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Community Education Planting Seeds of Knowledge!

Spring 2016 is upon us. A time of renewal and a time of planting new seeds, that will evolve into fun, lifestyle and career changes. The Community Education array of classes are designed to meet the needs and wants of the community at large.

Our NEW GED study program has been revamped. First, the new program is FREE due to state funding made available through the Adult Education Block Grant (AEBG). This new program is designed to have students take practice tests and enroll only in the study classes that will prepare them for passing the official examination at a GED Testing Service Center. For more information, turn to page 31.

Check out the NEW 2016 Summer Camps offered to the youth in our community; a variety of fun, educational camps to peak and hold the interests of our youth:

- Wheee – Made by Me
- Little Hero Training Camp
- Pee Wee Performers: Favorite Fables
- Time Machine Adventure
- Physics in Motion: On Land, Sea and Air
- Crazy Chemistry – From Slime to Crime
- Theater Camp
- The Wild Side
- 3-D Programming

If it's experiencing the exotic or old-world charm, we have the trip for you: Costa Rica, Discover Croatia, Exploring Greece and Its Islands, Spain's Classics, to name a few. Turn to page 52 and explore the exciting trips we have to offer - both day and extended.

Community Education is your one-stop shopping for fun, lifestyle, educational and career-changing activities. You can register online at www.mjc4life.org. Have a question, give us a call at (209) 575-6063.

Elizabeth Orozco-Wittke
Manager, Community Education & Contract Programs

STAFF: Pat Brennan
 Vicki Vander Veen
 Angie Vizcarra

mjc4life

Adult Fun

ARTS / CRAFTS

Fun with Leisure Watercolor Painting

Don't miss out on this ever-popular class. Our instructor will help you learn to be successful in this great art medium. If you have admired watercolor paintings and thought it would be a fun technique to learn, then this class is for YOU. The class is designed for all levels. Learn the basic techniques, color, and composition. You will receive individual assistance and experience the joy of painting with watercolor.

NOTE: Material fee will cover supplies for the first two weeks of class. Instructor will talk about supplies to purchase for future classes.

Linda Salmon \$125 + \$10 mat. fee*
Apr 7 - May 26 Thu 6pm - 9pm
8 sessions Art Building, 201

*pay \$10 material fee to instructor at class

Getting Started with Acrylics



Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like watercolors. Applied thickly they resemble oils, but are easily cleaned up with water. Colors are exuberant; mistakes can be hidden. We will go over the different techniques, tools, surfaces, and brushes used in this very creative medium. All levels of painters are welcome.

NOTE: Ask for supply list or go to www.mjc.edu/commed. Do not purchase your supplies until you have confirmed with our office that the class will be held.

Linda Salmon \$99 + \$10 mat. fee*
Apr 6 - May 11 Wed 6pm - 8:30pm
6 sessions Art Building, 102

*pay \$10 material fee to instructor at class



Drawing in Colored Pencil

Colored pencils are a fun, safe and a portable way to express oneself artistically. You will focus on basics of color theory and color application while drawing fall flowers. Learn to mix and blend colors and to use pencils to create tone and hue. You will cover a variety of techniques and work on a variety of natural objects or work from photographs. All levels welcome.

NOTE: Bring to first class an Artist or Prismacolor 24 (or larger) pencil set. Don't buy supplies until you know the class will go. Material fee covers supplies used in class.

Linda Salmon \$59 + \$10 mat. fee*
Apr 1 - Apr 22 Fri 2:30pm - 5pm
4 sessions Art Building, 204

*pay \$10 material fee to instructor at class

Exploring Drawing Techniques

Whether you are a novice or a seasoned hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand coordination.



Graphite, ink and charcoal will be the drawing mediums, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

NOTE: Material fee of \$10 paid to instructor at first class, for provided supplies. Additional supplies to be purchased prior to class by student. See list at www.mjc.edu/commed. Don't buy supplies until you know the class will go.

Linda Salmon \$99 + \$10 mat. fee*
Apr 5 - May 10 Tue 6pm - 8:30pm
6 sessions Art Building, 201

*pay \$10 material fee to instructor at class

Precious Metal Clay - Silver

new Learn to work with this unique medium while creating 2 or 3 pendants (depending on size) or earrings or several charms. All molds will be available for use in the class. Once the piece you create is completed and fired, only the metal will be left. In this class we will work with silver clay. The nice thing about the silver clay is that it only takes one day to complete your projects. You will leave the class with your newly-created pieces. No experience necessary.



NOTE: Material fee for 25 grams silver clay.

Judy Gooch	\$49 + \$50 mat. fee*
Apr 30	Sat 9:30am - 4pm
1 session	Stoddard Annex, Metalcraft

*pay \$50 material fee to instructor at class

Lapidary

Learn how to turn stones into beautiful pieces for decor or gems for mounting into custom jewelry. This class teaches basic to advanced lapidary skills including cutting, grinding, faceting and polishing of ornamental, semi-precious and precious stones. You will learn how to recognize, find and develop your gem materials and make beautiful pieces of art. The supplies needed will vary depending upon the projects and materials you select.



NOTE: Students must wear prescription or safety glasses in class and a waterproof apron is recommended. Material fee is for supplies required for classroom equipment.

A > Jean Hayes	\$99 + \$11 mat. fee*
May 18 - Aug 17	Wed 1:15pm - 4:45pm
14 sessions	Stoddard Annex, Lapidary
B > Jean Hayes	\$99 + \$11 mat. fee*
May 18 - Aug 17	Wed 6:30pm - 10pm
14 sessions	Stoddard Annex, Lapidary

*pay \$11 material fee to instructor at class

Jewelry and Metalcraft



Whatever your interest, you will have fun learning the basics, and more, in this on-going Jewelry class. Learn how to earn some extra money or make beautiful gifts for someone special. Learn fine-jewelry techniques to construct custom jewelry from copper, bronze, sterling silver and gold. Beginners to advanced learn and practice skills in fabrication, wax carving, introduction to casting, and stone setting. Beginning levels are project-oriented with various jewelry items. The supplies needed vary depending upon the projects and materials you select.

NOTE: No class May 30 and July 4. Students must bring safety glasses if they do not wear prescription glasses.

A > Jean Hayes	\$84 + \$11 mat. fee*
May 16 - Aug 15	Mon 1:15pm - 4:45pm
12 sessions	Stoddard Annex, Metalcraft
B > Jean Hayes	\$84 + \$11 mat. fee*
May 16 - Aug 15	Mon 6:30pm - 10pm
12 sessions	Stoddard Annex, Metalcraft
C > Jean Hayes	\$99 + \$11 mat. fee*
May 19 - Aug 18	Thu 1:15pm - 4:45pm
14 sessions	Stoddard Annex, Metalcraft
D > Jean Hayes	\$99 + \$11 mat. fee*
May 19 - Aug 18	Thu 6:30pm - 10pm
14 sessions	Stoddard Annex, Metalcraft

*pay \$11 material fee to instructor at class

Soldering Glass Charms

new Fashion an 'antique' beveled glass mirror heirloom, and beautiful glass charms to wear, or give as unique gifts! You are welcome to bring your own image to use for this keepsake. Instructor will provide images but feel free to bring your own photographs, greeting cards, product labels, tickets, invitations, paper dolls, etc. for personalizing your pieces. Class time allows for completion of several pieces. All levels welcome.

NOTE: As seen on Pinterest: <https://www.pinterest.com/debbithinksdeep/soldering-class/>. If you have a chisel tip soldering iron at home bring it, otherwise the instructor will have some for classroom use. Class meets twice. Pay \$25 material fee to instructor at class

Debra Greenlee	\$39 + \$25 mat. fee*
Apr 12 - Apr 19	Tue 6pm - 9pm
2 sessions	John Muir, WC, 259

*pay \$25 material fee to instructor at class

Working and Creating with Resin



In this class we will reach beyond the basics of working with resin for jewelry and mixed media. You will create unique resin-filled bezels and resin papers and learn to work with variations and inclusions. Feel free to bring a selection of elements that you would like to include in your piece (can include new pieces, tiny bits of broken jewelry, watches, watch parts, etc.) whatever tiny bits of creativity inspires you. To better understand what you will learn to produce in this class, please take a moment to look at this collection of inspiration photos curated especially for this class - <https://www.pinterest.com/debbithinksdeep/resin/>

NOTE: You will receive a kit full of fun and practical items to make several unique resin pieces to include in your jewelry and other artistic pursuits.

Debra Greenlee	\$39 + \$25 mat. fee*
Apr 26 - May 3	Tue 6pm - 9pm
2 sessions	John Muir, WC, 259

*pay \$25 material fee to instructor at class

Designing and Fabricating Cabochons for Art Jewelry

new Have you ever looked through jewelry books such as "Showcase 500 Art Necklaces"

and wished you could make the stones that are used in these items? This class will expose you to some of these jewelry designs and the shapes of the cabochons and stones used in them. It will show you how to make these types of cabochons that could lead you into designing art jewelry pieces for your unique creations. You will be shown how to



visualize the patterns and shapes in the lapidary materials in a creative manner that goes beyond the ordinary ovals, squares and rounds. If you have slabs of agate, jasper or other things that have a pattern special to you bring them to the class and we will explore ways to utilize them in designing your stones for your jewelry pieces.

NOTE: Prerequisites for the classes are a general knowledge of making cabochons gained from taking a basic cabochon class or a number of years experience in lapidary work. Basic cabochon making will be discussed and reviewed at the beginning of the classes. A safety review will also be conducted.

Robert Rush	\$49 + \$10 mat. fee*
Apr 8, 22 & 29	Fri 6pm - 9pm
3 sessions	Stoddard Annex, Lapidary

*pay \$10 material fee to instructor at class

Mixed Media Jewelry

Everyone will want to know where they can get that fabulous, original, eclectic piece of jewelry . . . that you created yourself! Try your hand at combining a variety of (sometimes unexpected) materials together in the same jewelry piece. Learn important basic jewelry connection techniques. A complete piece of original jewelry can be created from materials provided in class kit. This class is designed for beginner and intermediate-level students.



NOTE: See some ideas of the things you will be able to create with this class at <http://www.pinterest.com/debbithinksdeep/vintage-mixed-media-jewelry-class/>. Feel free to bring baubles, beads and broken bits of jewelry to embellish and personalize the piece that you will make. Suggested tools to bring: flat nose pliers, round nose pliers, jewelry style wire cutters.

Debra Greenlee \$29 + \$20 mat. fee*
 May 24 Tue 6pm - 9pm
 1 session John Muir, WC, 259

*pay \$20 material fee to instructor at class

Authentic Stained Glass for Beginners

Come join us and learn the skilled art of authentic stained glass. This is an exciting class



in learning the Tiffany style process. No experience necessary. You'll learn to cut 40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.

NOTE: Bring to first class safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

Wizzi Wisilinski \$115 + \$95 mat. fee*
 Apr 12 - May 17 Tue 1pm - 4pm
 6 session John Muir, WC, 259

*pay \$95 material fee to instructor at class

WORKSHOP - for Authentic Stained Glass Students

This class is for those who have taken the Beginning class with Wizzi and want to continue working on other projects of their choice. You must have taken a Beginning class from Wizzi in order to register for this class. The class will be held at the same time as the Beginning class. You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

NOTE: You will select your project and purchase your glass and supplies separately.

Wizzi Wisilinski \$75
 Apr 12 - May 17 Tue 1pm - 4pm
 6 sessions John Muir, WC, 259

Pinterest

Learn to Pinterest!

Are you ready to plan a project and looking for ideas? Whether it is remodeling your home, planning activities for the kids, or storing great recipes you find on the web, Pinterest is a virtual pinboard designed to inspire you. You will learn to create pinboards, search for ideas, and connect with friends and others with common interests. We will meet in a computer lab so we can learn hands-on and discover what makes Pinterest so addictive!

NOTE: Students who wish to create a Pinterest account must have a valid email address, Facebook account OR Twitter account.

Matt Ketchum \$35
 Apr 12 Tue 6pm - 9pm
 1 session John Muir, WC, 251



Fun April Flowers Floral Arranging

Learn basic floral arranging skills while you create your own lovely, original fresh floral centerpiece to brighten up your home for Spring! You will be surprised how easy it is. There is something new to learn in each stand-alone class. We will work with beautiful, fragrant, abundant fresh Spring flowers.

NOTE: Bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); wire cutters. Material fee is for fresh flowers, vase and supplies used in class. A towel to support your arrangement on the car ride home is advisable.

Debra Greenlee \$29 + \$30 mat. fee*
 Apr 21 Thu 6pm - 8:30pm
 1 session John Muir, WC, 259

*pay \$30 material fee to instructor at class

Make Someone Happy May Floral Arranging

In addition to learning basic floral arranging skills while you create a lovely fresh flower centerpiece arrangement, in this class you will create a tussie mussie to share with a friend! There is something new to learn in each stand-alone class in which you will create your own, original arrangement. Beautiful, fragrant, fresh Spring flowers, will be used.

NOTE: Bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); wire cutters. Material fee is for fresh flowers, vase and supplies used in class. A towel to support your arrangement on the car ride home is advisable.

Debra Greenlee \$29 + \$30 mat. fee*
 May 19 Thu 6pm - 8:30pm
 1 session John Muir, WC, 259

*pay \$30 material fee to instructor at class

MUSIC

Join the Fun

African D’jembe Drumming Beginning

Come discover the popular D’jembe drum as you learn to play polyrhythmic phrases and sing folkloric African songs within certain regions of Africa. Helps promote hand and eye coordination and releases stress. No prior experience necessary, all levels welcome. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina \$55
 Apr 1 - Apr 22 Fri 5pm - 6pm
 4 sessions Valley Charter High School, Lion’s Den



African D’jembe Drumming Intermediate

Feel the sense of community while you take your drumming to the next level. Learn to play more difficult polyrhythmic phrases on the popular D’jembe drum. Helps promote hand and eye coordination and releases stress. Drums provided for use in class, or bring your own.

NOTE: Wear comfortable clothes.

Khemya MitRahina \$55
 Apr 1 - Apr 22 Fri 6pm - 7pm
 4 sessions Valley Charter High School, Lion’s Den



Beginning Blues Harmonica

Beginning Blues Harmonica will get you jammin' the blues immediately! Our emphasis will be on playing and having fun as you are introduced to many of the tricks and techniques to make the harmonica cry, laugh, wail and scream! No previous musical experience or harmonica training is required.

NOTE: Bring a Major Diatonic Harmonica in the key C; available in class for \$13, if you do not have one. Material fee is for instructional CD and handouts.

David Broida \$35 + \$15 mat. fee*
 Apr 11 Mon 7:45pm - 9:15pm
 1 session John Muir, WC, 255

*pay \$15 material fee to instructor at class

Healthy Harmonica

Breathing is our foundation when playing harmonica for healthy, vibrant living. We will take the simplest of pop, folk and blues rhythms and melodies and invigorate them with simple, but powerful, breathing techniques to make any song deeply expressive! No previous musical experience is required - only a desire to have fun and feel more healthy and alive!

NOTE: Bring a Major Diatonic Harmonica in the key C; available in class for \$13, if you do not have one. Material fee is for instructional CD and handouts.

David Broida \$35 + \$15 mat. fee*
 Apr 11 Mon 6pm - 7:30pm
 1 session John Muir, WC, 255

*pay \$15 material fee to instructor at class

Guitar for Adults: Beginner

Have you ever wanted to play guitar? This class is for you! Learn to play the songs you love in an enjoyable and pressure-free atmosphere. By learning the basic chords and rhythms, you will be able to play a wide-range of songs in a short period of time. No musical experience necessary. Just bring your guitar. Music will be provided.



NOTE: Bring an acoustic guitar to class.

A - Susan Janis \$59 + \$2 mat. fee*
 Apr 18 - May 23 Mon 6:30pm -
 6 sessions 7:30pm
 John Muir, WC,, 253

B - Susan Janis \$59 + \$2 mat. fee*
 Apr 20 - May 25 Wed 9am - 10am
 6 sessions John Muir, WC, 253

*pay \$2 material fee to instructor at class

Intermediate Guitar for Adults

This class is intended to be an extension of Guitar for Adults: Beginner. Students will continue to learn the first position chords, tablature and strum rhythms, as well as learning basic finger picking. Music provided.

Susan Janis \$59 + \$2 mat. fee*
 Apr 20 - May 25 Wed 7:15pm - 8:15pm
 6 sessions John Muir, WC, 253

*pay \$2 material fee to instructor at class

Intermediate Guitar for Adults II

new This class is intended to be an extension of the Intermediate Guitar class. Students should know the basic first-position chords, read tablature and be ready to continue learning various finger-picking styles and strum rhythms. Music provided.

Susan Janis \$59 + \$2 mat. fee*
 Apr 20 - May 25 Wed 6pm - 7pm
 6 sessions John Muir, WC, 253
 *pay \$2 material fee to instructor at class



Beginning Piano for Adults

You have always wanted to play piano but it was never the right time? Well, the time is NOW! Piano lessons are great for the hands, mind, and spirit. Come learn in a warm, supportive class. You will work at your own pace on individual keyboards.

NOTE: No class April 28. Bring a pair of full-sized headphones with a 1/4" or 6.35mm long jack or adapter.

debee loyd \$79 + \$10 mat. fee*
 Apr 7 - May 19 Thu 6pm - 8pm
 6 sessions Music Building, 109
 *pay \$10 material fee at registration



You Can Uke!

Ukulele for beginners or rusty players. Experienced players welcome too. Learn or review fret board, chords, and strums. Relaxed class - No musical background necessary. We'll learn songs made popular by famous ukulele players - from Hawaiian to Rock & Roll and more. Bring your friends and family.

NOTE: Bring any type of ukulele.

Lorrie Freitas \$45 + \$5 mat. fee*
 May 4 - May 25 Wed 6pm - 7:30pm
 4 sessions Music Building, 112
 *pay \$5 material fee to instructor at class

Voice Lessons for Adults

Do you like to sing? Take your talent to the next level with personalized voice lessons! Whether you sing for the joy of singing, or aspire to sing in a choir or professionally, vocal coaching can improve your singing skills. Have fun sharing your love for music with others in this fun, interactive class. Learn proper vocal methods and techniques, including basic notes, harmonies, rhythms and songs. Wrap up this class, and show what you have learned with a performance for your family and friends!



