

MODESTO JUNIOR COLLEGE

mjc4life

Winter
2015

community education

LIFELONG LEARNING IN ACTION

Complete Yourself



I love MJC Community Ed because I've been able to learn so many new things that I have always wanted to try, but didn't know where to start. The classes are affordable and fun, and the instructors I have had are the BEST! Because of the classes I've taken over the years, I have learned to sew, knit, play piano, make my own vinegar and oil, compost, garden and best of all RUN! Solely because of this, I've run 7 half marathons and counting! I feel so lucky to have all these classes in my own community!

Tracy Doige



Register Online @ www.mjc4life.org

CONTENTS

BUSINESS

Computers	37
Careers	41

FUN

Arts and Crafts	3
Music	9
Sewing	10
Cooking	12
Dance	14
Activities	15

LIFESTYLE

Health & Beauty	20
Home & Garden	21
Money Matters	22
Personal Interest	23
Motorcycles	28
MICL	29

TRAVEL

Information for Trips	48
Day Trips	49
Extended Trips	51

KIDS/TEENS

Activities	34
Fun to Do	34
Good to Know	36
Music	37

Maps	62
Information/Questions	65
Registration Form	66
Minor Consent Form	67

A New Year Resolution of Excellence

We pride ourselves on excellence in education and customer service and would like to thank our students who have enrolled in classes with us during the 2014 year. We look forward to continuing to see you in our classes.

With the arrival of 2015, our MJC Community Education team has prepared an exciting menu of classes and programs for you. Come join us and experience the fun in learning that you will have when you become part of our community of students.

Below is a short list of featured programs and classes.

Dance and Activities:

- *Latin Party: Salsa and Merengue*
- *Aqua Zumba*
- *Get On the Ball - Core Training*

Career Courses and Programs:

- *Warehouse and Distribution Classes*
- *Smog Update*
- *Medical Coding CPT & ICD9CM*
- *Pharmacy Technician*
- *Paralegal*

It has never been a better time to enroll. Register Today!

Pedro Mendez

Dean of Career Technical Education, Community Education & Workforce Development

COMMUNITY EDUCATION STAFF

- Kelly Addington**
- Pat Brennan**
- Elizabeth Orozco-Witzke**
- Martha Rice**
- Vicki Vander Veen**
- Angie Vizcarra**

mjc4life

Adult Fun

ART/CRAFT

Pinterest

Are you ready to plan a project and looking for ideas? Whether it is remodeling your home, planning activities for the kids, or storing great recipes you find on the web, Pinterest is a virtual pinboard designed to inspire you. You will learn to create pinboards, search for ideas, and connect to friends and others with common interests. We will meet in a computer lab so we can learn hands-on and discover what makes Pinterest so addictive!

NOTE: Students who wish to create a Pinterest account must have a valid email address, Facebook account OR Twitter account.

Matt Ketchum	\$29
Jan 28	Wed 6pm - 9pm
1 session	John Muir, WC, 152

Professional Pearl and Bead Stringing

Learn to tie your own pearl necklaces and save money. Quality jewelry is hand-tied and knotted. Don't pay the high cost of professionally-tied necklaces, tie your own. Find out where to purchase pearls and precious beads. This would make a great Mothers day or graduation gift.



NOTE: \$35 Material fee for first project kit

Jean Hayes	\$69 + \$35 mat. fee*
Feb 20 - Mar 6	Fri 6:30pm - 9:30pm
3 sessions	Stoddard Annex, Metalcraft

*pay \$35 material fee to instructor at class

Fun with Leisure Watercolor Painting

Don't miss out on this ever-popular class. Our instructor, Linda Salmon, will help you learn and be successful in this great art medium. If you have admired watercolor paintings and thought it would be a fun technique to know, then this class is for YOU. The class is designed for all levels. Learn the basic techniques, color, and composition. You will receive individual assistance and experience the joy of painting with watercolor.



NOTE: No class on Feb 13. Material fee will cover supplies for the first two weeks of class. Instructor will talk about supplies to purchase for future classes.

Linda Salmon	\$125 + \$10 mat. fee*
Jan 23 - Mar 20	Fri 1pm - 4pm
8 sessions	John Muir, WC, 259

*pay \$10 material fee to instructor at class

Getting Started with Acrylics

Acrylics are more versatile than any other medium. Diluted acrylics are transparent and can work like watercolors. Applied thickly they resemble oils, but are easily cleaned up with water. Colors are exuberant; mistakes can be hidden. We will go over different techniques and cover tools, surfaces, and brushes used in this very creative medium. All levels of painters welcome.

NOTE: Ask for supply list or go to www.mjc.edu/commed. Don't purchase your supplies until you have confirmed with our office that the class will be held.

Linda Salmon	\$99 + \$10 mat. fee*
Feb 3 - Mar 10	Tue 6pm - 8:30pm
6 sessions	Art Building, 102

*pay \$10 material fee to instructor at class

Exploring Drawing Techniques

Whether you are a novice or a seasoned hobbyist, this class offers you the fundamental techniques used in the creative artistic process. Build up your eye-brain-hand coordination. Graphite, ink and charcoal will be the drawing tools, along with several kinds of paper. Students will be given the opportunity to develop their own drawing styles as they are introduced to basic artistic concepts. Historical and present examples of artists will be studied. You will be pleasantly surprised at how much your drawing will improve after even one session! All levels welcome.

NOTE: Bring supplies to first class. Go to www.mjc.edu/commed. Material fee covers supplies used in class. Don't buy supplies until you know the class will go.

Linda Salmon \$99 + \$10 mat. fee*
 Feb 19 - Mar 26 Thu 6pm - 8:30pm
 6 sessions Wawona 2, WC

*pay \$10 material fee to instructor at class

Vintage Mixed Media Jewelry

Learn an artistic take on jewelry design that's a little offbeat, using mixed media. Try your hand at combining a variety of unusual materials together in the same jewelry piece. Let go



and have some fun trying new ways to combine beads with chain, ribbon, cording, wire, buttons and charms, even try your hand at a resin piece, to create an eclectic necklace or bracelet. This class is designed for beginner and intermediate students.

NOTE: See some ideas of the things you will be able to create with this class at <http://www.pinterest.com/debbithinksdeep/vintage-mixed-media-jewelry-class/>.

A > Debra Greenlee \$29 + \$20 mat. fee*
 Feb 12 Thu 6pm - 9pm
 1 session John Muir, WC, 259

B > Debra Greenlee \$29 + \$20 mat. fee*
 Mar 4 Wed 9am - 12pm
 1 session John Muir, WC, 259

*pay \$20 material fee to instructor at class

Easy Wire Wrap Jewelry

As seen on Pinterest! Come learn one of the world's oldest and most versatile forms of jewelry making: wire wrapping. In class you will learn the basic components and techniques of how to wire wrap jewelry using metal wire and drilled beads.



Have fun using your imagination to create professional unique pieces. Class is designed for newcomers or for those who want to brush up on their skills.

NOTE: Please bring small square nose pliers, felt tip pen, scotch tape, ruler, round nose pliers, and cutters.

A > Anna Christiansen \$29 + \$15 mat. fee*
 Feb 2 Mon 6pm - 9pm
 1 session John Muir, WC, 259

B > Anna Christiansen \$29 + \$15 mat. fee*
 Feb 26 Thu 1pm - 4pm
 1 session John Muir, WC, 259

*pay \$15 material fee to instructor at class

Wire Wrap Jewelry - II

new Broaden your wire wrapping knowledge as you learn new techniques and use new materials. Learn to make projects with copper, a cabochon, and more. Complete 2 pendants, earrings, and bracelet. Do it for fun or profit.

NOTE: Please bring small square nose pliers, felt tip pen, scotch tape, ruler, round nose pliers, and cutters.

Anna Christiansen \$29 + \$15 mat. fee*
 Mar 16 Mon 6pm - 9pm
 1 session John Muir, WC, 259

*pay \$15 material fee to instructor at class

Beaded Tennis Bracelet

Create your very own tennis bracelet with elegant glass beads and seed beads. Customize your color selection or add that personal touch by incorporating Swarovski beads for that special someone that has everything.

NOTE: See photos at www.mjc.edu/com-med. Please bring magnifier for small bead work, if you have one. Optional Swarovski beads are not included in material fee; please bring your selection to class.

Anna Christiansen Thu 6pm - 9pm
Jan 29 Wawona 2, WC
1 session

*pay \$15 material fee to instructor at class

Ring Making Workshop

If you love handmade jewelry, but don't know where to start try this beginning class and learn soldering and embellishing techniques for making a sterling silver ring. Take home a stylish, originally designed and handcrafted ring that might make you consider getting more involved.



Jean Hayes \$42 + \$15 mat. fee*
Jan 27 - Feb 3 Tue 6:30pm - 9:30pm
2 sessions Stoddard Annex, Metalcraft

*pay \$15 material fee to instructor at class

Couture Beaded Jewelry

We are excited to offer a daytime beading class this winter. Learn how to make couture style jewelry that everyone will complement you on by incorporating Swarovski, glass beads, and other materials with beading techniques you will learn in class. Projects include but not limited to are bracelet, and either a ring or earrings.

NOTE: Bring eyeglasses to see small beads.

Anna Christiansen \$35 + \$20 mat. fee*
Mar 17 - Mar 22 Tue 12:30pm - 2:30pm
2 sessions Wawona 2, WC

*pay \$20 material fee to instructor at class

Dichroic Glass Fusing

new Create your very own handcrafted art glass jewelry pieces.

Design, cut, tack and stack various layers of Dichroic Art glass and small frit pieces onto a solid glass base for



a three dimensional sculptural effect. The term dichroic is used because dichroic glass appears to be one color at one angle and another color at a different angle. Beginner level. All levels welcome. Project: earrings and pendent.

Jean Hayes \$49 + \$25 mat. fee*
Mar 17 - Mar 24 Tue 6:30pm - 9:30pm
2 sessions Stoddard Annex, Metalcraft

*pay \$25 material fee to instructor at class

Lapidary

Learn how to turn stones into beautiful pieces for decor or gems for mounting into custom jewelry. This class teaches basic to advanced lapidary skills including cutting, grinding, faceting and polishing of ornamental, semi-precious and precious stones. You will learn how to recognize, find and develop your gem materials and make beautiful pieces of art. The supplies needed will vary depending upon the projects and materials you select.



NOTE: Students must wear prescription or safety glasses in class and a waterproof apron is recommended. Material fee is for supplies required for classroom equipment.

A > Jean Hayes \$99 + \$11 mat. fee*
Jan 21 - Apr 22 Wed 1:30pm - 5pm
14 sessions Stoddard Annex, Lapidary

B > Jean Hayes \$99 + \$11 mat. fee*
Jan 21 - Apr 22 Wed 6:30pm - 10pm
14 sessions Stoddard Annex, Lapidary

*pay \$11 material fee to instructor at class



Jewelry and Metalcraft

Whatever your interest, you will have fun learning the basics, and more in this on-going Jewelry class. Learn how to earn some extra money or make beautiful gifts for someone special. Learn fine-jewelry techniques to construct custom jewelry from copper, bronze, sterling silver and gold. Beginners to advanced learn and practice skills in fabrication, wax carving, introduction to casting, and stone setting. Beginning levels are project-oriented with various jewelry items. The supplies needed vary depending upon the projects and materials you select.

NOTE: No class on Jan 19 and Feb 16. Students must bring safety glasses if they do not wear prescription glasses.

A > Jean Hayes	\$99 + \$11 mat. fee*
Jan 12 - Apr 27	Mon 1:15pm - 4:45pm
14 sessions	Stoddard Annex, Metalcraft
B > Jean Hayes	\$99 + \$11 mat. fee*
Jan 12 - Apr 27	Mon 6:30pm - 10pm
14 sessions	Stoddard Annex, Metalcraft
C > Jean Hayes	\$99 + \$11 mat. fee*
Jan 15 - Apr 16	Thu 1:15pm - 4:45pm
14 sessions	Stoddard Annex, Metalcraft
D > Jean Hayes	\$99 + \$11 mat. fee*
Jan 15 - Apr 16	Thu 6:30pm - 10pm
14 sessions	Stoddard Annex, Metalcraft

*pay \$11 material fee to instructor at class

Creative Paper Crafting: Mini Albums

new Get creative this year. In this class you will be making 2 beautiful mini albums, each one will be unique in design yet simple to assemble. These books are great gift ideas for family and friends or to keep and use as brag books. I will provide fun and easy techniques as well as the template for each mini album so that once you leave my class you will be able to duplicate each album whenever you want. This class promises lots of fun, raffle prizes and lots of great paper crafting tips!

NOTE: Students must bring: double sided adhesive or quick dry extra tacky liquid adhesive, bone folder, paper trimmer, scissors.

Audra Munoz	\$25 + \$20 mat. fee*
Feb 27	Fri 6pm - 9pm
1 session	Wawona 2, WC

*pay \$20 material fee to instructor at class

How to Use a Cricut Machine

Get ready for all the bridal and baby showers, weddings, graduations or any special occasion this year. The Cricut machine is fun and innovative and I'm here to help you. This class is perfect if you own your own Cricut, or if you are thinking about purchasing one. We will review basic usage, special function keys, and the instruction booklets in detail. This is a hands-on class. There will be 2 Cricuts available for students to use if you don't have one. Class will focus on Expressions 1 and 2.



NOTE: If you have a Cricut machine bring it, the instruction booklet, and your favorite cartridge. You don't need a Cricut to attend.

A > Audra Munoz	\$29 + \$10 mat. fee*
Feb 6	Fri 9am - 12pm
1 session	Wawona 2, WC
B > Audra Munoz	\$29 + \$10 mat. fee*
Feb 6	Fri 6pm - 9pm
1 session	Wawona 2, WC

*pay \$10 material fee to instructor at class

Authentic Stained Glass for Beginners



Come join us and learn the skilled art of authentic stained glass. This is an exciting class in learning the Tiffany style process. No experience necessary. You'll learn to cut 40 pieces of glass and grind them to fit into a beautiful Hummingbird oval panel to proudly hang up for display or give as a wonderful gift when you are finished. This is the same process Louis Comfort Tiffany developed for his spectacular Tiffany lamps. Download the supply list for additional items you have around the house that you'll need later. Other tools and equipment are provided in class.

NOTE: Bring to first class safety glasses, old clothes and wear closed-toe shoes, a glass cutter, scissors and glue stick. Ask for a supply list or go to www.mjc.edu/commed

A > Wizzi Wisilinski \$115 + \$95 mat. fee*
Jan 20 - Feb 24 Tue 1pm - 4pm
6 sessions John Muir, WC, 259

B > Wizzi Wisilinski \$115 + \$95 mat. fee*
Mar 3 - Apr 7 Tue 1pm - 4pm
6 sessions John Muir, WC, 259

*pay \$95 material fee to instructor at class

WORKSHOP - for Authentic Stained Glass Students

This class is for those that have taken the Beginning class with Wizzi and want to continue working on other projects of their choice. You must have taken a Beginning class from Wizzi in order to register for this class. The class will be held at the same time as the Beginning class. You will select your own projects and purchase your own glass and supplies. Your material fee will depend on the project you select.

NOTE: You will select your project and purchase your glass and supplies separately.

A > Wizzi Wisilinski \$75
Jan 20 - Feb 24 Tue 1pm - 4pm
6 sessions John Muir, WC, 259

B > Wizzi Wisilinski \$75
Mar 3 - Apr 7 Tue 1pm - 4pm
6 sessions John Muir, WC, 259

Stained Glass: Garden Stepping Stone

new Come make a fun and decorative stepping stone.



Stepping stones can perk up your yard or make a nice gift for a friend. Three designs will be provided for you to choose from for your stepping stone - a hummingbird, cancer



ribbon, or light-house. You will be working with stained glass and learning to cut and grind. No previous experience

with stained glass is required.

NOTE: Wear old clothes. Bring scissors, glue stick, glass cutter, and small towel to class. See photo of other stepping stones at www.mjc.edu/commed.

Wizzi Wisilinski \$49 + \$25 mat. fee*
Mar 30 - Apr 6 Mon 9am - 12pm
2 sessions John Muir, WC, 259

*pay \$25 material fee to instructor at class

Elegant Bevel Pillar Tea Lights

new Come make these



elegant and beautiful tea lights. They set any room with a gentle warm feeling that only real candle light presents. These tea lites create their own safe haven for the tea lite candle not to be tipped over. The gentle movement of the natural candle presents a wonderful flickering off the bevels that contain it. You will be learning how to solder these pieces of glass together.

NOTE: Wear old clothes. Bring scissors, Exacto knife plus a towel to dry your finished glass work and another towel to polish your finished glass work. All tools will be supplied in class.

Wizzi Wisilinski \$59 + \$35 mat. fee*
Mar 12 - Mar 26 Thu 9am - 12pm
3 sessions John Muir, WC, 259

*pay \$35 material fee to instructor at class

Beginning Glass Etching

new Come learn the technique of glass etching and find out just how versatile it is. Monogram your glass salad bowl, Pyrex glass pan, or stem ware and make it easy to recognize your dish or glass at the next gathering. Take old stuff and make it new with glass etching, come join the fun and make unique gifts and projects.



NOTE: Wear old clothes. Bring scissors, Exacto knife, glue stick, and small towel to class.

Wizzi Wisilinski \$29 + \$12 mat. fee*
 Feb 23 Mon 9am - 12pm
 1 session John Muir, WC, 259

*pay \$12 material fee to instructor at class

Jewelry Metal Stamping

Need a special gift for that hard-to-buy-for person? Make a custom pendant, bracelet or earrings using a metal stamping technique. No crafting skills necessary! If you can use a hammer, you can learn to make beautiful custom jewelry. This course will introduce students to the basics of metal stamping. Learn the best metals to use, design ideas, basic techniques and hands-on work. You will complete a project of your own design in class! The first project will be a simple initial pendant, followed by a word art piece.



NOTE: Bring: 16 oz household hammer. Optional: earplugs. Fee includes set of alphabet/numerical stamps the student will take home, and a variety of metal stamping blanks. See samples/ideas at <http://www.pinterest.com/debbithinksdeep/stamping-class/>

A > Debra Greenlee \$29 + \$25 mat. fee*
 Feb 26 Thu 9am - 12pm
 1 session Stoddard Annex, Metalcraft

B > Debra Greenlee \$29 + \$25 mat. fee*
 Mar 31 Tue 6pm - 9pm
 1 session Stoddard Annex, Metalcraft

*pay \$25 material fee to instructor at class

CHALK PAINT® by Annie Sloan

Become your own decorator in this introductory class! Learn how to transform your furniture, decor, cabinets and much more in one easy step. You will learn three certified CHALK PAINT® techniques, plus proper wax application. A variety of techniques and finishes will be covered that you will be able to use in your home and garden! You will be able to take your painted sample pieces home. Materials provided but a small piece of furniture/decor is welcome (must not be larger than 2 x 2 ft.).



NOTE: Material fee required to cover supplies and take-away samples. Class size limited to 12.

A > Lauren Camarata \$45 + \$25 mat. fee*
 Feb 9 Mon 10:30am - 1:30pm
 1 session John Muir, WC, 259

B > Lauren Camarata \$45 + \$25 mat. fee*
 Feb 9 Mon 3pm - 6pm
 1 session John Muir, WC, 259

*pay \$25 material fee to instructor at class

Seasonal Floral Arranging Beginner

new Turn your cold and wet winter into an icy green and bounty of white beautiful bliss fun. Come join the party and learn basic floral arranging for the season. Class meets once a month. Start with January's winter foliage, then Funny Valentine February, and a finale with the Dawn of Spring in March.

NOTE: Class meets once a month on Thursday, Jan. 15, Tuesday, Feb. 10 and Thursday, Mar. 12. Bring to class: Scissors (for ribbon); Scissors and/or small pruner/nippers (appropriate for stems); wire cutters.

Debra Greenlee \$45 + \$90 mat. fee*
 Jan 15, Feb 10, Mar 12 Tue or Thu
 3 session 6pm - 8:30pm
 John Muir, WC, 259

*pay \$30 material fee each class (\$90 total) to instructor at class for flowers/supplies.

MUSIC

Beginning Harp I Workshop for Adults

Have you ever wanted to play the harp? It's easier than it looks! You will learn to play simple melodies and accompaniments on the Celtic harp. No prior musical experience necessary - just bring your love of this beautiful instrument.

