

COMMUNITY LIFELONG LEARNING & WORKFORCE DEVELOPMENT COURSES

Come Live, Learn, Play

SPRING 2024



mjc4life.org

MODESTO JUNIOR COLLEGE

mjc4life

Lifelong Learning
COMMUNITY EDUCATION

welcome



The Modesto Junior College Community Lifelong Learning and Workforce Development departments offer a wide variety of courses with many benefits to our community. Categories include vocational programs, accelerated courses for students, in-demand work skills, travel and enrichment courses for personal improvement, including fitness, business, entrepreneurship, music, culinary and more.

Courses are offered for all ages and skill levels, designed to help us reconnect and enjoy getting back to the hobbies and activities that enrich our lives and bring people together.

Take the opportunity to invest in yourself and those around you this year. We hope the courses offered at MJC will enrich your life and the lives of others.

As always, we are here to serve our students and our community. Call 209.575.6063 or visit www.mjc4life.org for more information about our programs.

Class offerings change regularly. For current class offerings, visit our website: mjc4life.org



How to use QR Codes

Scan QR code with your phone for online resources:

1. Open the camera app
2. Focus the camera on the QR code by gently tapping the code
3. Follow the instructions on the screen to complete the action



Community Lifelong Learning and Workforce Development is a Division of Modesto Junior College

Beginning Sewing for Adults

Learn basic sewing skills and how to use a sewing machine to sew items for home or personal use. Projects include: double drawstring bag, handkerchief, pillow with zipper and craft apron. Patterns are provided.

Scan the QR Code for sewing current class offerings & registration.



Ceramics

In this introductory course, students will learn pinch-pot, slab-building, and coil-building techniques to create their choice of mugs, vases, tiles, and more. Artists will also learn the glaze process to finish their projects. Each piece will be fired twice; bisque and glaze fired. Students will receive a 12.5 lb bag of clay at the first session. The use of tools and glazes is included.

Jewelry and Metalcraft

Learn beginning to fine-jewelry techniques and construct custom jewelry from copper, bronze, sterling silver or gold. Students learn and practice skills in fabrication, wax carving, casting, stone setting and more in this ongoing class. Beginning levels are project-oriented with various jewelry items.

Dichroic Glass Fusing

Create your very own handcrafted art glass jewelry pieces. Design, cut, tack and stack various layers of Dichroic Art glass and small frit pieces onto a solid glass base for a three-dimensional sculptural effect. The term dichroic is used because dichroic glass appears to be one color at one angle and another color at a different angle. All levels welcome. Project: earrings and pendant.

Professional Pearl and Bead Stringing

Learn how to hand-tie and knot quality jewelry, and where to purchase pearls and precious beads. Create custom jewelry for your own collection or for personal gifts. Many of our students turn what they learn into a profitable small business or a fun hobby.

Authentic Stained Glass for Beginners

This class is for first-time students. Learn the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. No experience necessary. Your first project will be to learn to cut and grind 40 pieces of glass to fit into a beautiful hummingbird oval panel.

Authentic Stained Glass Workshop

This class is for those who have taken the beginning class and want to continue learning and making beautiful stained glass projects of their choice. Students select their own projects and work at their own pace with assistance from the instructor.

Basic Bookbinding

Learn basic binding and construction to create a beautiful hardbound book. This technique is suitable for recipe books, journals, photo albums, treasures, art journaling or printed matter. The uses are limited only by your imagination!

Basic Bookbinding Workshop

In this workshop, students who have previously completed the Basic Bookbinding class (previously The Art of Bookmaking) will have the opportunity to work on personal projects utilizing the classroom workspace, tools, and class instructor for guidance as needed.



Scan the QR Code for arts and crafts current class offerings & registration.



cooking

Food Preservation 101

Preserving what's in season is a snap IF you know how. Come to this workshop to learn the basics of food preservation. Bambi will walk you through the steps of water-bath canning and making an easy jam/jelly. You will also learn the basics of pressure canning, fermenting, dehydrating and freezing too!