Bernadette Burns \$59 + \$10 mat. fee*
 Apr 5 - May 17 Tue 6pm - 7pm
 7 sessions Valley Charter High School, Ste 14

*pay \$10 material fee to instructor at class

iReal Pro App

Take Your Practice, Jam Sessions and Performances to the Next Level

new At a gig, in the practice room, or at home, iReal Pro is "Your Band on the Run" - At the gig, when you need to quickly look up the chords for a song - or a new key - In the practice room, jamming with the play-along band for hours - In the subway, following along the chords while listening to your favorite performers.

It was voted as one of the best 50 new innovations in 2010, and one of the top 10 Apps by Macworld Magazine, 2015. This inexpensive App (\$22-\$25) can be



purchased for iPads, iMac computers, iPhones, Android devices, any other tablets, or computers. In the hands of any amateur or pro, as a singer, song writer, or instrumentalist, it is designed for daily practice in any key, at any tempo. It plays the chord changes for songs, via multiple-selected rhythm styles added to a backing track which includes: a chordal instrument, a bass, and a drum. It can also be used in live performances. There are thousands of free tunes available for downloading from the iReal site, in multiple genres: Jazz, Swing, Bluegrass, Gypsy Jazz, Holiday and Religious songs, and much more. This class will give you the A-Z information you need to use the program to the fullest extent. Check out the App at <http://irealpro.com/> to see for yourself what iReal Pro can do for you and your practice/jam sessions.

William Sharp \$30
Apr 23 Sat 9am - 11:30am
1 session Founders Hall, 135

SEWING

Adult Sewing

Do you want to learn how to sew and alter your own clothes or sew items for your home?



Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, hand-sewing techniques, purchase fabric, cut and sew your projects. Projects include: double drawstring bag, pillow with zipper and an apron. Patterns are provided.

NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring to class a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailor's chalk. Don't purchase supplies until you confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

Carrie Carlile-Ward \$119
Apr 5 - May 10 Tue 6:30pm - 9pm
6 sessions John Muir, WC, 264

Learn How to Hem

Do you want that sleeve or hemline to hit you just right? Are you tired of your pants falling a little short or too long? Learn to custom hem your fashion just the way you prefer in this fun class. Carrie will teach you to measure, cut and sew a professional hem on different fabrics. Bring a dress or skirt you would like to hem at the first class, and pants or jeans to the second class. Sewing machines are provided or bring your own machine with bobbins and instruction manual.

NOTE: Bring a pair of scissors, tape measure, seam ripper, seam gauge, magnetic cushion, pins (preferably quilting pins), tailor's chalk, thread and a garment to hem to each class.

Carrie Carlile-Ward \$39
Apr 21 - Apr 28 Thu 6:30pm - 9pm
2 sessions John Muir, WC, 264

Morning Sewing

This class, offered during the day, is geared to help the beginner develop basic sewing skills and take the mystery and frustration out of operating a sewing machine. Learn basic sewing skills needed to sew items for your home or personal use. Projects include: double drawstring bag, handkerchief, pillow with zipper and craft apron. Patterns are provided. Elaine is a retired home economics instructor and is anxious to share her knowledge with you.



NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring a pair of scissors, tape measure, seam ripper, seam gauge, pin cushion, good quality pins, and tailor's chalk. Don't purchase supplies until you call our office to confirm class will be held. Material fee will cover supplies for all 4 projects.

Elaine Arnold \$99 + \$27 mat. fee*
Apr 26 - May 31 Tue 9:30am - 11:30am
6 sessions John Muir, WC, 264

*pay \$27 material fee to instructor at class



Quilting: Let's Make a Quilt!

Beginning quilters will create a small tied quilt that will use all the basic quilting skills - from fabric selection, through cutting and piecing, to simple appliqué and pattern blocks. Sew a mitered border that will make you proud! Learn terrific tips so that you will enjoy creating one of a kind gifts or heirlooms. This class is designed for beginning quilters who know how to use a sewing machine. Elaine has been enthusiastically quilting for over 30 years and will start you on your way to a lifetime joy of quilting.

NOTE: Pick up a supply sheet/instruction sheet from the MJC Community Ed. office, or go to our website at www.mjc.edu/com-med. Bring your supplies to the first class. Do not purchase supplies until you have checked with the office (575-6063) to make sure the class will be held.

Elaine Arnold \$75
May 2 - May 23 Mon 9:30am - 12pm
4 sessions John Muir, WC, 264

Sew a Summer Dress

new Now that you have the basics of sewing down come have fun creating a summer dress from a pattern. Students will meet with their instructor at Beverly's Fabrics at the corner of Briggsmore and Orangeburg at 6:00PM on the first day of class and pick out a pattern, fabric and notions. Students should be prepared to purchase their own supplies at the fabric store.



NOTE: Materials and supplies will run approximately \$25 to \$40 depending on pattern and fabric selections. Bring a pair of scissors, tape measure, seam ripper, seam gauge, magnetic cushion, pins (preferably quilting pins), tailor's chalk, and thread.

Elaine Arnold \$79
May 9 - May 23 Mon 6pm - 9pm
3 sessions John Muir, WC, 264

Quilting - Alter Ego Quilt

new Have fun and learn how to sew the Alter Ego quilt. This quilt is composed of two different pieced blocks which are very easy to make using tricks of the trade. You will need a layer cake (10" squares packaged by a fabric manufacturer) and fabric for the 2 borders. Pick your favorite colors or fabric line, juvenile, florals, reproductions; you will be very happy with the results. This class is for an advanced beginner-someone who has a knowledge of the sewing machine and has done some sewing.

NOTE: Supply list at www.mjc.edu/commed or ask for one from our office.

Marilee Heaston \$45
Apr 7 - Apr 14 Thu 6pm - 9pm
2 sessions John Muir, WC, 264

Quilting - Stars and Bars

new Combine a Rail Fence block and a Sawtooth Star block for an impressive quilt. Several size options will be offered. Would make a great baby quilt, lap quilt or graduation or wedding gift.
Level - Advanced-Beginning.

NOTE: Supply list at www.mjc.edu/commed or ask for one from our office.

Marilee Heaston \$45
May 5 - May 12 Thu 6pm - 9pm
2 sessions John Muir, WC, 264



TO CROCHET

Baby Blankets Galore

new Learn common crochet stitches and how to read a pattern. Stitches covered will be double, triple, half-double, and shell stitch. Start a spring blanket. Must know how to chain and single crochet.

NOTE: Must know how to chain, single and double crochet. This is a good follow-up class for basic crochet. Materials to bring on first day of class: at least two skeins of smooth, worsted weight yarn in contrasting colors and J hook.

Linda Casey \$35
Apr 25 - May 2 Mon 6:30pm - 8:30pm
2 sessions John Muir, WC, 264

Tunisian Crochet

new Learn this very popular crochet technique. It's very easy and makes a nice, warm fabric. Four different stitches will be taught and lots of tips and tricks. No previous crochet experience needed.

NOTE: Bring to class one skein of smooth, worsted weight yarn and a J Tunisian hook, about 10 inches, can be double ended.

Linda Casey \$39
Apr 11 - Apr 18 Mon 6:30pm - 8:30pm
2 sessions John Muir, WC, 264

COOKING

Outdoor Cooking with Dutch Ovens



Experience the lost art of Dutch oven cooking with Gary House. Gary is the founder of Central California Dutch Oven Adventures and the host of <http://www.Cooking-Outdoors.com>. Learn just how versatile that 'black pot' really is! We will discuss what size and type to buy, how to care for it, how to cook with it and, of course, all of the amazing things you can cook in it! We will prepare breads, delicious desserts and a main dish in a Dutch Oven, outside without electricity. By the end of this class you will be able to cook a meal outside anywhere for your friends and family. This is the perfect class for beginners and anyone wanting to learn the lost art of Dutch oven cooking.

NOTE: Please no sandals or open toe shoes. Bring a non-alcoholic beverage.

Gary House \$35 + \$15 mat. fee*
Apr 30 Sat 10am - 1pm
1 session John Muir, WC, 161

*pay \$15 material fee to instructor at class

Basic Cheese Making: Delicious spreadable Ricotta and Mozzarella



new This workshop will clear up the many mysteries of making cheese at home. You will leave feeling inspired and empowered to start your own fresh cheese journey. Learn basics of making good fresh cheese that will astonish your friends and dinner guests! You will make mozzarella and a spreadable ricotta.

Bambi Porter \$29 + \$15 mat. fee*
Apr 2 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

Creating Healthy Snacks Using a Dehydrator

new With all the wonderful produce available during the months of the Farmer's Markets, do you sometimes wish you could use it to create healthy snack foods to tempt your kids, friends or even yourself? Do you look at fruit roll ups and wish you could make them? How about healthy crackers or chips? You can make these things and more using a dehydrator. Dehydrating preserves the enzymes and other nutrients in fruits and vegetables that are often destroyed by cooking. Come learn how to use your food processor and dehydrator to make cookies, kale chips, mushroom burgers, and other tasty treats. These are loaded with nutrients and will cost much less than buying prepared snacks at the store.



Bernadette Burns \$29 + \$15 mat. fee*
 Apr 23 Sat 9:30am - 1pm
 1 session Wawona 1, WC

*pay \$15 material fee to instructor at class



Beginning Cake Decorating

This is one of our longest running cooking classes. Patsy will share her love of cake decorating with her students in a calm and helpful atmosphere. Have fun and be creative! Learn the basic way to bake a cake and the basics of cake decorating. This beginning class uses 1/2 of a sheet cake board to practice pressure and control techniques, borders, flowers and icing a cake. You will only be required to bring one cake on the 6th day of class.

NOTE: Bring the following supplies to the first class: Decorating Tips #3, 4, 16, 30, 47, 67, 71, 80, 104, 136, 190 and 199; 2 couplings; 2 - Wilton 8 decorating bag, 1 - #7 flower nail; 1 - Lily flower nail set, 1 - washcloth, 1 cookie sheet and a zip lock bag. Go to www.mjc.edu/commed to download supply list.

Patsy Laws \$79 + \$12 mat. fee*
 Apr 5 - May 17 Tue 6pm - 8pm
 7 sessions John Muir, WC, 161

*pay \$12 material fee to instructor at class

Pressure Cooker Meals

Pressure cookers have changed quite a bit since the days of lids popping off and making a big mess all over the kitchen as shown on TV comedy shows. Modern pressure cookers are an easy, fast way to make a meal. You can make the most inexpensive cuts of meat taste delicious with a pressure cooker! Join us to make a grain and vegetable pilaf dish, a meat and vegetable dish, and a dessert, all using pressure cookers.



NOTE: Bring your pressure cooker if you have one. We may use it for show and tell or even to cook a dish! Bring an apron.

Bernadette Burns \$29 + \$15 mat. fee*
 May 14 Sat 9:30am - 1pm
 1 session Direct Appliance

*pay \$15 material fee to instructor at class

Canning And Preserving Low or No Sugar Jam

new Here in the Central Valley our fruit grows sweet and delicious!



At this workshop you will learn the basics of making jam, including a low or no sugar variety and the importance of preserving food safely. We will make delicious jams that will taste so good, you will never want to buy store bought again.

Bambi Porter \$29 + \$15 mat. fee*
 May 21 Sat 9:30am - 12:30pm
 1 session Direct Appliance

*pay \$15 material fee to instructor at class

Greek Cooking - Moussaka

new Dine like the Greek Gods! Join us as we prepare a traditional Greek



meal, from main dishes to side dishes and desserts. Students will engage in hands-on learning. We will make Moussaka, entree' made with layers of eggplant, zucchini, potatoes and meat, topped with a rich béchamel sauce. String beans Yiahni, a popular side dish, made with traditional herbs and spices will be taught. For desert, we will make a flourless orange cake, topped with orange syrup. Take the recipes home and share them with your family. The instructor is a Greek immigrant with all the tasty secrets that will make this the ultimate Greek dining experience.

NOTE: Please no sandals or open toe shoes. A \$15 material fee paid to instructor in class.

Despina Rodarakis \$29 + \$15 mat. fee*
Apr 9 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

Greek Cooking - Soutzoukakia Smyrneika

new Tired of the same old thing for dinner? Let Despina show



you how to make, and pronounce, this traditional Greek comfort food! Soutzoukakia or Izmir Köfte is a Greek and Turkish dish of spicy oblong meatballs with traditional flavors served in tomato sauce. Rice Pilaf will be made to complement the meatballs, but they also go well with mashed potatoes. To finish, we will make Galatomboureko, a traditional Greek desert made with semolina custard in phyllo dough and bathed in a scented syrup.

Despina Rodarakis \$29 + \$15 mat. fee*
Apr 23 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

Appetizers: Party Favorites!

new Join our expert party planner, Peggy Gardiner in this fabulous class and learn how to prepare her favorite crowd-pleasing appetizers .



Peggy will feature a Goat Cheese Torta with sun-dried tomato and pesto, Tapenade Provençale on toasted baguette, delicious Marinated Shrimp and a flavorful Smoked Salmon dip. Have fun tasting these wonderful creations while you learn how easy it is to make these impressive appetizers for your next event!

Peggy Gardiner \$29 + \$15 mat. fee*
May 7 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class



Veggie Pickles!

new Veggie pickles! Sure... cucumber pickles are great, but what about all of the other veggies? Don't neglect your other veggies! Pickle is a fun word to say and they are fun to make! Come to this workshop to learn how easy it is to pickle your favorites. Everyone goes home with their own customized jar of pickled deliciousness!

Bambi Porter \$29 + \$15 mat. fee*
Apr 30 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

DANCE



Romantic Slow Dancing

new In this class, Eric and Robin Anderson will teach you to move around the floor with the music instead of just turning in little circles in one place! We will work on the basics of leading and following and then move into the steps that will have you gliding across the floor to your favorite slow songs.

NOTE: No partner required, but recommended for this class. No class on 5/12/16.

Eric & Robin Anderson	\$39
May 5 - Jun 2	Thu 6:45pm - 7:45pm
4 sessions	John Muir, WC, 265

Romantic Slow Dancing II

More fun for those who just want to move together around the dance floor at a wedding or on a cruise ship. We will review what you learned in the first class, show you how to speed it up to faster music, and add some fun new moves! As always the focus will be on having fun together, not on fancy footwork. No partner is necessary to register for this class. You do not need to have finished the first class to take this class, but it will make things easier—especially if you haven't danced before.

NOTE: No partner required, but recommended for this class. No class on 5/12/16.

Eric & Robin Anderson	\$39
May 5 - Jun 2	Thu 8pm - 9pm
4 sessions	John Muir, WC, 265



Dancing at the Wedding

Are you worried about dancing at an upcoming wedding? Relax - take this short dance class to learn some basic steps. When the music begins playing - you will be ready. Whether you are the bride, groom, parents or guests - this class will help you feel more confident on that special day.

NOTE: Wear hard-soled shoes. No partner required.

Marie Sardalla-Davis	\$45
Apr 9 - Apr 16	Sat 10am - 12pm
2 sessions	Women's P.E. 220



Best of Ballroom

Sampler of popular dances

This class will give you a sampling of several different dance steps considered "Ballroom Dances". Each session will include basic instruction in two different dances: Waltz & Foxtrot • Cha-Cha & Rumba • Tango & Nightclub Two-step • Salsa & East Coast Swing.

NOTE: No class April 22. Wear hard-soled shoes. No partner required.

Marie Sardalla-Davis	\$79
Apr 1 - Apr 29	Fri 6:30pm - 8:30pm
4 sessions	Women's P.E. 220



African Caribbean Dance

Lift your spirits and get an excellent workout, as you learn African Caribbean dance to the rhythmic beat of the D’jembe drummers. This joyful dance uses bright colors and movements of the African and Caribbean cultures to tell traditional stories. Learn about the different regions, have fun with new friends, and leave class feeling happy, energized and refreshed.

NOTE: Wear comfortable clothes. Dancing barefoot is recommended.

Khemya MitRahina \$55
 Apr 1 - Apr 22 Fri 7pm - 8pm
 4 sessions Valley Charter High School, Lion’s Den

T’ai Chi for Every Body

This ever-popular class continues to offer quality and professional instruction in T’ai Chi. This slow relaxing movement



reduces stress by promoting a physical and mental workout. It’s about gaining self-awareness and self-discipline. Originally a Chinese Martial Art, T’ai Chi has many aspects. It is a meditative dance like in nature and can also be used as a form of aerobic exercise.

NOTE: Wear comfortable clothing. Ask for release of liability forms or go to www.mjc.edu/commed - bring to class.

Naser Ataee or Mary Layton \$65
 Apr 5 - May 24 Tue 6pm - 7pm
 8 sessions John Muir, WC, 265

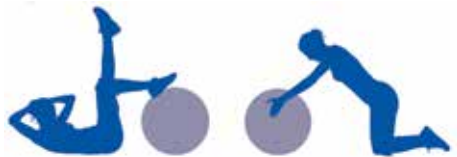
ACTIVITIES

Armed and Dangerous - An Upper Body Workout

Would you like to lose those flabby arms and strengthen your shoulders? This is a unique group training program that uses a 40 foot resistance band. Stand shoulder to shoulder and challenge yourself and your neighbor while enjoying a long stretch of exercises that will tighten, stretch, and shape your arms and shoulders.

NOTE: Bring a yoga mat, a pair of 2 or 3 pound hand weights. It is recommended that you consult your doctor prior to starting an exercise program. To check out photos and see the fun go to www.waedwards.net/mjcclases.aspx. Ask for liability forms or go to www.mjc.edu/commed.

William and Ann Edwards \$45
 Apr 12 - May 31 Tue 6:45pm - 7:15pm
 8 sessions John Muir, WC, 265



Get on the Ball - Stability Ball Workout

Are you ready to roll? Swiss ball training is an excellent way to increase your core stability muscle strength, balance, posture and flexibility. This class will be scaled to accommodate every fitness level and will challenge everyone. American College of Sports Medicine Exercise Physiologist Certified, William and Ann will lead you through a safe, effective, and fun whole-body exercise program using only a Swiss ball and a resistance band. You will be amazed at how many exercises you can do with so little equipment. Join in the fun!

NOTE: Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy a one from the instructor. See photos at <http://waedwards.net/mjcclases.aspx>. It is recommended that you consult your doctor prior to starting an exercise program.

William and Ann Edwards \$79
 Apr 14 - Jun 2 Thu 5:30pm - 6:30pm
 8 sessions John Muir, WC, 265



Fly Fishing for Fun

Fly fishing is one of the fastest growing sports in America and it burns 400 calories an hour. Learn what rods, reels, and line to use and how to assemble them, what to purchase, and what flies or streamers to use. You will go outside for actual fly-casting experience. Have fun, get fit and end up with a healthy fresh meal. Eric has been an avid fisherman and instructor for over 30 years. He has fished waters from Washington to Florida and California to Maine, while specializing in the intricacies of trout fishing.