NOTE: Each student will be provided a harp for use during class.

Margie Butler \$33
 Feb 7 Sat 10am - 12pm
 1 session Music Building, 112



Beginning Harp II Workshop for Adults

In this class you will expand upon what you learned in Beginning Harp I, with more songs, more complex arrangements and lots of fun!

NOTE: Each student will be provided a harp for use during class.

Margie Butler \$33
 Feb 7 Sat 1pm - 3pm
 1 session Music Building, 112



Guitar for Adults

new Have you always wanted to play guitar? This class is for you! Learn to play the songs you love in an enjoyable and pressure-free atmosphere. By learning the basic chords and rhythms, you will be able to play a wide-range of songs in a short period of time. No musical experience necessary. Just bring your guitar. Music will be provided.

NOTE: Bring an acoustic guitar to class.

Susan Janis \$59 + \$2 mat fee*
 Feb 4 - Mar 11 Wed 9am - 10am
 6 sessions John Muir, WC, 253

*Pay \$2 material fee to instructor at class (please bring exact change)


Intermediate Guitar for Adults

new This class is intended to be an extension of Adults Beginning Guitar. Students will continue to learn the first position chords, tablature and strum rhythms, as well as learning basic finger picking. Music provided.

NOTE: Bring an acoustic guitar to class.

Susan Janis \$59 + \$2 mat. fee*
 Feb 4 - Mar 11 Wed 6pm - 7pm
 6 sessions John Muir, WC, 253

*pay \$2 material fee to instructor at class (please bring exact change)



Jam Session

Rhythm Music and Movement

Come join us and explore music and creative improvisation through drumming, singing, and playing musical instruments from around the world. You will learn how to play a groove, sing and chant, move in rhythm, and jam on easy, fun-to-play instruments. This approach to music is open to all and allows both the beginning and advanced musician to experience the joy of spontaneous creativity. One recent participant, a contributor to the Modesto View, wrote, "Everyone seemed transformed, relaxed and in a great mood". No musical background is necessary. Come join the fun!

NOTE: Bring your instrument or one will be provided for in-class use. See instructor photo/biography at www.mjc.edu/commed.

Christopher Condon	\$35
Mar 4 - Mar 18	Wed 6pm - 7pm
3 sessions	Dania Hall

Tunisian Crochet

new Learn this very popular crochet technique. It's very easy and makes a nice, warm fabric. Four different stitches will be taught and lots of tips and tricks. No previous crochet experience needed.

NOTE: Bring to class: One skein of smooth, worsted weight yarn and a J Tunisian hook, about 10 inches, can be double ended.

Linda Casey	\$39
Mar 9 - Mar 16	Mon 6:30pm - 8:30pm
2 sessions	John Muir, WC, 264

Knitting

Beginning Knitting

Have you always wanted to knit? Well now's your chance! Learn the basics of knitting - casting on, purling, and binding off as you make a scarf in a fresh spring fashion color.

NOTE: Material fee includes materials for beginning project.

Carrie Carlile-Ward	\$59 + \$12 mat. fee*
Jan 27 - Feb 17	Tue 6:30pm - 9pm
4 sessions	John Muir, WC, 264

*pay \$12 material fee to instructor at class

SEWING

Crochet

Learn to Crochet

Crochet is quick and fun. It's a great finishing technique for knitting projects. Learn basic stitches while making a winter scarf to add color to your outfit on those cooler evenings.

NOTE: No previous crochet experience necessary. Bring 400 yards of smooth, light colored, worsted weight yarn and a J hook.

A - Linda Casey	\$39
Jan 26 - Feb 2	Mon 6:30pm - 8:30pm
2 sessions	John Muir, WC, 264
B - Linda Casey	\$39
Feb 23 - Mar 2	Mon 2pm - 4pm
2 sessions	John Muir, WC, 264

Knitting: Peek-A-Boo Boot Socks

new Peek-a-Boo Boot Socks - it's the new fashion craze! Whether you wear cowboy, high heel or comfy boots, you will love this added embellishment peeking out over the top of your boots for added fashion, warmth and style.



NOTE: Bring to class a set of size 8 double points or two circular size 8 needles. Worsted weight yarn - 150 yds. Visit www.mjc.edu/commed for photo link.

Carrie Carlile-Ward	\$39
Feb 24 - Mar 3	Tue 6:30pm - 9pm
2 sessions	John Muir, WC, 264

QUILTING

Quilting: How do I Begin?

Beginning quilters will create a small tied quilt that will use all the basic quilting skills - from fabric selection, through cutting and piecing, to simple appliqué and pattern blocks. Sew a mitered border that will make you proud! Learn terrific tips so that you will enjoy creating one of a kind gifts or heirlooms. This class is designed for beginning quilters who know how to use a sewing machine. Elaine has been enthusiastically quilting for over 30 years and will start you on your way to a lifetime joy of quilting.

NOTE: Pick up a supply sheet/instruction sheet from the MJC Community Ed. office, or go to our website at www.mjc.edu/com-med. Bring your supplies to the first class. Do not purchase supplies until you have checked with the office (575-6063) to make sure there is enough enrollment for the class to be held.

Elaine Arnold	\$75
Mar 11 - Apr 1	Wed 6pm - 9pm
4 sessions	John Muir, WC, 264



Quilting - Crazy Nine Patch

The smaller version of this quilt requires 9 fabrics with good contrast - a fat quarter of each fabric. To make the larger quilt you will need a second set of 9 fabrics. Easy construction on this basic block with a twist.

NOTE: Ask for supply list or visit www.mjc.edu/commed

A > Marilee Heaston	\$45
Feb 10 - Feb 17	Tue
2 sessions	9:30am - 12:30pm
	John Muir, WC, 264
B > Marilee Heaston	\$45
Feb 12 - Feb 19	Thu 6pm - 9pm
2 sessions	John Muir, WC, 264



Quilting - Square by Square

Combine squares and rectangles for this interesting 12 inch block. Could be done in Red, White and Blue or choose a multi-color floral or child's print for your main fabric and add complementary fabrics. Several sizes will be offered.

NOTE: Ask for supply list or visit www.mjc.edu/comme

A > Marilee Heaston	\$45
Feb 24 - Mar 3	Tue
2 sessions	9:30am - 12:30pm
	John Muir, WC, 264
B > Marilee Heaston	\$45
Feb 26 - Mar 5	Thu 6pm - 9pm
2 sessions	John Muir, WC, 264



Quilting - Three Yards equals 3 Quilts

A fun and quick way to cut and piece 3 crib sized quilts at one time. Perfect for a last minute baby gift or perhaps charity quilts. Could also be used as a table topper done in seasonal fabrics.

NOTE: Ask for supply list or visit www.mjc.edu/comme

A > Marilee Heaston	\$45
Jan 27 - Feb 3	Tue
2 sessions	9:30m - 12:30pm
	John Muir, WC, 264
B > Marilee Heaston	\$45
Jan 29 - Feb 5	Thu 6pm - 9pm
2 sessions	John Muir, WC, 264

Dazzling Knitting Techniques

Have fun and socialize while learning in this knitting class designed for retirement-aged adults. From beginner to advanced, there is something for everyone in this continuing class. You will practice different knitting techniques and decorative stitches, while making items your friends and family will treasure. The importance of gauge, weight, and selecting and caring for different fibers will be covered.

A - Deanna Salter	\$87
Feb 4 - Apr 22	Wed 9am - 12pm
12 sessions	Homewood Village Mobile Home Park
B - Deanna Salter	\$87
Feb 4 - Apr 22	Wed 1pm - 4pm
12 sessions	Homewood Village Mobile Home Park

Adult Sewing

Do you want to learn how to sew and alter your own clothes or sew items for your home? Maybe you need to learn to use your own sewing machine. This course is designed to help you develop basic sewing skills and to take the mystery and frustration out of the process of operating a sewing machine. Taught by an expert sewing instructor, you will learn how to operate and troubleshoot a sewing machine, hand-sewing techniques, purchase fabric, cut and sew your project. Projects: double drawstring bag, pillow with zipper and an apron. Patterns are provided.



NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring to class a pair of scissors, tape measure, seam ripper, seam gauge, magnetic pin cushion, pins (preferably quilting pins) and tailor's chalk. Don't purchase supplies until you call our office to confirm class will be held. Ask for supply list or go to www.mjc.edu/commed.

Carrie Carlile-Ward	\$119
Jan 28 - Mar 4	Mon 6:30pm - 9pm
6 sessions	John Muir, WC, 264

Morning Sewing

This class offered during the day is geared to help the beginner develop basic sewing skills and take the mystery and frustration out of operating a sewing machine. Learn basic sewing skills needed to sew items for your home or personal use. Projects: double drawstring bag, handkerchief, pillow with zipper and craft apron. Patterns are provided.



NOTE: If you have your own machine and want to use it, bring it to class, along with bobbins and operating manual. Bring a pair of scissors, tape measure, seam ripper, seam gauge, pin cushion, pins (preferably quilting pins), and tailors chalk. Don't purchase supplies until you call our office to confirm class will be held. Material fee will cover supplies for all 4 projects.

Elaine Arnold	\$95 + \$25 mat. fee*
Feb 23 - Mar 30	Mon 9:30am - 11:30am
6 sessions	John Muir, WC, 264

*pay \$25 material fee to instructor at class

COOKING

Explore the World of Tea



Darjeeling, Assam, Pu-erh, Yonan, Cha, Black Tea, White Tea, Green Tea . . . tea caddies and tea clippers. Welcome to the world of tea! In this class we will be taking a trip around the world and through time to explore and celebrate tea, the most consumed beverage in the world. While we explore we will be drinking lots of tea.

NOTE: Bring your favorite cup and join us!

Mark Morrison	\$39 + \$6 mat. fee*
Feb 20 - Mar 6	Fri 6pm - 8pm
3 sessions	Wawona 1, WC

*pay \$6 material fee to instructor at class



Beginning Cake Decorating

Sign up early as this is one of our most popular cooking classes. It always fills up! Have fun and be creative!

Learn the basic way to bake a cake and the basics of cake decorating. This beginning class uses 1/2 of a sheet cake board to practice pressure and control techniques, borders, flowers and icing a cake. You will only be required to bring one cake on the 6th day of class.

NOTE: Bring the following supplies to the first class: Decorating tips #3, 4, 16, 30, 47, 67, 71, 80, 104, 136, 190 and 199; 2 couplings; 2 - Wilton 8 decorating bag, 1 - #7 flower nail; 1 - Lily flower Nail Set, 1 - washcloth, 1 cookie sheet and a zip lock bag. *Please bring to class only the supplies listed above or on the list at www.mjc.edu/comm to download supply list.*

Patsy Laws \$75 + \$12 mat. fee*
Jan 20 - Mar 3 Tue 6pm - 8pm
7 sessions Wawona 1, WC

*pay \$12 material fee to instructor at class



Learn to Make Cake Pops

Cake pops are the latest trend in baking! What could be more fun to eat than moist cake that has been candy coated and popped onto a lollipop stick? Learn to assemble, dip and decorate your cake pops as you transform them into adorable creations. At the end of class take home a dozen cake pops.

Annette Reclusado \$29 + \$15 mat. fee*
Feb 7 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class



Bread Making

There is nothing like fresh baked bread straight from the oven. Come learn the secrets to making delicious breads. You will receive a variety of recipes to begin your bread making journey at home. Bring a loaf pan to class and you will be able to take home your own loaf of bread! Class will prepare whole wheat and focaccia.

NOTE: Bring an apron

Denise L'Heureux \$29 + \$10 mat. fee*
Feb 21 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$10 material fee to instructor at class

Fabulous Filipino Dishes: Pancit, Lumpia and More!

It's been said that the Pancit dish was a traditional one made for someone on their birthday and was for sharing with others to bring good fortune for the person in the coming year. Lumpia is the Filipino version of the egg roll. It can be served as a side dish, appetizer or a Turon banana spice dessert wrap. Learn to make these tasty Filipino classics, which comprise rice noodles, pork, shrimp, cabbage, carrots and other mixed vegetables and spice.

Annette Reclusado \$29 + \$15 mat. fee*
Mar 28 Sat 9:30am - 12:30pm
1 session Direct Appliance

*pay \$15 material fee to instructor at class

Chocolate Gifts from the Kitchen - Valentine and Easter



new Get ready to have fun making everything with chocolate!

Learn how to temper, store and package your sweet treats. Create a variety of different projects like chocolate pretzel sticks, dipped fruit, caramel wraps, filled molds and much more. Each student will take home a box of chocolate treats ready to give as gifts or to share with family. Projects for February 11 class will focus on Valentines and Easter. The projects for March 24 class will focus only on Easter.

Lisa Ebina	\$35 + \$20 mat. fee*
Feb 11	Wed 9:30am - 12:30pm
1 session	Wawona 1, WC

Lisa Ebina	\$29 + \$15 mat. fee*
Mar 24	Tue 6:30pm - 8:30pm
1 session	Wawona 1, WC

*pay material fee to instructor at class

DANCE

Wedding Dance Workshop: Waltz and Two-Step



new This class is a must for the Bride and Groom, the parents, the bridal party and even the wedding guests. You'll learn two elegant and romantic dances. Gain confidence and have loads of fun during the class and at all your parties to come. Don't think about it, just say: "I DO want to Dance!"

NOTE: No partner required.

Xavier & Heidi Gomez	\$59
Jan 28 - Mar 18	Wed 7pm - 8pm
8 sessions	You Can Dance Co, Ste P

Pressure Cooker Meals

Pressure cookers have changed quite a bit since the days of lids popping off and making a big mess all over the kitchen on TV comedy shows. Modern pressure cookers are an easy, fast way to make a meal. You can make the most inexpensive cuts of meat taste delicious with a pressure cooker! Join us to make a grain and vegetable pilaf dish, a meat and vegetable dish, and a dessert all using pressure cookers.



NOTE: Bring your pressure cooker if you have one. We may use it for show and tell or even to cook a dish! Bring an apron.

Bernadette Burns	\$29 + \$15 mat. fee*
Mar 14	Sat 9:30am - 12:30pm
1 session	Direct Appliance

*pay \$15 material fee to instructor at class

TANGO

Ballroom Dancing: Tango and Cha Cha

new Start your day by dancing to both traditional and pop music by Adele and Britney Spears as you travel in slow, slow quick quick rhythm of the Tango. Then slide into the step together step pattern with saucy beats of Michael Jackson and Michael Bubl . So whether you come to work out, dance or meet up with friends, you are sure to have fun!

NOTE: No partner required.

A > Marie Sardalla-Davis	\$49
Jan 28 - Mar 4	Wed 10am - 11am
6 sessions	John Muir, WC, 265

B > Marie Sardalla-Davis	\$49
Feb 24 - Mar 31	Tue 1pm - 2pm
6 sessions	John Muir, WC, 265

Country Style: Two Step, Swing & Line Dancing

So you're at the party and the DJ's playing a variety of Pop and Country music . . . No problem! You know how to dance the fun and easy Swing and Two Step moves you learned in this class! Plus, for when you want to just dance solo, you will also learn today's most popular Line Dances. So whether you have a dance partner or not, this class will get you ready to dance the night away!

NOTE: No partner required. Wear leather-soled shoes.

Xavier & Heidi Gomez	\$59
Feb 1 - Mar 22	Sun 5pm - 6pm You Can Dance Co, Ste P
8 sessions	



Latin Party: Salsa and Merengue

Dancing with the Stars will have nothing on you once you learn these fun Latin dances!

NOTE: No partner required. Wear soft sole shoes.

Xavier & Heidi Gomez	\$59
Jan 23 - Mar 13	Fri 7pm - 8pm You Can Dance Co, Ste P
8 sessions	

BalletFit

new We'll dance to a variety of music while learning basic ballet technique to improve posture, body alignment and core strength. Fitness Ballet focuses on flexibility, fluidity and muscle isolation. The overall workout is slow and smooth, yet you'll get a surprisingly intense workout. All levels are welcome. Come get dance fit with us!

Heidi Gomez	\$50
Jan 22 - Feb 26	Thu 11am - 12pm You Can Dance Co, Ste P
6 sessions	

Ballroom Bootcamp

You'll learn steps and styling from a variety of Latin and Club dances, as well as popular Line dances! This class provides a varied and multilevel cardiovascular workout as well as full-body toning and strengthening. Come dance with us and get your groove on!

NOTE: Ballroom Shoes, Dance Sneakers or Tennis shoes required (dance shoes are available at the studio).

Xavier & Heidi Gomez	\$50
Feb 2 - Mar 9	Mon 6pm - 7pm You Can Dance Co, Ste. P
6 session	

ACTIVITIES

T'ai Chi for Every Body

This ever-popular class continues to offer quality and professional instruction in T'ai Chi.

This slow relaxing movement reduces stress by

promoting a physical

and mental workout. It's about gaining self-awareness and self-discipline.

Originally a Chinese Martial Art, T'ai Chi has many aspects. It is a meditative dance like in nature and can also be used as a form of aerobic exercise.



NOTE: Wear comfortable clothing. Ask for class forms or go to www.mjc.edu/commed.

Naser Ataee	\$65
Feb 2 - Mar 23	Mon 5:30pm - 6:30pm Dania Hall
8 sessions	



Get on the Ball Core Conditioning

Are you ready to roll? Swiss ball training is an excellent way to increase your core stability muscle strength, balance, posture and flexibility. This class will be scaled to accommodate every fitness level and will challenge everyone. William and Ann will lead you through a safe, effective, and fun whole-body exercise program using only a Swiss ball and a resistance band. You will be amazed at how many exercises you can do with so little equipment.

NOTE: Bring a Swiss ball, exercise mat and a resistance band. If you do not have a band you can buy one in class. See photos at <http://waedwards.net/mjcclases.aspx>. It is recommended that you consult your doctor prior to starting an exercise program.

William and Ann Edwards	\$79
Jan 29 - Mar 19	Thu 5:30pm- 6:30pm
8 sessions	John Muir, WC, 265

How to Train for a Marathon - 0 to 5k

Are you ready to take a few strides towards achieving the goal of participating in a Marathon? Get the training and support you need to prepare for your first 5k race while improving your overall health and fitness. Learn about injury prevention, nutrition, and training techniques to build strength and confidence. You will work at your own pace and comfort level and will receive health tips, coaching and an individualized training plan. This class is also for intermediate level walkers or runners wanting to train for greater distances.

NOTE: The "A" class ONLY for continuing students who have taken *Kristi's Marathon class in the past*. Wear comfortable walking/running shoes and bring water. Feb 9 class - Founders Hall, Rm 134.

A > Kristi Victorino	\$59
Returning Students	Mon Jan 5, 12, 20, 26, Feb 2
5 sessions	6:15pm - 7:30pm
	MJC Track

B > Kristi Victorino	\$65
New students	Mon Feb 9, 17, 23, Mar 2, 9, 16, 23
7 sessions	6:15pm - 7:30pm
	FH, 134 & Track

Golf for the Absolute Beginner

Don't know a putter from a driver! Have you wanted to join your friends and family for golf but were too embarrassed? Well now you can enjoy a Day on the Green. Come learn the fundamentals of golf in this concise 5-day class. The instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session for range balls.

John Banks	\$55 + \$15 mat. fee*
Feb 22 - Mar 22	Sun 9:30am - 10:30am
5 sessions	McHenry Golf Center

*pay \$15 material fee to instructor at class

Golf for 55+ - Beginning

Always wanted to learn to play golf, but didn't have the time? Come and be with others that now can fit golf into their busy schedules. Learn the basics in this 5-day class. You will learn rules of golf, etiquette, and techniques that will lead to on-course instruction. So what are you waiting for? Get out, mingle and enjoy the outdoors.



NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session for range balls.

John Banks	\$55 + \$15 mat. fee*
Feb 22 - Mar 22	Sun 10:30am - 11:30am
5 sessions	McHenry Golf Center

*pay \$15 material fee to instructor at class

Golf for Women Only Beginning

Calling all Ladies! Come and learn about the game of golf in a fun and comfortable environment. In this 5-day course, the instructor will go over the rules of golf, etiquette, and play, leading to on-course instruction.

NOTE: If you have clubs, bring them, otherwise clubs will be provided at no cost. \$3 fee paid per session for range balls.