Healthy Mediterranean on the Go!

Join Caroline Mitri, CHHC and have fun learning how to prepare quick and healthy, delightful Mediterranean dishes. Learn how to make your own versatile hummus, Shawarma, and yogurt salad. Taste the difference between Jasmine and Basmati rice and much more. Caroline will show students many simple modifications to accommodate a dairy and gluten-free diet, including a dessert. Hands-on participation is encouraged for this class but not required.

Healthy Vegan for the Busy

Vegan does not have to be boring or unhealthy. Caroline Mitri, CHHC will introduce and show you how to utilize quinoa and couscous in many tasty dishes. Cook it once, but make many different dishes with it. This class features vegetarian dishes filled with vegetables, flavors, spices and herbs, yet not forgetting your protein ingredients. Dishes include Moroccan spiced vegetable couscous, warm quinoa vegetable casserole, and a Mediterranean/Tabouleh quinoa salad. Different dessert ideas will also be taught and included! Most of these dishes can be modified to add meat for the meat lovers. Hands-on participation is encouraged for this class but not required.

Chinese Dim Sum Bao Buns

We will handmade the dough for the buns, then prepare two fillings for the bao, chicken or pork. Each filling will have one type of meat marinated in a special sauce and spices, quail egg or chicken egg, shitake mushrooms and a piece of Chinese sausage. The Bao Buns will be steamed to a fluffy soft white dough outer shell with a delicious savory meaty filling to satisfy your hunger for an authentic Chinese Bao. Annie will serve hot toasted rice green tea with the Bao for your enjoyment. Bring an apron.

Chicken Pho Soup

Learn how to make homemade Chicken Pho Soup from Vietnamese native Annie Thu Henrich. Annie will teach you what ingredients to use, where to buy them, and the steps from start to finish to make the best easy, healthy Chicken Pho. Bring an apron.

Cooking for Your Best Friend -

Your Dog - WOOOF!

Who knew feeding your dog could be this easy? Home cooked meals and treats are easy and delicious to make with healthy ingredients found at local grocery stores. Annie will share her secret recipes for her home cooked meals that keep her dogs young, healthy and living a longer life. You will also learn to make a delicious treat using a bone shaped cookie cutter and take it home for later use. Bring an apron.

Vietnamese Banh Mi Sandwich

This is the best fusion of two cultures: the French baguette roll and Vietnamese cold cut ingredients and vegetables. Known all over the world as the best sandwich, even in Paris! You will learn where to shop for local French mini baguette rolls, Vietnamese cold cuts and how to make homemade sweet & sour pickled carrots and daikon (radish). All ingredients will be available at class for you to choose to make your own special Vietnamese Banh Mi. Annie will serve a real Vietnamese style iced coffee to accompany the Banh Mi you have made at class. Bring an apron.

French Apple Tarte Tatin and Cherry Clafoutis

These are the two most famous French pies, served all over France at restaurants and homemade by French mothers. The Tarte Tatin was named after the Tatin sisters who turned their mistake into the best apple pie when they forgot the apples burning and caramelizing in the pan. To rescue the tarte, they put a pastry dough over the apples, baked the tarte and it is now the famous upside-down Tarte Tatin. In France, during cherry season, every grandmother and mother is busy baking the Clafoutis to the delight of their family and friends. Bring an apron.

Scan the QR Code for
current cooking class
offerings & registration.



Beginning Adults Guitar

Learn to play the guitar in a fun and relaxed environment. This class will teach students a basic introduction to guitar playing, including open chords and strumming, finger-picking, note and tablature reading, and melodic playing. No book necessary. Music materials provided in class. Bring your own guitar.

Beginning Adults Strings

Come learn the violin, viola, cello or bass in a fun and supportive group setting. Students will learn to care for and tune their instruments, and build foundational elements of playing one of the four orchestral string instruments: violin, viola, cello, or double bass. Prior experience is welcome but not necessary. No book necessary. Music materials provided in class. Bring your own instrument.