NOTE: Class meets at Wawona #1 to check in. Material fee is for equipment rental, paid to instructor in class.

Eric Christensen	\$39 + \$15 mat. fee*
Apr 9	Sat 9am - 12pm
1 session	Wawona 1, WC

*pay \$15 material fee to instructor at class

QiGong

QiGong is a form of gentle exercise composed of movements that are repeated a number of times, often stretching the body, increasing fluid movement (blood, synovial and lymph) and building awareness of how the body moves through space. QiGong is an over five thousand year old Chinese health method that combines slow graceful movements with mental concentration and breathing to increase and balance a person's vital energy. It has been popularly referred to as Chinese yoga. All levels welcome.

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NOTE: Wear comfortable clothing. Ask for liability forms at class.

Naser Ataee or Mary Layton	\$65
Apr 5 - May 24	Tue 9am - 10am
8 sessions	John Muir, WC, 253



Early Birders

Early Birders is designed for beginning or intermediate birdwatchers who are interested in the study and identification of local birds. The classroom session will focus on finding wild bird populations in different habitats, as well as on learning how to tell different bird species apart from each other. Early Birders will enhance your appreciation and enjoyment of wildlife and nature. We will go to local public wildlife refuges, hiking and identifying birds through their field marks and vocalizations.

NOTE: April 21 we will meet in Founders Hall, 155 from 6-8:30 p.m. More information on field trips will be handed out in the classroom session. Bring binoculars to class session and field trips. Suggested field guide: The Sibley Field Guide to Birds of Western North America (paperback) or National Geographical Field Guide to Birds of North America (Sixth Edition).

Salvatore Salerno	\$69
Apr 21	Founders Hall, 155
Apr 23	Sat, 7am - 12pm
	La Grange
Apr 30	Sat, 7am - 12pm
	Knights Ferry

Hard Core Balance Training

Back pain affects 80% of people at some point in their lives but often it can be avoided. Most aches and pains in your back, hips, knees, and feet are caused by poor posture resulting from weak core and leg muscles. Position yourself for success in this great toning and conditioning class. Our focus will be on strengthening your core, lower back, and legs. We combine traditional strength and balance exercises with group activities while creating a fun atmosphere. The class is easily scalable. You'll get a good workout regardless of your physical condition or fitness level.

NOTE: Bring a yoga mat and a resistance band to class. If you do not own a resistance band you can buy one from the instructors at the first night of class. It is recommended that you consult your doctor prior to starting an exercise program.

William and Ann Edwards	\$79
Apr 12 - May 31	Tue 5:30pm - 6:30pm
8 sessions	John Muir, WC, 265

Backpacking for the Outdoor Adventurer

Have you wanted to try backpacking, but needed some good advice and ideas on how to prepare for this adventure? Your instructors have been backpacking in the high sierras for over 20 years. They will be happy to share ideas on selecting locations and navigating the wilderness, purchasing the right gear, preparing healthy tasty lightweight meals for the trail and all the other basics essential for success. This course does not include a backpacking trip but by the end of the course you will have the confidence to venture into the wilderness on your own. Join us in the class if you are interested in backpacking, looking for new locations and ideas, or even if you are just interested in learning more about this sport and want to see some awesome photos of destinations most people rarely get to witness.



William and Ann Edwards \$49 Apr 21 - May 12 Thu 6:45pm - 7:45pm
 4 sessions John Muir, WC, 261

Golf for the Absolute Beginner

Don't know a putter from a driver? Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.



NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session for range balls.

John Banks \$55 + \$15 mat. fee* Apr 17 - May 15 Sun 12pm - 1pm
 5 sessions St. Stanislaus Golf Course

*pay \$3 material fee at class, per session for range balls

Beginning Golf for 55+

Always wanted to learn to play golf, but didn't have the time? Come and be with others that now can fit golf into their busy schedules. Learn the basics in this 5-day class. You will learn rules of golf, etiquette, and techniques that will lead to on-course instruction. So what are you waiting for? Get out, mingle and enjoy the outdoors.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid at class per session for range balls.

John Banks \$55 + \$15 mat. fee* Apr 17 - May 15 Sun 10am - 11am
 5 sessions St. Stanislaus Golf Course

*pay \$3 material fee at class, per session for range balls

Beginning Golf for Women Only

Calling all Ladies! Come and learn about the game of golf in a fun and comfortable environment. Learn the fundamentals of golf in this 5-day course. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid at class per session for range balls.

John Banks \$55 + \$15 mat. fee* Apr 17 - May 15 Sun 11am - 12pm
 5 sessions St. Stanislaus Golf Course*pay

\$3 material fee at class, per session for range balls

YOGA

Do it your way

Beginning Yoga and Pilates Style Stretch

If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

NOTE: No class April 5. Bring a yoga mat or towel to class. Ask for class forms or go to www.mjc.edu/commed.

A > Debbie Wolski	\$75
Mar 22 - Apr 19	Tue, Thu 7:15pm - 8:30pm
9 sessions	John Muir, WC, 265
B > Debbie Wolski	\$75
Apr 21 - May 24	Tue, Thu 7:15pm - 8:30pm
10 sessions	John Muir, WC, 265

Yoga for Every Body

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus size people and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age increasing flexibility and building strength.

NOTE: Bring a towel or yoga mat to each class.

A > Debbie Wolski	\$75
Mar 22 - Apr 14	Tue, Thu 11:30am - 12:45pm
8 sessions	John Muir, WC, 265
B > Debbie Wolski	\$75
Apr 19 - May 12	Tue, Thu 11:30am - 12:45pm
8 sessions	John Muir, WC, 265
C > Debbie Wolski	\$75
May 17 - Jun 9	Tue, Thu 11:30am - 12:45pm
8 sessions	John Muir, WC, 265

Yin - Yang Flow Yoga

Are you ready to try a new yoga workout? Allow your body to melt into more passively held stretches that typify yin yoga. Moving thoughtfully from one pose to the next you will progress to more strength building poses of the practice of yang yoga. Enjoy the complementary dual benefits of this balanced style. You will gain strength, flexibility and develop self-awareness as you learn to use your breath to flow.

NOTE: Bring a yoga mat and towel to class. Ask for class forms or go to www.mjc.edu/commed.

A > Lindsay Negrello	\$75
Apr 4 - Apr 27	Mon, Wed 10:15am - 11:30am
8 sessions	John Muir, WC, 265
B > Lindsay Negrello	\$75
May 2 - May 25	Mon, Wed 10:15am - 11:30am
8 sessions	John Muir, WC, 265

Yoga for Weight Loss

You may be surprised to learn Yoga is an excellent way to lose weight while improving your overall health and focus. In this beginner class, Debbie will teach forms of yoga that will help shed pounds, while being easy on the joints. Poses are designed to work with all body types. Whether you wish to drop just a few extra pounds, or shed excess weight that has been a struggle to lose, this class is for you. Improve your body, mind and spirit in this supportive class.

NOTE: Wear comfortable clothes, bring a yoga mat and towel.

A > Debbie Wolski	\$75
Apr 4 - Apr 27	Mon, Wed 2pm - 3pm
8 sessions	John Muir, WC, 265
B > Debbie Wolski	\$75
May 2 - May 25	Mon, Wed 2pm - 3pm
8 sessions	John Muir, WC, 265

Shaolin Kung Fu for Adults

Shaolin Kung Fu is one of the oldest existing martial arts systems in the world, having originated in China more than 1200 years ago. Exercises in stretching, jumping, breathing, throwing and striking have been passed down for generations. This class will cover the first steps of Wu Bu Quan, a basic form all Shaolin students must learn; as well as Sanda basics, such as strikes and takedowns. This class is a unique way to get some exercise and learn basic martial arts.

NOTE: Wear loose fitting clothes (NO SHORTS), and shoes to wear during training (NOT SANDALS). Bringing water is recommended.

Brandon Guerra	\$59
Apr 6 - May 18	Wed 7:15pm - 8:15pm
7 sessions	John Muir, WC, 265



Aquacize It!

Exercising in water makes you feel about 90 percent lighter. When you jump or run in the water, your body does not experience the same impact that those moves cause when done on land. This makes it an ideal activity for those with arthritis, back problems, foot or leg injuries, and knee conditions. You can expect to burn between 400 and 500 calories per hour in a water aerobics class (the actual amount will depend on several criteria). By exercising in water you work against 12 times the resistance of air. This helps to develop muscle - which translates to a higher metabolism and healthier body. Of course, another plus, besides being fun, the water helps cover your movements so you don't need to be self-conscious while exercising.

NOTE: Before beginning any new exercise program you should first check with your physician.

A - Rose Wilson	\$49
Apr 5 - Apr 28	Tue, Thu 1pm - 2pm
8 sessions	MJC Small Pool
B - Rose Wilson	\$39
May 9 - May 25	Mon, Wed
6 sessions	10am - 11am
	MJC Small Pool



How to Train for a Marathon - 0 to 5k

Are you ready to take a few strides towards achieving the goal of participating in a Marathon? Get the training and support you need to prepare for your first 5k race while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. You will work at your own pace and comfort level and will receive health tips, coaching and an individualized training plan. This class is also for intermediate level walkers or runners who can complete a 5k but want to train for greater distances.

NOTE: March 28 class meets in Founders Hall, Rm 135. April 25 meet at East La Loma park. Meet at the track after the first class session. Attendance to the first class session is required for all new students. Wear comfortable walking/running shoes and bring water.

Kristi Victorino	\$65
Mar 28 - May 9	Mon 6:30pm - 7:45pm
7 sessions	MJC Track and Fields

LIFEGUARD

Red Cross Lifeguard Certification

Get ready to apply for those jobs that require Red Cross Lifeguard Certification. Participants must be at least 15 years old by the last day of the course. The course includes a pre-test (see below) the first day of class, rescue skills for shallow and deep water, spinal injury management skills, CPR skills, AED skills, first aid skills, and written and in-water skills tests. At the **successful** completion of the course, you will be certified in Lifeguard Training, CPR/AED for the Professional Rescuer and Healthcare Provider, and First Aid. Participants should be prepared to be in the water Day 1, 2 and 4. Day 3 will be entirely focused on CPR/First Aid Training. Bring a pen, swim suit, towel, food/beverage, and photo ID with proof of age. **Taking this class DOES NOT guarantee Lifeguard Certification - that is determined by skill/knowledge tests.**

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PRETEST - All participants must pass the pre-test on the first day to continue with the course. 300 yd swim (mix of front crawl and breaststroke) not timed, and do a 20 yd swim, retrieve a 10 lb brick at a 7-10 feet depth, return to the starting point with the brick and exit the pool without any aid within 1 minute and 40 seconds, and tread water for 2 min using legs only.

NOTE - 2 FREE Pre-tests will be given on **March 12 & Apr 16 from 9-11 am** at the MJC pool. If you are not sure you can pass the pre-test requirements listed above - plan to take this test **BEFORE** you register. If you register for a class, and do not pass the test at the first class session, you will **NOT** receive a refund unless we are able to replace you with another student.

NOTE: Price includes CPR mask kit. Books will be available for purchase in class for \$37. If you choose not to purchase a book, you will have one to use during the class.

A > Maureen Nelson	\$220
Mar 26 - Apr 3	Sat, Sun 9am - 4pm
4 sessions	MJC Pool
B > Maureen Nelson	\$220
Apr 23 - May 1	Sat, Sun 9am - 4pm
4 sessions	MJC Pool

MODESTO AREA AQUATIC CLUB



MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-gearred, fitness-oriented workout and stroke-technique feedback.

You will be required to fill out a release of liability form once a year **BEFORE** you can swim.

Minimum Requirement

100 yards of freestyle with rhythmic breathing

Fees

1. Insurance - \$52 per calendar year (you can sign up for this at www.usms.org OR come to the MJC Community Education with a check made payable to PMS for \$52).
2. Swimming - \$38 per month. Tri-annual and Annual payment available with discount

Find the swim days and times at the MAAC website at <http://maacswim.org>.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.

Swimmers and class participants should wear only non-cotton swim attire.

mjc4life

Lifestyle

HEALTH/BEAUTY



CPR, AED & First Aid for your Community or Workplace (Ages 14 and up)

Whether you want to be trained to be ready for an emergency involving family or friends, or to be trained for an emergency within your workplace, this course will provide you with the training needed. CPR, AED, and Basic First Aid combination training is an excellent choice for the community, and is consistent with recommendations of the National First Aid Science Advisory Board and OSHA's best practices for first aid training programs in the workplace. The CPR/AED/First-Aid Course helps develop knowledge, skills, and the confidence to respond. Ages 14 and up welcome, must sign up with parent and fill out minor consent form. It's never too early to learn how to save a life!

NOTE: 2-year certificate will be provided upon successful course completion. Optional workbook available in class for \$10.

Douglas Buchanan \$69 + \$10 mat. fee*
 Apr 23 Sat 9am - 1pm
 1 session John Muir, WC, 265

*pay \$10 material fee to instructor at class



Say Goodbye to Sugar Cravings

Are you guilty of having a sweet tooth? This class will help you understand the reasons behind your sugar cravings and the effect of refined sugar on your mood and energy level. This class will permanently change your relationship with sugar. Discover how to gain control without deprivation and receive practical tools to deconstruct your cravings. Learn more about the teacher at www.mjc.edu/commed.

Caroline Mitri \$35
 Apr 6 Wed 6pm - 8pm
 1 session Sierra Hall, WC, 207

Zen and Mindfulness Practice



Zen & Mindfulness Practice

This class will be an introduction to the practice of Zen. Zen Buddhism was discovered by Buddha over 2500 years ago and it is still widely practiced by Buddhist Monks and laypersons worldwide. The aim of Zen is to achieve enlightenment through meditation, train to clear the mind and practice mindfulness to manage your daily stress by utilizing four main postures, sitting, standing, walking and laying down. Participate in class discussion, book reading and meditation exercises.

NOTE: Bring a yoga mat and cushion. Wear comfortable clothes. Bring book: The Miracle of Mindfulness by Thich Nhat Hanh with the ISBN #0-8070-1239-4. Check Amazon.com for new and used books.

Douglas Pham \$69
 Apr 7 - May 26 Thu 7pm - 8:30pm
 8 sessions John Muir, WC, 253



Stop Dieting: Start a Lifestyle!

Do you want to know why diets don't work? Come find out and learn tips to manage your weight without deprivation. Drop pounds while you are fully satisfied - no deprivation, no calorie counting - by understanding and learning the right foods to eat, your bio-individuality and lifestyle. This class will change your perspective on weight and weight loss!

Caroline Mitri	\$35
May 11	Wed 6pm - 8pm
1 session	Sierra Hall, WC, 207

HOME/GARDEN



Backyard Composting

Sponsored by the City of Modesto and Community Education, this free class is designed to teach you how to put your garden refuse to good use. City residents must live within zip code areas 95350-95358.

NOTE: Receive a certificate at completion of class for \$5 off purchase of composter through the City of Modesto. Those who are not Modesto residents must pay a fee of \$35.

Martin Hildebrandt	Free to Modesto residents \$35 to non-Modesto residents
May 17	Tue 6:30pm - 8:30pm
1 session	Wawona 2, WC

Discovering Self-Hypnosis

Do you know how Hypnosis Works? In this one-day workshop you will learn the basics of Self-Hypnosis and its value as a stress reduction tool. It can be used to relax your body and mind and help achieve goals. Discover other areas where hypnosis is used such as past life regression and more. Class includes optional self-hypnosis instruction and practice. Instructor is a certified Life Coach and Hypnotherapist.



Richard Screen	\$39
May 11	Wed 6pm - 9pm
1 session	John Muir, 255, WC



Upholstery

Learn fabric layout for cutting, how to use power sewing equipment and hand tools for basic furniture and automobile upholstery. You will learn basic seams, stitches and techniques to redo a home project with a professional touch! In this beginning upholstery class you will discover how to create a niche in a craft that could lead to side jobs and extra cash. Continuing students with more advanced projects are welcome to join the class with instructor approval.

Eddie Dixon	\$89 + \$25 mat. fee*
Apr 6 - May 11	Wed 6:30pm - 9:30pm
6 sessions	John Muir, WC, 259

*pay \$25 material fee to instructor at class



How to Run an Efficient Household

Do you find it difficult to keep up with your busy lifestyle? Learn from our expert, Peggy Gardiner, how to keep your household running smoothly. From setting up a home office to menu shopping and couponing, you will learn more efficient ways to handle your day-to-day household business matters with ease. This is a great class if you are self-employed, working, or a stay-at-home parent.

Peggy Gardiner \$29 + \$5 mat. fee*
 May 17 Tue 6pm - 9pm
 1 session Founders Hall, 154

*pay \$5 material fee to instructor at class



I'm An Executor or Trustee - Now What?

Now that you have been named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is a local estate attorney.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey \$39
 Apr 20 Wed 6pm - 8pm
 1 session Founders Hall, 172

MONEY MATTERS



Wills and Trusts: What You Should Know

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Questions will be answered.

NOTE: Bring a note pad. The class size is limited to allow for ample student questions. Please pre-register, as walk-ins will not be accepted if class is full.

Bruce Ramsey \$39
 Apr 13 Wed 6pm - 8pm
 1 session Founders Hall, 233



Planning for Persons with Disabilities

This class addresses how to provide supplemental financial support for a disabled person, and at the same time preserve the disabled person's public benefits both financial and medical support. Questions and Answers will be part of this class.

Bruce Ramsey \$39
 May 11 Wed 6pm - 8pm
 1 session Founders Hall, 154



Plan Ahead - Avoid Legal and Family Pitfalls when Parents Die

This course will assist you in navigating legal issues, taxes, and family squabbles following the deaths of your parents. Topics include: creative distributions of assets, life estates, disclaimers, probate, trust administration, estate tax exemption trusts, generation skipping trusts, capital gains tax planning, parent/child property tax issues, will and trust contests, gifting and life insurance trusts. We will also discuss compensation for caregivers, in-kind distribution versus cash distribution, role of trustees and executors, joint ownership, and buyout of siblings. This class will offer options and helpful information to help avoid unnecessary stress when dealing with the loss of parents.