John Banks	\$55 + \$15 mat. fee*
Feb 22 - Mar 22	Sun 11:30am - 12:30pm
5 sessions	McHenry Golf Center

*pay \$15 material fee to instructor at class



Beginning Yoga and Pilates Style Stretch

If you've always wanted to try Yoga but were afraid of the challenging poses, this is the perfect class for you. Experience the health benefits of increased flexibility and relaxation. Increase back and abdominal strength at your individual level and leave each class feeling refreshed. It is recommended that you consult your doctor prior to starting an exercise program.

NOTE: Bring a yoga mat or towel to class. Must be able to climb one flight of stairs. Ask for class forms or go to www.mjc.edu/commed.

Debbie Wolski	\$75
Jan 26 - Mar 16	Mon 7:15pm - 8:30pm
8 sessions	Village Yoga

Yoga for Every Body

Come rediscover the joys of movement! Indulge in these gentle but exhilarating yoga sessions tailored for seniors, plus size people and anyone who feels stiff or creaky. Yoga gives individual pleasure for every size and age increasing flexibility and building strength.

NOTE: Bring a towel or yoga mat to each class. Must be able to climb one flight of stairs.

Debbie Wolski	\$75
Jan 13 - Mar 3	Tue 11:30am - 12:45pm
8 sessions	Village Yoga

Yoga Dance

Carve out time for yourself with a near-bliss experience that merges the best that yoga and dance offer. Learn how to move to music to deepen your mind-body-soul connection. No dance/ yoga experience or partner required. Increase your flexibility and balance while reducing stress and self-consciousness in a no-judgment zone. Fun heals!

NOTE: Wear comfortable clothes, bring a yoga mat or beach towel.

A > Marie Sardalla-Davis	\$59
Feb 10 - Mar 17	Tue 6:45pm - 8:15pm
6 sessions	John Muir, WC, 265
B > Marie Sardalla-Davis	\$59
Feb 23 - Mar 30	Mon 10am - 11:30am
6 sessions	John Muir, WC, 253
C > Marie Sardalla-Davis	\$59
Mar 4 - Apr 8	Wed 1:30pm - 3pm
6 sessions	John Muir, WC, 265

Early Birders

This class is designed for the beginning or intermediate birdwatcher interested in the study and identification of local birds.



This class will enhance your appreciation and enjoyment of wildlife and nature. We will go to local public land, hiking and identifying birds in the field through field marks and vocalizations. Saturday, January 31 held at Merced National Wildlife Refuge, 8 a.m. to 12 p.m. and then on Saturday, February 7 held at San Luis National Wildlife Refuge, 8 a.m. to 12 p.m.

NOTE: Bring binoculars (7- or 8- power) to class and field session. Bring any field guide to each class (recommended but optional). Suggested field guide: The Sibley Field Guide to Birds of Western North America available in paperback. Ask for liability form or go to www.mjc.edu/commed.

Salvatore Salerno	\$69
Thu, Jan 29 - 6pm - 8pm	Wawona 1, WC
Sat, Jan 31 - 8am - 12pm	Merced National Wildlife Refuge
Sat, Feb 7 - 8am - 12pm	San Luis National Wildlife Refuge

Resistance Training

Time to stop resisting! It's time to start building strength. Resistance training is key to keeping strong muscles and good balance. Building muscle is building your health savings account. Start investing in your future today! Let William and Ann lead you through a safe, effective and fun whole-body exercise program using resistance bands, hand weights, body weight and a variety of other fitness toys. You can scale any of the exercises to fit your abilities so join us for lots of fun.

NOTE: Bring a resistance band, a pair of 2-3 pound hand weights and a yoga/exercise mat to class. If you do not have a band you can buy a latex free Theraband from the instructors the first night of class. It is recommended that you consult your doctor prior to starting an exercise program. For more info and photos go to <http://www.waedwards.net/mjcclasses.aspx>.

William and Ann Edwards	\$79
Jan 27 - Mar 17	Tue 5:30pm - 6:30pm
8 sessions	John Muir, WC, 265

Aquacize It!

Exercising in water makes you feel about 90 percent lighter. When you jump or run in the water, your body does not experience the same impact that those moves cause when done on land. This makes it an ideal activity for those with arthritis, back problems, foot or leg injuries, and knee conditions. You can expect to burn between 400 and 500 calories per hour in a water aerobics class (the actual amount will depend on several criteria). By exercising in water you work against 12 times the resistance of air. This helps to develop muscle - which translates to a higher metabolism and healthier body. Of course, another plus, besides being fun, the water helps cover your movements so you don't need to be self-conscious while exercising.

NOTE: Before beginning any new exercise program you should first check with your physician.

Rose Wilson	\$55
Mar 16 - Apr 15	Mon, Wed
10 sessions	1pm - 2pm
	MJC Small Pool

MODESTO AREA AQUATIC CLUB



MAAC is a fitness/competitive USMS Sanctioned Masters Swim Club for the Modesto area's adult community. It is designed for adults who wish to swim in an organized, relaxed, fun atmosphere. Coaches are there to help and provide an appropriately-gearred, fitness-oriented workout and stroke-technique feedback.

You will be required to fill out a release of liability form once a year BEFORE you can swim.

Minimum Requirement

100 yards of freestyle with rhythmic breathing

Fees

1. Insurance - \$52 per calendar year (you can sign up for this at www.usms.org OR come to the MJC Community Education with a check made payable to PMS for \$52).
2. Swimming - \$38 per month. Tri-annual and Annual payment available with discount

Find the swim days and times at the MAAC website at <http://maacswim.org>.

Dave Ashleigh Aquatic Center, next to the MJC Gymnasium on Coldwell Ave.

Swimmers and class participants should wear only non-cotton based swim attire.



Red Cross Lifeguard Certification

Summer is coming - Get ready to apply for those "pool-setting" jobs that require Red Cross Lifeguard Certification. Participants must be at least 15 years old by the last day of the course. The course includes a pre-test (see below) the first day of class, rescue skills for shallow and deep water, spinal injury management skills, CPR skills, AED skills, first aid skills, and written and in-water skills tests. At the completion of the course, participants will be certified in Lifeguard Training, CPR/AED for the Professional Rescuer and Healthcare Provider, and First Aid. Participants should be prepared to be in the water Day 1, 2 and 4. Day 3 will be entirely focused on CPR/First Aid Training. You will need to bring a pen, swim suit, towel, food/beverage, and photo ID with proof of age.

* * * * *

PRETEST - All participants must be able to pass the pre-test on the first day to continue with the course. 300 yd swim (mix of front crawl and breaststroke) not timed, and do a 20 yd swim, retrieve a 10 lb brick at a 7-10 feet depth, return to the starting point with the brick and exit the pool without any aid within 1 minute and 40 seconds, and tread water for 2 min using legs only.

NOTE - A FREE Pre-test will be given on Feb 28 at 10 am at the MJC pool. If you are not sure if you can pass the pre-test requirements listed above - plan to take this test BEFORE you register. If you register for a class, and do not pass the test at the class, you will **NOT** receive a refund unless we are able to replace you with another student.

NOTE: Price includes mask kit. Books will be available for purchase in class for \$37. If you choose not to purchase a book, you will have one to use throughout the class.

A > Antowan Davtians \$220
 Mar 21 - 29 Sat, Sun 9am - 4pm
 4 sessions MJC Pool and Men's PE 110

B > Antowan Davtians \$220
 Apr 18 - 26 Sat, Sun 9am - 4pm
 4 sessions MJC Pool and Men's PE 110



Aqua Zumba

Why Zumba in the water? Besides just being FUN, there are many benefits to taking an Aqua Zumba class. Water resistance increases the calories burned and helps tone your body quicker. Any type of exercising in water creates less stress on sore and sensitive joints. If you are self-conscious in other group-exercise classes, this is the perfect class for you. Most moves are performed underwater, so only you know if you missed a step. The class will be held in the MJC small, heated pool and the instructor is our very own MJC Zumba instructor - Susan Rogers. Susan will have you moving to the music - you'll forget you are actually exercising, just enjoying this new experience.

NOTE: This class is for all levels. Before beginning any new exercise program you should first check with your physician.

Susan Rogers	\$55
Mar 17 - Apr 16	Tue, Thu
10 sessions	8:15am - 9:15am
	MJC Small Pool

Pre-Test for Lifeguard Class

Feb 28, 2015
10 am - 12 pm
MJC Pool

Pre-register for the Pretest at www.mjc4life.org

Come ready to swim!

HEALTH/BEAUTY



Annual Weight Loss Challenge: Lose 2 Win!

Simply losing weight does not necessarily make you healthy which is why this program is much more than a weight loss program. Physical fitness, proper nutrition, healthy body composition and a positive attitude are essential to good health. Learn proper nutrition through a myriad of activities including a shopping field trip, recipe exchanges, simple cooking tips and a cooking demo with a registered dietician. Learn how your body is designed to work so you can help to make it more efficient. Move to the music getting energized while exercising with balloons, chairs, pool noodles and a variety of common household items. Your program guides are William and Ann Edwards, American College of Sports Medicine certified Health Fitness Specialists. Working together you will lose weight, gain health and make new friends. In this program, you don't have to win to be a winner! A weekly weigh-in and body fat measurement are necessary but discrete since this is a contest. Bring a yoga/exercise mat to class since each session will include exercise and lecture.

NOTE: No class April 2. \$20 of your material fee will go towards the grand prize pot to be paid to the winners in Community Education Gift Certificates and program prizes. \$19 of your material fee is for food, materials and incentives. Everyone is encouraged to bring a pedometer and a yoga mat to class. For more information or to read our success stories from last year go to : <http://www.waedwards.net/Pages/MJCFat2FitChallenge.aspx>

William and Ann Edwards	\$199 + \$39 mat. fee*
Jan 29 - May 7	Thu 9am - 11am
14 sessions	John Muir, WC, 265

*pay \$39 material fee at registration



Stop Dieting: Start a Lifestyle!

Do you want to know why diets don't work? Come find out and learn tips to manage your weight without deprivation. Drop pounds while you are fully satisfied. No deprivation, no calorie counting, by understanding and learning the right foods to eat, your bio-individuality and lifestyle. This class will change your perspective on weight and weight loss!

NOTE: Learn more about the teacher at www.mjc.edu/commed

Caroline Mitri	\$29 + \$5 mat. fee*
Feb 4	Wed 6pm - 8pm
1 session	Founders Hall, 215

*pay \$5 material fee to instructor at class

Date Night: An Evening of Relaxation, Massage Essentials and Oils

Spend quality time as a couple learning the art of aromatherapy and massage! You will be introduced to select essential oils that are known to be useful in relaxation and romance, and practice stress-reducing massage techniques. We will also prepare custom massage oil in class to take home.



NOTE: Fee is per person - You must enroll with a partner. Material fee includes bottle of personalized massage oil blend using therapeutic aromatherapy essential oils. Wear comfortable clothing, and bring two pillows and a large bath towel.

Sonja Radinovich	\$25/per person + \$15 mat. fee*
Feb 28	Sat 6pm - 8:30pm
1 session	John Muir, WC, 265

*pay \$15 material fee to instructor at class

Aromatherapy for Beginners

Aromatherapy, also referred to as essential oil therapy, can be defined as the art and science of utilizing naturally extracted aromatic essences from plants to balance, harmonize and promote the health of body, mind and spirit. It seeks to unify physiological, psychological and spiritual processes to enhance an individual's innate healing process. This class will give you the basics on what to use and when, and will give you an assortment of recipes to assist you in your everyday life. Come join the fun!

Sonja Radinovich \$35 + \$19 mat. fee*
Mar 4 - Mar 11 Wed 6pm - 9pm
2 sessions Wawona 1, WC

*pay \$19 material fee to instructor at class

Fabulous Foot Massage Reflexology

What the feet can tell about your body! They work hard for you, so treat them well. In this class you will learn techniques to giving a great foot massage that are based on the popular reflexology approach. Get ready to have truly happy feet!

NOTE: *You must enroll with a partner.* Bring a bottle of your favorite foot cream or lotion to use in class, 1 large towel and 3 hand towels. If you have a foot tub bring to class.

Sonja Radinovich \$25 + \$5 mat. fee*
Feb 20 Fri 7pm - 9pm
1 session John Muir, WC, 265

*pay \$5 material fee to instructor at class

Dealing with Personal Loss Workshop

Adults will experience the most sensible, accessible, and authentic plan available for recovery from loss due to death, divorce and other major losses. This educational, interactive method will deal with grief, recovery, losses, and moving beyond loss, in a caring, safe environment.

NOTE: Returning students bring your book.

Rose Bird \$99 + \$25 mat. fee*
Feb 18 - Apr 1 Wed 1:30pm - 3pm
7 sessions John Muir, WC, 255

*pay \$25 material fee to instructor at class

HOME/GARDEN

Beginning Upholstery

In this beginning upholstery class you will discover how to create a niche in a craft that could lead to side jobs and extra cash. Learn fabric layout for cutting, how to use power sewing equipment and hand tools for basic furniture and automobile upholstery. In addition to learning a new skill, students receive first-hand knowledge on starting and operating an upholstery business. Areas covered will be supply distributors, equipment, bidding and selling jobs, re-sale license, yardage charts, and much more.

NOTE: Instructor will discuss projects at the first class. Bring pictures of proposed projects to first class for instructor review. No class Nov. 26.

A > Robert Peck \$89 + \$25 mat. fee*
Jan 21 - Feb 25 Wed 6pm - 9pm
6 sessions John Muir, WC, 259

B > Robert Peck \$89 + \$25 mat. fee*
Mar 11 - Apr 15 Wed 6pm - 9pm
6 sessions John Muir, WC, 259

*pay \$25 material fee to instructor at class



Backyard Composting

Sponsored by the City of Modesto and Community Education, this free class is designed to teach you how to put your garden refuse to good use. City residents must live in zip codes areas 95350-95358.

NOTE: Receive a certificate at completion of class for \$5 off purchase of composter through the City of Modesto.

Those who are not Modesto residents must pay a fee of \$35.

A > Martin Hildebrandt \$0
Mar 21 Sat 10am - 12pm
1 session Wawona 2, WC

Water Conservation for your Home Garden

new California has the driest summers in the whole country, and that's the Central Valley's primary growing season! Learn how you can shape your garden to capture rain when it does come, extend the season you can grow without irrigation and reduce irrigation when you do use it. Simple techniques will allow you to put theory into practice in your own backyard by lessening and delaying the need to water. Discussion of low water use plants and their uses in the landscape will also be covered.

Martin Hildebrandt \$29 + \$5 mat. fee*
 Feb 3 Tue 6pm - 9pm
 1 session Wawona 2, WC

*pay \$5 material fee to instructor at class

Orchids - the Whole Story Get Those Orchids Blooming!

It's one thing to keep your orchid alive - but quite another to keep it blooming.



You buy your orchid with beautiful blooms, then nothing. This class will help you get your orchids blooming and relieve the apprehension of having one in your home. Also covered will be growing, watering, fertilizing and the medium needed for each type. Al will explain when, and demonstrate how to re-pot an orchid. Time will be available for questions and answers about orchids. If you love Orchids, be sure to register for the San Francisco Orchid Show on Sunday, Feb. 22 - Al will be your host - see page 49).

NOTE: Instructor will have Orchids available to purchase at the end of class.

Alfred Rios \$39
 Feb 7 Sat 9am - 12pm
 1 session John Muir, WC 259

Make Your Own Stained Glass Garden Stepping Stone - page 7



MONEY MATTERS



Cemetery, Funeral and Cremation Planning

Take the mystery out of cemetery, funeral and cremation planning. Learn about this important subject before you or a loved one needs to plan a funeral. Focus of class is to educate and create awareness regarding end of life issues and available pre-planning tips.

Mike Dennis \$29
 Feb 25 Wed 6pm - 9pm
 1 session Wawona 2, WC

Discover What's Ahead

new Trends analyst, trainer and professional numerology

consultant, Gail Minogue, will provide a better understanding of social changes, and why they happen. She is a licensed commodities broker and has studied and utilized the ancient sciences of numbers and patterns for more than 25 years. See her unique ability to combine trends and forecasts with ancient and contemporary cyclical data. Students will learn and understand the economic, political, social, financial, spiritual, and governmental changes using her insights through a unique combination of trends analysis and cyclical data forecasting - come Discover What's Ahead.



Gail Minogue \$39 + \$18 mat. fee*
 Feb 26 Thu 6pm - 8pm
 1 session Wawona 1, WC

*optional book for \$18 material fee (pay to instructor at class)

Planning for Persons with Disabilities

This class addresses how to provide supplemental financial support for a disabled person, and at the same time preserve the disabled person's public benefits both financial and medical support. Questions and Answers.

Bruce Ramsey \$39
Feb 18 Wed 6:30pm - 8:30pm
1 session Founders Hall, 175

Wills and Trusts: What You Should Know

This class is for people who want to know more about estate planning. This class will discuss the basics of wills, trusts and powers of attorney. The instructor is attorney Bruce E. Ramsey. Questions will be answered.

NOTE: Bring a note pad. The class size is limited. Pre-register, walk-ins will not be accepted if class is full.

Bruce Ramsey \$39
Jan 21 Wed 6:30pm - 8:30pm
1 session John Muir, WC, 255

Bruce Ramsey \$39
Feb 10 Tue 6:30pm - 8:30pm
1 session John Muir, WC, 255

I'm an Executor or Trustee - Now What

Now that you have been named in a will as the executor/trustee of an estate, you may need this hands-on A-to-Z course that explains the duties, obligations and liabilities of an executor/trustee. This comprehensive overview of issues, including everything from commencing the probate process through the closing of the estate, is designed to address the concerns you may have when faced with this seemingly overwhelming task. Learn to proceed efficiently and effectively and gain the confidence that comes from being informed. The instructor is a local attorney.

NOTE: Bring a note pad. The class size is limited. Pre-register, walk-ins will not be accepted if class is full.

Bruce Ramsey \$39
Mar 4 Wed 6:30pm - 8:30pm
1 session John Muir, WC, 255

PERSONAL INTEREST

Improvisation

new This is a class for dancers and actors who wish to further their practice. In this class we will explore movement, text, and sound through improvisational exercises. Students will explore how to effectively enter and exit the space, how to save fellow performers, and other improvisation performance techniques. In the professional world both actors and dancers are not only encouraged but expected to have improvisational knowledge and skills when auditioning and creating new work. This class is aimed to help and prepare dance and theatre artists in their professional pursuits, yet open to those new to dance or acting, or re-entering artists.

Margaret Sniffen \$59
Feb 24 - Apr 7 Tue 6pm - 7:15pm
7 sessions John Muir, WC, 253



Date Night: An Evening of Relaxation: Aromatherapy, Massage Essentials & Oils

Spend quality time as a couple learning the art of aromatherapy and massage! You will be introduced to select essential oils that are known to be useful in relaxation and romance, and practice stress-reducing massage techniques. We will also prepare custom massage oil in class to take home.

NOTE: You must enroll with a partner. Material fee includes bottle of personalized massage oil blend using therapeutic aromatherapy essential oils. Wear comfortable clothing, and bring two pillows and a large bath towel.

Sonja Radinovich \$25/person + \$15 mat.*
Feb 28 Sat 6pm - 8:30pm
1 session John Muir, WC, 265

*pay \$15 material fee to instructor at class



Brew U 101 - An Introduction to Home Brewing

new The growing trend in craft beer has brought to the public a variety of specialty beers from small scale brewing operations. Here's your chance to learn basic brewing techniques and start brewing your very own craft beer at home. This hands on class will walk you step by step through the process. You will be provided with the knowledge, as well as hands on experience necessary to master the hobby. Participants must be 21 or over.

Steve Leandres	\$69 + \$5 mat. fee*
Feb 21	Sat 10:30am - 1pm
1 session	Barley & Wine
	2307 Oakdale Road,
	#402, Modesto

*pay \$5 material fee to instructor at class

Your New iPad Demystify It!



Apple's iPad and iPad mini are popular tablets that have changed the way we use computers. Find out the basics of using the iPad, along with other features like iCloud, Siri, Safari, and the App Store. Learn how to use iOS, Wi-Fi, Bluetooth, installing and managing apps, general settings, and security. We will also use apps such as Messages, Camera, Facetime, Photos, Calendar, Mail, Notes, and Reminders. We will also discover and understand how to use several of the top apps that are featured for the iPad. You will also learn how to connect your iPad to your TV. Make sure your device is charged before coming to class and don't forget to bring your charger as well.