Beginning Adults Piano

Learn the piano the fun way! In this introductory class, students learn beginning piano skills and fundamentals of music literacy, including basic notation, rhythms, time signatures, and scales. No book necessary. Music materials provided in class. Bring a pair of full-sized headphones.

Intermediate Adults Piano

This class is a continuation of Beginning Piano. Students will continue to build their skills and music literacy, focusing on notation, rhythm, time signatures, and scales. No book necessary. Music materials provided in class. Bring a pair of full-sized headphones.

Mariachi for Adults

Come explore and play Mariachi music. Prior experience on guitar, trumpet, violin or voice is recommended, but not necessary. No book necessary. Music materials provided in class. Bring your own instrument.

Beginning Harp I -

Workshop for Adults

Have you ever wanted to play the harp? It's easier than it looks! You will learn to play simple melodies and accompaniments on the Celtic harp. No prior musical experience necessary - just bring your love of this beautiful instrument. Music materials provided in class. Bring a pair of full-sized headphones.

Beginning Harp II -

Workshop for Adults

In this class you will expand upon what you learned in Beginning Harp I, with more songs, more complex arrangements and lots of fun! Music materials provided in class.



Scan the QR Code for
music current class
offerings & registration.



Archery for Adults

Designed for beginners, students will learn basic archery techniques in a fun and relaxed environment. Archery is a fun and safe sport for people of all ages and abilities. Archery teaches responsibility, patience, control, focus, breathing and relaxation techniques not only on the range but in all aspects of life. Students can choose to compete against other archers, but ultimately discover they are their own biggest competition. This zero-contact sport is a great alternative for athletes who are not drawn to high-contact activities. Archery students benefit physically by gaining core strength, coordination, muscle memory and mental acuity. The course is taught by certified USA Archery Level 2 Instructors. All equipment provided in class.

Swimming for Fitness

This is a great, self-paced swimming class for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately geared, fitness-oriented workout and stroke-technique feedback. *Requirement: 25 yards of freestyle with rhythmic breathing. Swimmers must wear only non-cotton swim attire. Monthly classes offered.*

Water Polo for Fitness and Wellness

This class is an opportunity for adults and former MJC student athletes to practice their technique and build up their endurance. Join us for an enjoyable way to stay in shape, create healthy habits and improve your health. This is a co-ed class. Both men and women are welcome to join. *Requirement: Swimmers must wear only non-cotton swim attire.*

Beginning Yoga and Pilates Style Stretch

If you've always wanted to try yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed.

T'ai Chi for Every Body

Receive quality and professional instruction in T'ai Chi, a slow relaxing movement that reduces stress by promoting a physical and mental workout to help students gain self-awareness and self-discipline.

Self-Defense for Women

Explore the art of T'ai Chi through practical self-defense techniques and applications. You'll be guided through a range of movements and forms that can be used for personal protection. Discover how to redirect and neutralize an opponent's force with grace and precision. This class goes beyond theory, focusing on real-life self-defense scenarios. You'll learn how to apply T'ai Chi principles to common situations you might encounter. Build confidence in your self-defense skills and walk away with a deeper connection to your body and mind. Whether you're a beginner or have previous experience, this class offers valuable insights into the world of T'ai Chi self-defense.



Scan the QR Code for activities current class offerings & registration.



motorcycles and more



MOTORCYCLE/SCOOTER SAFETY

Motorcycle/Scooter Safety Training

This basic motorcycle training course is designed for beginning and experienced motorcyclists. Students attend a total of at least 16 hours of instruction including two lectures and two range courses. The course introduces the fundamentals of safe, responsible motorcycling. Experienced riders can also benefit by learning safety skills, as well as the convenience of taking the riding test on our smaller motorcycles to earn the DL389 certificate. We offer classes most weeks throughout the year. *Check our website for available dates/specific times.*



Scan the QR Code for motorcycle/scooter safety training current class offerings & registration.