Bruce Ramsey \$39
 May 25 Wed 6pm - 8pm
 1 session Founders Hall, 154

Building Your Financial Portfolio for \$50 per Month

How you can invest \$50 a month in safe, secure, growth stocks that are historically proven to become \$100,000 in 10 years. How to by-pass your broker and keep the profit for yourself. Plus, learn what is happening in our economy and stock market today and how to use this knowledge to improve your own finances. The Christensen's, and thousands of others, have been using this method of investment for well over 30 years.



Bobbie Christensen \$39
 Apr 9 Sat 9am - 12pm
 1 session Wawona 1, WC

PERSONAL INTEREST



Conversational Spanish I

Learn basic drills and concepts. Class-time instruction will focus on the development of listening and speaking skills. Take home reading and writing assignments will be reviewed to assess understanding. Alma is a credentialed instructor who has previously taught Spanish and ESL classes for several years.

NOTE: Material fee is for your textbook/workbook and CD. If you have already taken the class from Alma and you have your book call our office at 575-6063 and we will register you for only the class fee.

Alma Vera \$75 + \$25 mat. fee*
 Apr 5 - Apr 28 Tue, Thu 6:30pm - 8:30pm
 8 sessions John Muir, WC, 255

*pay \$25 material fee at registration

Conversational Spanish II

new If you have taken Alma's Conversational Spanish I, and feel you are ready to move on, this will be the next class to take. We will use the same book you had in the Conversational Spanish I class, so no need to purchase another book.

NOTE: Material fee is for your textbook/workbook and CD. If you have already taken the class from Alma and you have your book call our office at 575-6063 and we will register you for only the class fee.

Alma Vera \$75 + \$25 mat. fee*
 May 10 - Jun 2 Tue, Thu 6:30pm - 8:30pm
 8 sessions John Muir, WC, 255

*pay \$25 material fee at registration.



Finding Your Roots Online

Researching your Roots is getting easier and easier as technology continues to be involved in the research. You can do almost all of your genealogy research completely online. Let Evalyn show you the sites that many professional genealogists use to do research. Some sites have fees, some are free, but all are available to you if you sign up for them. New ones are being created to help with your research. Records that used to take weeks to get back now are available with a click of the mouse! This hands-on class will get you excited about researching your family history online. You will be surprised at how much information is available right from the start! This class will be held in a computer lab where each student will use a computer. Great for all levels.

NOTE: Bring to class as much information that you have on your ancestors - full names, date of birth, birthplace, marriage dates and location, parent's names (or whatever you know). On Tues. April 26 the class will meet at the LDS Genealogical Library at 4300 Dale Road, Modesto.

Evalyn Martinez	\$45
Apr 19 - May 3	Tue, Thu 1:00pm - 3:00pm
5 sessions	Classroom Annex, 101

How to Get Your Children's Book Published

In this workshop, you will receive information, advice and tips on how to get your children's book published. Together we will work on how to present your manuscript to increase its chances of getting picked up by a publisher. The class will focus on trade publishing. You can come with just curiosity, an idea or a manuscript. All levels welcome.

NOTE: If you want to submit a manuscript, proposal, query letter and/or synopsis to Ilse for critique, there will be a \$15 fee.

Ilse Craane	\$35 + \$2 mat. fee*
May 26	Thu 9:30am - 12:30pm
1 session	Wawona 2, WC

*pay \$2 material fee to instructor at class

SAVE - Register for BOTH classes for only \$79

Children's Picture Books Writing Workshop

Have you ever wondered what makes those award-winning, best-selling picture books so great? In this class, you'll discover what makes those children's stories that you love TICK. We'll do close reading of at least a dozen picture books to discover the mechanics of this genre and we'll practice those tricks in writing or revising our own picture book stories. This course has no prerequisites; it's an investigation into the genre. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

NOTE: Students will need to bring to class: "Henry and the Cannons" by Don Brown, "Velma Gratch and the Way Cool Butterfly" by Alan Madison (illustrated by Kevin Hawkes), "A Long Way" by Katherine Ayres (illustrated by Tricia Tusa).

Ilse Craane	\$59 + \$2 mat. fee*
Apr 28 - May 12	Thu 6pm - 9pm
3 sessions	Wawona 2, WC

*pay \$2 material fee to instructor at class

Digital Photography Basics: What You Need to Know

Are you frustrated with the controls on your camera and want to break out of automatic mode to create better photographs? This five-week course will show you how to master the use of your camera's ISO, shutter and aperture settings resulting in total control over your images. You will learn how to use online image-editing software to re-size your weekly photo assignment images for upload to www.halfastop.com.

NOTE: Your camera should have the ability to change ISO, shutter, and aperture settings manually to fully appreciate this course. Bring your camera to class with a fully charged battery, memory card, USB cable and the manual.

A > Richard Hermann	\$85
Apr 14 - May 12	Thu 9:30am - 10:30am
5 sessions	Wawona 2, WC
B > Richard Hermann	\$85
Apr 12 - May 10	Tue 6:30pm - 7:30pm
5 sessions	Wawona 2, WC

Self-Defense for Women

Be prepared in the event you find yourself in harm's way! This class will address common self-defense scenarios and offer practical methods of protection. Recognizing places and situations in which you are vulnerable, learning the importance of self-awareness, and practicing skills and techniques to defend yourself will be the focus of this 4 week course. A warning: discussions about violence will at times be explicit and straight forward with scenarios such as being attacked in one's home, or with a weapon. Students will practice moderate level take downs. For those who are not physically active, or are elderly, it is recommended they only observe the take-down. Instructor Brandon Guerra is a 2nd degree black belt in Aikido, and is also an instructor of Shaolin Kung Fu.

NOTE: Wear comfortable clothes.

Brandon Guerra	\$65
Apr 2 - Apr 23	Sat 1pm - 2:30pm
4 sessions	John Muir, WC, 265

iPhone Photography

new It happens to the best of us: there is a Kodak moment but we don't have a camera ready. These days the cameras on our phones are just as good, sometimes even better, than regular cameras and we always have them with us. Phone photography also presents the perfect opportunity to be discreet and capture a candid moment. Learn how to take pictures with your phone and make them look good with Alfonso, award-winning phone photographer. Students will explore their iPhone cameras and editing apps. No experience needed, just an iPhone with the latest operating system.



NOTE: Bring your iPhone and charger. No experience needed, just an iPhone with the latest operating system. Ages 14 and up welcome when registering with a parent.

Alfonso Alarcon	\$29
Apr 16	Sat 9am - 12pm
1 session	Wawona 2, WC



Cutting the Cord - Streaming TV Solutions

In this "Cord Cutting" class we will learn about streaming TV solutions that can save you money on your cable bills. Showcase how to use devices including Apple TV, Roku, Chromecast, Fire TV, and Nexus Player. Learn about services such as Netflix, Hulu, and more. Because the internet is an integral part of "cutting the cord", an in-depth discussion on internet requirements is also included. This class will help you identify which devices and services will work best for you.

A > Matt Ketchum	\$39
Apr 2	Sat 8am - 12pm
1 session	Founders Hall, 135
B > Matt Ketchum	\$39
May 23 & 25	Mon, Wed
2 sessions	6pm - 8pm
	Founders Hall, 153

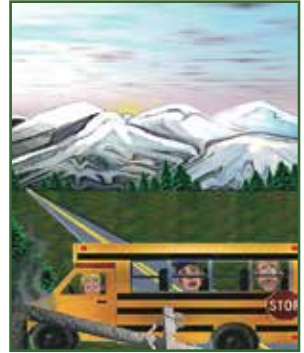


When Your Adult Child Divorces You

Having a damaged relationship with your adult child is a painful experience for you, the parent. This class will discuss some of the underlying causes of severe estrangement between parents and their adult-aged children and grandchildren; and why this devastating challenge has become so common today. We will explore how expectations can create resentment and bitterness and learn constructive ways of responding to hurtful interactions. You will gain coping tools to deal with being shut out of the lives of your adult aged children and their families. This class will provide helpful ways to approach these problems with as much healthy power as possible. The class is not psychotherapy. It will discuss and provide suggested tools to hopefully improve your relationship with your estranged children.

James Henman	\$69
May 25 - Jun 1	Wed 6pm - 8:30pm
2 sessions	Founders Hall, 134

Who's Really Driving Your Bus?



The class will focus on the tools and nuggets of wisdom about the

process of healthy change presented in "Who's REALLY Driving Your Bus?". The goal of the class is that each student will have a clearer idea about how to approach decisions for making healthy changes. By learning and practicing the tools and nuggets discussed in class, you can build your own Inner Coach to help be successful in choosing and making healthy choices. We will explore 25 common filters that can steal our healthy power in the present, including Time Machine, What If/ If Only, That's Just The Way You Are, Feelings Are Fact, Black or White, etc. We will also explore the impact of different motivational strategies on the change process. The second meeting of the class will focus on exploring the concept of the Adult Child Character, and discuss tools that increase the healthy power of choice in the present, including the "ABC's of Observation", "Eight-Step Constructive Problem Solving", and "Addiction to the Familiar". The class is not psychotherapy. It is presented to give you information to identify changes you want to make and offer tools to help you make those changes in your life.

NOTE: You may purchase an optional book "Who's Driving Your Bus?" from instructor in class.

James Henman	\$69
Apr 6 - Apr 13	Wed 6pm - 8:30pm
2 sessions	Founders Hall, 172



eBay 101 - The Basics of Selling

Whether you simply want to clear the closet, desire additional part-time income or a serious eBay business, this class is your foundation. Learn how to set up an eBay Seller account, create successful eBay listings, upload pictures and accept credit card payments with PayPal. Included are selling "Tips, Tricks and the Traps" to avoid. Covers how to determine shipping costs, where to get FREE shipping supplies, how to print shipping labels from your home computer and get FREE home pickup. Optional eBooks available for purchase after class. This is an official eBay University class taught by a multi-award winning eBay instructor and published author from Seattle. Lecture.

Kevin Boyd \$49
Apr 5 Tue 6pm - 9pm
1 session Founders Hall, 155

eBay 2 - Advanced Selling Strategies

Learn the "Insider Tips and Strategies" that will draw the most bids, maximize sales and beat your competition. Covers how to find a profitable niche, what to sell, what to avoid and how to use Drop Shippers to minimize inventory costs. Includes eBay research, marketing and Photography tips, free app to create and insert videos in your listings, eBay Stores, and how to sell Antiques and Collectibles. Taught by multi-award winning eBay instructor and published author from Seattle. Lecture.

Kevin Boyd \$49
Apr 6 Wed 6pm - 9pm
1 session Founders Hall, 215



Create a Website for Fun, Profit & Business

new No programming required! Discover easy-to-use, drag & drop design tools that can build your personal or business website in 60 minutes. Covers social media marketing, how to optimize your site for smart phones and the tips and traps of website design. Plus how to create money generating Affiliate websites. Optional eBooks available for purchase after class. Taught by a multi award-winning instructor and published author from Seattle. Lecture.

Kevin Boyd \$59
Apr 7 Thu 6pm - 9:30pm
1 session Founders Hall, 215



The Cloud - What is it? Why should I use it? How do I use it?

What is it? Why should I use it? How do I use it? Learn about the Cloud to store, retrieve, share, and view your data on the computer or your mobile device. It is convenient and reliable with all your files at your fingertips. Get access to your files, photos, music, videos from any device connected to the Internet including tablets, smartphones, laptops, and computers.

Matt Ketchum \$39
Apr 16 Sat 9am - 12pm
1 session Classroom Annex, 101



How to Spot a Liar

Do you ever find yourself wondering if someone is being truthful? When you sense someone is lying to you, do you question why you feel that way? Have fun in this interactive workshop where you will learn about body language, NLP Eye access clues, and indicators to detect a lie. You will be surprised to learn expressions, micro-expressions, and the tale-tale signs that give even the most experienced liars away! Practice what you learn in class, and learn to discern what someone is really telling you. Presenter Richard Screen is a certified Life Coach and Hypnotherapist.

Richard Screen	\$29
May 25	Wed 6pm - 8pm
1 sessions	John Muir, WC, 261



Create and maintain a blog for Fun and Profit

This course will cover everything you need to know about creating and maintaining a successful blog. We will cover content that should appear on your site as well as how to use analytics to find out who is viewing your blog. You will be creating an actual site and should feel very comfortable running it on your own by the end of the final session. We will discuss what you would like to get out of your blog and how you want it to work for you. There will be plenty of time for questions and answers. Whether you are very experienced with technology or struggle a bit, this class will be beneficial to all who attend.

NOTE: You should understand how to use a computer in order to take this class. Please come prepared with three ideas of possible names for your blog.

Michelle Oliver	\$69
Apr 11 - Apr 20	Mon, Wed 6pm - 8pm
4 sessions	John Muir, WC, 251

Basic Bicycle Maintenance and Repair

new Do you know how to keep your bike in tip-top shape by doing regular maintenance, preventative measures, and the occasional on-the-road quick fix? All types of bikers can benefit from this class - commuter, weekend bike rider, or the occasional bike rider. Your bike needs to have certain maintenance tasks completed to ensure a safe ride and prevent future problems. Most basic maintenance and repairs can be done by YOU once you learn how. Save yourself money and time. In this class we will cover: Changing a flat tire - how to replace the tube, using patch kits and avoiding your next flat. Brakes - how to trouble-shoot brake problems and hands-on brake cable adjustments. Chains - learn the importance of cleaning and lubricating your chain - and how to do it yourself. The instructor will demonstrate how to do the repairs and maintenance on bikes. The class size will be kept small so there will be time for questions. The instructor is a long-time member of the Stanislaus County Bicycle Club. He will also share maps of the over 36 miles of local bike trails and rules-of-the-road for safety and courtesy that should be used by bikers of all ages.



NOTE: You may bring your bike to class if you choose. There is an elevator to use to bring it upstairs. Bike Repair/Maintenance class for ages 12-17 on page 34.

A > Richard Domagalski	\$25	Apr 5	Tue 6:30pm - 8:30pm	1 session	John Muir, WC, 265
B > Richard Domagalski	\$25	May 11	Wed 6:30pm - 8:30pm	1 session	John Muir, WC, 265

GED My Way!

FREE - A new program to prepare for the GED test more effectively

If you did not complete High School and need to earn your GED, this program was designed for you! It's flexible and fits around your schedule. Study just what you need to learn, and in the order you choose. You can spend as little as 3 hours a week on one subject at a time, or take up to 4 subjects, for a total of 12 class hours a week. Students may also progress faster by adding additional study time at home.



It is as simple as 1, 2, 3, 4!

- 1.** Schedule an official GED practice test in our lab on any of 4 subjects of your choice, and check your results.
- 2.** If the results show you need to study, sign up for the class you need. If the results show you are likely to pass that segment of the GED test, take a different practice test until you find an area you need to learn.
- 3.** Find a class that fits your schedule, and enroll. Our friendly instructors will help you understand the content, teach you important test taking strategies, and give you tools to succeed!
- 4.** Once you feel comfortable in the topic, take a practice test to see if you will pass. Your practice tests will give you the confidence to know you can take and pass the official examination at a GED Testing Service center.

Don't delay! Classes will fill quickly. If a class is full, be sure to register on the wait list, as classes are first-come, first-served. Attendance is required. Students who are a no-show will be dropped from class so others may attend.



Test Dates

You must register for a practice test date before you can register for a class.

Test dates from April 11-17 and May 23-29

Register online at www.mjc4life.org or call our office at 575-6063



Motorcycle and Scooter Training

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 7 hours classroom and 10 hours on-cycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA AB1952 - This law requires a person under 21 years of age to complete the CMSP Motorcyclist Training Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M1 motorcycle driver license is issued.

1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thursday . . . 6:30pm - 10:00pm
 Saturday . . . 7:00am - 3:30pm
 Sunday . . . 7:00am -12:00pm

B Class - Thursday . . . 6:30pm - 10:00pm
 Saturday . . . 12:00pm - 8:00pm
 Sunday . . . 12:30am - 5:30pm

You will attend a total of at least 17 hours of instruction, including both classroom and range time. Times may vary, check the schedule.

2. How much does it cost?

21 years of age or over - \$258

15-1/2 - 20 years old at time of registration - \$180 - Must Call Office.

The State requires this course for anyone under 21 who wants to obtain a M1 permit/license.

3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 7 business days. Take the certificate to the DMV and in most cases it will waive the riding portion of the DMV requirements. There is no guarantee of passing. If students are Counseled Out or are unsuccessful on the Skills Evaluation, they will have the opportunity to return for a second try at no additional cost.

4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 575-6063.

6. What do I need to bring?

We provide the helmets if you need one - if you bring your own it needs to be DOT approved (3/4 or full). On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

7. How do I sign up?

If you are 21 or over you can register online at www.mjc4life.org, by phone or in person.

If you are under 21, you must register by phone or in person in order to receive the \$78 "under 21" discount.

NOTE: The additional \$3 registration fee DOES NOT apply to motorcycle registrations.

mjc4life

Kids / Teens

ACTIVE ACTIVITIES

Blue Tide AQUATICS

Competitive Swimming at its Best!

The Blue Tide Aquatics is a USA and summer league swim team. Local and travel swim meets available for all swimmers. Blue Tide swimmers can swim year round.

Focus on stroke mechanics and strong swimming skills.

Level 1: (Ages 5-8) 25 yards Freestyle with a consistent kick

Level 2: (Ages 7-11) 50 Freestyle/25 Backstroke

Level 3: (Ages 9-12) Legal 200 IM

Senior: (Ages 13 & up) Coach placement

See Blue Tide website for more information

<http://www.bluetideaquatics.com>

NOTE: YOU MUST HAVE USA SWIMMING INSURANCE TO SWIM WITH BLUE TIDE! - Go to the Blue Tide website - (<http://bluetideaquatics.com/about/>), Scroll down and you will see a link for the "USA Registration Form. Print it out, fill it out, and mail with your payment.

No cotton swim wear.

Beginning Golf for Kids (Ages 7-13)



This is a course for students to learn the fundamentals of golf. This includes rules of golf, etiquette, and play (putting, chipping, pitching and full swing) leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. Material fee of \$3 per bucket of balls paid at class. Ask for Liability form or go to www.mjc.edu/commed.

John Banks	\$55 + \$3/bucket fee*
Apr 17 - May 15	Sun 9am - 10am
5 sessions	St. Stanislaus Golf Course

*\$3 per bucket of balls paid at class



Shaolin Kung Fu for Kids (Ages 8-14)

Shaolin Kung Fu is one of the oldest existing martial arts systems in the world, having originated in China more than 1200 years ago. Exercises in stretching, jumping, breathing, throwing and striking have been passed down for generations. This class will cover the first steps of Wu Bu Quan, a basic form all Shaolin students must learn; as well as Sanda basics, such as strikes and take-downs. This class is non-competitive, and students will be required to work together in a safe and cooperative manner.