NOTE: Bring your iPad and charger to class.

Matt Ketchum	\$49
Jan 22 - Jan 29	Thu 6pm - 9pm
2 sessions	John Muir, WC, 255

All About Android

Google's Android is the number one system on mobile devices. Bring your Android smartphone, tablet, or mobile device to the class and connect to our free and fast Wi-Fi to discover how to customize your device to perform 'your way'. Setup your email, calendar and contacts. Explore using Google Apps including Gmail, Docs, Chrome, Voice, Google Plus, Hangout, Now, Keep, Drive, and much more.

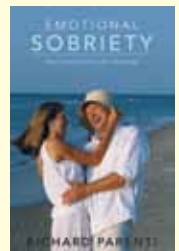


NOTE: Bring your android, smart phone, tablet or mobile device and charger to each class. This class is not for iPhone or iPad users..

Matt Ketchum	\$49
Jan 31	Sat 9am - 1pm
1 session	John Muir, WC, 255

How to Master Your Emotions

new In this workshop presentation, attendees will learn how to ask empowering questions, how to move from a negative emotion to a positive emotion, how to feel good in any situation, how to interrupt negative thought patterns and much, much more. Presenter: Richard Parenti, Author of Emotional Sobriety: Feel Good Secrets for Everyone.



Richard Parenti	\$39 + \$15 mat. fee*
Feb 18 - Feb 25	Wed 6pm - 8pm
2 sessions	John Muir, WC, 265

*pay \$15 material fee to instructor at class

Digital Photography Basics: What You Need to Know

Do you want to break out of the automatic mode on your camera so you can shoot better photographs? In this five-week course you will master the use of your camera's ISO, shutter, aperture, light meter and shooting modes resulting in total control over your images. You



will also learn how to use image editing software to crop and re-size your images for web sites that require a specific file size. You will be encouraged to shoot as often as possible during weekly photo assignments and upload your images to halfastop.com for quick response critiquing by the instructor.

NOTE: Your camera should have the ability to change ISO, shutter, and aperture settings manually, automatically or both to fully appreciate this course. Bring your camera to class with a fully charged battery, memory card, USB cable and the manual.

A > Richard Hermann \$85
Feb 10 - Mar 10 Tue 6:30pm - 7:30pm
5 sessions Wawona 2, WC

B > Richard Hermann \$85
Mar 5 - Apr 2 Thu 9:30am - 10:30am
5 sessions John Muir 255, WC

The Successful Child: Kindergarten Ready

new With almost 40 percent of students unprepared to start Kindergarten, do you know if your child is ready?

This course for parents will give you all the steps and skills to ensure that you can get your student ready and lay the foundation for their successful academic career. This class will cover the new federal and state Common Core Standards, as well as the soft skills needed for a socially, emotionally and psychologically smooth transition.

NOTE: Please note this class is only for parents, children should not attend.

Kathryn Lewis & Ann Lewis \$29
Sat 9am - 1pm
Mar 7 Wawona 2, WC
1 session

Do it Yourself Divorce

Are you separating from your spouse or thinking of dissolving your marriage? Learn your basic legal rights and obligations as well as the dissolution process. This class will give you the tools to do your own divorce.

NOTE: Material fee includes *Tips on the Child Custody Process in Stanislaus County* produced by Cash-Dudley Speiller & Torres Professional Law Corporation.

Stacy Speiller & Patti Torres \$29 + \$10 mat. fee*
Mon 6pm - 8pm
Feb 2 - 1 session John Muir, WC, 255

*pay \$10 material fee to instructor at class

Grandparents Rights and Guardianship

This class is designed to address legal rights of grandparents when it comes to custody and visitation issues. The process of filing for a guardianship will also be discussed.

NOTE: Material fee includes *Tips on the Child Custody Process in Stanislaus County* produced by Cash-Dudley Speiller & Torres Professional Law Corporation.

Stacy Speiller & Patti Torres \$29 + \$10 mat. fee*
Mon 6pm - 8pm
Mar 9 - 1 session John Muir, WC, 255

*pay \$10 material fee to instructor at class

Family Makeover: Practical Parenting in a Busy World

As rewarding as it may be, the day-to-day experience of raising children is often overwhelming and difficult. This three-week class will offer practical and positive methods for inspiring better behavior in your children, as well as for taming the chaos in a busy household. Moms, dads, expectant parents, grandparents and caretakers will find relief in the simple solutions and techniques which are taught with humor and empathy in this class. Attendees are encouraged to bring specific questions and concerns to class for discussion. A handbook containing class content, as well as reading lists and resources, will be provided.

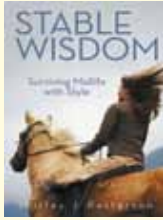
Susan Janis \$45 + \$4 mat fee*
Mar 4 - Mar 18 Wed 10:30am - 12pm
3 sessions John Muir, WC, 264

*\$4 material fee paid to instructor at class

Happiness at Midlife and Beyond: Surviving Midlife with Style!

new This course is a celebration of the midlife journey

from a woman's perspective. Based on her book, *Stable Wisdom: Surviving Midlife with Style*, author and educator Shirley Potterton will facilitate three lively and entertaining discussion sessions that explore some of the real issues of midlife. If you are curious about the opportunities and challenges of midlife and beyond, become a part of this unique celebration.



Shirley Potterton \$45 + \$18 mat. fee*
Feb 18 - Mar 4 Wed 10am - 11:30am
3 sessions Wawona 2, WC

*pay \$18 material fee (includes a signed copy of the book) to instructor at class

Tips on How to Get Your Children's Book Published

In this workshop, you will get tips and advice on how to get your children's book published. Together we'll work on how to present your manuscript to increase its chances of getting picked up by a publisher. The class will focus on trade publishing. Ilse's other courses Introduction to Writing a Children's Book and Writing and Developing a Children's Book can be useful, but are not prerequisites. All levels welcome.

NOTE: If you want to submit a manuscript, proposal, query letter and/or synopsis, there will be a \$15 fee.

Ilse Craane \$35 + \$2 mat. fee*
Feb 12 Thu 9am - 12pm
1 session John Muir, WC, 255

*pay \$2 material fee to instructor at class

Introduction to Writing a Children's Book

In this workshop you will be introduced to the genre of children's books, learn about essential characteristics of children's books, and get started with writing and revising. This course has no prerequisites; it's an introduction to the genre and to the business of children's book publishing. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

NOTE: If you want to submit a manuscript, proposal, query letter and/or synopsis to Ilse for critique, there will be a \$15 fee that you will pay to the instructor.

Ilse Craane \$35 + \$2 mat. fee*
Feb 5 Thu 9am - 12pm
1 session John Muir, WC, 255

*pay \$2 material fee to instructor at class

Reading Like a Writer: Dissecting Picture Books

new Have you ever wondered what makes those award-winning, best-selling picture books so great? In this class, you'll discover what makes those children's stories that you love TICK. We'll do close reading of at least a dozen



picture books to discover the mechanics of this genre and we'll practice those tricks in writing or revising our own picture book stories. This course has no prerequisites; it's an investigation into the genre. You can come with just curiosity, an idea or a manuscript. All levels welcome. Ilse Craane has worked in publishing for more than 6 years. She has a MA in English Literature, specializing in children's fantasy books. Currently, she works for an agency for children's book writers and illustrators.

NOTE: Bring 3 books to class: *Henry and the Cannons* by Don Brown; *Velma Gratch and the Way Cool Butterfly* by Alan Madison; *A Long Way* by Katherine Ayres.

Ilse Craane \$59 + \$2 mat. fee*
Feb 11 - Feb 25 Wed 6pm - 9pm
3 sessions John Muir, WC, 255

*pay \$2 material fee to instructor at class



GED Test Preparation

Welcome to the new GED test Preparation class. The old 2002 Paper Series GED Test has been converted to a computer-based mode effective January 2014. What happens if you didn't finish by December 31, 2013? Any scores you had on file under the old 2002 series will be voided. What does this mean for you? You will start all over using the new 2014 Series GED on a testing-site computer. What should you do? Get familiar with the new computer based exam. Sign up early as classes fill quickly. To ensure that our class content is in line with the transition to the computer-based testing, Community Education has redesigned its five subject matter coursework to align with the Common Core Standards of the new GED exam. Students will take a placement test the first day of class. **Register for the level you feel you should be in. After the placement test on the first day of class, if you need to change levels, we will be glad to make that change.**

GED Level One – fundamental skills
GED Level Two – intermediate skills.

NOTE: No Class Feb. 16. Students will take the placement test on the first day of class. Even with the 2 levels of GED Preparation, some students may need to repeat the class or study on their own in order to be ready to take the test

A > Brenda Smith	\$99 + \$35 mat. fee*
Level 1	Mon, Wed
Jan 21 - Mar 4	6pm - 9pm
12 sessions	John Muir, WC, 262
B > Brenda Smith	\$99 + \$35 mat. fee*
Level 1	Mon, Wed
Feb 9 - Mar 23	9:30am - 12:30pm
12 sessions	John Muir, WC, 262
C > Willie Loeser	\$99 + \$35 mat. fee*
Level 2	Tue, Thu 6pm - 9pm
Jan 20 - Feb 26	John Muir 260, WC
Jan 22 & 29 will meet John Muir 261	
12 sessions	

*pay \$35 mat. fee at time of registration

Frequently Asked Questions About the New GED Test

(from GED Testing Service website)

What is the test format?

The test is on computer.

Is keyboarding speed an issue? How does this influence test time?

The time given is adequate for students to construct their answer and key in their response. Testing has shown that test-takers with minimal keyboarding skills have adequate time.

What is the breakdown of the four tests by time?

The GED test will total about 7 1/2 hours with the timing as follows:

Reasoning through Language Arts
 - 150 minutes - testing is broken into three sections.

Mathematical Reasoning - 115 minutes and is one single section.

Social Studies - 90 minutes - testing is broken into two sections:

Science - 90 minutes and is one single section.

Will there be multiple versions of each subject test?

Yes, multiple versions of the test will be given to test-takers who don't pass on their first attempt. The 2014 GED test offers three versions in English and three versions in Spanish.

Are practice tests available?

Yes, there are practice GED tests available online through various sites. Some sites state the tests are free and some have a small charge per subject.

Where can I take the GED test in Stanislaus County?

Tests are given on Tuesday, Wednesdays and Thursdays in the GED Testing Center at Petersen Educational Pathways (PEP).

To schedule and pay for your test or more test-taking information contact:

Stanislaus County Office of Education
 715 13th Street, Modesto, CA
 209 238-6502



Motorcycle and Scooter Training

This CHP-approved training is designed primarily for beginning and inexperienced motorcyclists of all ages. It consists of 6 hours classroom and 10 hours on-cycle instruction of safe, responsible motorcycling.

Are you an experienced rider, but without a motorcycle license? The vehicle code in California allows for the impound of your motorcycle if you are caught riding without a M1 (motorcycle license) endorsement on your license. Law Enforcement officers don't always impound, but a high percentage do. Towing costs, storage cost and the cost of the ticket all add up to high fees.

CA AB1952 - This new law requires a person under 21 years of age to complete the Motorcycle Safety Foundation's Basic Rider Course before being issued a motorcycle instruction permit. The law requires the permit to be held for six months before a class M motorcycle driver license is issued.

1. When are the classes?

We hold 2 classes per week (A & B):

A Class - Thurs. - 6:30pm - 9:30pm
Sat. - 7:00am - 3:30pm
Sun. - 7:00am - 12:00pm

B Class - Thurs. - 6:30pm - 9:30pm
Sat. - 9:00am - 5:30pm
Sun. - 12:30pm - 5:30pm

You will attend a total of at least 16 hours of instruction, including both classroom and range time. Times may vary, check the schedule.

2. How much does it cost?

21 years of age or over - \$250

15-1/2 - 20 years old at time of registration - \$150

The State requires this course for anyone under 21 who wants to obtain a M1/M2 permit/license.

3. What happens after I complete the course?

Once you successfully complete the motorcycle class, our office will process the paperwork, and mail you a certificate within 2 weeks. You will take the certificate we mail you to the DMV and it will waive the driving portion of the DMV requirements. No guarantee of license. If students don't pass skill levels they will be counseled out and have the opportunity to return for a 2nd try, at no cost.

4. What type of motorcycles?

We provide the motorcycles for the range portion of the class. They are Honda Nighthawks and Rebels - 250cc.

5. What if I have a Scooter?

If you have a scooter, please let us know when you register. There are special requirements for scooter training. For more information call our office at 575-6063.

6. What do I need to bring?

We provide the helmets if you need one - if you bring your own it needs to be DOT approved. On the days you ride you will need: Heavy jeans; Long sleeve shirt that covers the wrists; Eye protection (can be sun glasses, eye glasses or the visor for your helmet); Full-finger leather gloves; Heavy boots that cover the ankle (Canvas tennis shoes are not heavy enough - can use hiking boots, riding boots, work boots).

7. How do I sign up?

If you are 21 or over you can register online at www.mjc4life.org, by phone or in person.

If you are under 21, you must register by phone or in person in order to receive the \$100 "under 21" discount.

NOTE: The additional \$3 registration fee DOES NOT apply to motorcycle registrations.



Modesto Institute for Continued Learning

MICL (pronounced "Michael"), Modesto Institute for Continued Learning, is one of hundreds of similar institutes for mature learners that have become a part of college campuses throughout the world. Under the auspices of Modesto Junior College Community Education, MICL offers lecture, workshop, study and discussion groups during daylight hours on the MJC West Campus where adequate parking is available. Activities such as trips and social events are frequently offered, linking members to the community beyond the classroom. Planning for all classes is done in advance through the Curriculum Committee composed of MICL members.

The MICL semester is divided into three 5-week sessions referred to as A, B, and C Sessions. Classes meet weekly for two hours, at 10:00 a.m. or 1:00 p.m. The class schedules are arranged so members can attend as many classes as they like for one fee each semester. Registration for individual classes is not necessary as MICL membership includes ALL classes. The members plan and often present classes, and all members are encouraged to participate. All classes are not-for-credit and are for the joy of learning.

There are no tests and usually no books to buy. The single membership fee is \$40 per semester plus a \$10 parking fee for parking adjacent to Building 6000, where the classes are held. The \$40 fee covers registration and includes other campus services such as use of the library and bookstore.

An optional contribution of \$10 per semester is requested to cover MICL classroom expenses such as curriculum needs, paper supplies, social activities and general costs of producing an interesting, educational environment.

MICL's exciting trips will involve a charge for expenses incurred.

NEW MICL Classroom Location

MICL now has a new classroom on the West Campus. The college administration has provided us more space and a new location. MICL will now be held in the El Capitan Building. It is located at the back part of the campus. See map on page 64.

MICL Membership - \$40

Cash, check made payable to MJC or credit card - Visa, MasterCard, Discover

MICL Parking - \$10

If you have handicapped parking tag, you do not need to purchase this. This fee can be combined with the membership fee for a total of \$50.

MICL Contribution - \$10

Cash or a check made payable to **MICL**. Give your check to the MICL Treasurer, Clay Allensworth - **NOT** to MJC Community Education.

MICL Classroom now in El Capitan Bldg. (See map on page 64)

MICL Information Meeting

Curious about MICL and the classes that are offered? Come to an informal meeting on Thursday, **January 15, 2015** from 10:00 to 10:45 a.m. in the NEW-MICL classroom - see page 65.

You will also be able to register for MICL before and after this meeting from 9:00 to 10:00 and from 10:45 to 12:00 noon. If you can't make the meeting, you can still register by phone, mail, or internet as shown on page 66.

NOTE: There will be an additional \$3 registration fee charged if you register by phone, in person, or mail after this meeting.

This meeting is for both new and returning students.

Mondays - 10 a.m.-noon

Monday – 10 a.m. – 12 noon A, B and C Sessions

Travels Around the World

Coordinator: Art McRae

This class will provide the opportunity to acquire information about the myriad of places our presenters have traveled. MICL members, along with selected guests, will pass on their first-hand experiences involving traditions, cultures, and geography of many locations throughout the world. Please join us as we utilize our advanced audio/video capabilities to augment the knowledge of our presenters.

A Session

Monday Jan 19th - Feb 20th

B Session

Monday Feb 23rd - Mar 27th

C Session

Monday Mar 30th - May 1st

Mondays - 1:00-3:00 p.m.

Monday PM - A Session

American Artists in the National Gallery of Art

Coordinator: Betty Boj-Sode

National Gallery of Art videos and discussion (by a former staff member) of American artists represented in the NGA Collections. Subjects include John Singleton Copley (1738-1815), George Catlin (1796-1872), Mary Cassatt (1844-1926), George Bellows (1882-1925), and Edward Hopper (1882-1967).

Monday PM - B Session

MICL Meet Your Past

Coordinator: Judy Moore

This is an opportunity to meet selected MICL members whose histories should prove to be of interest to you. A message from the past describes this class very well. "Autobiographies are stranger than fiction and just as engaging. MICL members share the rich tapestry of their lives".

Monday PM - C Session

History of Stanislaus County

Coordinator: Don Rivara

Through regular guest speakers, the history of the county will unfold. The families for whom the roads and streets of the county are named will be covered as will the gold-influenced history of Knights Ferry and LaGrange. The development of agriculture and irrigation is central to the story, but the many other industries that developed here will also be dealt with. The development of the river towns and then the railroad towns will be followed.

**Tuesdays and Thursdays
8:30 to 9:30 a.m.**

A, B and C sessions

Young at Heart

Coordinators: Arline Wortner, Lila Huff, Doc Wait, Leonard Olives, Jim McCabe

A strength-training program designed specifically for older adults followed by Tai Chi. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

Tuesdays – 10 a.m.–noon

Tuesday AM - A Session

Gardening

Coordinator: Ron Rustschman

"Flowers always make people better, happier, and more helpful; they are

sunshine, food and medicine for the soul." Luther Burbank

The MICL Gardening class, in Session A of the Spring Semester, when everything around us is dead and the temperature is withering cold, will inspire us to prepare for the warmth and beauty that await in the months that follow. We'll hear from the professional and volunteer experts that serve our communities. Among the suggested topics, expect them to inform you about roses, bulbs, vegetables, fruit trees, irrigation and drought considerations, houseplants/ orchids, fertilization, diseases and pests, annuals vs perennials, bonsai and hydroponic gardening. The last class session will include a drawing and the two winners will have hands-on instruction in creating a beautiful container of Spring flowers. *"The earth laughs in flowers."* Ralph Waldo Emerson

Tuesday AM - B Session

World Nations

Coordinators: Bill Nichols

Joel Garreau in his 1981 book, "The Nine Nations of North America" noted that state boundaries were irrelevant. Relevant were groups of states and parts of states with their own culture, loyalties, and interests. He named them separate nations and we explore 7 of the 9. Like all World Nations Sampler classes, ours gets into the cultural roots of the place – climate, history, demographics, traditions, foods, dominant employment and a host of other factors.

Tuesday AM - C Session

Birding

Coordinator: David Froba

In this class you will learn about the wild birds of our local area. You will learn how to identify and appreciate them. Birds are beautiful, they are fascinating, they are symbols of freedom. Dave will show lots of videos he's taken of local birds and in addition to the class will lead us on non-MICL field trips in the area each weekend for the five weeks. David Sibley's "Field Guide to the Birds of Western North America" is suggested but not required.

Tuesdays –1:00 - 3:00 p.m.

Tuesday PM - A Session

Beginning Spanish for Seniors

Coordinator: Suzanne Wilke

This course will cover the basics of Spanish in a fun, relaxed atmosphere. Emphasis will be on conversation. A little knowledge of Spanish may be helpful, but it is not necessary. The class will be open to anyone with a desire to learn and have fun with a second language.

Tuesday PM - B Session

French 4 Fun

Coordinator: Diana Loomis

This class is designed for those with no experience in the French language, or for those who just want to review. Emphasis will be on basic practical conversation, reading, listening, and writing skills plus some aspects of French culture, music and geography. We will get you ready for your trip to France with some helpful travel vocabulary. Come join the fun!