PERSONAL INTEREST

Planning for Persons with Disabilities

This class addresses how to provide supplemental financial support for a disabled person, and at the same time preserve the disabled person's public benefits: both financial and medical support. The instructor, Bruce E. Ramsey, is a local attorney.

Mushroom Growing for Beginners

This class is designed to teach the fundamental skill sets required for mushroom cultivation. It will take a hands-on approach so that students can fully experience and interact with the processes and equipment necessary for working with fungi. Some of the topics included in this course are laboratory setup and equipment, aseptic procedures, agar and liquid culture production, and substrate management. Whether looking for home and hobby cultivation or scaling up for production, the knowledge and skills acquired will be universally transferable. There is no experience required.



Scan the QR Code for personal interest current class offerings & registration.

HOME & GARDEN

Beginning Upholstery and Beyond

Learn fabric layout for cutting, how to use power sewing equipment and hand tools for basic furniture and automobile upholstery. The course covers basic seams, stitches and techniques to redo a home project with a professional touch! In this beginning upholstery class, discover how to create a niche in a craft that could lead to side jobs and extra cash. Continuing students with more advanced projects are welcome to join the class with instructor approval.

Backyard Beekeeping

Backyard beekeeping is growing in popularity. Honey bees are fascinating, hard-working creatures who provide many benefits to farmers, home gardeners, people with allergies and those who love sweets. Honeybees have been reported to be in decline, and some colonies have collapsed. Backyard beekeeping can be interesting, fun, profitable and a great way to help keep the bee population healthy. Come learn the basics, what is needed to start, and find out if backyard beekeeping is for you!



Scan the QR Code for home/garden current class offerings & registration.

HEALTH & BEAUTY

Say Goodbye to Sugar Cravings

Do you have constant sugar cravings? Have you been diagnosed with type II diabetes? This class will help you understand the reasons behind your cravings and/or addiction. You will learn about the effects of refined sugar on your mood, energy level, and health. This class will permanently change your relationship with sugar as you receive practical tips and tools to deconstruct your cravings and/or addiction. A nutritious snack will be provided.

Inflammation Hurts!

Inflammation is the body's cornerstone of healing, but CHRONIC INFLAMMATION is the underlying cause of many diseases, such as arthritis, chronic pain, acid reflux, premature aging, diabetes, depression, heart disease, Alzheimer's, and much more! This presentation will teach you all about the early symptoms, causes, and proper approaches to fight it and reduce it. A nutritious snack will be provided.



Scan the QR Code for health & beauty current class offerings & registration.

MODESTO INSTITUTE FOR CONTINUED LEARNING

MICL (Modesto Institute for Continued Learning)

MICL is one of many student-run, lifelong learning organizations throughout the country. Mature adults are encouraged to participate in classes for the joy of learning. The variety and quality of classes is exceptional, and are an excellent way to keep mature adults active, social, focused, and inspired. Learn a new skill, socialize with others, travel, and have fun with Modesto Institute for Continued Learning.



Scan the QR Code for micl current class offerings & registration.



money matters



Wills and Trusts:

What You Should Know

Estate planning is an important part of preparing for the future. This class will discuss the basics of wills, trusts and powers of attorney. The instructor, Bruce E. Ramsey, is a local estate attorney.

I'm An Executor or Trustee - Now What?

If you are named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview includes everything from commencing the probate process to closing of the estate, and is designed to ease concerns when faced with this difficult task. The instructor, Bruce E. Ramsey, is a local estate attorney.

Plan Ahead -

Avoid Legal and Family Pitfalls When Parents Die

Navigate legal issues, taxes, and avoid family squabbles following the death of parents. Topics include: creative distributions of assets, life estates, probate, trust administration, estate tax exemption trusts, generation skipping trusts, capital gains tax planning, life insurance trusts, compensation for caregivers, in-kind distribution versus cash distribution, and more. The instructor, Bruce E. Ramsey, is a local estate attorney.