NOTE: No class 5/11/16. Students must wear loose fitting clothing (NO SHORTS), and shoes to wear during training (NOT SANDALS). Bringing water is recommended. Must fill out a Release of Liability form and give to instructor (see link for form on www.mjc4life.org)

Brandon Guerra	\$59
Apr 6 - May 18	Wed 6pm - 7pm
6 sessions	John Muir, WC, 265



Basic Bicycle Maintenance and Repair Ages 12-17

new Do you know how to keep your bike in tip-top shape by doing regular maintenance, preventative measures, and the occasional on-the-road quick fix? All types of bikers can benefit from this class - commuter, weekend bike rider, or the occasional bike rider - your bike still needs to have certain maintenance tasks done to ensure a safe ride and to prevent future problems. Save yourself money and time. Most basic maintenance and repairs can be done by you, once you learn how. In this class we will cover: Changing a flat tire - how to replace the tube, using patch kits and avoiding your next flat. Brakes - how to troubleshoot brake problems and hands-on brake cable adjustments. Chains - learn the importance of cleaning and lubricating your chain - and how to do it yourself. The instructor will demonstrate how to do the repairs and maintenance on bikes. If there is time, the instructor will offer hands-on assistance for students' bikes. The instructor is a long-time member of the Stanislaus County Bicycle Club. He will also share maps of the 36 miles of local bike trails and rules-of-the-road for safety and courtesy that should be used by bikers of all ages.

NOTE: You may bring your bike to class if you choose. There is an elevator to bring it upstairs.

A	> Richard Domagalski	\$25 Tue 4pm - 6pm Apr 5 John Muir, WC, 265 1 session
B	> Richard Domagalski	\$25 Wed 4pm - 6pm May 11 John Muir, WC, 265 1 session



Don't Miss Out

Swim Lessons are Coming!

Swim Lessons will once again be offered through MJC Community Education

June 6 - 16
(8 sessions)

June 20 - 30
(8 sessions)

July 5 - 14
(7 sessions - no class July 4)

July 18- 28
(8 sessions)

Ages 3 - 5
Tadpole

Must be potty trained - no diapers or pull-ups

Ages 5-12

- Pollywog (Levels 1 & 2)
- Goldfish (Level 3)
- Dolphin (Levels 4 & 5)

Placement in levels according to abilities - not age

Registration and more information available

April 18 at www.mjc4life.org

Summer Jobs 2016

Make it a great experience for you and your employer

Your First Interview Ages 14 - 25

new Be prepared to apply for a summer job. You've applied for a job at a number of stores, offices, and other businesses around town, filled out several applications online, and now you've received a phone call from one of those employers. You've been asked to come in for an interview. Great - but now you may be thinking - What do I do now? How do I prepare for the interview? And, what do I have to do to get the job? This class will help you to know what employers are looking for and expect during the interview.

Linda Kenney	\$25
Apr 9	Sat 9am - 12pm
1 session	Founders Hall, 135

Making It at Work: How to Succeed in Your First Real Job - Ages 14 - 25

new Congratulations! You've just landed your first real job. And whether it's a part-time job that keeps you hustling on weekends, or a full-time job now that you've left school, you've entered a new phase in your life. Why is this such a big deal? Because the job you have today will lay the foundation for much of what you do for the remainder of your life. This class will help new employees understand employer expectations and the importance of on-the-job learning. It covers the basics of office etiquette and explains how to deal appropriately with everyday workplace concerns. A good recommendation from your first job can lead to a job of your dreams.

Linda Kenney	\$20
Apr 14	Thu 4:30pm - 6:30pm
1 session	Founders Hall, 135

Getting a Summer Job Ages 14 - 25

new Are you ready for your first-job experience, or to get another summer job? Either way, finding summer employment can be challenging. You may ask, "What kind of work can I do?" Or "Where can I find a job?" The answers are often simpler than you might expect. You already have skills and abilities employers want and need - skills and abilities you may not even be aware of. There are all kinds of jobs and many employers around you. Your first task is to figure out what you can offer an employer. Using one of the resume formats discussed and matching your own experiences and abilities with the job lists provided, you will find you already meet the requirements for many jobs - jobs you can apply for.

Linda Kenney	\$20
Apr 7	Thu 4:30pm - 6:30pm
1 session	Founders Hall, 155

Your First Resume Ages 14 - 25

new Maybe you are still in school and looking for your first part-time job for after school, or a summer job. Or, maybe you're graduating and it's time to look for full-time employment. Whatever the reason you're looking for work, you know that the person who presents well is more likely to find work quickly than the person who doesn't. One of the ways of presenting yourself is through the use of a resume. Learn the different types of resumes, what employers look for on your resume, what to include if you have never worked and how much to include.

Linda Kenney	\$25
Apr 23	Sat 9am - 12pm
1 session	Classroom Annex, 101

FUN TO DO

Operation Animation! Ages 7-12



Come join in an exciting adventure through the world of animation. Come learn how to make your favorite Disney and Angry Bird characters, complete difficult tasks, create your very own animated computer game, and have lots of fun in the process! You will enjoy working with others, solving problems, and persevering through difficult tasks. Don't miss out on this computer programming adventure!

NOTE: Bring a thumb drive to save your work on.

Apryl Hughes	\$45
Apr 23 - Apr 30	Sat 10am - 12pm
2 sessions	John Muir, WC, 251

YOUTH MUSIC



Piano Adventure for Kids Ages 7-10

Learn the piano the fun way! These lessons will teach you note-reading. You will be playing real songs. Recital at the end of each class. Limited class size. Great experience!

NOTE: No class April 28. No exceptions to age group please. Bring a pair of full-sized headphones with a 1/4" or 6.35mm long jack or adapter. If you have already taken this class and still have the book, call the office at 575-6063 to register without paying for the book.

debee loyd	\$69 + \$10 mat. fee*
Apr 7 - May 19	Thu 4pm - 5:30pm
6 sessions	Music Building, 109

*pay \$10 material fee at registration



Kids D'jembe Drumming Ages 8-14

Come take an amazing classroom journey to Africa and the Caribbean! Experience the culture of sharing, cooperation and working together that is practiced in community D'jembe drumming. Learn the rhythms and songs that tell age old stories in different languages. Have fun with your friends while you learn to understand and appreciate different cultures from faraway places. Drums provided for classroom use.

NOTE: Wear comfortable clothes.

Khemya MitRahina	\$35
Apr 1 - Apr 22	Fri 4pm - 5pm
4 sessions	Valley Charter High School, Lion's Den



Voice Lessons for Kids (Ages 12-17)

Do you love to sing? Is something holding you back? Come and join others in singing together and if you want, maybe even a solo! We will sing simple harmonies and songs; learn about proper singing methods and vocal technique. Work on basics notes, rhythms, and select 16 bars for your next open audition. Perform for your family on the last day. Let's Sing!!

Bernadette Burns	\$59 + \$10 mat. fee*
Apr 5 - May 17	Tue 4:45pm - 5:45pm
7 sessions	Valley Charter High School, Ste 14,

*pay \$10 material fee to instructor at class



MJC Camps 2016



Wheee - Made by Me!

Ages 4-5 July 18 - 21 - (M-TH)

9am to 12:30pm Wawona 2

Discover the little artist within your child in this fun day camp designed for our youngest campers. Themed learning activities will use a large variety of mediums and materials to teach children about the world around them. Kids will experience messy masterpieces, clay creations, fun with food, and useful arts and crafts. All young artists need playtime, and they will be inspired with our unique and artful outdoor activity time. Come see your child's art show on the last day of camp.

Fee: \$129 (includes t-shirt, snacks and materials)

Little Hero Training Camp

Ages 5-7 June 6 - 9 (M-TH)

9am to 12:30pm Wawona 2

Calling all Little Heroes to the rescue! The world needs your help. Inside every girl or boy lies the heart of a true hero. Campers will tell the story of their own, good, superhero, discovering traits and abilities that makes them special through their stories, art, and crafts, and costume elements to take home. Children will learn about courtesy, fire safety, avoiding danger, and our local heroes: police, fire and rescue. Training camp will teach kids about healthy foods and building healthy bodies through fun and playful activities. You'll be amazed to meet your own Little Hero on the final day of camp.



Fee: \$129 (includes snacks, t-shirt, and materials)

Pee Wee Performers: Favorite Fables

Ages 6-7 July 25-28 - (M-TH) 9am to 12:30pm Wawona 2

Young performers will shine in this all-star theater camp for kids!



Favorite fables and tales will be turned into mini-productions, giving each child starring roles. Kids will have a blast decorating the backdrop, working on costumes, and creating props. Little actors will enjoy learning the playful lines, stretching their acting ability, and bringing out some moves

to entertain their audience. Time-told lessons within each script will teach children about good attributes and morals, in turn, they can share with their friends and family when they hit the stage!

Fee: \$129 (includes t-shirt, snacks, and materials)



www.facebook.com/mjccommed



TIME MACHINE ADVENTURE

Ages 7-9 June 13 - 17 - (M-F) 9am to 4:30pm Wawona 2

Buckle your seat belts, campers! We are off on an exciting adventure. Help build a time machine, and be transported 200 million years ago to the days of dinosaurs! Excavate and build your own model dinosaur. What wiped out the dinosaurs? Learn about volcanoes and comet theories, and decide for yourself. Set the dial back 4800 years and we will land in Ancient Egypt. Learn about Pharaohs and build your own pyramid. Don't miss the stop in Medieval Europe, 1100 years ago. Learn about kings, knights and castle designs. On the way back to our own time, we will make quick stops in the Wild West and check out the Fabulous 60's. Just remember to board the time machine in time to get back to 2016 safely!
Fee: \$259 *(includes snacks, t-shirt, and materials)*



Physics in Motion: on Land, Sea and Air

Ages 8-12 June 27 - July 1 (M-F) 9am to 12:30pm Wawona 1

Have fun while you discover the forces in physics that affect different modes of transportation. Use what you learn to build a glider, perfect it, and see how far it flies. Design a car, test it, and make modifications. Race against your friends to see who has built the faster car. Learn what makes a boat float, and design the best way to propel it! If it doesn't win the boat race, take it back to the drawing board. Learn about rockets, build one, and see how high it goes. Time for some recreation? We'll test principles of physics in some outdoor play. Put physics to the test in this hands-on super camp!

Fee: \$159 *(includes snacks, t-shirt, and materials)*



Crazy Chemistry - From Slime to Crime

Ages 8-12 June- 20 - 24 - (M-F) 9am to 12:30pm Wawona 1

Calling all future chemists! Come join your friends in chemistry camp and learn how different elements, when combined, can create something unexpected. Have fun making silly slime and growing crystals. Learn about molecular gastronomy, the art of making creative food treats using chemistry. Then roll up your sleeves and put on your gloves to investigate a crime as a forensic scientist. Gather and process evidence, search for clues, and solve the mystery.

Fee: \$159 *(includes snacks, t-shirt, and materials)*





Theater Camp

Ages 8-12 June 20 - July 1 - (M-F)

1pm to 4:30pm Wawona 2

In this 10-day camp kids can show off their talent when they take the stage in "We Are Monsters!" This is a hilarious new musical that follows human kids into a monster cabaret filled with quirky monster characters. Fun monsters and kids discover the importance of friendship and celebrating in the attributes that make each of us different and unique. Participants in this theater camp will learn about acting, singing, dancing, and comedy. They will participate in set decoration, costume design, and prepare for their Thursday evening performance during this two-week, half-day camp. Performance for family and friends, Thursday, June 30, 6 :00 pm. On the final Friday, the cast will celebrate their success with a Wrap Party!

Fee: \$259 (includes snacks, t-shirt, and materials)



We Are Monsters - A New Children's Musical - Book, Music and Lyrics by Denver Casado and Betina Hershey - Music Arrangements by Denver Casado. We Are Monsters is presented through special arrangements with Beat by Beat Press www.bbbpress.com

The Wild Side

Ages 8-12 June 27 - July 1 - (M-F) 9am to 12:30pm John Muir 259

Does your interest in animals draw you to the Wild Side? Then this camp is for you! Learn about all kinds of wild, strange or unusual animals and



answer questions you may have wondered about. Why does a duck float? How do chameleons change color? What do owls eat? What is the oldest animal on earth? How many eyes does a bee have? We will learn about the animals that share our planet with fun, hands-on activities, arts and crafts, challenges and games. This

camp is going to be so much fun, some of the animals we study might just pay us a visit!

Fee: \$129 (includes snacks, t-shirt, and materials)

3-D Programming

Ages 8-12 June 20 - 24 - (M-F) 9am to 12:30pm John Muir 251

Kids who like computers will love learning programming with Kodu! Kodu is a 3-D visual programming language, is user friendly, and makes game design fun, for kids with customizable landscapes, objects, characters and a wealth of commands available with a click of an icon. Kodu is designed to run on a PC or on Xbox. Young designers can create simple, as well as advanced, visually appealing games and programs, and then play them with their friends and family!



Fee: \$129 (includes snacks, t-shirt and flash-drive)



Camp Information

What is MJC Camps for Kids?

MJC Camps for Kids at MJC Community Education provides a safe and fun activity for summer fun. We have camps to accommodate ages 4-12. Our camps are designed to stimulate curiosity, reinforce basic skills, and help kids discover new subjects, but most of all, a place to have a fun summer! Full-day camps start at 9:00 a.m. and end at 4:30 p.m. Half-day camps will be held from 9:00 a.m. to 12:30 p.m. or 1:00-4:30 p.m.

Camp Schedule

No matter which camp you sign your child up for, they will have a variety of activities each day. They will attend different classes in the morning and in the afternoon. Once they have eaten lunch there will be organized activities for them to participate in during their supervised lunch break.

Cost for Camp

The cost of each camp varies according to the number of days and particular needs of the camp. Each camp fee will include snacks, t-shirt, and materials for activities and projects.

What should my child bring to camp?

Each child should bring a brown-bag lunch (that does not need to be refrigerated) and water. Please put your child's name on his/her lunch and anything else they bring.

Where will the camps be held?

Camps will be held on our MJC West Campus at 2201 Blue Gum Avenue. It will be held at the Wawona Center and John Muir Hall.

Food Allergies?

Snacks will be provided. Please be sure to note any allergies on the Medical Consent Form AND let the camp coordinator know. Some camps will prepare and eat food - so this is important.

Does my child need to be signed in and out?

Yes, when your child arrives at the camp (please do not arrive any earlier than 8:45) your child will be checked in and directed by the counselors to their first class. The camp counselors will be there to help ensure they have a fun experience. When you pick up your child sign them out at their last class. You will check them out with their teacher.

Refund Policy

Refunds will be granted up to 30 days BEFORE the start date of each camp (minus \$20 fee). Because of supplies/shirts that must be ordered, we cannot give refunds after 30 days of the camp start date. Please plan accordingly.

Policy on Behavior

All campers are expected to conduct themselves in a manner that demonstrates courtesy and respect for others and the facilities. Disruptive students will be issued a behavior form and parents will be contacted to pick them up. If disruptive behavior continues, the child will be dismissed from the program with no refund. Please print your Camper's Packet at www.mjc4life.org. The Student Conduct Form will be in your Campers Packet and will need to be signed by you and your child(ren) before they can begin camp. Please review this behavior policy with your child.

May I attend class with my child?

No, sorry. We ask that you do not go into the classroom while camp is in session so the instructor and students are not disrupted. Many of the camps have either projects to take home or presentations that will be given on the last day of camp, which you will be invited to attend. All of our instructors and counselors are fingerprinted in order to help assure the safety of your child. We do not allow unchecked adults in the classroom with the campers.

Camps will be held on the West Campus on Blue Gum Avenue in the kid-friendly Wawona Center and John Muir Hall.



Camp Information

◆ When can I register?

Registration is available at anytime

◆ What are the dates, times and ages for camps?

Wheeeee - Made by Me! - July 18-21 9:00-12:30 Ages 4-5

Little Hero Training Camp - June 6-9 9:00-12:30 Ages 5-7

Pee Wee Performers: Favorite Fables - July 25-28

9:00-12:30 Ages 6-7

Time Machine Adventure - June 13-17 9:00-4:30 Ages 7-9

Physics in Motion: On Land, Sea and Air - June 27-July 1

9:00-12:30 Ages 8-12

Crazy Chemistry - June 20-24 9:00-12:30 Ages 8-12

Theater Camp - June 20-July 1 1:00-4:30 Ages 8-12

Wild Side - June 27-July 1 9:00-12:30 Ages 8-12

3-D Programming - June 20-24 9:00-12:30 Ages 8-12

NOTE: Camp fee includes snack, t-shirt, and materials)

◆ How old does my child need to be?

We offer a variety of camps for ages 4-12.

◆ How much does it cost?

The fee for the camps vary according to the number of days and hours the camps are held. The camp fee includes a camp t-shirt, snacks, and materials for projects and activities.

◆ How can I register?

Online at www.mjc4life.org - be sure to create the student profile for your child, not you.

Mail in the Camp Registration Form on page 42 to:

MJC Community Education, 435 College Avenue,
Modesto, CA 95350

In Person - Come to our office and register in person - We are on the East Campus, at 435 College Avenue, Morris Building, Room 104 (open M-F, 8 a.m.-5:00 p.m. - Closed Fridays beginning May 6)

◆ Will I be sent a confirmation?

If you register online and have entered an email address, you will receive an email confirmation. If you register in person, you will be given the confirmation, by the phone, ask for a confirmation to be mailed to you.

Registration Form

Child's Name _____
Birthdate _____ Email _____
Address _____
City _____ Zip _____
Day Phone _____ Alt. Phone _____
Parent/Guardian _____

1. Select Camp(s) you want to sign up for:

Wheeee - made by me!
July 18-21 (\$129)

Little Hero Training
June 6-9 (\$129)

Pee Wee Performers
July 25-28 (129)

Time Machine Adventure
June 13-17 (\$259)

Physics in Motion
June 27-July 1 (\$159)

Crazy Chemistry
June 20-24 (\$159)

Theater Camp
June 20-July 1 (\$259)

Wild Side
June 27-July 1 (\$129)

3-D Programming
June 20-24 (\$129)

Camp fee includes camp t-shirt, snacks and materials for activities and projects.