Tuesday PM - C Session

Potpourri

Coordinator: Colleen Crosthwaite

This is a collection of classes covering a variety of subjects. A true POTPOURRI of learning!

Wednesdays –10 a.m.–noon

Wednesday AM - A Session

The United States Constitution

Coordinator: Dave Froba

Beyond the Bill of Rights and a few other provisions, most of us have never had the opportunity to study much about our Constitution, even though it has profoundly influenced all our lives in so many ways. We will study how the Constitution came into being and how it and its interpretation has continued to play out over the years. We will compare the form of government our Constitution has created with the rest of the world. Our Constitution is fascinating and beautiful. But should any of it be changed?

Wednesday AM - B & C Sessions

Great Decisions

Coordinator: Jerry Jackman

Great Decisions is one of the difficult courses offered at MICL. It requires purchase of a \$20 "briefing book" and homework, reading one of the 8 topics each week. The payoff is developing an understanding of major problems of our world. Each class begins with a fresh documentary produced by the Foreign Policy Association, followed by shared discussion of the topic. Topics for 2015 are: Russia and the Near Abroad, Privacy in the

Digital Age, Sectarianism in the Middle East, India Changes Course, US Policy Toward Africa, Syria's Refugee Crisis, Human Trafficking in the 21st Century, and Brazil's Metamorphosis.

Wednesdays – 1:00–3:00 p.m.

Wednesdays PM - A, B and C Sessions

Writers Workshop

Coordinators:

Sessions A & B : Don Rivara

*Session C: Vahl Clemensen &
Shirley Irving*

The art of writing is telling an event or an idea well, finding the right words and images to develop a character, chronicling the great events of our lives. These and many other writing endeavors are shared with our peers, who provide encouragement and helpful suggestions. We strive to build a supportive community in the class.

Thursday – 10 a.m.-noon

Thurs AM - A, B and C Sessions

What in the World?

A Session: Ken Bryant

B Session: Carol Quinlan

C Session: Hugh Brereton

MICL's longest running class gives members a chance to confront important issues of the day through discussions of news headlines and other media coverage. Here's your opportunity to be challenged by your colleagues and visiting speakers and to sound off on your opinion about what in the world is going on these days. Please remember to disagree agreeably.

Thursdays – 1:00-3:00 p.m.

Thurs PM - A, B, and C Sessions

Bridge for Beginners

Coordinator: Gene Richards

Fascination and complexity is what makes it so interesting – and sometimes addictive. Quite often people have been intimidated by the ins and outs of the game and have, therefore, avoided learning to play. Bridge is not a difficult game to learn. It takes some time and dedication but ask any one player – it's worth the effort. We encourage people who have never played the game to join us. Patient instruction and helpful partners create a fun atmosphere. Give us a try.

Last Thursday of each session 1:00.-3:00 p.m.

MICL Book Club

*Coordinator: Carol Sullivan and
others to be announced*

The MICL Book Club meets three times a semester on the last Thursday of each Session, A, B and C, 1:00 to 3:00 pm, to informally discuss a book previously chosen by the group.

Friday – 10:00 a.m. - noon (or when film ends)

Friday AM - A, B & C Sessions

Friday at the Movies

*Coordinators: Betty Boj-Sode and
Susan Wiltse*

Start your weekend relaxation with a film classic or foreign film (sub-titled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required.

mjc4life

Kids / Teens

ACTIVE ACTIVITIES

Princess Ballet (Ages 5-7)

An introduction to ballet serves as foundation for all other styles of dance. Your little princess can come to class dressed for the part to learn the five positions of ballet and fundamental steps required to complete short combinations. On the last day kids will put on a short performance for parents.

NOTE: Child must be 5 years or older - No exceptions.

Margaret Sniffen	\$55
Feb 24 - Apr 7	Tue 4:30pm - 5:15pm
7 sessions	John Muir, WC, 253



The Blue Tide Aquatics is a USA and summer league swim team. Local and travel swim meets available for all swimmers. Blue Tide swimmers can swim year round.

Focus on stroke mechanics and strong swimming skills.

Level 2: (Ages 7-11) 50 Freestyle/25 Backstroke

Level 3: (Ages 9-12) Legal 200 IM

Senior: (Ages 13 & up) Coach placement

See Blue Tide website for more information
<http://www.bluetideaquatics.com>

FUN TO DO



Modern Dance for Kids (Ages 7-14)

new In this class kids will learn basic modern technique including body placement and alignment, musicality, and performance. This is a great outlet for artistic expression as well as physical health. At the end of the seven sessions, there will be a performance for friends and family.

Margaret Sniffen	\$59
Feb 27 - Apr 10	Fri 3:45pm - 4:45pm
7 sessions	John Muir, WC, 253

Kids Beginning Sewing (Ages 8-12)

Do you want to learn how to sew? Beginning students learn basic sewing skills, including the operation of a sewing machine. You will construct a handkerchief, double drawstring bag and a craft apron. Returning students welcome.



NOTE: All materials supplied by instructor for \$20 material fee.

Elaine Arnold	\$75 + \$20 mat. fee*
Feb 20 - Mar 20	Fri 3:30pm - 5:30pm
5 sessions	John Muir, WC, 264

*pay \$20 material fee to instructor at class



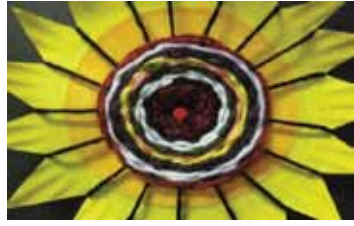
Animal Totem Necklace (Grades 3 and up)

new Students will create a small, polymer clay animal, then string it with decorative beads and feathers on a necklace. The project is based on a Native American tradition of recognizing the qualities of different animals within ourselves - our animal "totem"!

NOTE: \$5 material fee includes polymer clay, string, beads, feathers.

Linda Knoll \$25 + \$5 mat. fee*
Mar 3 & 5 Tue, Thu 3:30pm - 5:00pm
2 sessions Wawona 1, WC

*pay \$5 material fee to instructor at class



Weaving Fun (Ages 8-14)

new Weaving is fun and simple to learn. Come make a couple projects in one Saturday morning. We will create a Sunflower Weaving project and an Ojo - Folk Art "eye".

NOTE: All materials supplied by instructor for \$2 material fee.

Bernadette Burns \$25 + \$2 mat. fee*
Mar 7 Sat, 9am - 12:00pm
1 session Wawona 1, WC

*pay \$2 material fee at registration

Watercolor - Beyond the Basics (Grades 5 and up)

new Do you enjoy painting - especially watercolor painting? Come learn some fun techniques you can do with watercolor - tape resist, creating texture with salt and others!



NOTE: All materials supplied by instructor for \$5 material fee (includes watercolors student will take home).

Bernadette Burns \$25 + \$5 mat. fee*
Feb 7 Sat, 9am - 12:00pm
1 session Wawona 1, WC

*pay \$5 material fee at registration

Sketching for Kids (Ages 8-14)

Learn skills in drawing techniques, while expressing yourself through class projects using lines and shapes. You will explore how to analyze objects in nature and draw through careful observation. Lots of projects, lots of fun!

All skill levels welcome.

NOTE: The instructor will bring a sketchbook for each child the first day of class. All materials are included in the \$10 material fee.

Linda Salmon \$69 + \$10 mat. fee*
Feb 19 - Mar 26 Thu 4pm - 5:30pm
6 sessions Wawona 2, WC

*pay \$10 material fee to instructor at class

GOOD TO KNOW

S A T

Get Ready for the SAT Math (Ages 14+)

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applicants to take the SAT or ACT as part of their evaluation packets. This course will prepare you for both. Learn SAT Math test-taking skills and strategies. Topics covered include comprehensive mathematical review in algebra, geometry and abstract reasoning. Practice tests will be given.

NOTE: Bring pencil and notebook. Handouts and CD included in class price.

Linda Kong	\$85
Mar 4, 11 -	Mon, Wed 6pm - 8pm
Mar 7	Sat 9am - 12pm
3 sessions	John Muir, WC, 260

Get Ready for SAT English (Ages 14+)

Making the decision to attend college is probably one of the most important decisions you'll ever make, and your performance on college entrance exams is instrumental in determining your college choice. Universities and colleges throughout the U.S. require applications to take the SAT or ACT as part of their evaluation package. This course will prepare you for both tests. This class will cover strategies to prepare students in writing, grammar, critical reading and essay writing. Practice test sections will be given, and practice handouts are included.

NOTE: Please bring to class binder paper, highlighter, pen, pencil, 8-color set fine-tipped markers.

Willie Loeser	\$85
Feb 18, Feb 25	Wed 6:00pm - 8:00pm
Feb 21	Sat 9am - 12pm
3 sessions	John Muir, WC, 260

iPad Learning for Kids (Ages 10-15)

new iPads aren't just for Adults anymore. Did you get an iPad from Santa? Do you want to learn all the cool things your new toy can do? Just like your device can play games and take pictures, it can also provide you with fun outlets for learning, iPad apps can help you review basic skills, improve critical thinking and decision-making skills, and even learn to read.



Matt Ketchum	\$45
Jan 24	Sat 9am - 11:30am
1 session	Wawona 2, WC

iPad Parental Controls

new Did your child get an iPad from Santa? Do you need to learn about parental control settings? Then this class is for



you. Keep your child safe and away from unwanted web sites and mindful of data usage by learning how to set parental controls on the iPad device. Also discover family sharing tools for apps on iOS8. **ADULTS ONLY.**

NOTE: Bring your device, charger, notepad and pencil.

Matt Ketchum	\$45
Jan 24	Sat 1pm - 4pm
1 session	Wawona 2, WC

YOUTH MUSIC

Guitar for Kids (Ages 10-15)

Come learn to play guitar in a fun and enjoyable class! This class will teach basic chords and rhythms while students play their favorite songs. No musical experience necessary. Music will be provided.

NOTE: Bring a size-appropriate acoustic guitar.

Susan Janis	\$59 + \$2 mat. fee*
Feb 4 - Mar 11	Wed 4pm - 5pm
6 sessions	John Muir, WC, 253

*pay \$2 material fee to instructor at class - please bring exact change.

SUZUKI

Suzuki's success has proven not only that young children are capable of learning to play an instrument, but also that they derive genuine pleasure from their music making. In addition to the monthly group



lesson held at Modesto Junior College, you will pay for a weekly private lesson arranged by the Suzuki Piano Coordinator. Call 575-6063 for an application, or download one at www.mjc.edu/commed. You can apply any time during the year. **AFTER ACCEPTANCE INTO THE PROGRAM, a semester fee of \$29 per family is payable to MJC.** There is a waiting list, so please plan ahead. Dates, locations and times vary for Suzuki group lessons. Please check with your Suzuki instructor for your actual group lesson schedule.

NOTE: Ask for, or download, an application for Suzuki Piano at www.mjc.edu/commed. **Do not register for this class until you've been assigned a piano teacher by the Suzuki Piano Coordinator.**

NEW - Register early to avoid a late fee. For students already in the program, on March 1, 2015 the fee will be \$39.

mjc4life

Business

COMPUTERS

**Computers for Absolute Beginners**

This hands-on class will introduce new computer users to the personal computer and its uses. Your instructor will quickly put you at ease and you will soon feel comfortable using a computer. This class is taught on Windows-based computers. You will learn the use of the mouse, and how to use a Windows-based word processing program. By the end of the course you should feel comfortable creating, saving and retrieving documents.

NOTE: No previous computer experience is necessary. \$20 book fee will be charged at time of registration.

Matt Ketchum	\$79 + \$20 mat. fee*
Jan 27, Feb 3, 5, 12	Tue, Thu 6pm - 8pm
4 sessions	John Muir, WC, 152

*pay \$20 material fee at registration

**Computer Skills
The Next Step**

This is the perfect "Next Step" class. After the Absolute Beginning class you may still have some questions - or heard about a technology topic you are wondering about. Matthew will answer your questions and, if possible, demonstrate and walk the students through the answers on the computer. Each student will have opportunities to ask several questions, and we will all learn together as a class. After this class you will have your questions answered and learned skills to questions that matter to you.

NOTE: Prerequisite: Basic knowledge of computers. No books used for this class.

Matt Ketchum	\$79
Feb 17 - Feb 26	Tue, Thu 6pm - 8pm
4 sessions	John Muir, WC, 251



The Cloud - What is it? Why should I use it? How do I use it?

What is it? Why should I use it? How do I use it? Learn about the Cloud to store, retrieve, share, and view your data on the computer or your mobile device. It is convenient and reliable with all your files at your fingertips. Get access to your files, photos, music, videos from any device connected to the Internet including tablets, smartphones, laptops, and computers.

Matt Ketchum	\$35
Feb 28	Sat 9am - 12pm
1 session	John Muir, WC, 152

Windows 7

Windows 7 is still a popular Operating System by Microsoft. Learn all about the features and how to customize your computer's settings to fit your needs. You will learn how to use the Start menu and taskbar; move and re-size windows; create and manage files, folders, and libraries; search for content on your computer; using gadgets; and how to keep your computer secure.

Matt Ketchum	\$95 + \$22 mat. fee*
Feb 23 - Mar 2	Mon, Wed 6pm - 9pm
3 sessions	John Muir, WC, 152

*pay \$22 material fee at registration

Windows 8 - Laptops

This class will help you become more comfortable using your personal



laptop with the Windows 8 interface. This course will help familiarize you with the Windows 8 user interface and its basic capabilities. You will explore Windows 8 and learn how to create documents, send email, browse the Internet, and share information between applications and with other users. Upon successful completion of this course, you will be able to perform basic work-related tasks on a PC running the Windows 8.1 operating system. In this class you will: Become familiar with Windows Store apps and navigation features • Work with Desktop applications • Use Internet Explorer 11 • Customize the Windows 8.1 environment • Use Windows 8.1 security features. This course is designed for any end user, especially those new to computing.

NOTE: Bring Your Laptop with Windows 8 - touch screen okay. MJC computers DO NOT have Windows 8 - you must bring your laptop to take this class. Electricity provided.

Matt Ketchum	\$95 + \$24 mat. fee*
Mar 10 - Mar 17	Tue, Thu 6pm - 9pm
3 sessions	John Muir, WC 260

*pay \$24 material fee at registration

Managing Passwords

Do you have trouble keeping track of all your passwords on your computer and mobile devices? We are asked to change our passwords and not reuse them to stay secure but it becomes one of a nuisance than trying to keep you safe online. In this course we will learn how to use recommend password manager programs you can use on any computer or mobile device. In the digital age where many web sites and apps have you create user names and passwords this class will give you the skills to easily log in to any of your accounts safely and securely.



Matt Ketchum	\$35
Mar 28	Sat 9am - 12pm
1 session	John Muir, WC, 152



Excel 2010 Beginning

Excel is a business standard for many jobs. Many times potential employers want to know if you have some basic knowledge of this powerful spreadsheet software. You will begin to learn the time-saving features that are built into this software. You'll create worksheets, use formulas, format for printing and create different types of charts.

NOTE: Prerequisite: Must be able to use Microsoft Windows.

Ed Perillo \$110 + \$20 mat. fee*
 Feb 24 - Mar 5 Tue, Thu 6pm - 9pm
 4 sessions John Muir, WC, 152

*pay \$20 material fee at registration

Excel 2010 Intermediate

If you have already taken the Beginning Excel 2010 class, or have a good basic knowledge of Excel 2010, then this class will help expand your knowledge of Excel. You will learn how to link workbooks, use advanced functions, sort and filter data, create cell and range names, protect worksheets, use pivot tables, and templates.

NOTE: Prerequisite: Must have taken the Beginning Excel 2010 class or have a basic understanding of Excel.

Ed Perillo \$110 + \$22 mat. fee*
 Mar 10 - Mar 19 Tue, Thu 6pm - 9pm
 4 sessions John Muir, WC, 152

*pay \$22 material fee at registration



Office 365

Learn to use the newest version of Microsoft Office on your PC, Mac, tablet, smartphone, Apple iOS, and Android. Office Online is FREE and is everywhere you have devices with Internet access. In this course we will use the popular Microsoft Office apps including Word, PowerPoint, Excel, Outlook, OneDrive, and OneNote. Learn how to easily share and collaborate with others in real time. With Office 365 you will be able to create, upload, and share Office documents.

Matt Ketchum \$95
 Mar 9 - Mar 16 Mon, Wed 6pm - 9pm
 3 sessions John Muir, WC, 152

Android

see page 24

Matt Ketchum \$49
 Jan 31
 Sat 9am - 12pm
 1 session
 John Muir, WC 255

Your New iPad

Demystify It!

see page 24

Matt Ketchum \$49
 Jan 22 - Jan 29
 Thu 6pm - 9pm
 2 sessions
 John Muir, WC, 255

Modesto Junior College

Community Education

Our online courses are open to everyone!

expert instructors



affordable courses

24/7 access



convenient for everyone!



Learn from the comfort of home!



Online Learning
anytime, anywhere

Online learning anytime, anywhere

A-Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Beginning Writers Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Beginning Writers Workshop

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

QuickBooks 2014 - Beginning

Gain control of your business as you learn to use this powerful accounting software to create and print invoices, track your payables and receivables, and more.



www.mjc4life.org

CAREERS

Intermediate ICD9CM Medical Coding

These classes are meant to teach the more Intermediate concepts of ICD9CM coding; Obstetrics, Cardiovascular, Neoplasms, Injuries/Poisonings, etc in order to: 1) prepare attendees for entry level coding in various medical settings where ICD9CM is used 2) will assist in preparing attendees for taking the CCA or CS exams offered by the AHIMA to become a Nationally certified coder. **STUDENTS MUST REGISTER EARLY TO AVOID THE CLASS BEING CANCELED FOR LACK OF ENROLLMENT.**

NOTE: Prerequisite: Basic ICD9CM class. Bring first day: 3 ring binder, flags/Post Its, highlighter pens, pen/pencil, paper. Bring your books to first class. For required textbooks go to www.mjc.edu/commed (use left side bar link to 'supply lists and photos').

Diane Lemire \$249
Jan 20 - Apr 21 Tue 5:30pm - 9pm
14 sessions John Muir, WC, 262

Basic Medical Coding: CPT

This is not a billing course. This course is meant to teach the Basics of CPT coding, in order to: 1) prepare attendees for entry level coding in various medical settings where CPT is used and 2) will assist in preparing attendees for taking the CCA or CCS exams offered by the AHIMA to become a Nationally certified coder. **STUDENTS MUST REGISTER EARLY TO AVOID THE CLASS BEING CANCELED FOR LACK OF ENROLLMENT.**

NOTE: No Class Feb. 16. Two textbooks are required; must have for first day of class 1) Basic Current Procedural Terminology & HCPCS Coding 2013 Edition, By Gail Smith, with AHIMA publisher, ISBN: 9-781584-26400-2 (must have 2013 edition only) about \$73 +s/h. Can buy through AHIMA at www.ahima.org or call 800.335.5535

2) CPT Code Book 2014; only Professional Edition please (not Standard edition) AMA publisher ISBN: 978-1-60359-844-6 Can buy through AMA at www.amabookstore.com or call 800.621.8335

Diane Lemire \$249
Jan 26 - May 4 Mon 5:30pm - 9pm
14 sessions John Muir, WC, 260

New!
Coming in
Spring 2015



Medical Billing
Certificate
Program

By Kris Patterson

Become a valued professional in the fast growing health care field by earning a certificate in Medical Billing. To earn a certificate students must complete all five courses:

- Introduction to Medical Insurance Billing,
- Coding: CPT, ICD9, ICD10 & HCPCS,
- Advance Medical Insurance Billing,
- Part II Workers Compensation & Personal Injury,
- and a home study course of Computerized Medical Insurance Billing

Electives:

- Medical Front Office Procedures
- Start Your Own Medical Billing Service

Note: *The above courses and electives may be taken individually as long as you meet the prerequisites.*

Save your spot
registration opens February 23
classes begin in April

more information at
www.mjc4life.org



Microanalysis-B-Mold Counting

Learn mold count procedures as applied to fruit and tomato products and food plant sanitation. This 30-hour class includes lecture and hands-on training in a small class setting, includes Howard Mold, and Rot count methods. A certificate of attendance will be awarded to students who successfully complete the class.