Successful Money Management

Looking to learn about investments, retirement, and savings plans? In this class we will examine the relationship between diversification and risk, and compare the different types of investments (money market mutual funds, bonds, single stocks, mutual funds, rental real estate, and annuities). We will also describe various retirement account tax treatments, summarize how to maximize retirement savings with company matches, and compare different college funding options. By applying these principles, you can work toward financial freedom and secure your financial future through informed money management. Continued education and proactive financial steps are essential.

Survive or Thrive with Financial Freedom

Financial freedom starts with the understanding of money, and how it works. In this class, we will be learning Dave Ramsey's view about the importance of saving, budgeting, and debt. Saving includes learning about the power of compounding interest and the three reasons to save. The budgeting section explores common problems associated with budget failures and the benefits of a budget. Lastly, participants will learn the reasons for avoiding debt, and refute the myths associated with debt. *Couples receive a discount when registered concurrently.*



Scan the QR Code for
money matters current class
offerings & registration.

Become a Notary Public

In this Secretary of State approved class, you will learn how to perform valuable services by certifying or witnessing signatures on official documents. This class gives you the knowledge to pass the exam and practice as an effective notary. Participants receive two practice tests and take the official notary exam directly following the class.

Renew Your Notary Commission

This Secretary of State approved class will prepare you to take the exam again by reviewing all relevant notary law. Students take the official notary exam directly following the class.

Become a Certified Loan Signing Agent

Make the most out of a notary commission by becoming a Certified Loan Signing Agent. Loan signing agents work with their own clients, loan signing agencies, escrow companies, real estate offices, lenders and more. A certificate is awarded upon completion of the course.

Prerequisite: Notary Public Seminars requires you must be a Notary or have completed the Become a Notary Public seminar before taking this class.

Paralegal Certificate Course

Offered in partnership with Center for Legal Studies by BARBRI, this online course offers you a high-quality education by providing the fundamental skills you will need to succeed in today's world of paralegal professionals. Paralegals provide essential assistance to lawyers, corporations, and other organizations, and they have established themselves as a crucial part of the legal system. Learn about the law and invest in your future as you begin your career as a paralegal professional. *Scan the QR Code to register on the interest list.*

Medical Coding:

Certified Professional Coder

Offered in partnership with American Academy of Professional Coders (AAPC), the world's largest training and credentialing organization, students learn principles of medical coding related to the three main code books: CPT®, ICD-10-CM Code Set and HCPCS Level II. The curriculum is aligned to prepare students for academic and professional success, as well as the technical skills to thrive on the job. This course is recommended for anyone who is preparing for a career in medical coding for a physician's office and strongly recommended for anyone who is preparing for AAPC's CPC Certification Exam. Taught by an AAPC Certified Instructor. *Check our website at <https://mjc.edu/instruction/commed/medicalcoding> for virtual information meeting dates/specific times. Registration deadline is Tuesday, February 20, 2024. Spring class will begin on Thursday, March 7, 2024.*



Scan the QR Code for business current class offerings & registration.



extended travel



Extended Travel Information Slide Shows

Modesto Junior College 435 College Avenue.
Forum Building, Room 110
Saturday, January 27 @10:00 a.m. and
Saturday, April 20th @ 10:00
Free parking on Saturday. Call (209) 575-6063 to
R.S.V.P. or email vanderveenv@yosemite.edu

South Pacific Wonders Australia/New Zealand

Highlights: Auckland, Rotorua, Christchurch,
Queenstown, Milford Sound, Lake Wakatipu
Cruise & Sheepdog Demonstration, Cairns, Great
Barrier Reef, Sydney Opera House.

Southern Charm

Highlights: Historic Charleston, Choice on Tour:
Walking Tour or Fort Sumter Cruise in
Charleston, Boone Hall Plantation & Gardens,
Savannah, St. Simons Island, Jekyll Island,
Sea Turtle Hospital.

D-Day 80th Anniversary-Memorials of World War II

Highlights: London & Paris WWII-Focused City
tours, Portsmouth, The D-Day Story Museum,
English Channel Crossing, Juno Beach, Caen Peace
Memorial Museum, Arromanche-les-Baines,
Longues-sur-Mer, Apple Cider Farm Visit,
Normandy American Cemetery, Omaha Beach,
Pointe du Hoc, Airborne Museum, Utah Beach,
Giverny Gardens, Seine River Dinner Cruise.