2. Don't forget to let us know the t-shirt size

S (6-8)

M (10-12)

L (14-16)

XL (18-20)

3. Determine fees to be paid

Number of camps _____ X \$129 = \$ _____

Number of camps _____ X \$259 = \$ _____

Number of camps _____ X \$159 = \$ _____

Total Fees Due \$ _____

4. Make Payment

Check (Make checks payable to MJC) Check Number _____
Credit Card # _____ Exp. Date _____
Person's name on card _____ CVV # on Back _____
Signature of Card Holder _____

Mail to: MJC Community Education, 435 College Avenue, Modesto, CA 95350

In Person: 435 College Avenue, Modesto, CA 95350, Morris Bldg., Room 204

Phone: 209 575-6063 **Fax:** 575-6025 **(NOTE: \$3 registration fee waived)**

Online: www.mjc4life.org

5. Print out 2016 Camper Packet from www.mjc4life.org

6. Fill out, sign, and bring camper packet to camp with you
(Available at www.mjc4life.org - link on left navigation bar)

mjc4life

Business

COMPUTERS / TECHNOLOGY



The Cloud - What is it? Why should I use it? How do I use it?

What is it? Why should I use it? How do I use it? Learn about the Cloud to store, retrieve, share, and view your data on the computer or your mobile device. It is convenient and reliable with all your files at your fingertips. Get access to your files, photos, music, videos from any device connected to the Internet including tablets, smartphones, laptops, and computers.

Matt Ketchum	\$39
Apr 16	Sat 9am - 12pm
1 session	Classroom Annex, 101

Create a Website for Fun, Profit & Business

No programming required! Discover easy-to-use, drag & drop design tools that can build your personal or business website in 60 minutes. Covers social media marketing, how to optimize your site for smart phones and the tips and traps of website design. Plus how to create money generating Affiliate websites. Optional eBooks available for purchase after class. Taught by a multi award-winning instructor and published author from Seattle. Lecture.

Kevin Boyd	\$59
Apr 7	Thu 6pm - 9:30pm
1 session	Founders Hall, 215



eBay 101 - The Basics of Selling

Whether you simply want to clear the closet, desire additional part-time income or a serious eBay business, this class is your foundation. Learn how to set up an eBay Seller account, create successful eBay listings, upload pictures and accept credit card payments with PayPal. Included are selling "Tips, Tricks and the Traps" to avoid. Covers how to determine shipping costs, where to get FREE shipping supplies, how to print shipping labels from your home computer and get FREE home pickup. Optional eBooks available for purchase after class. This is an official eBay University class taught by a multi-award winning eBay instructor and published author from Seattle. Lecture.

Kevin Boyd	\$49
Apr 5	Tue 6pm - 9pm
1 session	Founders Hall, 155

eBay 2 - Advanced Selling Strategies

Learn the "Insider Tips and Strategies" that will draw the most bids, maximize sales and beat your competition. Covers how to find a profitable niche, what to sell, what to avoid and how to use Drop Shippers to minimize inventory costs. Includes eBay research, marketing and Photography tips, free app to create and insert videos in your listings, eBay Stores, and how to sell Antiques and Collectibles. Taught by multi-award winning eBay instructor and published author from Seattle. Lecture.

Kevin Boyd	\$49
Apr 6	Wed 6pm - 9pm
1 session	Founders Hall, 215



Computers for Absolute Beginners

This hands-on class will introduce new computer users to the personal computer and its uses. Your instructor will quickly put you at ease and you will soon feel comfortable using a computer. This class is taught on Windows-based computers. You will learn the use of the mouse, and how to use a Windows-based word processing program. By the end of the course you should feel comfortable creating, saving and retrieving documents.

NOTE: No previous computer experience is necessary. \$20 book fee will be charged at time of registration.

Matt Ketchum \$79 + \$20 mat. fee*
 Apr 25 - May 4 Mon, Wed 6pm - 8pm
 4 sessions John Muir, WC, 251

*pay \$20 material fee at registration

Computer Skills - The Next Step

This is the perfect "Next Step" class after the Absolute Beginners class. You may still have some questions - or heard about a technology topic you are wondering about. Matthew will answer your questions and, if possible, demonstrate on the computer. Each student will have a chance to ask questions, and we'll all learn together. After this class, you will have learned new skills to help you feel even more comfortable with a computer.

NOTE: Prerequisite: Basic knowledge of computers. No books used for this class.

Matt Ketchum \$79
 May 10 - May 19 Tue, Thu 6pm - 8pm
 4 sessions John Muir, WC, 251

Computers for Older Adults



Computers for 55+ Beginning

This hands-on class will move at a slower pace than our other beginning computer classes. You will learn parts of a computer, basic computer

terms, use of the mouse and desktop personalization. You will learn how to create files and folders using word processing and more. By the end of the class, you should be able to create, save and retrieve documents, and how to move around the computer with confidence.

NOTE: No books. Handouts included in fee.

Tai Wong \$105
 Apr 11 - Apr 14 Mon, Tue, Wed, Thu
 4 sessions 9am - 12pm
 John Muir, WC, 251

Computer for 55+ Intermediate

If you have a basic understanding of computers, this class will take you to the next level! We'll cover formatting, fonts and inserting pictures in a word processing application, copying and pasting to create a flyer. We also will follow a step by step tutorial of the internet and email, multi-tasking and transferring information from different programs.

NOTE: Prerequisite: basic knowledge of Windows based computers. No book used for this class.

Tai Wong \$105 + \$ mat. fee*
 Apr 25 - Apr 28 Mon, Tue, Wed, Thu
 4 sessions 9am - 12pm
 John Muir, WC, 251



55+ Introduction to Using Facebook

Stay in touch with your grandchildren and other family members and friends. In this class you will create a Facebook account to connect with family and friends. Learn about precautions to safeguard your identity with a control account to recover passwords for your Facebook account. Find safer ways to use technology. We will cover a checklist to use to not get caught by hackers and those wanting to use social technology against you.

Tai Wong	\$45
May 10 - May 12	Tue, Thu 9am - 12pm
2 sessions	John Muir, WC, 251



Create and Maintain a Blog for Fun and Profit

This course will cover everything you need to know about creating and maintaining a successful blog. We will cover content that should appear on your site as well as how to use analytics to find out who is viewing your blog. You will be creating an actual site and should feel very comfortable running it on your own by the end of the final session. We will discuss what you would like to get out of your blog and how you want it to work for you. There will be plenty of time for questions and answers. Whether you are very experienced with technology or struggle a bit, this class will be beneficial to all who attend.

NOTE: You should understand how to use a computer in order to take this class. Please come prepared with three ideas of possible names for your blog.

Michelle Oliver	\$69
Apr 11 - Apr 20	Mon, Wed 6pm - 8pm
4 sessions	John Muir, WC, 251



Microsoft
Excel

Excel 2013 - Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

NOTE: Prerequisite: Must be able to use Microsoft Windows operating system.

Ed Perillo	\$110 + \$24 mat. fee*
Apr 11 - Apr 20	Mon, Wed 6pm - 9pm
4 sessions	Classroom Annex, 101

*pay \$24 material fee at registration

Excel 2013 - Intermediate

If you have already taken the Beginning Excel 2013 class, or have a good basic knowledge of Excel 2013, then this class will help expand your knowledge of Excel. You will learn how to link workbooks, use advanced functions, sort and filter data, create cell and range names, protect worksheets, use pivot tables, and templates.

Ed Perillo	\$110 + \$22 mat. fee*
May 9 - May 18	Mon, Wed 6pm - 9pm
4 sessions	Classroom Annex, 101

*pay \$22 material fee at registration

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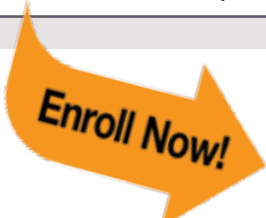
Discussion Areas

6-week Format

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Complete any of these courses entirely from your home or office and at any time of the day or night.

Most Classes **\$95**



Building Teams that Work

In this course, you'll learn the components of a successful team and the stages of its development. You'll master the skills you'll need to effectively manage projects, make decisions, and solve problems in a team setting.

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Become a Veterinary Assistant

Do you love animals? Have you ever thought about a career as a veterinary assistant? This course will give you information you need to prepare for work in veterinary hospitals.

Photoshop Elements 11 for the Digital Photographer

With easy-to-follow, step-by-step instructions, this course makes it easy to learn how to edit your images like a pro. You'll also get plenty of practice as you complete fun, hands-on exercises that ensure you understand the basics of this program as well as more advanced techniques.

Introduction to Word 2013

Master the basic features of this powerful word-processing program to professionally type, edit, and format text, and spell check and print documents.

Many more classes to choose from!

Questions?
Call 575-6063

www.ed2go.com/mjc

MANAGEMENT

The Art of Mingling

A confident, at ease person always stands out in a room. Learn proven



techniques for mastering the art of interacting and mingling with others. Whether it's a business meeting, corporate event, or social gathering, you will learn simple techniques to help you meet new people. Learn how to start a conversation and to withdraw from a conversation and still leave a positive impression. Remembering a person's name is the height of flattery, you will learn methods to recall names. Do not let apprehension limit your career or social life. Let the mastery of social networking unlock the door to your future success.

Gary McKinsey	\$35
May 25	Wed 6pm - 9pm
1 session	John Muir, WC, 255

CAREERS

SMOG BAR Update Class

This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licenses Smog Check Technicians whose license expires during the year, to complete the Update Training Course prior to renewing licenses.

NOTE: Price includes textbook. ABSOLUTELY NO walk-in registrations. Please pre-register by calling 575-6063.

Ruben Parra	\$250
Apr 9 - Apr 10	Sat, Sun 8am - 4:30pm
2 sessions	Tenaya Auto Complex, West Campus, Shop

Ruben Parra	\$250
Jun 25 - Jun 26	Sat, Sun 8am - 4:30pm
2 sessions	Tenaya Auto Complex, West Campus, Shop



Writing Your 1st Book or 7th

Bobbie Christensen, California author of twelve books, will show you how to develop and complete your manuscript in just 6-weeks following her own 10-step plan. Create a page-turner whether writing fiction or non-fiction, cookbook or textbook. "I've been to many other writing and publishing classes but you changed my view of what is possible".

NOTE: Material fee includes free consulting at any time and Writing, Publishing & Marketing Your 1st Book booklet.

Bobbie Christensen	\$39 + \$15 mat. fee*
Apr 9	Sat 1pm - 2:45pm
1 session	Wawona 1

*pay \$15 material fee to instructor at class

Publishing Your 1st Book or 7th

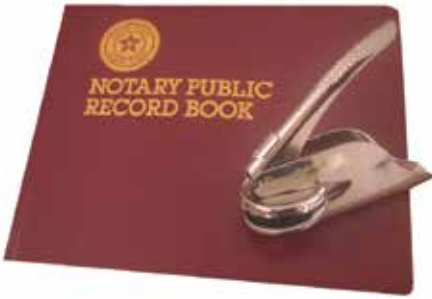
Learn how to submit your work to a publisher or to self-publish and keep the profits, plus all about PODs, eBooks, etc. Includes all forms, contracts, and samples, etc.

NOTE: Material fee includes free consulting at any time and Writing, Publishing & Marketing Your 1st Book booklet.

Bobbie Christensen	\$39 + \$15 mat. fee*
Apr 9	Sat 3pm - 4:45pm
1 session	Wawona 1

*pay \$15 material fee to instructor at class

NOTARY



Become a Notary Public in One Day

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get re-commissioned. This intensive, one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the official Notary exam (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. Class time includes the test. The class includes a practice Notary Public Exam.

NOTE: Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must return from breaks on time. Bring to class 1) \$40 check made payable to Secretary of State; 2) Proper ID - current driver's license with photo or state issued ID card; 3) Two #2 pencils; 4) Passport color photo (2x2). You will be required to pass a Live Scan fingerprint check to become a Notary. To operate as a notary requires an investment in the following; you will need a Notary stamp, bond, journal and certificates. Insurance is recommended. NPS will have optional Notary packages available starting at \$309, but offer discounts the day of class.

Carrie Christensen	\$99 + \$35 mat. fee*
May 19	Thu 8am - 6pm
1 session	Forum Building, 102

*pay \$35 material fee to instructor at class

Renew your Notary Commission - 3 Hour State Required Seminar

As of January 2009, Renewing Notaries may take a 3-hour approved Notary Refresher course. We will review all laws and regulations you are required to know to continue as a Notary. You must take the exam and be fingerprinted again. Class time includes the test. Live Scan fingerprints required after you pass the exam. Arrive early. No one will be admitted after 12:45 p.m.

NOTE: Optional Notary supplies will be available for sale in class. Bring to class 1) \$40 check made payable to Secretary of State 2) Proper ID - current driver's license with photo or state issued ID card; 3) Two #2 pencils; 4) Passport color photo (2x2). You will be required to pass a Live Scan fingerprint check to become a Notary. To operate as a notary requires an investment in the following; you will need a Notary stamp, bond, journal and certificates. Insurance is recommended. NPS will have optional Notary packages available starting at \$309, but offer discounts the day of class.

Carrie Christensen	\$50 + \$35 mat. fee*
May 19	Thu 12:30pm - 6pm
1 session	Forum Building, 101

*pay \$35 material fee to instructor at class

Take Charge of Your Income

Start and Grow Your Own Business

Are you worth more than your current pay rate? Have you considered starting your own business and taking charge of your future? Take this one-day seminar and explore the demands of owning a business, and learn what it takes to make it thrive! Successful entrepreneur and business coach, Gary McKinsey will take you from nurturing your idea to learning how to turn it into your reality. Learn the details of funding your business, managing money and finances, marketing, creating a business plan, legal issues and more. By the end of the course, you will have the confidence of knowing what it takes to start your own business and be successful. Instructor will schedule a free 30 minute, one-on-one follow up consultation with each student to discuss their individual plans. **Instructor: Gary McKinsey**

All-day Seminar

Saturday, April 30

10:00 am - 4:00 pm

MJC West Campus, Wawona 1

\$159 - plus \$20 material fee

Refreshments and box lunch provided



How to Become an Event and Wedding Consultant



Creating a successful event requires planning and detail. Learn how the professionals create spectacular weddings, corporate functions, conventions, parties and other events.

Your comprehensive training includes: creating a guest list, hiring vendors, discussing local sites for the wedding or event, and design. Stay within the budget by creating a business plan and accounting system. Learn about contract law as it pertains to rentals, deposits and liability. Discover the common pitfalls to avoid, best ways to market your business and, most importantly, how to gracefully say no to a new bride or client because you know they are not the right fit for you. You'll leave prepared to orchestrate a memorable event. MJC Community Education will issue an Award of Completion at the end of the seminar.

Instructor: Peggy Gardiner

Saturday, April 23

10:00 am - 4:00 pm

MJC West Campus, Wawona 2

\$159 plus \$20 material fee paid to instructor

Refreshments and box lunch included



**You must pre-register
for this seminar.**

mjc4life

Travel

TRIP INFORMATION



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 66. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

Trip Cancellation Information

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

Day Trips

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/tours, advance notice of cancellation must be given with the following guidelines:

One-day Excursions

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days' notice.

Trips with Pre-purchased Items

Day trips that require MJC to pre-pay for tickets, meals, or other participant expenses require 30 days' notice.

Short, Overnight Trips

Refunds for overnight trips require a minimum of 45 days' notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45 days' notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

Extended Trips

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

How much walking?



LIMITED: May require a walk to the theater, or to your seat at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.



MODERATE: May require a large amount of walking, usually in either the morning or the afternoon.



EXTENDED: Will involve walking much of the day.



Wicked-San Francisco



Back by popular demand! WICKED is returning to San Francisco for a short engagement. Long before Dorothy drops in, two other girls meet in the Land of Oz; one, born with emerald-green skin, is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. WICKED tells the story how these two unlikely friends grow to become the Wicked Witch of the West and Glinda the Good Witch. You will be dropped off and given free time at Union Square for a no-host lunch and shopping before being picked up and dropped off at the Orpheum Theatre. After the performance the bus will pick you up and travel back to Modesto.

NOTE: Fee includes matinee performance in center orchestra seat and chartered bus transportation.

A > Sat, Mar 19 \$180 8:30am - 7pm

B > Sat, Apr 2 \$180 8:30am - 7pm

Carmel-By-The-Sea



Carmel has consistently been voted one of the top tourist and visitor destinations in the country and after visiting you



understand why. Within the quaint European style village visitors can relax, unwind and enjoy the peaceful European ambience. With the art galleries, antique shops, boutiques, small intimate cafes, and restaurants, Carmel promises visitors hours of discovery. The day is yours to spend as you wish. Enjoy a no-host lunch as well as the beach and many shops. We will stop briefly at Casa de Fruta on the way to and from Carmel.

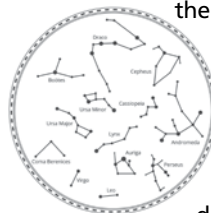
NOTE: Fee includes charter bus transportation only.

Sat, Mar 12 \$51 7:30am - 7:30pm

CALIFORNIA
ACADEMY OF
SCIENCES



The California Academy of Sciences is a world class scientific and cultural institution. A single building houses an aquarium, a planetarium, and a natural history museum that's filled with hundreds of innovative and engaging exhibits. Located in Golden Gate Park across from the de Young Museum, you may explore at your own pace. Tickets to the Planetarium are included in your admission. Just stop by the Planetarium kiosk when you arrive. Choose from two dining spots, as well as satellite food stations, for your no-host lunch.



NOTE: Fee includes admission to the Academy of Sciences and chartered bus transportation.

Sat, Apr 16 \$76 8:30am - 5:30pm

**Petaluma
River Cruise
May 14, 2016**

Sail this historic waterway from the turning basin in downtown Petaluma to the mouth of the river in San Pablo Bay. Learn about the history and importance of the river to the town of Petaluma and the surrounding countryside, and why it is still important today. See the bird and wildlife that inhabits this special region as we cruise downriver and the return journey. After the cruise, enjoy a hosted lunch at Dempsey's with your choice of: Chicken Sandwich, Pork Sandwich, or Vegetarian Pasta. Coffee, Tea, or Soda included. After lunch enjoy some leisure time exploring charming downtown Petaluma before heading back to Modesto.

NOTE: Fee includes three hour cruise on the Petaluma River, lunch and chartered bus transportation.