Donald Jepson	\$350 + \$15 mat. fee*
Feb 18 - Apr 22	Wed 6:15pm - 9:15pm
10 sessions	Science Community Center, 212

*pay \$15 material fee at registration



SMOG BAR Update Class

This course offers 16 hours of update training. It will cover the latest smog update requirements. The Bureau of Automotive Repair (BAR) requires all licensed Smog Check Technicians, whose license expires during the year, to complete the Update Training Course prior to renewing licenses.

NOTE: Price includes textbook. ABSOLUTELY NO walk-in registrations. Please pre-register by calling 575-6063.

Ruben Parra	\$250
Feb 7 & 8	Sat, Sun 8am - 4:30pm
2 sessions	Tenaya Auto Complex, WC, Shop (map pg 63)

Ruben Parra	\$250
Apr 11 & 12	Sat, Sun 8am - 4:30pm
2 sessions	Tenaya Auto Complex, WC, Shop (map pg 63)

Paralegal Certificate Course - Online

new This intensive, nationally acclaimed program, offered in partnership with Modesto Junior College Community Education and The Center for Legal Studies, is designed for beginning, as well as advanced, legal workers. Training includes instruction on how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation. The instruction is practice-oriented and relates to those areas of the law in which paralegals are most in demand. There are no prerequisites to take the course, but students will be expected to complete a significant amount of homework throughout the course. This program will help students increase their office's efficiency, productivity, and billable hours as well as learn new marketable job skills. Successful graduates will be awarded a Certificate of Completion from Modesto Junior College Community Education. To receive a certificate students must pass numerous quizzes and successfully complete several legal document writing assignments.

Core Paralegal Class
(includes 2, 7-week sessions)
\$1,289

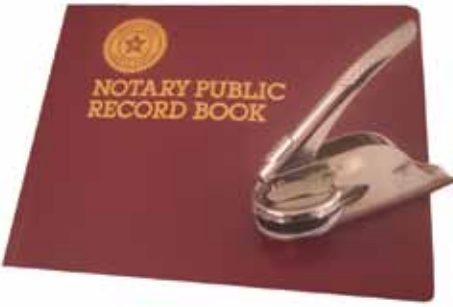
Session Start Dates: Jan 12, Mar 9, May 4
Jun 19, Aug 14, Oct 9

Advanced Online Paralegal
You will select 6 classes from a variety of topics such as: Estate Planning • Intellectual Property • Real Property Law • Family Law • Constitutional Law and Civil Liberties • Meditation and other forms of ADR • Immigration Law • Criminal Procedure • and others

NOTE: You can take up to 3 separate advanced classes per 7-week session. Each class has a different set of books - some may use the books you have from the Certificate Core class. You will be responsible for ordering the correct books from the Center for Legal Studies. Plan ahead so you will have your books when you begin classes.

Advanced Online Paralegal class (select up to 3 topics to study each 7-week session)
\$1,800

Session Start Dates: Jan 12, Mar 9, May 4
Jun 19, Aug 14, Oct 9



Become a Notary Public in One Day

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get re-commissioned. This intensive, one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the official Notary exam (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. Class time includes the test. The class includes a practice Notary Public Exam.

NOTE: Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must return from breaks on time. Bring to class 1) \$40 check made payable to Secretary of State; 2) Proper ID - current drivers license with photo or state issued ID card; 3) Two #2 pencils; 4) Passport color photo (2 x 2). After you pass the test, you will be required to pass a Live Scan fingerprint check to become a Notary. Once you pass the test, to operate as a notary requires an investment in the following; you will need a Notary stamp, bond, journal and certificates. Insurance is recommended. NPS will have optional packets available starting at \$200 and up if you wish to purchase one on the day of class.

Carrie Christensen	\$99 + \$30 mat. fee*
Mar 14	Sat 8am - 6pm
1 session	Forum Bldg, 101

*pay \$30 material fee to instructor at class

Renew your Notary Commission - 3 Hour State Required Seminar

As of January 2009, Renewing Notaries may take a 3-hour approved Notary Refresher course. We will review all laws and regulations you are required to know to continue as a Notary. You must take the exam and be finger-printed again. Class time includes the test. Live Scan fingerprints required after you pass the exam. Arrive early. No one will be admitted after 12:45 p.m.

NOTE: Optional Notary supplies will be available for sale in class. Bring to class 1) \$40 check made payable to 'Secretary of State' 2) Proper ID - current driver's license with photo or state issued ID card 3) Two #2 pencils 4) Passport color photo (2x2). After you pass the test you will be required to pass a Live Scan fingerprint check to become a Notary. Once you pass the test, to operate as a notary requires an investment in the following; you will need a Notary stamp, bond, journal and certificates. Insurance is recommended. NPS will have optional packets available starting at \$200.00 and up for those that wish to purchase one on the day of class.

Carrie Christensen	\$50 + \$30 mat. fee*
Mar 14	Sat 12:30pm - 6pm
1 session	Forum Bldg, 101

*pay \$30 material fee to instructor at class

Coming in Spring 2015

Become a Certified Loan Signing Agent

Live Paralegal Class



After a successful first year of our in-class paralegal course, we are excited to be able to offer it in 2015. Upon completion of this live paralegal class, you will be ready to become an important asset in a law office or legal department. This live class will satisfy the Certificate of Completion requirement of the California Business and Professions Code, Section 6450-6456. In addition, you must have a high school diploma or equivalent.

You will have computer lab time for legal research, writing, and filling out forms, in addition to lectures and discussions.

The class will be taught by attorneys and paralegals in our area, who have been in the legal field for many years, and understand how valuable the role of a paralegal is in a legal environment.

Topics covered in the class will be:

- Introduction
- Civil Procedure
- Torts
- Contracts
- Criminal Law and Procedures
- Federal Civil Procedure
- Family Law
- Wills, Trusts, and Estates
- Legal Research and Writing
- Civil Trials and Appeals
- Business Law
- Constitutional Law

Classes will meet Tuesday and Thursday evenings
April 7 - December 10, 2015 from 6:00-9:30 p.m.
John Muir Hall, West Campus, Room 255

Fee for course \$4,600 - includes all books and LexisNexis Research.

To help ensure your success you must have ONE of the following:

- *Take the MJC Reading Accuplacer test and obtain a score of 70 or higher* **OR**
- *AA degree or higher from a U.S. College* **OR**
- *Successfully completed Reading 82 or higher with a "C" or higher*

FREE INFORMATION MEETINGS
Feb 24 and Mar 19, 2015 - 6:30 p.m.
John Muir Hall, West Campus, Room 255

Come meet our lead instructor - Attorney Kay Parker, along with other instructors, and find out more about the class. Be prepared to ask questions about this program.

Pharmacy Technician

Prepare for a New Career



**New Class Begins
March 2015**

Eligible for tuition assistance through
WIA/ETPL Alliance Worknet
and
SallieMae Smart Option Student Loan

Information Meeting

Thursday, January 22, 6:00 pm

*John Muir Hall, 260
West Campus*

Application Deadline

February 3, 2015

NEW Pre-requisites

**Come to the
Information Meeting
to find out the
NEW Prerequisites.**

For a complete listing and explanation of the NEW Pre-requisites, application and sample math test available online for the Pharmacy Technician program for the 2015 class, see our website at www.mjc.edu/commed

Purpose of program

- To qualify you to be licensed as a Pharmacy Technician (California law requires you to register as a Pharmacy Technician with the California State Board of Pharmacy in order to work as a Pharmacy Technician).
- To prepare you for an entry-level position as a Pharmacy Technician

Pre-Qualifying Math Exam Dates

January 29

**6:00 p.m.
John Muir Hall, 260
West Campus**

**654-hour program
provides lecture,
lab and externship**



Call for Information - 575-6063

Or visit: www.mjc.edu/commed

Click on "Pharmacy Tech" located on the left hand side of the screen.

CERTIFIED PHLEBOTOMY TECHNICIAN I



**Approved for
SallieMae
Smart Option
Student Loan
Call for Info.**

New Class in Fall 2015

A Certified Phlebotomy Technician I (CPT I) primarily collects blood samples for a variety of reasons, including medical testing, blood transfusion, and blood donation. Phlebotomists are also responsible for explaining procedures to patients, and more. Technological advances require more testing, resulting in the need for more Certified Phlebotomy Technicians.

Mandatory Information Meeting

*Application process will require you to attend a
Mandatory Information Meeting*

Wed, March 18 - 6:00 p.m.

Forum Bldg, Rm 101 - East Campus

The purpose of this program is:

- * To prepare you for an entry-level position as a Certified Phlebotomy Technician I
- * To upgrade and/or broaden your skill base

Upon successful completion of this program, you may:

- * Take a national Phlebotomy Certification. Upon passing an examination you will be eligible to apply to the State of California for a CPT I certificate.

Four Steps to Become a Phlebotomist:

1. Classroom instruction - 60 hours plus at least 4 classes for testing and practice)
2. Externship (hands-on): 40 hours (1 week)
3. Take and pass a certification test - 2-3 month wait time for application and test
4. Register with the state - approx. 90 days

NOTE: Parts 1 & 2 can be completed in approximately 9 months to 1 year.

Tuition - \$2,985

(includes textbooks, lab materials and liability insurance)

Price now includes required background check and drug screening for externship.

Information and Application can be downloaded and printed from our website:
www.mjc.edu/commed (click on "Phlebotomy" on left column)

Call 575-6063 for Additional Information

Logistics & Warehousing



In response to an overwhelming number of inquiries, MJC's Workforce Development and Community Education are offering training for entry-level positions in Warehousing - MSSC Certificate - Levels 1 & 2 - CLA (*Certified Logistics Associate*) & CLT (*Certified Logistics Technician*)

Earn a Nationally Recognized Certificate!

Students will prepare for MSSC Certification Level I or Level 2. Successful students will earn the nationally recognized MSSC-CLA or CLT Certificate.

Warehousing and Distribution facilities in our area are growing at a rapid rate, and need to hire workers who have the skills to hit the ground running.

Course competencies include:

- Warehousing Operations
- Inventory Control Systems
- Order Processing
- Measurements & Metric Conversions
- Information Technology
- Powered Industrial Equipment
- Evaluation of Transportation Modes
- Safety



Scan Guns & Inventory Control Systems - \$125

Sat., February 21 - 8:00 a.m.-12:00 p.m. **OR**

Sat., March 14 - 8:00 a.m.-12:00 p.m.
Sierra Hall, West Campus, Room 114

Lift Truck & Safety Training - \$230

NOTE: must be 18 years or older

Sat., February 28 - 8:00 a.m.-5:00 p.m. **OR**

Sat., March 7 - 8:00 a.m.-5:00 p.m.
Sierra Hall, West Campus, Room 206

CLA (Certified Logistics Associate) - \$400

Registration Deadline: February 18, 2015

Thurs., March 5, 12, 19, 26 - 7:00-10:00 p.m.
Sierra Hall, West Campus, Room 114

CLT (Certified Logistics Technician)* - \$400

***Must possess CLA Certificate to enroll in CLT**

Registration Deadline: February 18, 2015

Thurs., March 5, 12, 19, 26 - 7:00-10:00 p.m.
Sierra Hall, West Campus, Room 114

Lead Instructor: Mary Ann Henriques

NOTE: Online work outside of class required for CLA/CLT



Call 575-6063 to Register or go to www.mjc4life.org

mjc4life

Travel

TRIP INFORMATION



You can register for a trip the same way you would for a class. See the different ways you can register for classes or trips on page 66. Extended trips must be made over the phone or in person.

Once registered, day trip participants will receive a letter 7-10 days before the trip. Buses normally depart from the MJC West Campus, but MJC reserves the right to make any necessary changes in departure place and times. The departure location will be listed in the letter you receive from our office.

Modesto Junior College (MJC) reserves the right to make changes to itineraries of equal or greater value as deemed necessary. We cannot reimburse clients for items in the tour that they elect not to participate in.

MJC will not be liable for delays, bad conditions of the road, storms, acts of God, public enemies, strikes, acts of terrorism, and other conditions beyond its control.

All off-campus extracurricular field trips/excursions are voluntary. If you choose to participate, be advised that pursuant to the California Code of Regulations, subchapter 5, section 55450, you agree to hold the District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with your participation.

Trip Cancellation Information

All trip refunds are subject to a \$20 processing fee, regardless of when or why you cancel. If our office needs to cancel a trip you will receive an automatic full refund.

Day Trips

A full (100%) refund will be given for trips which are full at the time registration is received or those that the college finds necessary to cancel. For trips/tours, advance notice of cancellation must be given with the following guidelines:

One-day Excursions

Short, day trips that do not have any pre-purchased tickets, meals or any other advanced payment, requires 7 days notice.

Trips with Pre-purchased Items

Day trips that require MJC to pre-pay for tickets, meals, or other participant expenses require 30 days notice.

Short, Overnight Trips

Refunds for overnight trips require a minimum of 45 days notice of cancellation. Tickets and hotel reservations must be reserved and purchased by Modesto Junior College in advance and most are non-refundable. For less than the 45-day notice we can only provide a refund if your space can be resold. If we are able to resell your space, a \$20 processing fee will be deducted from your refund.

Extended Trips

Our extended trips have various cancellation, deposit, and final payment deadlines. Please be sure to ask for this information when you register.

How much walking?

LIMITED: May require a walk to the theater, or to your seats at the ballpark. If free time allows participants to stroll a bit, you are welcome to find a place to sit and rest.

MODERATE: May require a large amount of walking, usually in either the morning or the afternoon.

EXTENDED: Will involve walking much of the day.

Pacific Orchid Exposition and Pier 39



More than

100,000 orchids in every color, shape, and size will be showcased and sold at this 61st Annual exposition. Annual exhibition that features exotic orchids grown in all types of environments from domestic greenhouses to new species collected in the wild from all over the world. We'll spend the afternoon at Pier 39 for a no host lunch and browsing.

NOTE: Fee includes entrance fee and chartered bus transportation.

Sun, Feb 22 \$56 8am - 6pm

DAY TRIPS

San Francisco Moving Movie Tour & Lunch

Join us on a fun motor coach tour of the movies made in and about San Francisco. The guided tour begins in Japan Town and includes a special ice cream treat in the afternoon. Over 80 of the best film clips will be shown on the bus. They include: The Birds, Vertigo, Dirty Harry, Foul Play, Mrs. Doubtfire, The Maltese Falcon, Birdman of Alcatraz and many more. Lunch is included at Pompei's Grotto. Enjoy cup of Clam Chowder Soup and a choice of: Shrimp Louie, Chicken Piccata, or White Fish, Dessert, and Coffee, Tea, or Soda.



NOTE: Fee includes guided tour, lunch, ice cream treat, and chartered bus transportation.

Sat, Apr 18 \$88 8:15am - 6:30pm



Carmel-By-The-Sea

Carmel has consistently been voted one of the top tourist and visitor destinations in the country and after visiting you understand why. Within the quaint European style village visitors can relax, unwind and enjoy the peaceful European ambience. With the art galleries, antique shops, boutiques, small intimate cafes, and restaurants, Carmel promises visitors hours of discovery. The day is yours to spend as you wish. Enjoy a no-host lunch as well as the beach and many shops. We will stop briefly at Casa de Fruta on the way to and from Carmel.

NOTE: Fee includes chartered bus transportation only.

Sat, Mar 14 \$51 7:30am - 7:30pm

Petaluma River Cruise Museum Tour & Lunch

👣👣👣 We'll begin our day with a self-guided tour of the former library, now the Petaluma Historical Library & Museum. The neo-classical style building features the largest free-standing leaded glass dome in Northern California. Next, enjoy a hosted lunch with your choice of: Chicken Sandwich, Pork Sandwich, or Vegetarian Pasta. Coffee, Tea, or Soda included. After lunch, we'll embark on a three-hour narrated boat cruise of the Petaluma River. Sail this historic waterway from the turning basin in downtown Petaluma to the mouth of the river in San Pablo Bay.

NOTE: Fee includes VIP tour with museum entrance and chartered bus.

Sat, Apr 11 \$110 7am - 7pm

S.F. Giants

Interest List

Call today

575-6063



Boudin Bakery Tour & Lunch

👣👣👣 Enjoy a self-guided Museum and Bakery Tour that tells the story. See a display of miners' and bakers' tools dating back to the 1800's and historic images and artifacts. Watch the bakers at work from a catwalk above the demonstration bakery. You'll see flour pumped from the outside silo into the mixer, where it's blended into dough, tossed from the mezzanine level to the ground floor, then hand finished and baked into one of more than 12,000 loaves each day. We even get to sample the fresh baked bread! Afterwards, we will go to the second floor and enjoy the bay sights and scenes while we enjoy our lunch at the Bistro Boudin. Your choice of: Clam Chowder served in a Petite Sourdough Bread Bowl or Caesar Salad; Grilled Swordfish and Vegetables; Chicken Scaloppini with Garlic Mashed Potatoes and Green Beans; or Roasted Organic Mushroom Risotto, Non-alcoholic Drink, and dessert of Sourdough Bread Pudding with Vanilla Bean Cream. Coffee and Hot Tea served with Dessert. Enjoy free time at Fisherman's Wharf before we head for home.

NOTE: Fee includes tour, lunch, and chartered bus transportation. If museum is booked for a private event boudin reserves the right to cancel any conflicting tour.

Sat, Mar 7 \$92 8am - 6pm

49ers

49ers Stadium Tour

👣👣👣 Join us for this VIP private tour of Levi's Stadium. The stadium is the new home of the San Francisco 49ers, and also one of the world's best outdoor sports and entertainment venues. The \$1.2 billion venue has over 1.85 million square feet. Our private tour begins at the upper level of the Intel Plaza with a photo opportunity in front of the playing field. Tour stops include premium club spaces, a private suite, the Verizon Press level, locker rooms including the Gold Rush locker room, and more. The tour ends in the 49er Museum presented by Sony. Your ticket allows you entrance to the museum to tour on your own. Afterwards, we head to Santana Row for a no-host lunch and time to shop.

NOTE: Fee includes VIP tour with museum entrance and chartered bus transportation. All spaces on tour subject to availability.

Sat, Feb 28 \$81 8am - 6:30pm



Cameron Mackintosh's spectacular new production of Andrew Lloyd Webber's, THE PHANTOM OF THE OPERA, will come to San Francisco as part of a brand new North American Tour. Hailed by critics as "bigger and better than ever before," this production boasts many exciting special effects including the show's legendary chandelier, new scenic and lighting designs, new staging and choreography. The beloved story and thrilling score - with songs like "Music of the Night," "All I Ask Of You," and "Masquerade" - will be performed by a cast and orchestra of 52, making this PHANTOM one of the largest productions now on tour. You will be dropped off and given free time at Union Square for a no-host lunch and shopping before being picked up and dropped off at the Orpheum Theatre. After the performance the bus will pick you up.

NOTE: Fee includes matinee performance in Center Orchestra seating and chartered bus transportation.

A > **Sat, Sept 19** \$159 8:30am - 7pm

B > **Sat, Sept 26** \$159 8:30am - 7pm

C > **Sat, Oct 3** \$159 8:30am - 7pm

EXTENDED TRIP INFORMATION MEETING

Come and see what MJC is offering in 2015

See slides, ask questions, and meet others with your same travel interests.

Saturday

January 24, 2015 - 2 p.m.

Modesto Junior College,
435 College Avenue, Modesto
Forum Building, Room 110
Free Parking on Saturday!

Wednesday

April 8, 2015 - 3:00 p.m.

Modesto Junior College
435 College Avenue, Modesto
Forum Building, Room 101
Call for a free parking pass!