Discover the Islands of New England

Highlights: Providence, Choice on Tour:
Providence Walking Tour or Panoramic City Tour
by Coach, Newport, Lobster Trap Pull Demon-
stration & Cruise, Plymouth Rock, Cape Cod,
Hyannis, Nantucket, Chatham, Choice on Tour:
Chatham Day Trip or Free Day, Martha's Vineyard,
Lobster Dinner.

Discover Historical Greenbrier

Highlights: Smithsonian Museums, Twilight
Monument Tour, Arlington National Cemetery,
Greenbrier Bunker Tour, Monticello, Tavern
Lunch, Choice on Tour: American History or Black
History Tour of Richmond, Colonial Williamsburg,
Mount Vernon.

London & Paris

Highlights: Westminster Abbey, Buckingham
Palace, Covent Garden, Windsor Castle, Eurostar
Train, Choice on Tour: Paris City Tour by Bus or
Montmartre by Metro Walking Tour, Arc de
Triomphe, Eiffel Tower Dinner, Seine River Cruise.

Italian Vistas

October 27 - November 9, 2024.
Call for information.

Niagara Falls to NYC

Coming fall 2024. Call for information.

San Antonio Holiday

Highlights: Mission San José, The Alamo, El
Mercado, Fredericksburg, National Museum of
the Pacific War, Choice on Tour, Historic Pearl
District, Paseo del Rio Cruise.



Scan the QR Code
for extended travel
current class offerings
& registration.

Beginning Kids Guitar

Learn to play the guitar in a fun and relaxed environment. This class will teach students a basic introduction to guitar playing, including open chords and strumming, finger-picking, note and tablature reading, and melodic playing. No book necessary. Music materials provided in class. Bring your own guitar.

Beginning Kids Piano

Learn the piano the fun way! In this introductory class, students learn beginning piano skills and fundamentals of music literacy, including basic notation, rhythms, time signatures, and scales. No book necessary. Music materials provided in class. Bring a pair of full-sized headphones.

Intermediate Kids Piano

This class is a continuation of Beginning Piano. Students will continue to build their skills and music literacy, focusing on notation, rhythm, time signatures, and scales. No book necessary. Music materials provided in class. Bring a pair of full-sized headphones.

Beginning Kids Strings

Come learn the violin, viola, cello or bass in a fun and supportive group setting. Students will learn to care for and tune their instruments, and build foundational elements of playing one of the four orchestral string instruments: violin, viola, cello, or double bass. Prior experience is welcome but not necessary. No book necessary. Music materials provided in class. Bring your own instrument.



Scan the QR Code for
kids & teens current class
offerings & registration.



summer camps



Registration is open now for our Summer 2024 Camps for Kids. Register early, and check back often for new and exciting classes added to the schedule.

Archery

Archery is a safe and fun sport for ages 8 and up. This activity is a great alternative to high-contact sports. Archery students benefit physically and mentally by gaining core strength, coordination, muscle memory and mental acuity. Students learn responsibility, patience, control, focus, and how to breath and relax - not only on the range, but in all aspects of their lives. For ages 8-15 years.

Farm to Fork Cooking

Kids will visit a farm and use fresh ingredients in this exciting cooking adventure camp. Aspiring young chefs will expand their taste buds while they learn how to safely prepare healthy meals and snacks from the amazing foods grown right here in the Central Valley. For ages 8-13 years.

Play with Clay

Let's get creative! Learning and creating with clay is the perfect match for young children. Students will have fun learning and creating while strengthening their fine motor skills. For ages 5-9 years.

Mixed Media Art

In this fun class mixed media is explored by using more than one medium or material to create artwork. Come join us to create many masterpieces with fun materials such as cloth, paper, wood and other found objects. For ages 5-12 years.