Sat, May 14 \$113 6am - 6:30pm



Treasure Island Tour, Lunch, & SF City College

Treasure Island was built 1936-37 for the benefit of the 1939 Golden Gate International Exposition which celebrated the World's Fair and the city's two newly built bridges: The San Francisco-Oakland Bay Bridge (1936) and the Golden Gate Bridge (1937). Craig Smith will be our guide as we tour and learn the history of the island, including wartime naval base to present day. Enjoy a three course lunch at the U.S. Job Corp Culinary Center before traveling to San Francisco City College to see Diego Rivera's mural, "Pan American Unity" painted in 1940 at the World's Fair.

NOTE: Not included is a \$2.00 per person gratuity for lunch. Fee includes tour guide, lunch and chartered bus transportation.

Wed, May 11 \$75 8:30am - 6:30pm

GIANTS

Seats are in Club Level, Section 230, under the overhang. Limited seating, Call today.

LA Dodgers - \$138

April 10 Sun, 9:45am - 7pm

Chicago Cubs - \$138

May 22 Sun, 9:45am - 7pm

Washington Nationals - \$140

July 31 Sun, 9:45am - 7pm

New York Mets - \$138

August 21 Sun, 9:45am - 7pm

St. Louis Cardinals - \$138

Sept. 18 Sun, 9:45am - 7pm

LA Dodgers - \$138

Oct. 2 Sun, 8:45am - 6pm

NOTE: Fee includes ticket and chartered bus transportation. Community Education cannot be responsible for game time changes due to ESPN broadcasting the game(s). We will adjust the bus schedule accordingly, but no refunds will be issued.

Yosemite National Park

Yosemite National Park is a setting so

spectacular and awe inspiring that it is often referred to as the Crown Jewel of the National Park system. A 26 mile, two hour tour of the Valley



Floor has been scheduled in an open air tram. Rangers introduce some of Yosemite's most famous sightseeing points in Yosemite Valley and describe the history, geology, plant and animal life of the region. This year round tour provides a fuller knowledge and enjoyment of the park. After the tour enjoy a no host lunch at one of the park's many eateries and have the rest of the day to yourself to enjoy and explore the different areas of the park.

NOTE: Fee includes park entrance fee, tram tour, and chartered bus transportation.

Call for date and price



travel time

Information Meetings

for 2016 / 2017 Trips

Offered by

MJC Community Education

Our Travel Coordinator has a wonderful selection of trips you can take.

Come to one of the Information Meetings below and see slides, ask questions and meet others with your same travel interests.

Monday, March 14
3:00 p.m.

Modesto Junior College
435 College Avenue,
Modesto
Forum Building, Room 101

Call for a free parking pass!

Saturday, June 11
2:00 p.m.

Perko's Café
Meeting Room
3500 Oakdale Road,
Modesto

Call 575-6063 to RSVP

The Pacific Northwest and the San Juan Islands

August 21 - 29, 2016 - 9 Days

This tour features San Juan Islands and Victoria, British Columbia. Arrive in Seattle, Washington on **Day one** and enjoy a welcome dinner tonight with your fellow travelers. **Day two** embark on a sightseeing tour that includes the restored waterfront area, Pioneer Square, and lively Pike Place Market. The afternoon is at leisure. **Day three** board your chartered boat to the San Juan Islands. Sail to this island chain consisting of 172 islands aboard the Viking Star. Relax inside or out on deck to take advantage of the many photo opportunities. A stop is made at Sucia Island State Park where you'll enjoy an included picnic lunch. Afterwards, rejoin the crew and hear more on this narrated cruise. Tonight you'll spend the night in Friday Harbor, a quaint village filled with shops and restaurants. **Day four** board the Viking Star and head north, passing Roche Harbor to witness Orca whales in their natural habitat. Along the way,



National Geographic has declared these 55 acres to be one of the "top ten" magnificent gardens' in the world. Next, discover the history of Victoria on your tour of the city. **Day six** enjoy a morning of



watch for river otters, sea lions and minke whales that also call this area home. Then, you are in for a treat - savor a cracked Dungeness crab lunch served right on board. Later, arrive in Victoria, home of most stunning scenery. **Day five** begin your day by exploring Butchart Gardens, the most popular attraction in Victoria.



leisure before boarding the MV Coho ferry for a 90 minute ride to Port Angeles, Washington. This charming art town is steeped in history. **Day seven** join a naturalist and guide to explore Olympic National Park. Take a leisurely hike with your guide through the enchanted Hoh Rain Forest. Enjoy a picnic lunch while surrounded by nature. Continue on to Hurricane Ridge to take in the panoramas of the mountains, the Pacific Ocean, and Canada. **Day eight** enjoy leisure time this morning before transferring to the Seattle airport area for an overnight stay. **Day nine** the tour ends and you fly home.

leisure before boarding the MV Coho ferry for a 90 minute ride to Port Angeles, Washington. This charming art town is steeped in history. **Day seven** join a naturalist and guide to explore Olympic National Park. Take a leisurely hike

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$455 deposit per person due upon registration. Call for prices and availability.

Discover Croatia

September 3-14, 2016 - 12 Days

Explore Croatia and the countries of the Adriatic on this 12 day tour. Arrive in the seaside resort of Opatija, Croatia on **Day two**. Tonight enjoy a welcome dinner with your fellow travelers. **Day three** is at leisure to explore Opatija, this onetime summer retreat for Roman Caesars and Hapsburg Monarchs. **Day four** travel to Plitvice Lakes, Croatia's most beautiful national park. Its 16 terraced lakes are connected to each other by a series of waterfalls and free flowing cascades. A short boat cruise takes you into the heart of this natural wonder where you can further take in the inspiring scenery. **Day five** travel to the medieval city of Dubrovnik. Along the way enjoy magnificent views of the sparkling blue waters of the Adriatic Sea. **Day six** join an expert local guide on a tour of "Old Dubrovnik", a UNESCO World Heritage site. Visit the Franciscan Monastery, where Europe's oldest pharmacy lies; Rector's Palace, the City Walls, and more historical sites. During your stay in Dubrovnik you have the special opportunity to personalize your tour and partake in one of two inclusions: Elaphiti Islands cruise (today) or Montenegro excursion (tomorrow). The afternoon is at leisure unless you have chosen today's option of a cruise around the Elaphiti Islands. **Day seven** is at leisure unless you have chosen the Montenegro excursion which leaves in the morning to cross the border to Montenegro's Bay of Kotor. Your guide will introduce you to the deep history of the region. This evening, everyone will travel to the Konavle region to Cilipi for a family-style dinner in a locally-owned restaurant. While visiting with the local family you'll learn about life in the Croatian heartland and sample regional wines. **Day eight** see stunning sea views as you travel up the winding coastal road and stop at a quaint village in the Croatian countryside for time to taste the local specialties and a walk through the village square. Upon arrival in Split, set out on a walking tour featuring the Diocletian's Palace, one of the most significant late-Roman historical monuments and a UNESCO World Heritage site. Then, continue to your hotel located in the center of Split. **Day nine** travel up the coast into Ljubljana, the quaint capital of Slovenia. The afternoon is at leisure. **Day ten** a local expert introduces you to this lovely town with a tour including the impressive City Hall and a visit to the magnificent Cathedral of St.



Nicholas. After lunch, drive a short distance to tranquil Lake Bled. Travel on a to this picturesque island of Lake Bled. Spend time



"pletna" boat in the center exploring the 17th century cathedral, St. Mary's Church,



and the "wishing bell". Enjoy a stroll along the quiet paths of this lakeside community at your own pace. **Day eleven** travel to Zagreb, the capital of Croatia. After a city tour enjoy leisure time before

tonight's farewell dinner at one of Zagreb's most famous restaurants. **Day twelve** the tour ends and you fly home

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 15 meals included. \$510 deposit per person due upon registration. Call for prices and availability.

Exploring Greece and Its Islands

September 4 - 18, 2016 - 15 Days

Discover the beauty and wonder of Greece. Arrive on **Day two**. **Day three** tour Athens featuring the Acropolis, the ruins of the Temple of Zeus, the Royal



Palace, Tomb of the Unknown Soldier and the Olympic Stadium. **Day four** travel to Thermopylae and end your day in Kalambaka, at the foot of the Pindos Mountains. **Day five** visit 2 remote Meteora monasteries that extend nearly 900 feet into the air en route to Arachova. **Day six** a local expert guides you on a visit to the Sanctuary of Apollo, the Doric Temple, theatre

and the Delphi Museum before heading to the historic city of Olympia. **Day seven** a guided visit to Olympia includes a tour of the sanctuary of Zeus and the Olympic Stadium where the first Olympic Games were held in 776 BC. Later, partake in a Mediterranean cooking experience followed by a traditional Greek lunch. Next, enjoy a tour of the countryside, tasting local wines, olive oil, homemade jams and marmalades. Tonight broaden your knowledge of Greek instruments and folkloric dances with a Greek dance class. **Day eight** cross the Arkadian



Mountains en route to the ancient city of Mycenae for a

guided visit of the excavations featuring the Beehive tombs and the Lion Gate. **Day nine** travel by ferry to Mykonos, the whitewashed jewel of the Cyclades Islands. **Day ten** enjoy a day of leisure to independently explore the charms of Mykonos. **Day eleven** sail to the fabled island of Santorini. **Day twelve** visit the excavation site of ancient Akrotiri, a prehistoric settlement known as the "Minoan Pompeii", which was destroyed and preserved by a volcanic eruption around 1450 B.C. Next, travel to the spectacular of Oia, where the best views of the crater are found. **Day thirteen** enjoy a

day of leisure to relax or independently explore Santorini, considered one of the most spectacular and stunning landscapes in the world. **Day fourteen** bid farewell to the Greek Islands and fly back to Athens for your overnight stay. Celebrate Greece at the farewell dinner. **Day fifteen** the tour ends and you fly home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 22 meals included. \$510 deposit per person due upon registration. Call for prices and availability.

BEST OF EASTERN CANADA

September 18 - 25, 2016

The tour begins in Montreal, Quebec. Your two night stay includes a sightseeing tour of Montreal highlighting Notre Dame Cathedral, St. Joseph's Oratory, Jacques Cartier Square, and McGill University. The afternoon is at leisure. **Day three** depart for Quebec City where you will have a sightseeing tour of both Old and New Quebec. See the stately Chateau Frontenac, the Parliament, the St. Louis Arch, and Place Royale, the site of the original settlement of the city of Quebec. **Day four** enjoy breakfast at a local sugar shack and learn the traditions of maple syrup making. The afternoon is at leisure. **Day five** depart for Ottawa, the capital of Canada. This afternoon after a stroll through the Byward Market, embark on a city tour showcasing the Rideau Canal and Parliament buildings. **Day six** drive to Rockport and enjoy a memorable cruise through the region of 1000 Islands, found



on the border between the United States and Canada. This afternoon arrive in Toronto for your final two night stay. **Day seven** visit Niagara-on-the-Lake and enjoy local shops before traveling to the thundering



and awe-inspiring Niagara Falls. Of course, no visit to Niagara Falls would be complete without experiencing the incredible Maid of the Mist cruise. Board the boat to see and feel the falls up close.



Enjoy your farewell dinner this evening and the end of this incredible vacation. **Day eight** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 11 meals included. \$455 deposit per person due upon registration. Book by March 11, 2016.

A > Double	\$3,299	Single	\$3,899
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Spain's Classics

Oct 15 - Oct 25, 2016 - 11 Days



Arrive on **Day two** in Madrid, Spain's capital and largest city. Tonight enjoy a welcome dinner with your fellow travelers. **Day three** during a locally guided tour, see the Puerta del Sol, Plaza Mayor, and the Royal Palace. This afternoon travel to Toledo, a UNESCO site and the capital of medieval Spain until 1560. A tour highlights the magnificent Gothic cathedral and the 13th century synagogue, a testament to Toledo's Jewish heritage. Also, stop at the Church of Santo Tome to view El Greco's masterpiece painting, the Burial of Count Orgaz.

Day four depart Madrid for the Moorish city of Cordoba. Embark on a walking tour of the Mezquita, an architectural marvel, built by the Moors in the 8th century and was converted into the city's cathedral in the 16th century. Arrive later in Seville for a two night stay. **Day five** you will see Columbus' tomb, the ornate cathedral, and Giralda Bell Tower. Enjoy a walking tour of the quaint old Santa Cruz Quarter with bright flowers, white-washed buildings and winding streets. This evening enjoy an authentic flamenco show featuring Seville's top performers.

Day six depart Seville and travel along the Sierra Nevada to Granada for a one night stay. A local expert joins you for a tour of the world-famous Alhambra, the immense hill-top palace that is a UNESCO site. **Day seven** travel to the Mediterranean coast where you arrive for a two night stay in the city of Valencia, a treasure trove of Roman and Arabic architecture. **Day**



eight begin your day viewing the City of Arts & Sciences. A walking tour of historic Valencia features the ornate 14th century Serranos Tower and imposing 15th century Quart Towers. You'll also see the bustling central market, one



of the largest in Europe, and view the Gothic cathedral, where construction began in 1262 on the site of an ancient mosque. Afterwards, visit Lladro-City of Porcelain and learn about the world-famous handmade Lladro figurines. Travel to the area where paella cuisine originated. A "paella experience" features a boat ride on the canals surrounding rice field plantations; a visit to a traditional fisherman's home known as a barraca; a paella-making demonstration and an authentic paella lunch. **Day nine** travel to Barcelona for the last two nights. The afternoon is at leisure to explore. **Day ten** your locally guided tour gives you an in-depth look at Barcelona, one of the most vibrant and

lively cities in Spain! See Columbus Monument; Parc de Montjuic, plus Antonio Gaudi's UNESCO World Heritage sites including La Sagrada Familia, Parc Guell, Batllo House and the unconventional Casa Mila building. Tonight gather for a farewell dinner and celebrate the end of a wonderful trip. **Day eleven** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$510 deposit per person due upon registration. Book by April 8, 2016 and save \$200.

Double \$4,259

Single \$4,759

Christmas Markets Along the Danube

November 26 - December 4, 2016



Highlights: Würzburg, Nuremberg, Regensburg, Passau, Melk, and Vienna. You're invited to join a magical journey through Germany at an unbeatable value. On this popular holiday European getaway, you can experience the essence of Christmas in Europe and cruise through the most beloved ports of Germany and Austria. You'll explore the region's fabulous, craft-filled Christmas Markets, and savor a host of exclusive seasonal events. The tour begins on **Day two** in Würzburg, Germany where you will enjoy a one night hotel stay before



transferring to the cruise ship. **Day three** join a local guide on a leisurely paced walking tour. Würzburg is an ancient Franconian wine town rich in historic sites, including the magnificent residence of the Prince-Bishops which boasts the largest ceiling fresco in the world. Next, travel to Rothenburg, one of the most well-preserved medieval walled towns in all of Germany. Enjoy free time to explore its charming Christmas Market. Later in the afternoon arrive

in Nuremberg to board your cruise ship. Unpack once for a relaxing six night Danube River cruise aboard your lovely ship complete with a panoramic deck; terrace cafe; panorama salon and bar; fitness center; excellent cuisine including unlimited wine, beer and soda with all dinners; and outstanding service. This evening, enjoy a special welcome dinner on board. **Day four** a local expert provides an interesting city tour that concludes with a visit to Nuremberg's Christmas Market, Germany's most famous and oldest dating back to 1628. Later, your ship departs for Regensburg. **Day five** a guided walking tour of Regensburg reveals one of Germany's best-preserved medieval cities with nearly 1,400 historic buildings. This afternoon, stroll through the Old Town to Regensburg's charming Christmas Market. Later, your ship departs for Passau. **Day six** begins with a leisurely paced walking tour of this 2,000 year-old city. Explore the ornate Baroque architecture, cobblestone streets and St. Stephen's Cathedral - home to Europe's largest church organ - and the charming Christmas Market. **Day seven** view the picturesque landscapes as you cruise to the charming town of Emmersdorf. Enjoy the surrounding scenery before joining an excursion to the 900 year-old Benedictine Melk Abbey, one of Europe's largest Baroque monasteries. This afternoon continue cruising through the romantic Wachau Valley, dotted with magnificent castles and small riverside towns. Arrive in Vienna, Austria's beautiful capital city, in the early evening. After dinner, you may join an optional excursion and visit Vienna's most famous Christmas Market, located in front of the 'Rathaus' (City Hall). **Day eight** a local expert takes you on an exploration including the Hofburg Palace, the Vienna Opera House and the awe-inspiring St. Stephen's Cathedral. This afternoon is at leisure or you may join an optional excursion to the Schoenbrunn Palace, the summer retreat of the Hapsburg dynasty. This evening enjoy a wonderful evening of food, music and entertainment at the Captain's Gala Dinner. After dinner, the onboard orchestra provides a musical Christmas concert for your enjoyment. **Day nine** disembark the ship after breakfast and head home; unless you are traveling to Prague for the Post Tour Extension.



NOTE: Includes cancellation insurance, airport transportation, airfare, cruise ship, one hotel night stay and 19 meals. Call for prices and availability.

COSTA RICA

January 29 - February 8, 2017 - 11 Days

Costa Rica, or "rich coast" in English, is one of the world's top eco-tourism destinations. With almost a quarter of the country either a national park or a protected area, opportunities to explore natural wonders are abundant. **Day one** is a travel day. **Day two** travel through the Braulio Carrillo National Park to the Caribbean low lands. Cruise the rivers and canals of Tortuguero National Park as your guide explains the rain forest eco-systems. Arrive at your eco-lodge for a two night stay surrounded by a tropical forest and wildlife. Visit the world's first Green Turtle Research Station. Discover how to protect the turtle's nesting habitat and eggs. Join your fellow travelers tonight for a welcome dinner. **Day three** set out on a bird watching excursion, weather permitting that explores the variety of local species and migratory birds that flock to this area.

This afternoon embark on a boat cruise through the park to look for wildlife as well as exotic flora.

Tortuguero National Park protects over 350 species of birds and mammals.

Day four enjoy a leisurely boat ride to the mainland

as you travel to the Sarapiquí region.

Make a stop at an organic pineapple plantation to learn about the various types of this fruit and why Costa Rican pineapples are among the world's best.

At a cacao plantation observe the process of producing chocolate from the cacao bean and sample the delicious finished



product. Continue to your hotel at the foot of the Tenorio Volcano



for a three night stay. **Day five** take an exhilarating river-rafting adventure on the Tenorio and Corobici rivers. Later, meet some Tico artisans as you discover the world of craft-brewing culture on the shores of Lake Arenal. **Day six** set out on a cultural adventure in a Maleku indigenous village. Interact and learn

about how they live. Enjoy lunch with them before heading back to the resort.