Saturday, June 13, 2015

Time and location to be announced

Italian Vistas

October 31 - November 12, 2015 - 13 Days

This incredible 13-day trip showcases the best of Italy with multiple night stays in Rome, Florence, and Venice. Your tour begins in the Eternal City of Rome where you will stay the first three nights. Enjoy a classical Rome City Tour featuring the Piazza Venezia, the Roman Forum, the Circus Maximus, the Colosseum, and the Arch of Constantine. An optional tour is available to tour the Magnificent Treasures of the Vatican Museums, the Sistine Chapel, and St. Peter's Basilica. Day five travel along the Bay of Naples and see the excavated ruins of Pompeii during a locally guided tour. Continue traveling to the scenic resort town of Sorrento, your home for two nights. Day six a scenic boat brings you to the Isle of Capri. Explore this lovely area before traveling back to the Sorrento Coast. Days seven and eight travel to Florence, your home for the next two nights. In Florence you will visit Michelangelo's figure of David as well as a guided tour including the Piazza Del Duomo to see the Cathedral of Santa Maria del Fiore, and the famous Gates of Paradise on the Baptistery of St. John. You also view the Piazza Della Signoria with its Palazzo Vecchio. Day nine head toward the coast to the ancient Republic of Pisa, and stop at the Piazza Dei Miracoli along with the leaning tower of Pisa. After lunch at a Tuscan winery, continue on to Venice, your home for two nights. Built on 117 islands, with 150 canals and 400 bridges, Venice, is known as one of the most enchanting cities in the world. Day ten your day begins with a boat trip (weather permitting) to Murano Island for an up-close glass-making demonstration. Return by boat to St. Mark's Square where a local expert provides a walking tour featuring the Clock Tower, St. Mark's Basilica; the Doge's Palace; and the famous Bridge of Sighs. This evening (weather permitting) an optional gondola serenade cruise is available. Day eleven depart Venice and drive to Verona, home of the epic love story, Romeo and Juliet. Continue on to the picturesque Italian Lake District and the resort town of Stresa. Day twelve driving through the beautiful lake district of Italy, you cross into Switzerland and arrive at the lakeside resort of Locarno, which offers excellent shopping opportunities. Tonight you are transported by boat to your farewell dinner on Isola dei Pescatori for a farewell dinner. Day thirteen head for home with memories of a lifetime.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 18 meals included. \$510 deposit per person due upon registration. **Save \$200 and book by May 1, 2015.**

Double	\$5,349 per person	Single	\$6,299 per person
---------------	--------------------	---------------	--------------------

Peru

Ancient Land of Mysteries

September 4-14, 2015 - 11 Days



After an overnight flight arrive on Day two in Lima, Peru. We are arriving one day early before the tour begins. Day three discover Lima's fascinating history during a tour through the historic city center. View the Government Center, the Plaza de Armas's Cathedral, and others. This evening join your fellow travelers for a welcome dinner. Day four fly to Cuzco and journey through the Andes to the Sacred Valley of the Incas. Day five visit the Ollantaytambo ruins, the only Inca settlement that has been continually inhabited since its inception. Day six board the Machu Picchu train for a ride through the Andes to the "Lost City of the Incas." Hidden by mountains and semi-tropical jungle, Machu Picchu is considered the most spectacular sight in South America. Spend the afternoon with your guide uncovering mysteries of these majestic ruins. Tonight stay at the base of Machu Picchu to further appreciate the atmosphere. Day seven you may return to Machu Picchu on your own or explore the local markets. This afternoon you will return by train to Cuzco. Day eight explore this former capital of the Inca Empire during a city tour. Discover the ruins of Sacsayhuaman Fortress. This afternoon you may choose to join an optional excursion to explore the Inca terraces at Maras and the salt mines of Moray. Day nine join your tour guide this morning for a visit to the Centro Artesanal Cuzco market before flying to Puno, which hugs the shores of Lake Titicaca. Day ten cruise to the floating islands of the Uros people of Lake Titicaca. Experience walking on the spongy surface, made from compacted beds of tortora reeds. This afternoon visit Chullpas de Sillustani. Participate in a local home visit to gain insight into daily life. Day eleven relax this morning on the shores of Lake Titicaca. Have time to explore the Yavari, a 150-year-old British ship that has been restored and is now moored in front of the hotel. Later, fly to Lima for your connecting flight home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round-trip airport transportation, hotel transfers, and 15 meals included. \$550 deposit per person due upon registration. **Save \$200 and book by March 5, 2015.** The highest elevation is approximately 12,500 feet (Puno).

Double	\$4,879 per person	Single	\$5,659 per person
---------------	--------------------	---------------	--------------------

Discover Scotland

Featuring Edinburgh's Famous Military Tattoo Show

August 10 – 19, 2015 – 10 Days

Enjoy this magnificent tour that begins on Day two in Edinburgh, Scotland. Day three a locally guided tour includes Edinburgh Castle, home of the Scottish Crown Jewels, and the Palace of Holyrood, the Queen's official residence in Edinburgh and former home of Mary, Queen of Scots. Later, return to Edinburgh Castle for the famous Military Tattoo show. Staged every year as part of the Edinburgh Festival, The Edinburgh Military Tattoo is a unique and memorable celebration of music, dance and military pageantry. With the spectacular backdrop of Edinburgh Castle, almost a thousand musicians, pipers, drummers, singers and dancers perform on the cobbled Esplanade. Highlights are the performances of the Massed Pipes and Drums and the Massed Military Bands that emerge from the huge castle gates playing the stirring battle tunes of Scotland's famed regiments. Day four travel to St. Andrews, the town that gave the world the game of golf. See the Royal and Ancient Clubhouse and the famous Old Course. Day five visit the prehistoric burial ground of Clava Cairns, Culloden Battlefield, and the majestic Dunrobin Castle. Day six enjoy a full day in the Orkney Islands. Day seven travel through Inverness and take in the panorama of Loch Ness. Keep your eyes open, you never know when Nessie, the Loch Ness Monster will appear! Here, visit the ruins of Urquhart Castle before traveling through the Great Glen, famous for its many lochs. Day eight ride along the Road to the Isles and over the Skye Bridge to the legendary Isle of Skye. Visit Armadale Castle before returning to Ballachulish to see Glenfinnan; where Bonnie Prince Charlie rallied the clansmen for battle during the 1745 Jacobite Rebellion. Day nine begins with a scenic drive and leisure time in Callander before visiting a renowned whisky distillery. Afterwards, cruise on Loch Lomond, the largest lake in the United Kingdom. Tonight join your group for a farewell dinner. Day ten the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round-trip airport transportation, hotel transfers, and 14 meals included. \$510 deposit per person due upon registration. **Save \$200 if you book by February 11, 2015.**

Double	\$4,919 per person	Single	\$5,469 per person
---------------	--------------------	---------------	--------------------

COLORS OF NEW ENGLAND

October 6-13, 2015

8 Days

This fall foliage trip starts with a two night stay in historic Boston. Day two enjoy a sightseeing tour of the Old South Meeting House, Public Gardens, Old North Church and Beacon Hill. After a stop at Faneuil Hall Marketplace, the afternoon is at leisure. Tonight, enjoy a welcome dinner with your fellow passengers at a favorite restaurant. On Day three depart Boston for Vermont, the "Green Mountain State". See traditional white steeple churches, quaint villages and tree-covered mountainsides along the journey. In Woodstock, a covered bridge in the town center, along with the beautiful Georgian houses that surround the town green, adds credence to its reputation as "the quintessential New England village". Visit the impressive 165 foot deep, mile-long Quechee Gorge, before arriving in Stowe for a two night stay. Day four visit the Cold Hollow Cider Mill to watch apples being transformed into cider the old-fashioned way. Next, a tour of Ben & Jerry's Ice Cream Factory teaches you about the ice cream process and even provides a sample for you to taste. The afternoon is at leisure. Day five soak in the lovely New England countryside as you journey to North Conway, New Hampshire for your two night stay. En route, visit the Rocks Estate, home to the North Country Conservation & Education Center. Learn about the history and importance of maple sugaring as you tour the farm. Day six board the M/S Mount Washington and spend an hour cruising Lake Winnepesaukee. After your cruise, visit the charming town of Wolfeboro. Later, return to North Conway via the Kancamagus Highway, a scenic byway offering spectacular views of the region. Day seven depart New Hampshire for Maine, arriving in Boothbay Harbor. This afternoon, experience a cruise through Boothbay Harbor for spectacular views of the coast, including lighthouses and other scenery. Tonight, enjoy the camaraderie of your fellow travelers during a farewell dinner featuring fresh Maine lobster and all the fixings! Day eight travel through the seaside community of Kennebunkport. See Walker's Point, former President George H.W. Bush's summer home. Then, return to Boston for your flight home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round-trip airport transportation, hotel transfers, and 10 meals included. \$455 deposit per person due upon registration. **Save \$150 and book by April 6, 2015.**

A > Double	\$3,349 per person	Single	\$4,399 per person
------------	--------------------	--------	--------------------

Rugged Coast of Maine

July 25 – August 1, 2015 – 8 Days

Get out of the heat and experience this custom designed tour that begins in Boston, Massachusetts and travels to the beautiful state of Maine. Arrive on Day one in Boston for a two night stay. Day two begins with a sightseeing tour featuring the Old South Meeting House, Public Gardens, Old North Church and Beacon Hill. Stop at Faneuil Hall Marketplace before embarking on a harbor cruise and visit the USS Constitution. Disembark for a tour of the famous ship and accompanying Naval Museum. Tonight join your fellow travelers at a welcome dinner at America's oldest oyster house, located on historic Freedom Trail. Day three depart Boston and travel north through Maine to the resort town of Bar Harbor, your home for the next three nights. Day four embark on a cruise in the gulf of Maine in search of whales and North Atlantic Puffins. During your cruise, you'll visit Petit Manan National Wildlife Refuge. Day five tour Bar Harbor and Acadia National Park. Stops include the top of Cadillac Mountain, Thunder Hole and Northeast Harbor. The afternoon is at leisure. Day six depart for Portland and stop en route in Freeport, Maine's most-visited destination, and home to L.L. Bean. After an included lunch at Jameson Tavern, a restored historical inn, enjoy free time to shop at the many outlets before heading on to Portland. Day seven enjoy a drive along picturesque Ocean Point Road. Visit Railway Village, with historic village displays and an operating steam narrow gauge train. This afternoon, experience a cruise through Boothbay Harbor for spectacular views of the coast, including lighthouses and other scenery. Tonight, join your fellow travelers for a very special farewell lobster dinner. Day eight travel through the seaside community of Kennebunkport. See Walker's Point, former President George H.W. Bush's summer home. Then, return to the Boston airport for your flight home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 12 meals included. \$455 deposit per person due upon registration. **Book at this price by January 19, 2015.**

A > Double	\$3,199 per person	Single	\$4,249 per person
------------	--------------------	--------	--------------------

AMISH COUNTRY CHRISTMAS

December 4 – 10, 2015 – 7 Days

Get into the Christmas spirit with this charming tour that takes you into the heart of Amish Country. Fly into Philadelphia for a two night stay. Day two, visit the Brandywine River Museum, noted for its Wyeth paintings. At Christmas time it's decorated with the many faces of Claus, antique doll collections and other special decorations. Later, tour Longwood Gardens where you will see the famous Christmas Flower displays in their indoor conservatories. Dine this evening at The Terrace Restaurant, located at Longwood Gardens. Day three embark on a tour of the "Birthplace of a New Nation." Highlights include a visit to the Liberty Bell and Independence Hall. A stop is made at the visitor center to view the movie Independence before departing for a four night stay in Amish Country. Day four visit Wheatland, the home of our 15th president, James Buchanan. Afterwards, visit the Farmer's Market and Kitchen Kettle Complex before a local guide takes you on a tour of the Amish farmlands. Learn about the history and traditions of the Amish people. Tonight, members of the local Amish community join you at a traditional dinner featuring local specialties. Day five visit an Amish store where furniture and quilts are displayed. Later, stop at the National Christmas Center. Tonight, dinner is followed by a show at the Dutch Apple Dinner Theatre. Day six begins with a trip to



Hershey's Chocolate World, USA. You'll also visit Founder's Hall, the marble memorial dedicated to Milton Hershey by graduates of his Hershey School, a private institution offering free education for needy children. Tonight before your farewell dinner, enjoy a cooking demonstration on making a local favorite – apple dumplings. Day seven the

tour ends and you fly home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 10 meals included. \$455 deposit per person due upon registration. **Book by May 28, 2015.**

Double	\$2,554 per person	Single	\$2,954 per person
---------------	--------------------	--------	--------------------

South Dakota

Highlights:

Mount Rushmore and Crazy Horse

June 23 - 29, 2015 - 7 Days

This leisure stay tour features a single hotel stay in Rapid City, gateway to some of America's most beautiful locations. Day one enjoy a get acquainted dinner. Day two travel to Mount Rushmore, whose figures carved in stone represent the first 150 years of American history. Next, visit the Crazy Horse Memorial and learn the story behind the world's largest sculpture still in progress. Day three travel through 14 miles of magnificent rock formations on the Needles Highway. Later, drive through Custer State Park. Tonight enjoy a "Chuckwagon Supper & Cowboy Music Show" held on the film set of Dances with Wolves. Day four enjoy a guided tour of the Black Hills Wild Horse Sanctuary. The afternoon is at leisure. Day five explore Badlands National Park. Next, stop at Wall Drug, an authentic store from 1936. The afternoon is at leisure. Day six travel to Deadwood, a national Historic Landmark. Enjoy a guided tour of the city including a visit to Mount Moriah Cemetery. This afternoon visit Lead's visitor center and hear of the famous Black Hills Gold Rush and the city's important role in South Dakota history. Tonight, enjoy a farewell dinner. Day seven the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, hotel transfers, and 9 meals. \$455 deposit per person due upon registration. **Save \$100 and book by Dec. 23, 2014.**

Double - \$2,199 per person Single - \$2,649 per person

Cruising Burgundy & Provence to the Cote d'Azur

May, 2015 - 13 Days

Highlights: Paris, Beaune, Lyon, Tournon, Viviers, Avignon, Arles, Nice

This 13-day trip spends 7 glorious nights cruising aboard Grand Circle M/S Chardonnay in an outside cabin, 3 nights in Paris and 1 night in Nice. 25 meals included as well as wine at dinner. Revel in picturesque scenery and tour the Beaujolais region north of Lyon – home to 13 French wine appellations vineyards. Maximum of 46 passengers on ship, limited space available

HERITAGE OF AMERICA

April 1 – 10, 2016 – 10 Days

Explore America's heritage and history on this tour that begins in New York City and ends in Washington, D.C. Arrive on Day one in New York City. Day two enjoy a welcome breakfast at the famous Ellen's Stardust Diner. Next, tour the "Big Apple" with a local guide. See Greenwich Village, Little Italy, Chinatown, the Empire State Building, Central Park and more. Visit St. Paul's Chapel in lower Manhattan. The afternoon is at leisure. Day three travel to Philadelphia for a tour of "the Birthplace of a New Nation" which highlights the Liberty Bell and Independence Hall. Independence Hall is rich in heritage as the location of both the signing of the Declaration of Independence and the drafting of the Constitution. Continue on to Amish Country of Lancaster, the second largest Amish community in America. Day four visit Wheatland, home of our 15th president, James Buchanan. Afterwards, visit the Farmer's Market and Kitchen Kettle Complex before a local guide takes you on a tour of the Amish farmlands. Learn about the history and traditions of the Amish people. Tonight, members of the local Amish community join you at a traditional dinner featuring local specialties. Day five journey to Gettysburg, site of the Union victory that marked a turning point in the Civil War. A guided tour of the site illuminates those three historic days in 1863 and the battle that changed the course of American history forever. Day six visit Monticello, home of Thomas Jefferson, our 3rd president and author of the Declaration of Independence. This afternoon, travel to the historic town of Williamsburg where you will dine in a Colonial Williamsburg tavern specializing in colonial fare. Day seven view, "Story of a Patriot", a short film that introduces you to Colonial Williamsburg. Costumed re-enactors populate the streets and buildings, bringing 1770 to life. Next, tour Governor's Palace and Gardens before enjoying leisure time. Day eight, visit Mount Vernon, home of our 1st president, George Washington. After leisure time to enjoy the grounds, travel to Washington, D.C. and spend the afternoon exploring the world-famous Smithsonian Institution's countless treasures. Day nine embark on a guided tour of America's capital. View the Capitol building, the White House, monuments and museums. Next, stop at the White House Visitor Center, World War II Memorial, the Vietnam Veterans Memorial, and the Korean War Memorial. Your tour ends with a photo stop at the U.S. Capitol building. Later, visit Arlington National Cemetery to view the Tomb of the Unknowns. Tonight enjoy a farewell dinner with your fellow travelers. Day ten the tour ends and you head home.

NOTE: Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 14 meals included. \$455 deposit per person due upon registration. **Save \$100 and book by October 1, 2015.**

Double	\$3,199 per person	Single	\$3,999 per person
---------------	--------------------	---------------	--------------------

A Taste of South Pacific

February 11 – 23, 2016 – 13 Days

Enjoy multiple night stays in Cairns, Sydney, & Fiji. Arrive in Cairns on Day three after crossing the International Dateline. Tonight, enjoy a get acquainted welcome dinner. Day four set out on a high speed catamaran to the Great Barrier Reef. This immense series of 2,800 coral reefs are home to diverse marine life. Explore the reef from your base on Green Island. Enjoy a glass bottom boat ride, snorkel, or relax on the beaches. Day five visit the Tjapukai Aboriginal Cultural Park to meet Australia's original inhabitants. See the traditional dances, learn how to play a didgeridoo, or throw a boomerang. Next, visit Hartley's Croc Farm to see crocodiles in their natural habitat. Take a cruise on the lagoon looking for crocodiles before enjoying an Aussie barbecue. Day six enjoy a day of leisure. You may elect for the optional ride on the Skyrail Rainforest Cableway. Day seven fly to the bustling city of Sydney. Day eight embark on a city tour highlighting Kings Cross, the Harbour Bridge, Chinatown, the Rocks, Circular Quay, and more. Discover one of the world's most architectural sights as you take a guided tour of the Sydney Opera House. Next, learn how raw opals are mined and transformed at the National Opal Centre. The evening is at leisure. Day nine enjoy a day of independent exploration. You may elect for the optional tour to Koala Park for an up-close and personal chance to learn about native wildlife down under. Tonight, say goodbye to Australia during a harbor dinner cruise, where you will marvel at the sights and skyline of the Sydney Opera House and the Harbour Bridge. Day ten depart Sydney and arrive in the beautiful tropical paradise of Fiji for the final three nights. Days eleven and twelve enjoy leisure time to explore and relax by the beach and pool. Your tour manager will help make the most of your time. Day twelve toast the end of your South Pacific experience during a farewell dinner. Day thirteen the tour ends and you head home.



Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 16 meals included. \$550 deposit per person due upon registration. **Save \$400 and book by August 13, 2015.**

Double	\$5,199 per person	Single	\$6,099 per person
---------------	--------------------	---------------	--------------------

Exploring South Africa, Victoria Falls & Botswana

April 27 – May 10, 2016 – 14 Days

Optional 3 night Dubai Pre-Tour Extension

This **Small group tour** of 12 to 24 passengers allows for a more personalized vacation setting. Arrive on Day two at the beautiful harborside city of Cape Town. Day three step aboard a cable car that whisks you to an altitude of more than 3,000 feet atop Table Mountain. Return to the city via Table Bay, passing through the Moorish Malay Quarter and pausing at Milnerton Lighthouse. The afternoon is at leisure. This evening your welcome dinner provides true African dining experience with drumming and a traditional hand washing ceremony before sampling local delicacies. Day four travel out to Cape Point on the southwestern tip of Africa. Come to know the Cape of Good Hope and take a tram to the top of the mountain. Hike down and continue on to Boulder Beach to see the penguins who call it home. Later this evening, enjoy a home-hosted dinner with a local family and learn about their daily life. Day five Depart Cape Town and travel along the coast to the seaside village of Hermanus. After lunch at a winery, arrive at the hotel and enjoy leisure time. Day six is at leisure. Day seven fly to Johannesburg. Upon arrival head to the Entabeni Conservancy for an afternoon game drive in search of the "Big Five". Day eight rise before the sun and set out on another game drive. Enjoy coffee and tea in the bush before returning to the lodge for breakfast. Later, a ranger takes you on a wildlife track identification walk. After lunch, go back out on another game drive. Day nine carry on your quest for the "Big Five" before breakfast. Later, en route to Johannesburg, travel to Soweto where a guided tour showcases luxurious mansions and informal settlements. Day ten fly to Victoria Falls, Zimbabwe. Spend time at a local village learning about their culture. Embark on a walking tour of stunning Victoria Falls. Day eleven depart early in the morning on an elephant back safari with a chance to meet and interact with African elephants! Continue on to explore a local craft market before free time at the lodge. Day twelve watch for bushbuck as well as bird life during a nature walk with a local guide. Cross the border as you travel to Chobe, Botswana. An exciting safari cruise awaits. Day thirteen features morning and afternoon game drives in the Chobe National Park. This evening, enjoy dinner by the river hosted by a chef teaching the art of cooking a traditional Braai (barbeque) complete with some local favorites such as game meat. Day fourteen fly to Johannesburg where your tour comes to a close.