We-Do Robotics

Children embrace technology at a very young age. This is the perfect time to introduce computer sciences, engineering, coding language and problem solving. Early successes, and young imaginations create a firm foundation in STEM. For ages 5-9 years.

Baker's Academy

Bakers Academy is a fun hands-on camp where students learn valuable baking skills they will use for a lifetime. We will make sweet and savory breads, muffins, hand pies, cookies and some healthy, tasty treats. For ages 8-12 years.

Forensic Science

Students will put their deduction skills to the test as they investigate a crime scene, establish motive, and analyze the evidence. They will step into a "forensic lab" to analyze handwriting, hair, dental impressions, fingerprints, fibers and more to solve the case! For ages 9-14 years.

Guilty or Innocent

Develop reading, writing, public speaking, reasoning and critical thinking skills in this creative mock trial camp for kids. Students will learn about laws, courtroom procedures, hear cases, present evidence, examine witnesses, and determine who is innocent or guilty in kid-friendly cases. For ages 9-13 years.

Adventures with Food

Put on your super chefs hat and learn why food is important to our bodies. Learn how to eat healthy and make some yummy new snacks, drinks, treats and easy meals. Have fun making food animals and art in this hands on camp! For ages 6-10 years.

STEM Master Minds

Engineering and design are fun for everyone! Come explore the concepts of structural engineering and see what wild things you can build! Can I go higher? Can I make it stronger? Learn principles of physics and engineering to keep your structures sturdy as you build them bigger and better. The sky is the limit when it comes to your imagination and hard work! For ages 9-13 years.



Scan the QR Code
for summer camp
current class offerings
& registration.





Become a Community Lifelong Learning Instructor

Community Lifelong Learning takes pride in high-quality, not-for-credit classes that enrich our community. Whether you possess a specialized skill, in-depth knowledge of a subject, or unique talent, you have the opportunity to create a learning environment that sparks curiosity and growth. We require that instructors in our department be qualified / an expert in the subject matter they would be teaching.

Currently we are looking for instructors in the following classes/subjects:

- Computers
- Fitness
- Public Speaking
- Sign Language
- Lifeguard Certification*
- Microanalysis-B-Mold Counting*
- SMOG Bar Update*
- Swimming*

**Certification may be required in certain subjects.*



American Red Cross Instructor Trainer

We are actively seeking to fill a position for an American Red Cross Instructor Trainer. If you are certified to teach ARC courses, or are interested in becoming certified, please contact our office at (209) 575-6063.

**Proud Provider of
Red Cross Training**

online - ed2go

We offer hundreds of courses taught by industry experts. Courses are designed to quickly deliver specific skills and knowledge to help advance personal or professional development. The online classroom is informative, convenient, and highly interactive.

Many classes offer Instructor led or self-paced options.

Arts and Design

- ◆ Digital Photography
- ◆ Drawing for the Absolute Beginner
- ◆ Adobe Software
 - *Photoshop CC*
 - *In Design*
 - *Adobe Animate*
 - *Lightroom*
- ◆ Website Design
- ◆ Game Development
- ◆ Interior Design

Business

- ◆ Accounting Fundamentals
- ◆ Employment Law
- ◆ Interpersonal Communication and Assertiveness
- ◆ A to Z Grant Writing and Contracts
- ◆ Software Applications
 - *Excel*
 - *Quickbooks*
 - *MS Project/Office 365*
 - *Google Workspace*
- ◆ Blogging and Podcasting
- ◆ Supervision and Management
- ◆ Cybersecurity

Medical Professions

- ◆ Become a Physical Therapy Aide
- ◆ Clinical Medical Assistant
- ◆ HIPAA Compliance
- ◆ Medical Terminology

Health and Fitness

- ◆ Healthy Aging
- ◆ Stress Management
- ◆ Helping Elderly Parents
- ◆ Women's Health

Language

- ◆ Sign Language
- ◆ Writing for ESL
- ◆ Italian, Japanese and French
- ◆ Spanish
 - *For Law Enforcement*
 - *In the Classroom*
 - *Speed Spanish*
 - *For Medical Professionals*

And more!