The afternoon is at leisure. **Day seven** travel to the Pacific Coast stopping at the Villa Vanilla organic spice farm before arriving at the world-famous Manuel Antonio National Park. This evening enjoy sunset



from your hotel overlooking the park and the Pacific Ocean. **Day eight** travel minutes down the road to explore Manuel Antonio National Park, known for its pristine beaches and primary forest. The afternoon is at leisure. If you're looking

for adventure, choose an optional zip-line tour this afternoon or an optional nighttime nature reserve walk. **Day nine** travel north to the Villa Blanca Cloud Forest, originally owned by the former president of Costa Rica, Rodrigo Carazo Odio. A

stop is made en route at the El Toledo Organic Coffee Plantation. Discover the natural growing methods used. Continue to the city of San Ramon - referred to as "The City of Presidents & Poets" for a tour. Then, settle into your hotel overlooking the cloud forest and enjoy the view from your individual casitas during your two night stay. **Day ten** a locally guided tour explores sustainable agriculture, farming techniques, and greenhouse cultivation. Enjoy a lunch created with ingredients grown on the farm. The afternoon is at leisure. Tonight, partake in a tree adoption ceremony followed by a farewell dinner. **Day eleven** the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 19 meals included. \$510 deposit per person due upon registration. Book by June 22, 2016

Double \$3,799

Single \$4,699

Shades of Ireland

Featuring Northern Ireland

March 13 – 25, 2017 – 13 Days

Ireland continues to be a very popular travel destination. We will be in Ireland over Saint Patrick's Day so pack your bags and register today! Arrive in Dublin on **Day two**.



Tonight, enjoy a welcome dinner with traditional Irish entertainment. **Day three** you decide how you want to explore Dublin. You may select a locally guided bus tour to see St. Patrick's Cathedral, St. Stephan's Green, Grafton Street, etc. Or, you may select a walking tour of the city's historic center, exploring O'Connell Street, the General Post Office, and the River Liffey. The afternoon is at leisure. **Day four** travel to Kilkenny to explore this charming city situated on the banks of the River Nore.

Then, arrive in the historic city of Waterford and visit the House of Waterford Crystal. After a factory tour and time in the retail store, embark on a leisurely paced walking tour of this unique city. **Day five** journey to historic Blarney Castle where you may kiss the famous Blarney Stone. Next, it's on to Killarney where you may ride a jaunting car to the beautiful Muckross House for a tour. Or, ride a jaunting car through Killarney National Park to Ross Castle; then, board a traditional boat and sail through the lakes in the company of an expert boatman. Tonight is Diner's Choice. Dinner is included and you may choose where to eat from a variety of great restaurants. Since it's Saint Patrick's Day, enjoy the merriment in the local pubs. **Day six** begins with a stop at the Gap of Dunloe, where you may shop for traditional Irish goods. Next, it's on to the Ring of Kerry where you will travel along a lovely coastal route. Continue on as you traverse rugged mountain passes into "Ladies View", a lovely vantage point where you may gaze upon the Lakes of Killarney. **Day seven** experience the customs and daily life of a traditional Irish family during a memorable visit to the Molanna Dairy Farm. Continue to Limerick where you will see King John's Castle and the Treaty Stone and hear the history of the "city of the violated treaty". **Day eight** journey to the 700-foot-high Cliffs of Moher for incredible views of the Atlantic and the Aran Islands. Then, travel through the limestone landscape of the Burren. After a brief stop in Galway, continue to Enniskillen, Northern Ireland where you will stay at the Manor House Hotel, a stunning 19th-century estate located on a secluded lakeside. **Day nine** take in the natural beauty of County Donegal. Stop in Donegal Town and stroll the town square, with its quaint craft and woolen shops. Then, it is on the city of Derry, famous for its turbulent political history. This afternoon, a local guide leads you on a walk through this old walled city. **Day ten** you may choose to journey to the Inishowen Peninsula and Malin Head. Or, you may choose a locally guided tour to take a deeper look at Derry's turbulent history. You will finish at the Museum of Free Derry, where you'll meet individuals who witnessed the events of Bloody Sunday. **Day eleven** see the most natural site in Northern Ireland as you visit the magnificent Giant's Causeway. Formed by volcanic activity, the causeway resembles a cobble road leading into the sea. **Day twelve** travel to Belfast, the capital of Northern Ireland. On a guided tour, hear of the struggles in this city's history as you pass through the different neighborhoods. See "Samson" and "Goliath", the cranes at the shipyard that built the Titanic, before touring the "Titanic Experience," Northern Ireland's most visited attraction. Afterwards, cross back into the Republic of Ireland where you will arrive in Kingscourt and stay your final night at Cabra Castle. Toast the end of a fabulous trip during your farewell dinner. **Day thirteen** the tour ends and you head home.



Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 17 meals included. \$530 deposit per person due upon registration. Save \$250 and book by September 14, 2016.

Double - \$4,029 per person

Single - \$4,429.00 per person

Imperial Cities

April 17 – April 27, 2017 – 11 Days



This tour highlights three night stays in three amazing cities. Arrive on **Day two** in Prague, Czech Republic. This evening join your fellow travelers for a welcome dinner. **Day three** begins with a panoramic tour of the city. Visit and tour the Hradcany Castle, including the gothic St. Vitus Cathedral. Discover the lovely statue-lined Charles Bridge. This afternoon is at leisure. Tonight enjoy Czech food, beer, wine and dancing.

Day four either explore Prague on your own or choose an optional excursion to Prague's Old Jewish Quarter to see its historic Jewish Museum and Europe's oldest surviving Jewish cemetery. **Day five** depart for Vienna, Austria, former capital of the Austro-Hungarian Empire. En route, stop at the fairytale town of Cesky Krumlov. Enjoy some free time to explore before arriving in Vienna. Tonight enjoy local entertainment and sample locally-produced wine in the picturesque wine-making village of Grinzing. **Day six** join a local resident for a visit to Schoenbrunn Palace, the summer retreat of the Habsburg dynasty for more than 200 years. This evening, you may choose to join an optional dinner followed by a classical music concert. **Day seven**



travel to the medieval town of Durnstein where you embark on a scenic Danube River Cruise. Later, visit the 11th-century Melk Abbey. **Day eight** journey to Bratislava, former coronation city and Imperial capital of the Hapsburg Empire. Enjoy a city tour with a local expert. Continue to Budapest, Hungary, the "Queen of the Danube". Enjoy leisure time before having dinner tonight in the city. **Day nine** includes a tour with a local expert. Discover Matthias Church, site of many coronations of kings. Next, see the Fisherman's Bastion with its white walls, towers, and arcades. Continue to historic Old Buda and Gellert Hill, followed by the Parliament. At Heroes Square, admire the Millennium Monument, which memorializes the 1,000th anniversary of Hungarian dominion. **Day ten** visit the Baroque town of Szentendre and the former Renaissance capital of Visegrad. Visit a 14th century castle where knights with costumes and weaponry recreate the days of chivalry. Then, enjoy a special Renaissance-style farewell dinner at the castle restaurant and re-enact the days of medieval times.

Day eleven the tour ends and you head home.



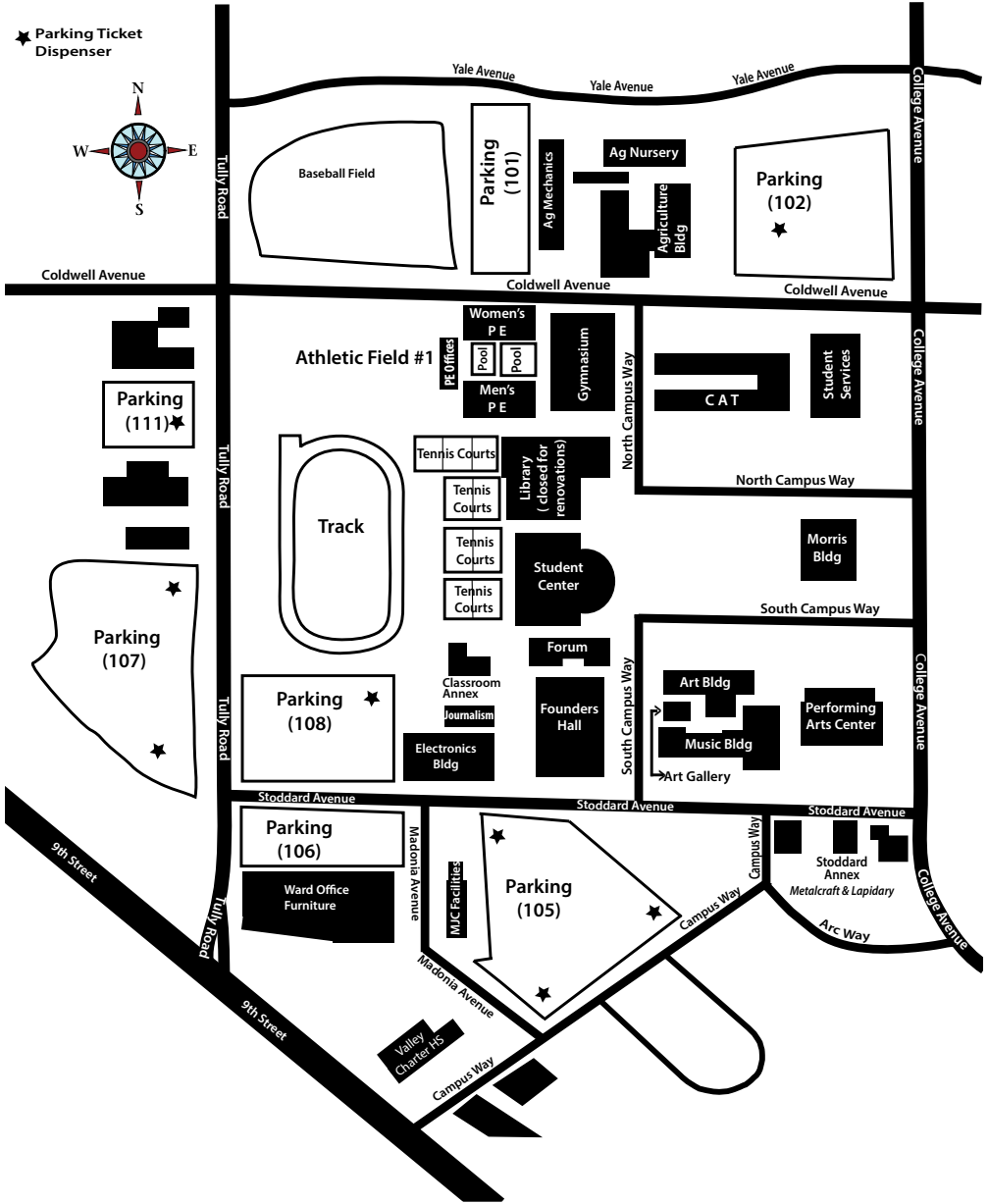
Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$510 deposit per person due upon registration. Save \$200 and book by October 11, 2016.

Double - \$3,979.00 per person

Single - \$4,629 per person

Modesto Junior College - EAST Campus

435 College Avenue, Modesto, CA 95350



Off-Campus Location Key

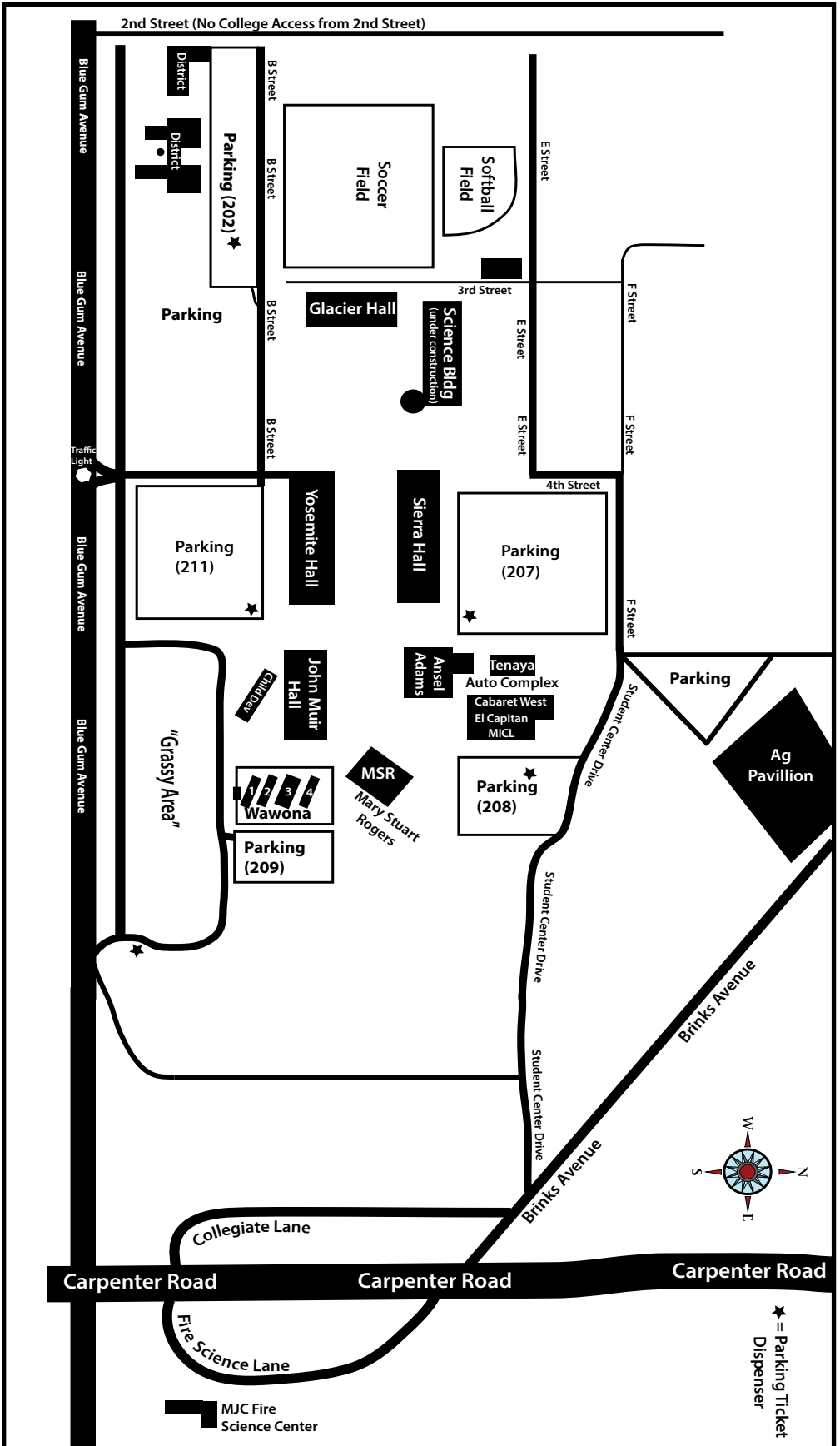
Direct Appliance - 2424 McHenry Avenue, Modesto

St. Stanislaus Golf Center - 5000 Crows Landing Road, Modesto

VCHS (Valley Charter High School) - 108 Campus Way (off of Stoddard Avenue) - Corner of 9th Street and Campus Way

Modesto Junior College - WEST Campus

2201 Blue Gum Avenue, Modesto, CA 95358



Registration Form and Information

ONLINE www.mjc4life.org — Register online and save \$3. If you register online you will receive instant verification of enrollment!

All registrations EXCEPT online registration, trips, motorcycle, paralegal, special sports clinics, and career certification classes will be charged a \$3 registration fee.

If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 575-6063.

If you have not registered for a Community Education class/trip before, please click on *Sign In* on the left side, and then "Create New Student Profile." Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

PHONE **575-6063** If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$3 registration fee added to your order. Please have all information requested on the registration form below available when you call.

WALK-IN Morris Memorial Admin. Bldg, Rm 104, East Campus, 435 College Ave, Modesto Register in person - Hours: Mon-Fri, 8am-5pm. \$3 fee charged for most classes.

MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350 Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$3 registration fee to the total (see form below).

FAX **575-6025** Be sure to include credit card information on your registration form. Add the \$3 registration fee to the total (see form below).



REGISTRATION FORM

Questions? Call 575-6063

First Name _____ Last Name _____

Mailing Address _____

City _____ Zip _____

Gender: M F | Date of Birth _____

Home Phone _____ Work/Mobile _____

Email Address _____

REQUIRED for registration: I have read the Refund Policy on page 65.

Write the Class Title (or enough of the title to clearly identify the class) as well as the appropriate Section Letter (A - B - C) if listed. Also include the Start Date (i.e., June 3).

CLASS TITLE (and Section Letter if needed (A - B - C))	START DATE	PRICE

Registration Fee (If you are NOT registering online please add this \$3 fee) **\$3.00**
All registrations EXCEPT online registration, trips, motorcycle training, paralegal, special sports clinics, and career certification classes.

TOTAL _____

Credit Card # _____

Expiration Date _____ Last 3 numbers on back of card _____

Name on Card (PLEASE PRINT) _____

Card Holder Signature _____

Frequently Asked Questions

Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit/debit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program. In some cases there are additional material fees collected either by the instructor or at the time of registration for books or class supplies.

Do I have to pay for parking?

MJC parking regulations are in effect 24 hours a day from 7 a.m. on Monday thru 6 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$2.00. Street parking is free.

Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

Supply Lists

Some of our offerings require a supply list. If you don't receive one, call our office at 575-6063 a few days before the start date. They are also posted on our web site at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 575-6063 to confirm the class will be held.

Refund Policy

OFFERINGS

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Different refund policies apply to trips and tours - see page 51.

CANCELLED OFFERINGS

A full (100%) refund will be given for an offering or trip that the college cancels. If you pay by credit card, your account will be credited, if you pay by check or cash, you will receive a check in the mail - these refunds take a few weeks to process.

HOW TO CANCEL A CLASS

Regardless of how you registered - in person, over the phone or online - you must contact our office to cancel.

Will I receive college credits?

No - all of Community Education classes are not-for-credit. You may request an Award of Attendance once the class is over - no other records will be kept. To receive credits, you would need to choose an MJC credit class.

Can my child take an adult class?

With the Minor Consent form and Student Conduct form (online at www.mjc4life.org) a child ages 14-17 may register for an adult class. Turn these forms in when you register your child. ***The instructor needs to okay the child in their class.*** Call for age requirements for Motorcycle classes.

Can I get Financial Aid?

Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.