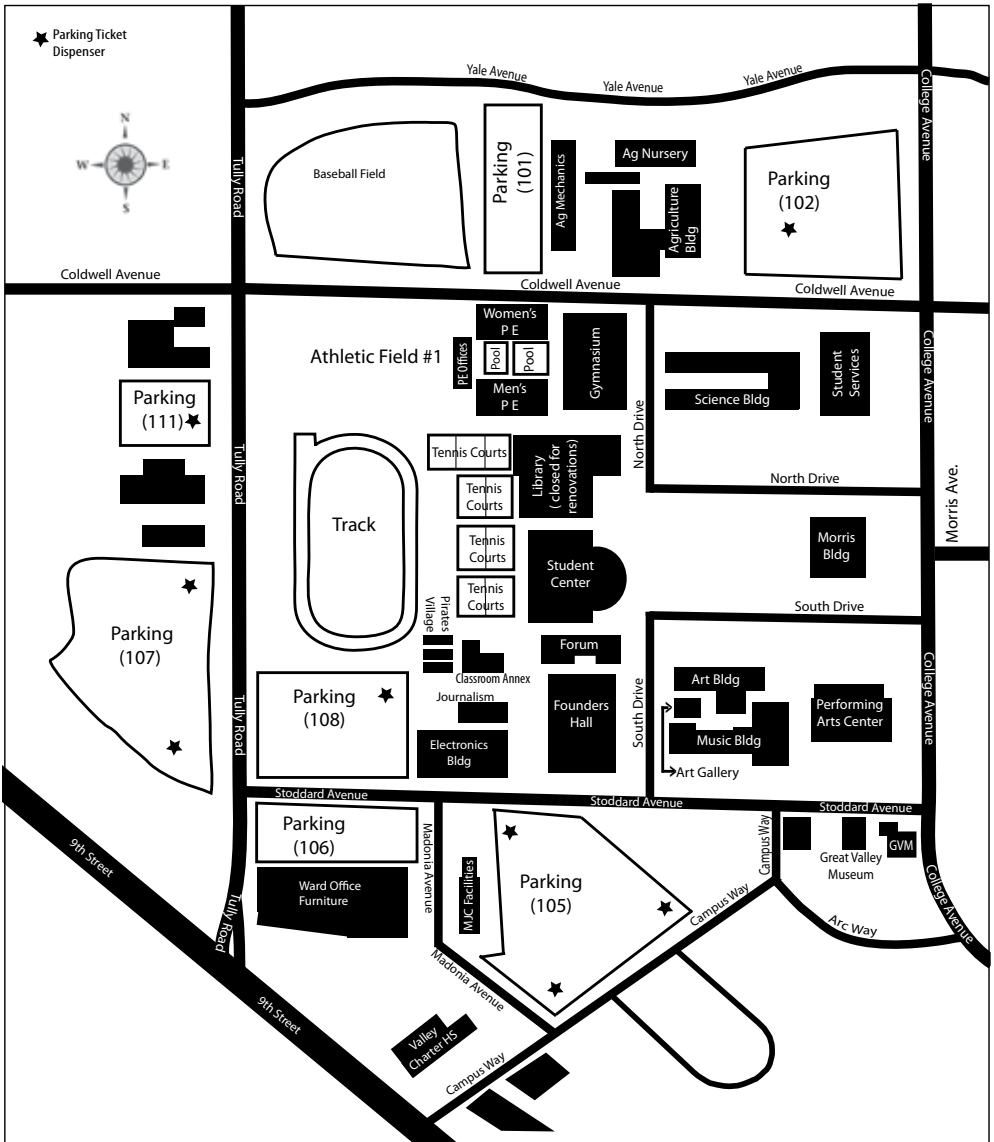
Cancellation waiver insurance, airfare, hotel accommodations, round trip airport transfers from Modesto, hotel transfers, and 23 meals included. \$550 deposit per person due upon registration. **Save \$200 and book by September 28, 2015.**

Double \$8,099 per person

Single \$9,399 per person

Modesto Junior College - East Campus

435 College Avenue, Modesto, CA 95350

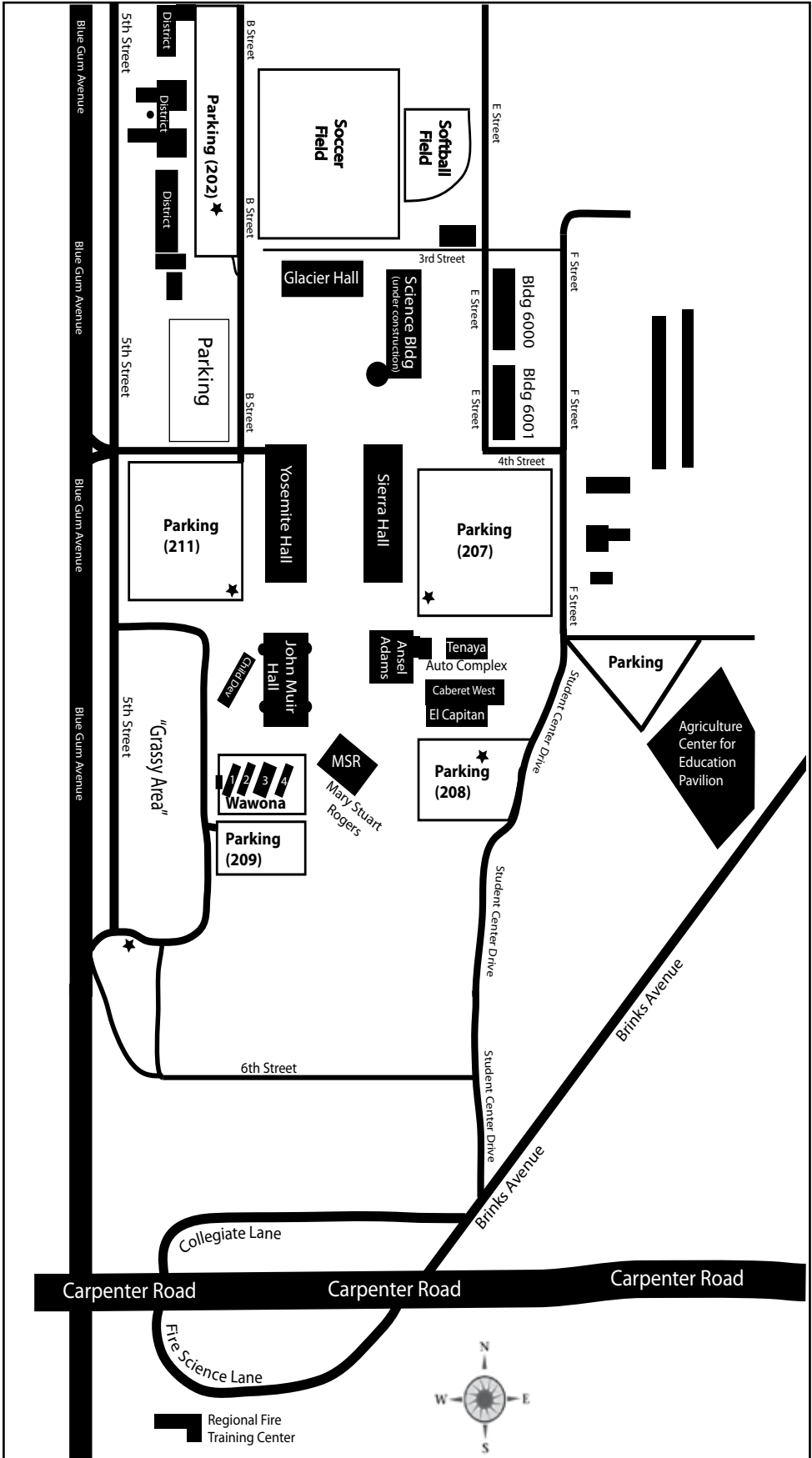


Off-Campus Location Key

- Barley & Wine - 2307 Oakdale Road, #402, Modesto
- Dania Hall - 416 1/2 "I" Street, Modesto
- Direct Appliance - 2424 McHenry Avenue, Modesto
- McHenry Golf Center - 1550 McHenry Avenue, Modesto
- VCHS (Valley Charter High School) - 108 Campus Way (off of Stoddard Avenue) - Corner of 9th Street and Campus Way
- Village Yoga - 1700 McHenry Avenue, Modesto, Ste. 66C
- You Can Dance - 1501 Coffee Rd, Suite P, Modesto

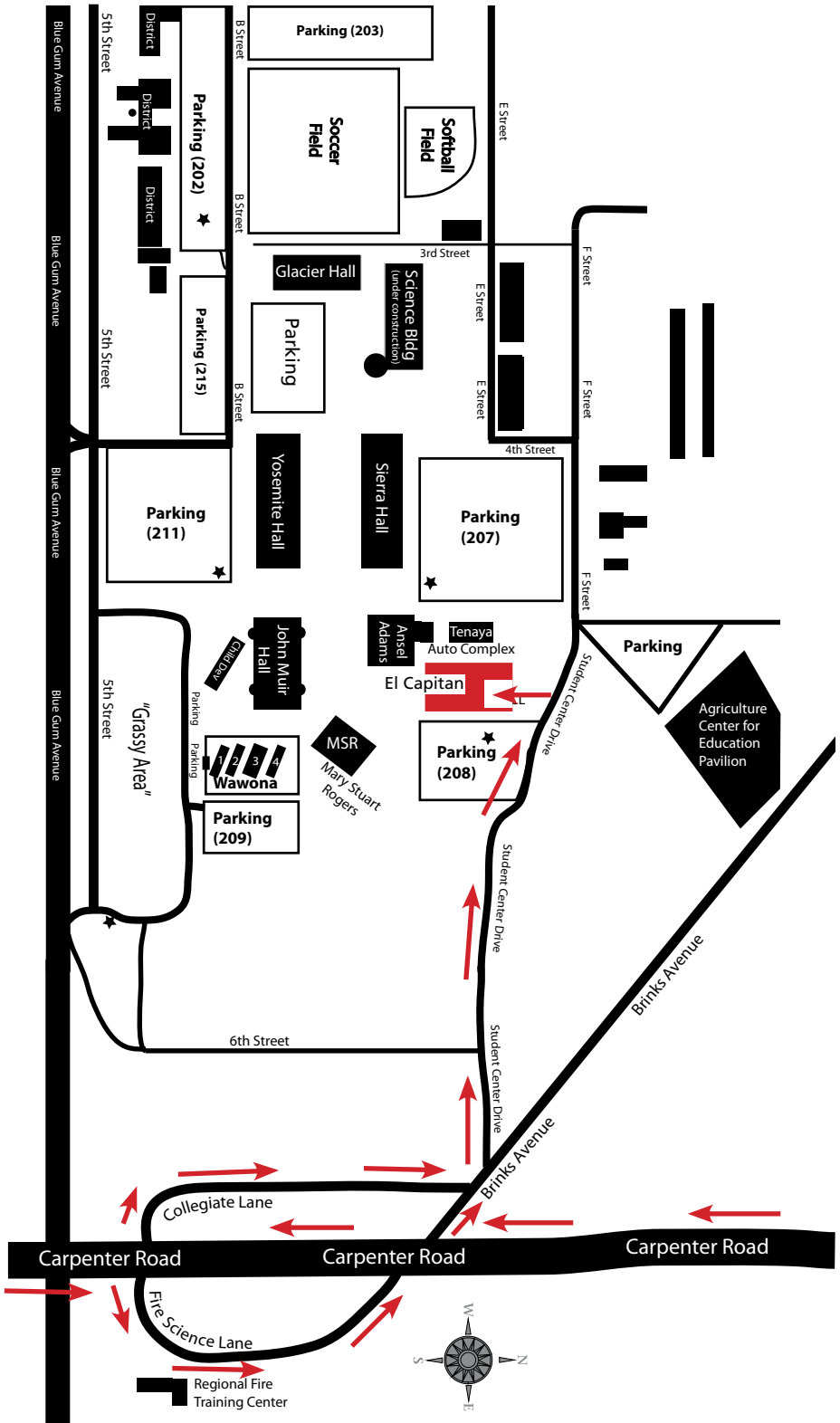
Modesto Junior College - West Campus

2201 Blue Gum Avenue, Modesto, CA 95358



MICL's New Location - El Capitan - West Campus

North on Carpenter turn right onto Fire Science Ln then on Student Center Dr.
 South on Carpenter turn right onto Collegiate Ln then left on Student Center Dr.



Frequently Asked Questions

Can I register in the classroom?

Walk-in registration is on a space-available basis. You can only pay for a class at the door with check, money order made payable to MJC, or credit card. NOTE: No unregistered people are allowed in the class (parents, children, infants, guests).

Can I stay in the class with my child?

No. Unless the class is specifically set up as a parent/child class, or parent participation is encouraged, we ask that you not stay in the class with your child. If your child is not able to stay by themselves in a classroom setting, please wait until they are older.

What do the fees pay for?

Community Education classes/trips do not receive tax support. Your enrollment fees pay all costs of the program. In some cases there are additional material fees collected either by the instructor or at the time of registration for books or class supplies.

Do I have to pay for parking?

MJC parking regulations are in effect 24 hours a day from 7 a.m. on Monday thru 5 p.m. on Friday. Student parking is permitted in designated areas on the East and West Campus. Persons who park on campus are required to pay a fee. A daily ticket may be purchased from any campus parking ticket dispenser, located in the parking lots, for \$2.00. Street parking is free.

Why are offerings cancelled?

Community Education offerings do not receive funding from the state, so there is a minimum number of students who must be enrolled in order for an offering to be held. The decision whether or not to cancel is made 2-3 days before the start date and is based on the number of fully paid fees on that date. So please register early.

Supply Lists

Some of our offerings require a supply list. If you don't receive one, call our office at 575-6063 a few days before the start date. They are also posted on our web site at www.mjc.edu/commed. DO NOT purchase supplies until you have checked with our office at 575-6063 to confirm the class will be held.

Refund Policy

OFFERINGS

If you cancel at least seven days prior to the start date, you will be refunded your registration fee, less a \$20 processing fee. Any time after the seven days prior to class, or once an offering begins, we are unable to refund any portion of your fee. Different refund policies apply to trips and tours - see page 51.

CANCELLED OFFERINGS

A full (100%) refund will be given for an offering or trip that the college cancels. Refunds take a few weeks to process. If you pay by credit card, your account will be credited, if you pay by check or cash, you will receive a check in the mail.

ON-LINE REGISTRATION

If you registered over the internet you MUST call our office to receive a refund.

Will I receive college credits?

No - all of Community Education classes are not-for-profit. You may request an Award of Attendance once the class is over - no other records will be kept. If you wish to receive credits, you should choose an MJC credit class.

Can my child take an adult class?

With the Minor Consent form (page 67) and Student Conduct form, a child ages 14-17 may register for an adult class. The instructor needs to okay the child in their class. Call for age requirements for Motorcycle classes.

Can I get Financial Aid?

Because we do not receive state funding to help support our program, our classes are not eligible for financial aid.

Special Accommodations

Requests for reasonable accommodations for disabilities must be made at the time of registration and at least 10 days before the event. Every effort within our ability and legal responsibility will be made to meet your request. If you require an elevator for a second-level classroom, please let our office know when you register for your class.

Registration Form and Information

ONLINE www.mjc4life.org — Register online and save \$3. If you register online you will receive instant verification of enrollment!

All registrations except online registration, trips and motorcycle training, pharmacy, phlebotomy, and paralegal will be charged a \$3 registration fee.

If you already have a Student Profile at www.mjc4life.org, sign in (left hand column). If you have forgotten your Username or Password please call our office at 575-6063.

If you have not registered for a Community Education class/trip before, please click on *Sign In* on the left side, and then "Create New Student Profile." Once you have created your profile, you can sign in and register for classes at anytime using the information you submitted. It's the easiest, quickest way to register!

PHONE 575-6063 If you cannot register online, call and register over the telephone with a MasterCard, Visa or Discover credit card/debit card. There will be a \$3 registration fee added to your order. Please have all information requested on the registration form below available when you call.

WALK-IN Morris Memorial Admin. Bldg, Rm 204, East Campus, 435 College Ave, Modesto Register in person - Hours: Mon–Fri, 8am–5pm. \$3 fee charged for most classes.

MAIL MJC Community Education, 435 College Avenue, Modesto, CA 95350 Send completed registration form (or copy of it) to MJC Community Education. If you'd like a confirmation returned to you, please enclose a self-addressed, stamped envelope. Add \$3 registration fee to the total (see form below).

FAX 575-6025 Be sure to include credit card information on your registration form. Add the \$3 registration fee to the total (see form below).



REGISTRATION FORM

Questions? Call 575-6063

First Name _____ Last Name _____

Mailing Address _____

City _____ Zip _____

Gender: M F | Date of Birth _____

Home Phone _____ Work/Mobile _____

Email Address _____

REQUIRED for registration: I have read the Refund Policy on page 65.

Write the Class Title (or enough of the title to clearly identify the class) as well as the appropriate Section Letter (A - B - C) if listed. Also Include the Start Date (i.e., June 3).

CLASS TITLE (and Section Letter if needed (A - B - C)	START DATE	PRICE

Registration Fee (If you are NOT registering online please add this \$3 fee) **\$3.00**

All registrations EXCEPT online registration, trips, motorcycle training, pharmacy, phlebotomy, and paralegal, special sports clinics, and career certification classes.

TOTAL _____

Credit Card # _____

Expiration Date _____ Last 3 numbers on back of card _____

Name on Card (PLEASE PRINT) _____

Card Holder Signature _____

Minor Consent Form - Ages 14-17

For students ages 14-17 who want to take an adult class without an adult registering with them. Instructor needs to approve having minor in class. Student and parent will also need to sign a Student Conduct Form. You can download this form at www.mjc.edu/commed or ask for one at our office.

First Name _____ Last Name _____

Mailing Address _____

City _____ Zip _____ Date of Birth _____

Gender: M F Phone _____

Email Address _____

REQUIRED for registration: I have read the Refund Policy on page 65.

CLASS _____ START DATE _____

As the parent/guardian of the above-named minor/legal ward, I give my permission for him/her to enroll in the Community Education adult class(es) listed above. I give my permission for emergency first aid treatment for my minor child/legal ward, and permission for him/her to be treated by a nurse, physician and/or mental health counselor.

Parent/Guardian Signature _____ Date _____

Credit Card # _____

Expiration Date _____ Last 3 numbers on back of card _____

Name on Card (PLEASE PRINT) _____

Card Holder Signature _____

Looking for Instructors

MJC Community Education is always looking for instructors to help us offer fun and interesting classes to our community.

In addition to the two specific openings below, we are always interested in speaking with you if you have a skill, hobby, or expertise in a topic you feel would be of interest to others.

We are currently looking for

- Camp Coordinator for our summer camp for kids
- QuickBooks 2013 (or higher version) instructor

If you have a class proposal please go to www.mjc4life.org, select the "teaching" link on the left column and follow instructions.

If you would like speak to us about the two listed openings please call our office at 575-6063.

Music - Adults and Kids



Find a hobby or passion at MJC Community Education

- Stained Glass
- Writing
- Quilting
- Guitar
- Golf
- Cooking

Cooking / Cake Decorating



Good-to-Know Computer Tips



Non-Profit Organization
 U.S. Postage
PAID
 Modesto, CA
 Permit No. 25



435 College Avenue, Modesto, CA 95350

**RESIDENTIAL CUSTOMER
ECRWSS**

A Few Classes Offered During the Day

Crochet / Quilting
 Dance / Swim
 Metal Stamping
 Easy Wrap Jewelry

Lapidary / Jewelry
 Cooking / Weight Loss
 How to Use a Cricut
 Stained Glass

Glass Etching
 Chalk Paint
 Vintage Mixed Jewelry
 Guitar



Not printed at taxpayer expense. Community Education classes are not-for-credit, and fully fee supported.

Register Online @ www.mjc4life.org