- ◆ Teacher Professional Development
- ◆ Computer Science
- ◆ Legal
- ◆ Math and Science
- ◆ Test Prep
- ◆ Writing and Publishing



Scan the QR code to register for ed2go.com/mjc classes today!



workforce development

Workplace College • Internship Opportunities • Gap Analysis

TRAIN FOR TOMORROW

MJC's Workforce Development Department prides itself in bringing workforce training and education services to businesses and their staff. With over 30 years in business the MJC Workforce Development Department has a rich history of bringing training and college classes on-site to area businesses. Custom training is available on-site or at MJC campuses for anyone looking to improve skills that are important to today's industry leaders.

HOW WE WORK

Through our network of experts, our staff specializes in bringing experienced educators, lecturers, motivational speakers and trainers to help you shape your business. Trainings are customized to suit your needs, schedules and technologies. Let Workforce Development help you fill the skills gaps in your company by bringing Workplace College directly to your employees.

CONTACT US

Do you have employees you would like to sponsor for a specialized training program? We offer service options in Agriculture, Manufacturing, Health, Computer Technology, Leadership and Business. To schedule a consultation session for your business contact us at 209.575.6063 or email commed@yosemite.edu for more information.

CUSTOMIZED EMPLOYER PROGRAMS

FOCUS ON THE SKILLS THAT MEET THE NEEDS OF YOUR INDUSTRY

BUSINESS

Leadership | Customer Service | Workplace Spanish | Team Work | Software Applications

HEALTH

CPR for Health Professionals | HIPAA Basics | Customer Service in Healthcare | Infection Control Basics

INDUSTRIAL TRAINING

Computer Technology | Electrical Safety | OSHA Safety | Team Building | Troubleshooting Techniques

INTERNSHIPS

Paid and unpaid internships may be available in partnership with the MJC Career Center

Scan the QR Code for workforce development current class offerings & registration.



specialized workforce programs

START A NEW CAREER WITH SUPPORT, CONFIDENCE AND EXPANDED OPPORTUNITIES!

Dental Assisting

Complete real-world clinical externship experiences while attending this 10-12 month hybrid program. Get certified and acquire skills in both roles of clinical and clerical positions within a dental office: train in patient care, taking dental impressions, fabricating dental molds, assisting the dentist and begin a career as a professional dental assistant! Use the QR code to learn more about joining our next cohort.



Certified Phlebotomy Technician 1

Gain a strong foundation in the principles of phlebotomy and prepare to successfully pass a National Health Career Association Exam in approximately 6 months. Training includes real world externship opportunities in a clinical setting and extensive hands-on skills practice. More program information can be found using the QR code.



Accelerated Careers in Technology (ACT)

The ACT program offers students a fast paced training alternative. Students are enrolled in an aggressive set of college courses targeted for quick completion and enabling entry into the job market within six to twelve months. Obtain specific skill sets and knowledge in the following pathways: Advance Manufacturing • Auto Body • Automotive Diagnosis • Automotive Service • Basic Machining • CNC Operator • Computer Network Technician • Electro Mechanic • Heavy Machinery Management • Industrial Electronics • Lift Truck & Material Handling • Logistics & Supply Chain Management • Manufacturing Technology (Interdisciplinary) • Maintenance Machinist • Medical Assisting • Metallurgy/Welding • Office Administration.

Note: Students must be referred by Community Services Agency or Stanislaus County Workforce Development. ACT now and be referred!



Pharmacy Technician

Join an advanced 10-12-month program that consists of in-person class sessions, hands on simulation labs (for both hospital + retail) and externships. Experience realistic simulations of the processes and workflow of today's most innovative pharmacies with Modesto Junior Colleges enhanced pharmacy software and equipment. Upon completion, student in our advance program are eligible to sit for the nationally accepted Pharmacy Technician Certification Board exam, CSPT (Certified Sterile Compounding Technician) exams and be licensed as a Certified Pharmacy Technician 1.





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