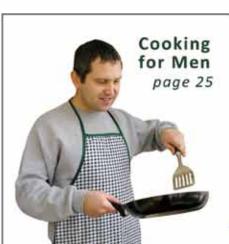
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MJC4life Community Education

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Enhance Your Pet's Health with Touch Techniques page 37

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